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Canada. Royal commission on health services.

Hearings. v. 45-47, 1962.

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ROYAL COMMISSION ON HEALTH SERVICES

ENGLISH VERSION

HEARINGS

HELD AT

MONTREAL

P. Q.

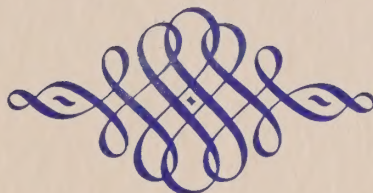
VOLUME NUMBER:

45

DATE:

APRIL 16 1962

v. 45 Briefs 226 - 232
v. 46 Briefs 233 - 237
v. 47 Briefs 238 - 240



OFFICIAL REPORTERS

ANGUS, STONEHOUSE & CO. LTD.
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2 ROYAL COMMISSION ON HEALTH SERVICES

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4 Proceedings of the hearing
5 held in Montreal, Province
6 of Quebec, 16th day of
7 April, 1962.

8 COMMISSION MEMBERS:

9 CHIEF JUSTICE EMMETT M. HALL -- Chairman

10 MISS ALICE GIRARD, R.N.

11 DR. DAVID M. BALTZAN

12 PROF. O.J. FIRESTONE

13 MR. M. WALLACE McCUTCHEON, Q.C.

14 DR. C.L. STRACHAN

15 DR. ARTHUR F. VAN WART

16
17 COMMISSION COUNSEL:

18 MR. R.N. HALL, Q.C.

19
20 MEDICAL CONSULTANT:

21 DR. PIERRE JOBIN

22
23 DIRECTOR OF RESEARCH:

24 PROF. BERNARD BLISHEN

25
26 SECRETARY:

27 MR. N. LAFRANCE

28

29

30



1. Association of the N. Wing
Held in January, Province
of Quebec, 18th day of
April, 1881.

2. Association of the N. Wing

3. CHIEF JUSTICE HENRY M. HALL -- Chairman

4. MISS ALICE BRYANT, N. W.

5. DR. DAVID M. BAINBRIDGE

6. DR. J. H. BRYANT, N. W.

7. DR. J. H. BRYANT, N. W.

8. DR. J. H. BRYANT, N. W.



1 THE CHAIRMAN: We will now come to
2 order and we will proceed with our hearing. We have made
3 a change in the order this morning, and we are going to
4 hear from Doctor P.H.T. Thorlakson of Winnipeg. Dr.
5 Thorlakson appears here at the invitation of the Commission
6 to discuss the matter of a group practice. I want to say
7 we are very much indebted to Dr. Thorlakson for having
8 accepted our invitation to give us the benefit of his
9 experience and his recommendations in this most important
10 field. I welcome you here this morning, Dr. Thorlakson,
11 and we are now ready to hear from you in whatever form
12 you wish to open up the discussion. We have your printed
13 document and you may follow whatever procedure you wish
14 in discussing it.

15 DR. THORLAKSON: Mr. Chairman, I will
16 have to ask for your guidance as to how I should proceed
17 to present this information. Do you wish me to read and
18 explain the conclusions and summaries?

19 THE CHAIRMAN: That is a procedure
20 which we have found to be quite acceptable, and having
21 had the summaries and recommendations we can then go into
22 a more general discussion as time permits.

23
24 S U B M I S S I O N O F
25 D R . P . H . T . T H O R L A K S O N

26 APPEARANCES:

27
28 DR. P.H.T. THORLAKSON

29
30 ---EXHIBIT NO. 226: Submission of Doctor
P.H.T. Thorlakson.



1 DR. THORLAKSON: Do you wish me to
2 speak into this microphone?

3 THE CHAIRMAN: Just as you are now.
4 I don't think you have to reach for it. There is simul-
5 taneous translation here this morning, Doctor.

6 DR. THORLAKSON: In conclusion, ladies
7 and gentlemen, group medical practice is not a new concept.
8 In support of that I refer you to page 4 in which there
9 was even a suggestion of it back in 1624, of group practice.
10 I think these quotations on page 4 are all very significant
11 quotations in this connection. In North America the number
12 of doctors who are entering or establishing organized
13 groups is steadily increasing. Development of this form
14 of medical practice is desirable. That I think is supported
15 by the body of the brief which explains the types of group
16 practice on the pages indicated. The practice of medicine
17 in organized groups is a powerful force in efficiently and
18 economically distributing medical services of a high
19 quality.

20 Organized group practice provides con-
21 tinuing education for its members and encourages mutual
22 assistance which develops professional competence.

23 Group practice provides a balance
24 between the younger, recently trained member of the medical
25 team and the senior, more experienced member. They both
26 benefit equally, I would say.

27 The medical practitioner of the future
28 should become more and more involved in group practice. He
29 should have specially trained technicians to carry out some
30 of the routine procedures which he now performs and he



1 should have medical secretaries to assist him in keeping
2 histories and records.

3 Now, Mr. Chairman, the recommendations.

4 The first one, but not necessarily in the order of impor-
5 tance, a "National Advisory Board on Group Medical Practice"
6 should be created under the sponsorship of a privately
7 endowed foundation to promote, co-ordinate and offer
8 counselling service on the principles, policies, aid
9 operations of group practice. That is dealt with on pages
10 15 and 16. I would like to bring to your attention the
11 functions of this National Board. At this moment I am
12 not going into the question of why this National Board
13 should not be under the Canadian Medical Association or
14 under a Provincial department of health or Dominion depart-
15 ment of health. That is something that can be considered
16 probably at some future date, but the function of this
17 National Advisory Board would be one to advise on the
18 organization, partnership, agreement, building, X-ray,
19 laboratory and other equipment, hospital bed requirements
20 and personnel and two, to arrange through the normal
21 financial channels for necessary mortgages and other
22 credits essential for the development of the group
23 facilities to provide adequate medical services in the
24 community. Three, to promote, coordinate and provide wide
25 counselling for group medical practice. The reason I
26 suggest, Mr. Chairman, that we have an Advisory Board on
27 group practice is that doctors are constantly inquiring
28 about the best way of creating a medical partnership, and
29 I think there is enough information available now if it
30 could be brought to one place and made available to people



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1 that are interested in establishing a partnership or groups
2 or clinic practice, that this should be made available to
3 them in one place rather than make it necessary to travel
4 hither and thither to try and sit in and have some conver-
5 sation about group practice without a follow-through or
6 local examination of the situation.

7 Mr. Chairman, would you like me to
8 stop here? Is it your wish that I should answer questions
9 on this recommendation before we go on to the others?

10 THE CHAIRMAN: No, I think if you pro-
11 ceed and then we will have the questions dealt with
12 generally.

13 DR. THORLAKSON: My second recommenda-
14 tion deals with something that I should probably explain,
15 and probably will explain because it is not primarily
16 concerned with group practice, but I think group practice
17 has a contribution to make to medical education. I refer
18 you to page 5, the top of page 5, paragraph 7 in which I
19 say: "To see group practice in its proper perspective
20 however, we must study its relationship to medical educa-
21 tion and research, to methods of hospital practice and
22 administration, to government-provided facilities and to
23 problems concerned in lessening the financial burden to the
24 patient".

25 The medical faculty of the university
26 should provide the "canopy" under which all medical educa-
27 tion and medical research activities in the community are
28 directed and approved; the medical faculty should not how-
29 ever be solely responsible for initiating or financing all
30 educational and research activities. Private group practice



1 can make a noteworthy contribution to both medical educa-
2 tion and medical research.

3 The faculties of medicine in Canadian
4 universities should establish "Graduate Schools of Medicine"
5 integrated with the medical facilities and services of
6 private medical groups when these conform to required
7 teaching standards. This will broaden and improve the
8 basis for postgraduate training.

9 My fourth recommendation, Mr. Chairman,
10 deals with an idea which may help to solve some of the
11 problems that are concerning both governments and universities
12 with regard to making teaching facilities available.

13 There is no doubt in my mind, and has not been for some
14 years, that the universities and faculties of medicine in
15 universities should stop thinking in terms of medical
16 education, the practical training of doctors based on the
17 degree of poverty in any community, that it should rely
18 entirely on the people that are, for one reason or another,
19 poverty-stricken. This is a concept which should be out-
20 dated, and we should think in terms of something different
21 than that, for reasons which I am sure will be dealt with
22 in other briefs you will receive or have received.

23 The appointment of a full time Teacher-
24 Director of Medical Services should be considered. The
25 Teacher-Director would not act as a private consultant;
26 he would be primarily a teacher but also a liaison officer
27 for the Medical Superintendent of the Hospital and the Dean
28 of the Medical Faculty. This plan would, in effect, extend
29 many of the advantages of group practice, presently the
30 privilege of the "closed" teaching wards, to include all



1 wards, all patients, and all doctors in attendance at the
2 hospital, on a voluntary basis, of course. This system
3 would embrace many of the advantages of a university
4 hospital or wing without its inherent problems. With the
5 acceptance of universal prepaid hospital coverage the
6 principle of free choice by the patient of his private
7 physician can be recognized. The availability of teaching
8 material, without the stigma of a public charity service,
9 would be extended and increased.

10 The most urgent financial readjustment
11 in a future comprehensive medical care plan would be to
12 separate the X-ray and laboratory services from other
13 hospital expenses and other costs for medical, surgical
14 and obstetrical services. I urged this change in my report
15 to the Manitoba Medical Service in 1954. This arrangement,
16 if and when completed in all private and government medical
17 care plans would serve a useful purpose. The patient would
18 benefit from his insurance policy for X-ray and laboratory
19 services in the hospital or out of the hospital. I cannot
20 emphasize this sentence too strongly. One of the factors
21 forcing people now into hospitals is that they cannot
22 benefit from their tax supported insurance policy for X-
23 ray and laboratory work unless they occupy a hospital bed.
24 This, in many cases, is the height of folly and
25 extravagance.

26 And now, the sixth item, I don't need
27 to emphasize that. I think that planning for the future
28 and government planning for the future should not centre
29 completely around large public hospitals. The plan should
30 be extended out into the community to involve other agencies



1. on a voluntary basis, I cannot. This system

2. would consist of the advantages of a universal

3. hospital or clinic without the inherent problems. With the

4. hospital or clinic, the patient would be able to

5. receive the best of both worlds. The patient would

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1 that are capable of providing the service. If we concen-
2 trate too heavily on the hospital centres we are going to
3 over-crowd those services and probably include facilities
4 that are available away from the hospital centres. I think
5 I agree that we must be certain that our hospital facili-
6 ties are looked after properly. We should not concentrate
7 too heavily on that aspect of the total problem.

8 "Out-patient services" should, in the
9 future, include medical, X-ray and laboratory services
10 away from our large crowded hospitals. The payment for
11 these services should not be limited to facilities pro-
12 vided by a hospital. In planning for the future the govern-
13 ment should give serious consideration to this point of
14 view.

15 THE CHAIRMAN: Dr. Thorlakson, were
16 there any phases in connection with your summary or recom-
17 mendations that you would like to expand just at this
18 time?

19 DR. THORLAKSON: I would like to refer
20 you, Mr. Chairman, to page 5, the provision of a compre-
21 hensive medical care plan. I would like to concentrate for
22 a moment on sentence two in paragraph 10: "Government
23 financial assistance on a flexible scale according to
24 need". This, I think, is the only statement in that sec-
25 tion that provides considerable difficulty. While I am
26 not, don't pose as an expert in this field, an answer to
27 this has to be found. There are members of the Commission
28 that know the answers for this better than I do, but I
29 would like to bring to your attention one or two facts
30 about the problem. Of course, I can only deal with the



1 situation in Manitoba. We know, Mr. Chairman, that in
2 Manitoba of a population of 950,000, approximately, we
3 have 20,000 people -- we know their names, their addresses,
4 we know their numbers -- there are 20,000 people who cannot
5 fend for themselves, that we have to provide shelter, food
6 and clothing. Now, the community, the province, the nation
7 have accepted the responsibility for these unfortunate
8 people, and the Canadian Government and the Provincial
9 Government share equally the cost of these basic needs.
10 I suggest to you that there should not be much difficulty
11 in the governments getting together to provide the fourth
12 basic need, which is medical care. I think the Dominion
13 Government and the Provincial Government should share this
14 in the same proportion as they share the three that I
15 mentioned. Then, we do know that there is an additional
16 30,000 people already categorized. That makes a total of
17 about 50,000 people in Manitoba that need assistance.

18 They have an annual income of a good deal less than
19 \$2,000.00 a year and many of them are trying to look after
20 themselves and are doing so. However, they need assistance
21 when they are in difficulty and certainly they are not in
22 a position to pay premiums for health insurance to any
23 extent although they might. The ones in the upper bracket
24 of this group might pay something but here we have a prob-
25 lem of 50,000 people in Manitoba all deserving our first
26 consideration and I think we should concentrate on this
27 area of need rather than pretend or think we can solve the
28 entire problem in one fell swoop.

29 Let us take one section at a time and
30 deal with it and this is the most urgent problem and this



1 we should concentrate our thoughts on those people who
2 are at that level that may require some assistance. I
3 would point out to you that we have an Unemployment Insur-
4 ance Act which requires people to pay into unemployment
5 insurance if they have an income of less than \$5,600.00 a
6 year or thereabouts. Certainly I think people in the
7 lower brackets of this group will require some assistance;
8 beyond that there is no urgency, there is no crying need
9 in Canada to rush to their assistance. Some of them
10 should have assistance when they run into serious difficulty
11 and become ill and unable to look after themselves even
12 if they previously have been self-supporting. This is not
13 the urgent problem, and I submit to you that Government
14 financial assistance on a flexible scale according to need
15 is the area in which I would like to place special emphasis.

16 I would like to also point out that in
17 Manitoba there are in the first 20,000 group there is a
18 waiver of premium for their hospitalization. The Province
19 of Manitoba, probably with assistance from the Federal
20 Government, and I cannot see at the moment but I am sure
21 it has happened, but there is a waiver of premium for
22 hospital insurance, their premium is paid for out of the
23 general tax fund, I suppose.

24 THE CHAIRMAN: Dr. Thorlakson, we are
25 naturally interested in all phases of medical health and
26 of medical services plan, but at the moment we are particu-
27 larly concerned with this matter of group practice and most
28 particularly in its relationship to rural practice. We
29 know you are a pioneer in this field, would you care to
30 give us the benefit of your advice and recommendations



2) and at that level what may result, some assistance. I
would point out to you that we have an unemployment figure
three and a half million people who are unemployed
in the United States. If they were an income of \$2,000.00 a
year or thereabout, certainly I think people in the
lower brackets of that group will require some assistance;
beyond that there is no money, there is no living need
in the United States to their assistance. Some of them
that I have mentioned when they are in serious difficulty
and because I am unable to look after themselves even
if they previously have been self-supporting. That is not
the right problem and I submit to you that Government
therein assistance on a fixed basis according to need
is the area in which I would like to see a special emphasis
I would like to also point out that in
the United States we have about 20,000 people who are
without an income for their hospitalization. The Provision
of that income, probably with assistance from the Federal
Government, and I cannot see at the moment but I am sure
it has been done, but there is a matter of payment for
the United States, which question is paid by one of the
Federal Government, I suppose.

THE SECRETARY: Dr. Erickson, we are
now going to have a question and answer period.



1 regarding the establishment of a group practice, the
2 essentials of it and whether we might be able to find a
3 formula which, through group practice, for a quality of care
4 in the rural areas, the sparsely settled areas.

5 DR. THORLAKSON: Mr. Chairman, I
6 appreciate you giving me the opportunity of expressing my
7 opinions on one of the facets of the recommendation, the
8 total health plan. As I said in my introductory remarks,
9 group practice or private practice cannot flourish or
10 cannot serve the public unless the climate is proper. But,
11 coming down to this problem, the establishing of group
12 practice in the rural area, knowing your interest in this
13 particular aspect of the problem I did obtain two reports,
14 areas outside of Metropolitan Winnipeg and I draw your
15 attention first to page 20 of my report. This is an area
16 which comprises a number of small towns and three or four
17 municipalities and these doctors do not live in the same
18 town, they live in three or four different towns in these
19 three or four different municipalities. They have two
20 hospitals, they come together as required to serve the
21 hospital patients and then they go back home again to their
22 respective towns to look after the needs of their immediate
23 community. The questions that I asked this group are on
24 the top of page 20 and they have been very largely answered.

25 THE CHAIRMAN: Just dealing with the
26 Hamiota situation can it be said to have worked satisfac-
27 torily?

28 DR. THORLAKSON: It has worked very
29 well indeed.

30 THE CHAIRMAN: Is it the kind of



1 organization of medical people which could be used, more
2 or less, in other provinces in rural areas of other
3 provinces throughout Canada?

4 DR. THORLAKSON: It is almost an ideal
5 setup. I cannot see how a town or a group of municipalities
6 can be provided with medical services unless the doctors
7 in these areas get together and form some sort of arrange-
8 ment of this kind to cover the area in times of absence or
9 illness and to give the doctors, I think I have emphasized,
10 some relief. In many areas of many cities the doctor is
11 on duty 24 hours a day and seven days a week and in 1962
12 this is not a practical proposition. This, with some
13 modification in the rural areas could well become a proto-
14 type of group practice in rural areas where there is only
15 one doctor in a small town where there is more than one
16 doctor in some small towns and one doctor in neighbouring
17 towns but they could work together as a group. This has
18 been very nicely explained and stated in Dr. Hudson's
19 report where he says:

20 "The interchange of ideas and freedom
21 to discuss problems is the greatest advantage of
22 group practice. I feel lost when there is no
23 one to discuss a problem and it is amazing how
24 many times ideas come up that I would not think
25 of myself."

26 This, I think, is a very interesting
27 observation in this connection.

28 THE CHAIRMAN: And is it a fact that
29 such group practice must be hospital based, that there
30 must be adequate hospital services in the areas as a



1 condition of a group functioning properly?

2 DR. THORLAKSON: I think you have
3 brought up a very important point. One of the problems
4 that I think every Government faces in Canada is that
5 every young community, town or hamlet wants hospital
6 facilities and it is not practical, because while you can
7 provide a small cottage hospital of perhaps six to twelve
8 beds for certain situations, it is not a hospital, it is
9 just a nursing home with occasional medical attention. You
10 cannot set up X-rays or laboratories of any size in such
11 a set up. It is necessary to have hospital facilities in
12 these places, perhaps not metropolitan area facilities
13 because it is not practical to have such kind of hospital
14 services in a small town or rural area that you have in
15 the metropolitan area. In a final analysis you have to
16 look upon the practice in the nature of wheel with the
17 periphery and the spokes to the wheel and the hub. The
18 hub of the wheel is the centre where medical education and
19 medical research occurs and where the complicated problems
20 of surgery can be attended to. This is the hub of the
21 centre. In some areas there may be two hubs or two centres
22 in large populated parts but the principle of having a
23 medical teaching research centre is vital to the progress
24 of medicine in many areas that I have mentioned. This does
25 not exclude the desirability of having a properly equipped
26 smaller hospital at strategic areas in the province
27 which then serve that area but to have every little hamlet
28 and town rush in and want to build a hospital is not sound
29 planning.

30 THE CHAIRMAN: The development and



1 operation of a group practice in the metropolitan area,
2 does it work satisfactorily in the larger areas as well as
3 in the rural areas?

4 DR. THORLAKSON: Well, Winnipeg is a
5 good example. We have had very good, substantial develop-
6 ment of group practice in Winnipeg.

7 THE CHAIRMAN: We have been told it has
8 probably developed more in Winnipeg than any other city in
9 Canada.

10 DR. THORLAKSON: That is true. I have
11 figures on this point but the number of practitioners in
12 groups in Winnipeg is, and also in rural Manitoba, quite
13 remarkable.

14 THE CHAIRMAN: One may readily see the
15 advantages of the group in rural practice, but when you
16 have the metropolitan centre and the teaching facilities
17 and so forth available, what is the advantage of the
18 group practice in the metropolitan area?

19 DR. THORLAKSON: I mentioned a moment
20 ago that it is most important to concentrate the services,
21 the ancillary services in the large hospitals. In the
22 Province of Manitoba there are about 450,000 people living
23 in Winnipeg and 450,000 people living in the rest of the
24 province. Now, it is not practical to concentrate the
25 medical services in the metropolitan hospitals. There
26 again you have to think in terms of the wheel of the
27 centres and the doctors who are practising in that
28 community and serve that area have to have facilities.
29 Away from the hospital, X-ray and laboratory facilities,
30 patients should not always be sent to hospital for these



only in the larger areas as well as
in the rural areas

MR. WILKINSON: Well, Winnipeg is a
good example. We have had very good, substantial develop-
ment of group practice in Winnipeg.

MR. WILKINSON: We have been told it has
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listened to this point but the number of practitioners in
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THE CHAIRMAN: One may readily see the
advantages of the group in rural practice, but when you
have a metropolitan center and the resulting facilities
and so forth, what is the advantage of the
group practice in the metropolitan area?

MR. WILKINSON: I mentioned a number
ago that in fact it is hard to concentrate the services,
the auxiliary services in the large hospitals. In the
Province of Manitoba there are about 450,000 people living
in Winnipeg and 450,000 people living in the rest of the
Province. Now, we are not practical in concentrating the
services in the metropolitan area. There
again we have to look in terms of the wheel of the
services and the doctors are practicing in their
communities and some of them have to have facilities
at home and family, day and laboratory facilities
which should not always be done in hospitals for these



1 special tests, otherwise the hospitals would cease to be
2 hospitals. We always have an out-patient department at-
3 tached to a hospital but that is not the primary function
4 of a hospital. The primary function of the hospital is
5 to look after bed patients and not the ambulatory people.
6 Ordinarily the out-patients work well, it can be carried
7 out to a slight extent in the hospital.

8
9 A patient that seeks medical advice
10 in his metropolitan area a mile or four from a
11 hospital centre should expect the same quality and type
12 of work that is provided by hospital facilities which
13 means in 1962 X-ray and substantial laboratory services
14 and medical consultation, availability for a second in-
15 formation. As Dr. Hudson says - that is one of the things
16 here I would like to speak about, this being able to speak
17 to someone very easily and these men who have established
18 group practices or clinic practices in any area have that,
19 they have everything under one roof, these many facilities
20 are available not only to the patient but to the doctor.

21 I might go back to this question. In
22 Metropolitan Winnipeg there are 216 doctors practising in
23 groups and in rural Manitoba there are 46 doctors practis-
24 ing in groups. In Manitoba there are approximately 1100
25 doctors, but 100 of these are retired or inactive, about
26 75 are in Government or university services which brings
27 the total down to about 950 doctors presently in Manitoba
28 in private practice. Now, 216 and 46, that is almost
29 270, about 25% of the doctors in Manitoba are now in
30 group practice or partnership practice.



1 special hospital, and having the hospital a would serve as be
2 hospital, the hospital have an independent department of
3 hospital as a hospital but that is not the primary function
4 of a hospital. The primary function of the hospital is
5 to look a hospital and not the hospital, but
6 ordinarily the hospital is not well, it can be carried
7 out to a hospital in the hospital.
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1 COMMISSIONER BALTZAN: Dr. Thorlakson,

2 I welcome you personally and I welcome your remarks, be-
3 cause they are borne out of your personal experience along
4 with your group practice, or clinic.

5 May I at the first turn to page 2, and
6 your recommendation number 1 which reads: "A National
7 Advisory Board on Group Medical Practice ---" is one of
8 the constructive propositions that you make, and you have
9 stated some of your reasons, and I shall not question you,
10 but I would like if possible if you could submit later on
11 greater detail on the manner in which this National Advis-
12 ory Board which you advocate would function. Do you think
13 you might in the next month or two supply us with greater
14 detail, such as I understand you have, and you were not
15 able to incorporate in your presentation?

16 DR. THORLAKSON: I would be glad to
17 try to do that. I wish now that I had kept a record of
18 the number of doctors who have come to see me in the last
19 ten years for information about group practice, not only
20 from Winnipeg and Manitoba, but from other parts of Canada,
21 and I look back on this experience and feel how inadequate
22 this advice has been, and the lack of follow-through, the
23 lack of study on the spot. I have an idea they would like
24 to do something different, something better, and I talked
25 to them and gave them the benefit of my opinions, and as
26 I look back on it I think that is very inadequate, and
27 there should be something more concrete and practical,
28 based on the clear understanding of the needs of the area
29 which they hope to serve.

30 COMMISSIONER BALTZAN: We shall be glad



1 to receive that in due course. Number 2 of your recommenda-
2 tions: "The Medical Faculty of the university should pro-
3 vide the 'canopy' under which all medical education and
4 medical research ---". Is this based on the principle
5 that there is no monopoly on ideas?

6 DR. THORLAKSON: Yes, I think that
7 expresses it very well.

8 COMMISSIONER BALTZAN: Number 3: "The
9 faculties of medicine in Canadian universities should
10 establish 'graduate schools of medicine' --" and you
11 referred previously to the canopy of their role at the
12 university. My question to you sir, in this connection
13 you refer to schools under one roof that provide post-
14 graduate courses in medicine, or graduate programs in
15 recognized and accredited areas, the departments of hospitals,
16 and also clinic groups that you advocate.

17 DR. THORLAKSON: At the moment I am
18 not thinking of separate buildings, separate schools, or
19 separate faculties. Our universities and medical faculties
20 are organized to train, to accept students who will
21 graduate after three or four years in the university and
22 five years in the medical school with one year interne-
23 ship. They are then equipped to go out into what we now
24 call, or have called, general practice. Now we require,
25 and it is recognized that that is only the beginning of
26 medical education, and certainly not the end of it. Even
27 if a man goes out to practice, he has got to continue his
28 education and come back to the centre for further instruc-
29 tion.

30 Now, this is a postgraduate or graduate



1 facility, and I do not mean that we should have a separate
2 faculty at the moment, or a separate organization, or
3 facilities. It should be part of a total medical faculty
4 planning. At the moment postgraduate training is based on
5 the needs of each department of medicine and the hospital
6 department, and then to meet the requirements of the Royal
7 Colleges of Physicians and Surgeons that have set up
8 certain standards, and these standards are excellent, and
9 it prepares the young man to write his examinations for
10 these advanced examinations which have done so much for the
11 progress of Canadian medicine, but these are not university
12 programs. They are largely controlled by the teaching
13 hospitals, which have been accredited, and therefore I
14 suggest that there be, for want of a better term, graduate
15 schools of medicine and programs of graduate education
16 under the direction of the university and controlled as a
17 university project, rather than geared to the needs of
18 the hospital and the facilities in that hospital for senior
19 residents and the training of residents.

20 COMMISSIONER BALTZAN: I am going to
21 just try to strike at a few highlights here, because time
22 is very limited. On the same page, in Paragraph 5 you
23 stress the separation of X-ray and other laboratory services
24 from other hospital expenses and other costs for medical,
25 surgical and obstetrical services. Would you explain your
26 special emphasis on that point?

27 DR. THORLAKSON: I think one of the
28 greatest requirements is not legislation at the moment,
29 but education in this field of medical care. People
30 subscribe, or pay in insurance prepaid medical and



1 hospital insurance, and this principle has been generally
2 accepted, and it is difficult for many people to realize
3 what they are paying for when they buy insurance, and a
4 substantial number of citizens believe that when they have
5 paid a number of years into a scheme of this kind that
6 they have built up a reserve which they could draw upon.
7 They do not realize that at the 31st of December every
8 year this is all written off because the money they haven't
9 used has helped somebody else who has been sick. This has
10 been one of our greatest problems, the person who says:
11 "I have been paying in for five years, it is about time I
12 should get something out of it", and we say you are fortun-
13 ate, you haven't had a fire in your house, so you didn't
14 get fire insurance. You haven't been sick, so you didn't
15 get sickness insurance. They say I have been paying my
16 tax and my premiums and it says there I am entitled to
17 X-ray, electrocardiograph, and to get them I want to into
18 hospital. If I am not in hospital I have to pay the hotel
19 bill if from outside the city. So people go into the
20 hospital and become bed patients for investigation, and I
21 am sure all of you realize it is the first three or four or
22 five days in the hospital which is most expensive, because
23 it is during that period that intensive investigation is
24 occurring, and for men and women to go and live in the
25 hospital while they are conveniently provided with these
26 facilities and use the hospital as a hostel or hotel is the
27 height of folly and extravagance.

28 We say to the patient you have a pre-
29 paid insurance plan which provides you with X-rays and
30 laboratory services, and you can have these either outside



1 or inside the hospital. We are selling people policies,
2 and every policy included some of these extra facilities,
3 so they were being sold two or three times over.

4 COMMISSIONER BALTZAN: Just very
5 briefly, if you can give it to me, the finish-up of your
6 last remarks. Out of the cost dollar to the patient, what
7 amount, or what percentage is covered by the X-ray and
8 laboratory, versus the medical services?

9 DR. THORLAKSON: Unfortunately I cannot
10 give you exact figures on this, but my information is that
11 this comes to something in the neighbourhood of 35%, and
12 then in private practice one has to think in terms of over-
13 head, so that if a doctor charges \$5.00 for his care, he
14 does not get \$5.00. In 1962 he has to pay substantial rent
15 and overhead and facilities that patients require and should
16 have, and roughly the cost of providing these services
17 is two and a half to three dollars out of the \$5.00 charge,
18 and if the charge goes up to ten or fifteen dollars it
19 does not mean the difference between three and fifteen
20 dollars, because if you provide a \$15.00-service you are
21 using more time and provide the patient with greater
22 facilities, so that one should not think in terms of a fee
23 going to the doctor. A very substantial amount of that
24 fee goes to pay for overhead and the cost of ancillary
25 services.

26 COMMISSIONER BALTZAN: On page 5 you
27 and the group practice people advocate that we support
28 comprehensive medical care. Number 3 in A, under 10. I
29 would like just simply to repeat number 5: "Acceptance and
30 participation in administration but not complete control by



1 the medical profession". That is in any prepaid comprehen-
2 sive plan, you submit that the medical profession has not
3 complete control?

4 DR. THORLAKSON: I am sure this is
5 correct, Mr. Chairman, and I am sure the community would
6 accept this in principle, and I am sure the community
7 should accept the fact that any plan should be acceptable
8 to the group that are providing the services, and they
9 should have some participation in the administration of
10 those services, but not complete control, because doctors
11 by themselves I don't think are necessarily trained to
12 look after all the needs of these services, and they need
13 help and advice just as much as anybody else does in the
14 community, and certainly community participation is very
15 vital to the success of this type of undertaking. There
16 should be no monopoly, there should be no domination by
17 any segment of society. What I would like to see, and I
18 am sure what everybody would like to see, is a healthy
19 cooperation, and this includes Governments, the medical
20 profession, nurses and other services, and also includes
21 the private insurance companies, who have facilities that can
22 be used to the benefit of this national and provincial
23 development.

24 COMMISSIONER BALTZAN: On page 12, the
25 group people in group practice, at the top of the page you
26 say, number 10: "The elimination of the direct monetary
27 relationship between doctor and patient, and the availability
28 of competent business management to assist in these
29 relationships." Now, that has proved a serious issue with
30 us in presentations received from various medical



1 organizations, and you are a form of medical organization,
2 you come under the "canopy".

3 DR. THORLAKSON: I am sure, Mr. Chair-
4 man and Dr. Baltzan, that most doctors would like to be
5 relieved of any responsibility of this nature. We are not
6 trained in this field, and most of us just do not feel
7 very happy about being involved in the transaction where
8 our services are being paid for, but unfortunately this is
9 necessary because doctors have to pay their overhead and
10 their staff and the living costs just like anyone else, and
11 I think that the doctor who has spent, seven, six to twelve
12 years in training for a specific job, of looking after
13 sick people and diagnosing diseases and treating diseases,
14 and restoring people to their health, this is something
15 which should require the major part of his time, and he
16 should be relieved as much as possible by his staff, his
17 medical secretaries, and the technical assistants, of any-
18 thing dealing with these other matters. He must however,
19 be informed about these matters, but not use his time in
20 dealing with them.

21 COMMISSIONER BALTZAN: We have been
22 confronted by inconsistencies in some submissions in
23 respect to this question that we have just been discussing
24 relative to the payment, as to who makes the payment, and
25 we have noted that the medical profession very definitely
26 endorses receiving payment from voluntary organizations,
27 and we have noted also an opposition to payment through a
28 Government plan, and one would take both of these plans
29 as third parties. This is an inconsistency, and there
30 must be some profound reasons. While it is an



Dr. Richardson

1 organizational, and you are a form of medical organization,
2 you come under the "canopy".

3 DR. RICHARDSON: I am sure, Mr. Chairman,

4 and Mr. Belmont, that most doctors would like to be
5 relieved of any responsibility of this nature. We are not
6 trained in this field, and none of us just do not feel
7 very happy about being involved in the transition from
8 our salaries and being paid for, but unfortunately this is
9 necessary because doctors have to pay their overhead and
10 their staff and the living costs just like anyone else, and
11 I think that the doctor who has spent, seven, six to twelve
12 years in training for a specific job, or looking after
13 sick people and diagnosing diseases and treating diseases,
14 and raising people to their health, this is something
15 which should require the major part of his time, and he
16 should be relieved as much as possible by his staff, his
17 medical assistants, and the technical assistants, of any-
18 thing dealing with these office matters. He must, however,
19 be informed about these matters, but not see his time in
20 dealing with them.

21 COMMISSIONER BALTZAK: We have been

22 confronted in the past with some problems in
23 respect to this question that we have just been discussing
24 relative to the payment, as to who makes the payment, and
25 we have noted that the medical profession very actively
26 enforces receiving payment from voluntary organizations,
27 and we have noted also an opposition to payment through a
28 government plan, and one would take both of these plans
29 as being policies. This is an inconsistency, and there
30 can be no profound reasons, while it is an



1 inconsistency, it is not necessarily a contradiction.

2 Do you endorse the principle and
3 practice of prepayment by voluntary medical plans. I think
4 you answered that in your brief?

5 DR. THORLAKSON: Yes.

6 COMMISSIONER BALTZAN: Well, we will
7 bypass that point then. Do you and your type of practice
8 by group methods, do you oppose deriving payment from
9 Government sources only covering the medical services?

10 DR. THORLAKSON: Yes, Mr. Chairman and
11 Dr. Baltzan and gentlemen, I think this is crucial in the
12 whole arrangement, and I can answer that most quickly by
13 repeating what I have said. Government aid should aim to
14 avoid hardship and relieve unnecessary suffering; it should
15 not go beyond this and discourage thrift, self-reliance,
16 independence and free choice. The supervision and manage-
17 ment of a comprehensive medical care plan must be
18 independent of political influence and control but not
19 necessarily too remote from political criticism.

20 I challenge anyone who says that there
21 will be no difference for the patient or the doctor if and
22 when a completely government sponsored and government
23 controlled scheme of collecting premiums, supplemented
24 from the general tax fund is instituted and the bills for
25 medical and surgical services are sent to a government
26 agency.

27 In our society all citizens should have
28 direct access to the law courts to settle any grievance
29 that may properly be referred to a judge and his court for
30 decision. The record in Canada has been clearly established



1 inconsistency, it is not necessarily a contradiction.

2 Do you endorse the principle and

3 practice of payment by voluntary medical plans, I think

4 you answered that in your brief?

5 COMMISSIONER LAHIAN: Well, we will

6 express that point then. To you and your type of practice

7 by group methods, do you oppose deriving payment from

8 Government sources only covering the medical services?

9 Dr. Sahas and Gentlemen, I think this is crucial in the

10 whole arrangement, and I can answer that most quickly by

11 repeating what I have said. Government aid should aim to

12 avoid hardship and relieve unnecessary suffering; it should

13 not go beyond this and discourage thrift, self-reliance,

14 independence and free choice. The supervision and manage-

15 ment of a comprehensive medical care plan must be

16 independent of political influence and control but not

17 be separated from political criticism.

18 I challenge anyone who says that there

19 will be no difference for the patient or the doctor if and

20 when a completely Government sponsored and Government

21 controlled scheme of collection, delivery, and payment

22 from the patient is first introduced and the patient

23 medical and surgical services are sent to a Government

24 agency.

25 In our society all citizens should have

26 direct access to the law courts to settle any dispute

27 that may properly be referred to a judge and his court for

28 decision. The more the Government has been able to establish



1 that a government agency soon begins to function not only
2 as an arm of government but also as a court of law. Its
3 decisions are final. The agency cannot be sued. It becomes
4 another great government monopoly, arbitrary and largely
5 unapproachable by the average citizen who supports it
6 through his taxes.

7 I don't mean by this that there are
8 not certain areas where the Government should get into the
9 business of running things, but it should try its best to
10 stay out of doing things where private citizens and private
11 institutions can do, I think and I believe most legislatures
12 believe, that they can do better than most Government
13 agencies, and probably more economically in the long run.

14 COMMISSIONER FIRESTONE: If I may just
15 carry on where Dr. Baltzan, with one of the questions Dr.
16 Baltzan raised, and I am referring to Paragraph 34, sub-
17 paragraph 10, in which you speak of the advantages of
18 group practice from the doctors' point of view, and you
19 mention in this paragraph: "The elimination of the direct
20 monetary relationship between doctor and patient, and the
21 availability of competent business management to assist in
22 these relationships."

23 Do you feel that this is also helpful
24 to patients, and do patients approve of this arrangement?

25 DR. THORLAKSON: Yes, I think that is
26 correct.

27 COMMISSIONER FIRESTONE: The next
28 question is have you found that this elimination of direct
29 monetary relationship between doctor and patient has
30 affected the quality of medical services?

as an aid of Government out also as a source of revenue. The
decisions are final. The money cannot be spent. It is
another great Government monopoly, entirely and largely
unresponsive by the average citizen who supports it
through his taxes.

I don't mean by this that there are
not certain areas where the Government should get into the
business of running things, but it should get its part to
stay out of doing things where private citizens and private
institutions can do. I think and I believe most legislators
believe, that they can do better than most Government

agencies, and probably more economically, in the long run.
COMMISSIONER'S RESPONSE: It may be

carry on where Mr. Hildner, who was on the question of
Hildner refused, and I am referring to Paragraph 14, sub-

paragraph 10, in which you speak of the advantages of
Group practice from the doctor's point of view, and you
mention in this paragraph, "The elimination of the direct
monetary relationship between doctor and patient, and the
availability of competent business management to assist in
these relationships."

Do you feel that there is also a
to patients, and as patients approve of this arrangement?
DR. THORNTON: Yes, I think that is

COMMISSIONER'S RESPONSE: In my
question is have you found that the elimination of direct
monetary relationship between doctor and patient has
also the quality of medical service



1 DR. THORLAKSON: I can't say that I
2 have noticed it. I can't measure that. It is my impres-
3 sion this tends to improve the quality of medical practice.

4 COMMISSIONER FIRESTONE: In fact, you
5 said a little earlier, sir, in giving us an example of
6 group practice in rural areas that the opportunities that
7 doctors have to discuss cases among themselves improves
8 the quality of medical care, that least, that is the
9 implication I gathered from the statement. Therefore,
10 there is no evidence that you have, sir, in the experience
11 you have had or in Manitoba group practice of other people
12 that the quality of medical services suffered as a result
13 of group practice, on the contrary, I think you are telling
14 us it has improved.

15 DR. THORLAKSON: If it hasn't improved,
16 if the members of the group get together and practice
17 group practice as I understand it, if the quality of prac-
18 tice does not improve there is something radically wrong
19 with the organization, with the set-up or the reason for
20 setting up the organization.

21 COMMISSIONER FIRESTONE: You have no
22 evidence that the quality of medical service has deteriorated
23 as a result of group practice?

24 DR. THORLAKSON: None whatsoever.

25 COMMISSIONER FIRESTONE: Thank you very
26 much, sir. Would you further say, Doctor, that as a result
27 of group practice and the implementation of medical secre-
28 taries helping in the establishment and keeping of case records
29 this would increase the efficiency of the doctor?

30 DR. THORLAKSON: Very definitely,



DR. THOMAS: I can't say that I

have noticed it. I can't remember that. It is my impression

that this tends to improve the quality of medical service

COMMISSIONER: In fact, you

said a little earlier, and in giving an example of

group practice in rural areas that the opportunities that

doctors have to get cases among themselves improves

the quality of medical care, that is, that is the

impression I gathered from the statement, Commissioner.

There is no evidence that you have, and in the case of

you have had or in hospital group practice of other people

that the quality of medical service suffered as a result

of group practice, or the contrary. I think you are talking

as it has improved.

DR. THOMAS: In its present improvement,

it is the members of the group get together and practice

group practice as I understand it, is the quality of service

that does not improve that is what it is really about.

With the organization, with the co-operation of the service for

setting up the organization.

COMMISSIONER: You have no

evidence that the quality of service has been improved

as a result of group practice?

DR. THOMAS: There was no

change in the quality of service.

What you would say, Doctor, that as a result

of group practice and the implementation of medical service

there is no change in the quality of service.

There would be no change in the quality of service.



1 because I think medical secretaries and medical technolo-
2 gists can do a great deal to facilitate the care of the
3 patient and keep records. We now realize more than ever
4 the patient's record must be available. We place great
5 emphasis on proper history taking and proper examination
6 and proper recording, and this is one of the great weaknesses
7 in the past in sole practice. The doctor wasn't able to
8 obtain it or have this type of facility, but in a properly
9 organized group this is one of the things that we emphasize,
10 the availability of records and the maintaining of records
11 to be referred to because so often a patient will come in
12 today and he has a problem and if you can relate it to
13 some complaint or disability or test on the record a year
14 ago, a month ago, or five years ago, it is great help in
15 the diagnosis and prognosis of the case.

16 COMMISSIONER FIRESTONE: Would you
17 therefore say, Doctor, as a result of the increase of
18 doctors in group practice that they would be able to see
19 more patients and give them better quality of service?

20 DR. THORLAKSON: I think this is correct,
21 Dr. Firestone.

22 COMMISSIONER FIRESTONE: As a result,
23 therefore, if we had more group practice in Canada the
24 same number of physicians could provide substantially
25 greater service to the Canadian people and of a higher
26 quality?

27 DR. THORLAKSON: Well, Mr. Chairman,
28 Dr. Firestone, as I pointed out in my brief we can look
29 forward to difficulty in obtaining an adequate number of
30 doctors to serve this community. There is no question in



1 my mind this is something we will have to face. It is one
2 of the most serious problems facing Canadian medicine and
3 the Canadian nation at the present time. I said in my
4 brief 25% of our doctors practising in Manitoba are from
5 Great Britain. This is not going to continue. We should
6 not have to rely on graduates from other areas in the
7 future. We should be training graduates for areas that
8 need doctors. If this is true, then we have got to do
9 something about it. There are two things we can do something
10 about, encourage young men and women to enter the
11 practice of medicine and secondly, to meet, to organize
12 the medical services so that they become more efficient,
13 and it is, I think, just as great a need and probably
14 greater need than just simply getting more doctors into
15 medical centres or more prospective doctors into medical
16 schools and more graduates is the better organization and
17 better utilization of the personnel that we have.

18 COMMISSIONER FIRESTONE: Would you
19 say, Doctor, that the elimination of the direct monetary
20 relationship between doctor and patient would affect
21 adversely the doctor-patient relationship?

22 DR. THORLAKSON: No, to the contrary
23 I think it improves it.

24 COMMISSIONER FIRESTONE: Now, Doctor,
25 it is been suggested to us by a number of medical groups
26 across the country that the elimination of these direct
27 monetary relationships between doctor and patient would
28 affect adversely this relationship between doctor and
29 patient. Do I understand, therefore, that you feel on the
30 basis of your experience and that of your colleagues in



1 group practice that this is not justified by the fact of
2 your experience?

3 DR. THORLAKSON: Dr. Firestone, it
4 depends on how you would interpret your question and how
5 you interpret the information which you have received.
6 My interpretation is this, that the patient and doctor
7 accept the fact that there is a direct financial obligation
8 and a direct responsibility, and I accept in my brief there
9 should be some minimum responsibility in addition to just
10 paying a premium once or twice a year. It is quite
11 different from what I imply from your question. I am
12 saying in the groups carrying out this, of paying for
13 this service, the doctor isn't directly involved. That's
14 a little different from the way you put the question,
15 there should be no monetary consideration between the
16 doctor and the patient. I don't want to leave that impres-
17 sion, because I think it is very necessary that people should
18 realize they have an obligation to look after themselves
19 and pay for what they ask for whether they go into one
20 office, a lawyer's office, a doctor's office or for any
21 other service, there must be a personal responsibility
22 which I have emphasized. How that responsibility is
23 carried out, by direct payment or through insurance is up
24 to the individual on a voluntary basis, but the mechanics
25 of completing that transaction does not have to involve
26 the doctor. That is what I would like to emphasize. I
27 sensed in your question that there was a misunderstanding
28 here, that there shouldn't be any relationship, money
29 shouldn't come into it at all. It is not practical. Money
30 has to come into it. I am talking about mechanics of



1 completing that arrangement. ~~they should be~~

2 COMMISSIONER FIRESTONE: I am referring
3 to the mechanics as well, Doctor. My question is if this
4 money is paid by an insurance company or a cooperative or
5 by Government acting on behalf of the indigents, in what
6 way would such an arrangement affect the patient-doctor
7 relationship in group practice?

8 DR. THORLAKSON: It would improve it.

9 COMMISSIONER FIRESTONE: Well, there-
10 fore, you feel that the source of money wouldn't affect the
11 quality of medical practice?

12 DR. THORLAKSON: The source of money
13 should not affect the quality of medical practice one iota
14 provided that source of money does not come from a monopoly,
15 particularly a Government monopoly and Government dominated
16 plan.

17 COMMISSIONER FIRESTONE: If it is a
18 cooperative plan that includes the medical profession and
19 other groups and the insured as well as Government, if a
20 cooperative plan, would that affect medical quality?

21 DR. THORLAKSON: I believe Government
22 has to get into it and we as citizens have to be prepared to
23 play our part and work in cooperation and in partnership
24 with the Government, not as an opposing force, but as a
25 force working towards a common need. There should be no
26 conflict of interests here. We are concerned with the
27 welfare of the patient. We are not concerned with estab-
28 lishing political ideas. We are directly concerned with
29 looking after the patient. This requires organization.
30 This requires money. Every segment of the society, the



1 taxpayer who is fortunate enough to pay taxes should
2 accept his responsibility and be willing to see that part
3 of his tax money goes to help less fortunate members of
4 our society. Every group should be involved. This is
5 what I would like to emphasize, Mr. Chairman, that voluntary,
6 when we are on this point, that voluntary agencies and private
7 agencies, they mirror public opinion, and this should be
8 of great help to the Government. The Government's job is
9 to encourage citizens to be self reliant and free and make
10 decisions, at no time to control, conduct and regiment
11 the actions of free men.

12 COMMISSIONER FIRESTONE: Doctor, may I
13 compliment you on what you say about the welfare of the
14 patient. It is a wonderful attitude and we congratulate
15 you for your views. Thank you.

16 COMMISSIONER STRACHAN: Mr. Chairman,
17 as Dr. Thorlakson may realize I am a native of Hamiota
18 Municipality and have a birth certificate on me to prove
19 that. I might also say that I well remember the day Dr.
20 Ed Hudson's parents were married. There is one feature
21 regarding the Hamiota Hospital that I think might be
22 mentioned here, Mr. Chairman, and that is something
23 referred to more than once in this hearing, the fact that
24 Hamiota Hospital has accommodation for a local dentist.
25 I wonder if, Dr. Thorlakson could expand on that feature.

26 DR. THORLAKSON: It has accommodation
27 for ---?

28 COMMISSIONER STRACHAN: Local dentist, the
29 dentist has his office in the Hamiota Hospital.

30 DR. THORLAKSON: I have no comment on



1 that. I see no objection to that arrangement provided
2 there is no other dentist in the town or the area. There
3 is no particular reason why he should have his office in
4 the hospital, in a small hospital any more than he should
5 have it down a block away. It depends on the local
6 situation. The need in a small hospital, the need for
7 dental services to hospital patients is very small and the
8 dentist could go to the hospital as well as the doctor can
9 go to his patient there. It is purely a local arrangement
10 and I am sure the arrangement Dr. Hudson made and the
11 community has made is very satisfactory providing there is
12 only one dentist in the community.

13 COMMISSIONER STRACHAN: It has been
14 referred to as a means of encouraging your dentists to go
15 to outlying communities where there is no dentist, if
16 accommodation were provided in the hospital there would be
17 a greater possibility of him going there either permanently
18 or part-time.

19 DR. THORLAKSON: That is my point.

20 THE CHAIRMAN: Dr. Thorlakson and Dr.
21 Strachan, I think the discussion of dentistry at this
22 stage is not too relevant to the situation that is before
23 us at the moment, and with your permission I think, we have
24 other delegations to hear, and we might get into many
25 areas that are of interest, but not necessarily relevant.

26 I want to say on behalf of the Commission
27 how grateful we are to you for having accepted our invita-
28 tion and for your very lucid remarks here this morning.
29 We welcome you here as one of the outstanding physicians
30 in Canada and an ornament to the profession.



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DR. THORLAKSON: Thank you, Mr. Justice
Hall.

THE CHAIRMAN: The next submission is
from the Association of Hospital Administrators of Quebec.



SUBMISSION OF

THE ASSOCIATION OF HOSPITAL ADMINISTRATORS OF QUEBEC

APPEARANCES:

REVEREND FATHER H. BERTRAND

DR. C.A. GAUTHIER

DR. P. LAPLANTE

MR. P.F. OLIVIER

---EXHIBIT NO. 227: Submission of the Hospital
Administrators of Quebec.

THE CHAIRMAN: We appreciate your

allowing us to put you over from 9:30. We are grateful to
you for having consented to that, for the reason of Dr.
Thorlakson. A research staff is here to consult with him
and he has to leave for Winnipeg as soon as possible. We
appreciate the fact you consented to stand by.

DR. LAPLANTE: Mr. Chairman, our
Association of Hospital Administrators is very happy to be
able to meet the needs of the Commission for you. I should
like to introduce the members of the delegation here this
morning. I should like to introduce the Reverend Father
H. Bertrand who is Director General; our Vice-President,
Mr. Paul Olivier; our Secretary General Dr. Charles A.
Gauthier. We have asked Dr. Gauthier to be kind enough
to act as spokesman and to submit this brief himself.

THE CHAIRMAN: Dr. Gauthier,

DR. GAUTHIER: Thank you, Mr. Chairman,
madam, gentlemen. With your kind permission the first



1 words are going to be in English, again also with your
2 kind permission, not the last word but the ~~next~~ words are
3 going to be in French.

4 We have constructed our brief on
5 certain, which we think basic and fundamental ideas. We
6 would respectfully submit that we proceed in the following
7 manner if agreeable to the Commission. We would like to
8 read in French a general wide sweeping summary and then
9 follow that by recommendations and then offer to your
10 attention what we think could be priorities in any develop-
11 ment of medical services for the Canadian people. If it is
12 agreeable to you, we will proceed that way. Thank you, sir.

13 The main principles on which we have
14 based ourselves in setting up this brief, first, were our
15 our basic operational concepts of hospital operation. We
16 believe that three main purposes, care, teaching and
17 research are important, but it is still more important for
18 each of these points to be upheld and maintained in its
19 appropriate place, to the effect that teaching should not
20 have priority over care, and that research should not
21 reduce teaching to the third place. The main objective
22 of the hospital is the patient, and this should be constant-
23 ly borne in mind as the basic fundamental and prominent
24 idea. We believe, however, that these three objectives
25 have a certain inter-relationship between them to the
26 extent that the hospital should care for the patient to the
27 same extent. We believe as an Association that it is
28 almost impossible to conceive of a hospital without teach-
29 ing. The exercise of these three functions in their due
30 order of priority in our opinion offers the best possibility



1 for success with respect to the quality of care given,
2 provided this is done in such a way as to have as much as
3 possible local economy and the free exercise of the right
4 of proprietorship. We believe this because this system has
5 already proven itself, not only by the competence of the
6 people, but it has involved in it also the results attained.
7 This is the basic cornerstone of our brief. We stress
8 this very much as the general directing guiding idea. We
9 stress the need for teaching and the preparation of quali-
10 fications in all the disciplines of hospitalization. Such
11 preparation is indispensable to maintain or increase and
12 improve hospital services. The authorities should respect
13 and protect the right of the hospital, the proprietorship
14 and the exercise of this right and should avoid any undue
/ss 15 or useless control over these institutions.

16 We will recommend that there should be
17 study, revision and amendment made to Federal Bill 320 and
18 these amendments should be guided toward the exercise of
19 a more extensive and more effective local economy.

20 The Association will recommend for
21 this purpose there should be a joint Federal-Provincial
22 conference to assist the experience required up to now and
23 to improve hospital insurance before dealing with health.
24 One of the primary concerns of research expressed in this
25 brief is to bring out the vital importance of preparing of
26 competence in the hospital sectors and to assist and main-
27 tain by appropriate specialists the necessary structure.
28 It would be useless to try to improve health and to increase
29 hospital and to promote progress of medicine if there were
30 no preparation which would be financing of teaching



1 for persons with respect to the quality of care given;
2 provided that it does not mean a way as to how it is done as
3 possible local economy and the time involved in the
4 of responsibility. We believe this because this system has
5 already given itself, not only by the composition of the
6 people, but also by the involvement in it of the people who are
7 this is the basic organization of the hospital, the hospital
8 this very much as the general directing guiding force. We
9 express the need for testing and the presentation of an
10 situation in all the disciplines of hospital care. We
11 preparation is indispensable to maintain or improve and
12 improve hospital services. The institution should regard
13 and protect the right of the hospital, the responsibility
14 and the expansion of this right and should avoid any action
15 on which control over the hospital is
16 We will recommend that these things be
17 study, variation and amendment made to Webster, but not
18 these changes should be guided toward the objectives of
19
20
21 this purpose there should be a joint hospital-administrative
22 conference to assist the conference regarding the new and
23 to improve hospital management and the quality of care.
24 One of the primary concerns of hospital management in this
25 field is to bring and the chief importance of providing of
26 competence in the hospital services and to assist and to
27 train an appropriate spirit within the necessary structure
28 it should be advised to try to improve the quality of the
29 hospital and to ensure provision of health care to the people
30 upon which which would be the purpose of the hospital



1 facilities in the Province of Quebec and we stress this
2 particular point.

3 In the Province of Quebec most of the
4 administrative authorities in the hospitals were trained
5 by the Hospital Committee of Quebec. We had 83 graduates
6 and we can add to this 31 medical directors we graduated
7 from the school and we should not overlook the new initia-
8 tive which has just begun, namely, a financial course in
9 hospital administration. Through these thirteen registra-
10 tions up to now in this course, this is only a small
11 picture of the educational activity of the Committee of
12 Quebec Hospitals who have come to more than 8,000 people.
13 Our Association stresses that teaching and research are
14 the basis of the quality of the care given. Our Association
15 recommends that the high quality of care in research must
16 be retained and subsidized. The hospital system of the
17 Province of Quebec; after a long time now, with this system, over
18 the past twenty years 86 hospitals have been constructed;
19 46 were religious and 40 secular, eight of which are of
20 religious participation. There was a report made on the
21 thirty hospitals in Quebec which have a capacity of 10,000
22 beds and shows that the public demand for hospital care
23 has considerably increased during 1961, but the hospitals
24 have still maintained the quality of care given previously.

25 There is no question that the present
26 quality of nursing depends on the contribution to that
27 care furnished by the hospital. The main concept of nursing
28 is, in our opinion, to give the best possible care of
29 patients and to promote the progress of medicine. Of course,
30 the quality of the nursing care depends to a very large



1 extent on the training given by those who trained our
2 nurses. The Association goes on in favour of nurses to
3 grant them higher degrees and recognize them and we
4 recommend this to the Commission. We feel nurses attached
5 to hospitals should remain because the fundamental elements
6 of nursing can be acquired only at the bedside of the
7 patient. Our Association also recommends the installation
8 of an accredited organization of nursing schools which
9 will include the professional associations in the field of
10 nursing care.

Mainly our Association states with respect to the patients that it is not only possible but desirable to have a psychiatric service included within the general hospital service. Moreover, our Association also believes that the mental patients should be able to mix with other patients so they do not feel isolated from society.

Our Association considers it necessary to have external out-patient clinics in the hospitals, they have been organizing for some time now and give very signal service and it will be called upon to give the greatest service to a growing population. These should be maintained and integrated in any program dealing with public health. However, we stress the fact that they alone cannot be expected to operate at a financial loss.

26 With regard to hospital economy, our
27 brief observes that in detail the Government can pay
28 patient costs without encroaching upon a hospital's economy.
29 This is all right in theory, but, frankly speaking, we say
30 we do not see how this can be done. Our Association



The Association took as its motto of motto to

that of their design and mottoes then and we

recommend this to the Association. We feel much as

of it can be applied only at the bedside of the

of an associated organization of nursing schools which

will include the professional associations in the form of

Association of

National Association states with

respect to the patients that it is not only possible but

desirable to have a psychiatric service included within the

general hospital service. However, our Association also

believes that the mental patient should be able to mix

with other patients so that he is not isolated from

The Association considers it necessary

to have external consultation clinics in the hospital,

have been established for some time now and give very good

service and it is hoped soon to give the patient

more of a "home" feeling. These should be made

more and more of a "home" feeling. These should be made

feeling. However, it is hoped that they should be more

be expected to operate as a hospital unit.

With regard to hospital economy, our

Association feels that the hospital should be more

it is a right to know, but, I think, generally, to say

we do not know this can be done. Our Association



1 recognizes the need for certain control, it recognizes
2 the need for the Government's presence in this control
3 but in our view this control should be exercised within a
4 certain place regarding certain procedure and it should
5 avoid parallel techniques.

6 With respect to health insurance, our
7 Association is in favour of health insurance. As to its
8 application, we are opposed to any regime of socialist
9 medicine or state medicine. We favour, rather, a premium
10 embodying full cooperation with the medical profession and
11 the administration. We believe the Government control has
12 already imposed its programs. This, however, does not
13 stop research and obligation even by the state of social
14 measures which are desirable for the true needs of the
15 population. However, such measures should be established
16 not by sudden erratical procedure, but progressively by
17 steps which would adapt to the needs of the general
18 population and it would also be adapted to the financial
19 needs of this great country.

20 You will see certain repetitive things
21 in the recommendations here, but with your permission I
22 will now make our general submission.

23 We recommend:

- 24 1. That the role of the State remain supplementary with-
25 out becoming substitutive, ~~for it is possible~~ and in
26 the interest of all to maintain and uphold the private
27 enterprise and the initiative of the hospitals.
- 28 2. That this be recognized and also the existence of the
29 three aims of the hospital and their hierarchy (care,
30 teaching, research) and their interdependence through



1 interaction, for to promote one is to promote the
2 betterment of the others.

- 3 3.a) That governments recognize the need for the teaching
4 of skills and put it into operation to uphold and
5 maintain, by means of adequate subsidies, applicable
6 to research and teaching, competent, qualified and
7 tried organizations.
- 8 b) That the necessity for hospital personnel to be
9 constantly trained and perfected be recognized and
10 that every measure relative to health provide for
11 and sustain this point of view.
- 12 c) That the authorities concerned support and encourage
13 capable organizations, through specialized and inten-
14 sive instruction, and through research into training
15 skills in all branches of the medico-hospital complex.
16 In view of the need for and the importance of train-
17 ing on one hand and the high cost of this training
18 on the other, that governments support competent
19 organizations which have extensive training programmes
20 and a competent and adequate faculty able to cover
21 the numerous aspects of the medico-hospital complex.
- 22 d) That the different elements in the initiation into
23 hospital work be regarded by the authorities as one
24 of the sources of progress and of excellence in
25 hospital care and that this branch of instruction be
26 maintained and extended.
- 27 4. That the authorities recognize in research (in
28 hospital and other administration) the means of im-
29 proving necessary instruction and of promoting there-
30 by excellence in hospital care.



- 1 5. That excellence of care, of instruction, and of
2 hospital research in the Province of Quebec continue
3 to be recognized, maintained and supported.
- 4 6. That legislators take into account services rendered
5 and the contribution made by religious hospital com-
6 munities and that they keep in mind the canonical
7 demands of these communities in the elaboration of
8 any legislation liable to affect the hospital.
- 9 7. That the authorities recognize significant voluntary
10 projects and that they respect the right of private
11 property which has made possible the actual state
12 of affairs with regard to all its projects and its
13 qualities.
- 14 8.a) That the authorities encourage the training of and
15 addition to all categories of hospital personnel
16 through substantial assistance to the schools con-
17 cerned.
- 18 b) That nursing schools remain attached to hospitals so
19 that personnel trained there acquire the knowledge
20 and clinical experience which constitute the essence
21 of this profession.
- 22 c) That the university schools of nursing be helped and
23 recognized in the matter of obtaining higher degrees
24 in the field of hospital care.
- 25 d) That the authorities concerned devote special atten-
26 tion to the qualitative and quantitative development
27 of equipment in nursing schools (most particularly
28 their libraries) and encourage diversification of
29 instruction in this field.
- 30



- 1 9.a) That in any measure aimed at improving the health of
2 the population, the authorities neither neglect nor
3 minimize the importance of the psychiatric aspect of
4 the health of a people.
- 5 b) That any legislation on the subject of mental health,
6 not only attack the problems of mental sickness as
7 such, but in addition, keep in mind the sociological
8 realities of the environment to which it applies.
- 9 c) That general hospitals be encouraged to initiate
10 certain psychiatric services within their organiza-
11 tion and to integrate these services into their
12 general structure.
- 13 d) That the authorities bring particular care to bear
14 on the qualitative and quantitative training of
15 psychiatric personnel.
- 16 10. That the authorities concerned make a complete study
17 of the number and distribution of hospital beds,
18 taking into account the needs of the present and of
19 the foreseeable future for populations and regions.
- 20 11. That everywhere possible, each hospital organize
21 within its administration a pharmacy and therapeutic
22 committee to draw up and maintain from day to day an
23 adequate and satisfactory pharmacopoeia for all
24 interested parties.
- 25 12. That outside clinics in hospitals be maintained, sus-
26 tained and increased with the adjunction of laboratory
27 and radiology services, while avoiding the state of
28 being constantly and seriously at a budgetary
29 deficit.
- 30 13.a.) That the authorities respect and protect the property



1 right of the hospital and the free exercise of
2 this right by avoiding the exercise over institutions
3 of undue or pointless control.

4 b) That there be study, revision and amendment of Federal
5 Bill 320 and that these amendments be directed not only
6 only towards the actual maintenance of a certain
7 relative autonomy but especially towards the exercise
8 of more extensive and more real local autonomy, and
9 this, within the framework of constitutional
10 exigencies.

11 c) To this end, there be a federal-provincial conference
12 to determine the position with regard to actual
13 experience up to now and to improve hospitalization
14 insurance before tackling the general field of
15 health insurance.

16 Priorities

- 17
- 18 1. To guarantee the success of what already exists at
19 the present moment before trying new fields of
20 action.
 - 21 2. To maintain and amplify any measure relative to
22 preventive medicine.
 - 23 3. To aim for the maintenance and, on certain points,
24 the improvement of the quality of services. Any
25 measure tending to lessen the excellence of services
26 must be automatically rejected.
 - 27 4. To maintain and encourage administrative, professional
28 and academic autonomy of hospitals according to
29 known local needs.
 - 30 5. To maintain, encourage and promote instruction and



1 research in the field of hospital administration.

2 6. To determine means of rendering more feasible, for
3 existing or added hospital beds, the possibility of
4 quicker admission to hospital.

5 7. To encourage the maintenance and expansion of out-
6 side clinics in the hospitals and most particularly
7 to make use of their diagnostic facilities such as
8 laboratories and radiology departments.

9 and the suggestion. We believe that priority should be
10 given to endeavours to find and to maintain and promote
11 teaching and research in the field of hospital administra-
12 tion, so as to create the necessary competence in each of
13 the particular disciplines that fall within the general
14 field of hospital administration. We also believe that in
15 any future plan of action the means should be determined
16 to increase existing bed space, and to improve the facilities
17 presently available. Finally, we feel that any plan
18 designed to maintain the quality of care, or to improve
19 it, should provide for the extension of out-patient clinics,
20 with the addition of diagnostic technology, such as X-rays,
21 etcetera.

22 We will answer to the best of our
23 ability any questions put to us, and they will be answered
24 by one of us four, according to the general field of action
25 they do pertain with.

26 THE CHAIRMAN: There are some questions
27 I should like to put to you, Dr. Gauthier, and I shall
28 begin with your first recommendation. In that recommenda-
29 tion you state that it is possible and it would be desir-
30 able to maintain private initiative. We heard on Friday



to determine the extent of the damage to the building and the

condition of the structure and the possibility of

restoration or reconstruction.

To conduct the investigation and to determine the

extent of the damage to the building and the

possibility of restoration or reconstruction.

The following are the results of the investigation.

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The following are the results of the investigation.



1 afternoon that there were several private hospitals in
2 Montreal, and in the neighbourhood, that are not super-
3 vised or accredited. Is your Association concerned with
4 these private hospitals, or **with** the quality of the treat-
5 ments given in those private hospitals?

6 DR. GAUTHIER: With your permission,
7 Mr. Chairman, this question can be subdivided into two
8 aspects. One which deals with the treatment of the patient
9 and the progress of medical practice, and secondly the
10 purely administration aspect. I would say a few words as
11 regards the medical aspect. Medically it is true that
12 there are quite an impressive number of private, not small
13 or not that small, hospitals which have been accredited by
14 the Canadian Medical Council. Our Association has taken
15 several steps so that this situation, which has to be
16 remedied, be remedied as soon as possible. Through our
17 teaching and through the teaching schools considerable
18 efforts have been made along those lines. On the part of
19 the physicians concerned, as regards the administration of
20 those small hospitals we have also been concerned with it,
21 but I think by your leave, sir, that Dr. Laplante, our
22 President, should speak on that and amplify it.

23 DR. LAPLANTE: Indeed, Mr. Chairman,
24 though our Association is not yet an old Association, it is
25 in existence only since a few years. We have had this
26 month a symposium where we had approximately 125 of our
27 members in order to study the budget to be submitted with
28 respect to 1961, and our President, Mr. Olivier, took upon
29 himself to educate the people and inform them how to prepare
30 their budget. That is only one aspect, one facet of our



1 administrative concern. We encourage to the best of our
2 ability accreditation of hospitals.
3 THE CHAIRMAN: Your organization, and
4 we respect your right to say so, emphasizes the desirability
5 of private enterprise in the hospital field. Does that
6 mean that you favour the existence of such a system of
7 small private hospitals, not subject to inspection, not sub-
8 ject to accreditation, and spoken of in the way, I know you
9 were not here, but spoken of quite critically by those of
10 the medical profession who were before us, that is the
11 obstetricians and gynaecologists, who appeared to take a
12 very serious view of that type of hospitalization, so-called
13 private enterprise in that limited way, and without any
14 real means of controlling the quality of service in such a
15 hospital.

16 DR. GAUTHIER: Before I answer directly
17 that question, sir, I should say that when we speak of
18 private hospitals we do not mean only small hospitals.

19 THE CHAIRMAN: Yes, I understand that.
20 I am just referring to small private hospitals.

21 DR. GAUTHIER: However, we definitely
22 take the stand to the effect that any hospital must tend
23 towards a system of visits which would improve both the
24 quality of care and treatment given and the management
25 and administration, and no hospital, however small, can
26 skip this, and we encourage them all to take all steps
27 necessary to invite visits and correct their methods, to
28 make them acceptable and to make sure of the quality of the
29 treatment. We recommend and promote, and we desire, that
30 they submit themselves to inspection, and if possible to
education.



1 THE CHAIRMAN: We were told that one
2 of the reasons that these small and perhaps inefficient
3 hospitals, to be very charitable in the word I am using,
4 as described by the obstetricians and gynaecologists, one
5 of the reasons for their existence is that many of the
6 general practitioners in Montreal do not have access to
7 the larger hospitals, whether municipal or otherwise, and
8 it is in that light that I put the question to you gentle-
9 men as administrators of the hospitals.

10 Is it a fact that because hospitals
11 are closed, or partially closed to some doctors that you
12 have a second, or an inferior grade of hospitals come
13 into being, because all doctors couldn't bring their
14 patients to the general hospitals?

15 MR. OLIVIER: Mr. Chairman, madam and
16 gentlemen, I think the point which you have just raised,
17 Mr. Chairman, is indeed a serious one. We do not accept
18 the idea, the expression of closed hospitals administratively
19 in general, but in practice I at least as an outsider ---
20 The quantity of available beds perhaps does not permit a
21 great admission of general practitioners. Our hospitals,
22 at least in the metropolitan area, accept more and more
23 the opening of services which we call general practice,
24 but we are only beginning in this field. The Association
25 of Hospital Administrators has naturally viewed with
26 pleasure the somewhat larger admittance within several
27 hospitals, large or small, of this particular field of
28 medicine. However, one must recognize that the doors are
29 still closed. If there were a threat towards opening it,
30 it would arise from the fact that a lot of hospitals cannot



1 be more generous. Perhaps the cost of some manner of
2 operation, or certain administrative structure of our
3 hospitals didn't permit them to accept their patients.
4 Hospitals which have thus developed have, as you mentioned
5 earlier, perhaps at the beginning lacked the supervision
6 which should have prevailed, and therefore in fact we were
7 content with obtaining from the municipality, or from the
8 City an organization permit, a permit which was delivered
9 by the health authorities, which didn't enter into the
10 full detail of the requirements. Since they were done by
11 what I would call our alma mater, the Quebec Hospital
12 Association must be mentioned. We must say that over the
13 last few years the Committee has looked very carefully in-
14 to these small hospitals. In fact, you will find in the
15 Hospital Committee a number of small private institutions
16 which had to submit themselves to the regulations made by
17 the Hospital Committee, and those small hospitals wish to
18 come within the framework of the Association and have had
19 to submit themselves to an inspection. How they have been
20 inspected I don't know, because I don't know all the work
21 of the Committee. A number of small hospitals, private
22 hospitals, completely private hospitals, managed and
23 operated for a profit, because in the private institutions
24 of the type you have mentioned it is always for a profit
25 the operation is made, these have been subjected to certain
26 standards and inspected. Unfortunately they have not all
27 been. We as an Association lead those people to register
28 with our Association, but what the conditions for their
29 admission to our Association is, first of all competence
30 in the hospital field. Also recognition of experience and



1 recognition of the responsibilities they have taken.

2 I think I have answered at least

3 administratively as regards what we have done for the

4 small institutions you mentioned.

5 DR. GAUTHIER: I think our Director

6 General could offer something to explain what steps we have

7 taken to remedy this state of affairs. It seems difficult

8 to accept.

9 FATHER BERTRAND: I am of the opinion,

10 Mr. Chairman, that no hospital should exist, that no

11 hospital should be allowed which would not meet scientifically

12 recognized standards. I think that is a clear and

13 categorical answer.

14 Private hospitals which are members of

15 the Quebec Hospital Committee, which it was my honour to

16 direct up to last November, have all been inspected by

17 physicians, by the serious and conscientious doctors and

18 those doctors, a small number of the doctors, they were

19 amazed at the manner in which those small hospitals were

20 managed. There are not many of them, but the ones we have

21 accepted were of the best possible quality, and met the

22 scientific standards.

23 That, Mr. Chairman, is what I wish to

24 say, not to add but to confirm.

25 THE CHAIRMAN: What supervision is

26 there over hospitals which receive the hospital installments?

27 DR. LA PLANTE: The Director of Standards

28 of Hospital Insurance for the Province of Quebec at present

29 visits. There is a doctor in Montreal who devotes most of

30 his time to this, and some of the hospitals which were



1. The question of the responsibility they have taken.

2. I think I have answered as far as

3. administratively as regards what we have done for the

4. small institutions, you mentioned.

5. General could offer something to explain what steps we have

6. taken to remedy this state of affairs. It seems difficult

7. to accept.

8. WATKINS BENTHAM: I am of the opinion

9. that, Government, that no hospital should exist, that no

10. hospital should be allowed which would not meet the conditions

11. required standards. I think there is a clear and

12. for the hospitals which are in place of

13. the Queen's Hospital Committee, which is not my concern to

14. direct up to last November, have all the information

15. there doctors, a small number of the doctors they have

16. owned at the time in which those small hospitals were

17. however, there are many of them, but the ones which

18. accepted were of the most possible quality, and that the

19. that the Government, to which I refer to

20. not to add but to continue

21. THE CHAIRMAN: When approved

22. have over hospitals which receive the patients and a number

23. in the hospital, the hospital of hospitals

24. of hospital treatment the hospital of the hospital

25. which is a hospital in hospital who are in hospital

26. the hospital, and that of the hospital which are



1 mentioned by the Association of Gynecologists and Obstet-
2 ricians had, I am sure, already been visited. They have
3 no regulations. They have no laws to prevent them, but
4 the question is being considered now.

5 COMMISSIONER GIRARD: Mr. Chairman, in
6 order to clarify the matter somewhat, I wonder whether
7 there has not been some obscurity as regards the words that
8 were used when the Gynecologists and Obstetricians Associa-
9 tion mentioned small hospitals. I think, if they didn't say
10 so openly, I think this involves small hospitals which do
11 not receive hospital insurance, what have been called in
12 English I think proprietary hospitals, and I think there
13 was some confusion between the words proprietary hospitals
14 and private hospitals. Maybe this would throw a different
15 light on it, because the gynecologists and obstetricians
16 mentioned small hospitals where people pay themselves for
17 their care. Therefore, this involves hospitals which are
18 not benefiting and do not receive hospital insurance, and
19 they were surprised that so many people still registered
20 with those hospitals and were to pay themselves for their
21 treatment and care, instead of going into hospitals that
22 receive insurance payments, so I think that most of the
23 small hospitals on which some discredit and aspersions
24 were cast fell within that category. I don't know if you
25 have an opinion on this matter.

26 MR. OLIVIER: Mr. Chairman, Madam,
27 I think you mentioned the fact this has to be recognized,
28 the payment of hospital insurance by the Province of Quebec,
29 and this service does not recognize the small private
30 hospitals in existence at the time when the plan was



1 instituted. There are still a certain number of hospitals
2 which don't receive what we call financial contribution
3 from the Hospital Insurance Service. As you mentioned
4 the patients that go to these entirely private insitutions
5 must bear the full cost. They may be covered by some
6 insurance. In fact, the insurance doesn't cover it exten-
7 sively. Perhaps they are in the position to support the
8 cost of this. You say why do they go to these institutions?
9 Why? I think that is the purport of your question, why
10 people enter such hospitals when they don't receive the
11 financial help they are entitled to as residents of this
12 Province. The Government to my knowledge hasn't had
13 sufficient time, as mentioned by our President, to perform
14 inspections of private institutions and wasn't in a position
15 to determine yet whether under the hospital standards they
16 were acceptable or not. Secondly, even if the Government
17 had done so, there would still, perhaps be some institutions
18 for some reason of which we are not aware, would have been
19 disallowed, so people go there for the simple reason, I
20 think, that maybe they cannot be admitted elsewhere because
21 at the time of the need for care, there were not beds avail-
22 able or because the doctor has insisted they go there
23 because it was only there he had facilities to give them
24 hospitalization. I think that is the only logical answer
25 on the subject.

26 COMMISSIONER GIRARD: To go one step
27 further on this, not inquiry, but investigation, as to the
28 state of affairs, let us assume that a hospital such as
29 the ones we mentioned is inspected by someone from the
30 Government to see whether it would be proper or not to



1 provide hospital insurance subsidation and it is decided
2 that this hospital is not, cannot be recognized and does
3 not qualify for hospital insurance, that hospital, if there
4 are patients that go there and continue to pay for their
5 treatment will continue to stay, so no one is responsible
6 for the standards of treatment at that hospital. That is
7 the point, that is the most important point. This
8 hospital will continue to exist if patients want to go
9 there they will go there if they have sufficient financial
10 means or insurance to cover the treatment they will continue
11 to go there, and they don't necessarily know the small
12 hospital. The Government -- who is going to take care of
13 the standards that have to be met for the proper treatment
14 and care. As a resident of Montreal for a number of years
15 I was considerably surprised at the figures given by the
16 Association of Obstetricians and Gynecologists.

17 DR. GAUTHIER: Who is responsible --
18 in the field of history that which concerns the health of
19 the population, who is responsible for the prophylaxis,
20 for the treatment of the health of our population, at
21 least to our mind, I think it falls to the Province. Who
22 in the Province is responsible for that? That is the
23 Ministry, the Ministry of Public Health. Whether that
24 Ministry does so directly or by means of another Ministry
25 or whether they delegate authority to one or more agencies,
26 competent and qualified authorities, it nevertheless remains
27 this is a Provincial responsibility in its substance, I
28 think, at least.

29 COMMISSIONER GIRARD: As a hospital
30 administrator what would you recommend for that state of
affairs?



DR. GAUTHIER: Purely from the

medical point of view I shall answer. Others will be able to expand on the matter of the administration. From the medical point of view, first of all, voluntary associations should continue to educate all those who are responsible for hospital care in that field and that sector. A system of well balanced education and progressively increased education should succeed in making them so that they would be acceptable where the Association holds standards that are high. These means should continue. Finally one could touch on a few more recommendations with regard to the laws of demand, so that the beds available in other hospitals may be vacated early so there would be less pressing demands as regards the hospitals. I don't know if anyone wants to add something from the administrative point of view. Mr. Laplante?

MR. LAPLANTE: The system of education which existed over the last forty years has always been a system of voluntary accreditation, and in fact, the progress has been quite considerable. We think that if hospitals who have it at heart and who are proud of their facilities, the system which we have at present will continue to do much to improve the situation. On the other hand there are some limitations and restrictions as regard the number of beds in the hospitals which can be accredited. With a minimum of 25 beds for smaller hospitals, quite obviously the hospitals, the Government authorities would have to protect the general public, and this would be done through appropriate legislation. Unfortunately in the Province of Quebec we don't have the Hospitals Act. There is a



1 Private Hospitals Act which should be revised, but there
2 is no Public Hospital Act. That state of affairs could be
3 remedied by the Government by inspecting these hospitals
4 and operating by a system of licence.

5 MR. OLIVIER: Mr. Chairman, and madam,
6 it is also a question, because on the same subject, what
7 you must remember in the Province of Quebec in the beds
8 of general hospitals, there are 81% of beds are accredited.
9 That is quite something. That doesn't mean the remaining
10 17% is something which should be completely wrong, but
11 still since we recognize the fact that the authorization
12 of organizations of private hospitals in such cities as the
13 City of Montreal, now falls within the Department of Health
14 of the City of Montreal and that the private hospitals
15 could also have the Province remit to the municipality
16 this obligation to inspect.

17 I think we should expect the municipalities to obtain
18 satisfaction of hospital standards before authority to
19 open such hospitals is granted to them.

20 COMMISSIONER GIRARD: Dr. Gauthier,
21 or any one of your colleagues here, we have heard much
22 from hearing of briefs coming from the various provinces,
23 we have heard much of the use or the ill use of hospital
24 beds. Patients were admitted in some departments on Friday
25 and on Thursday and because some services and departments
26 didn't operate over the weekend, consultations, analysis
27 and so on were not made until the Monday. On the Tuesday
28 you get reports. On Wednesday you may think perhaps surgery
29 is going to be done. They are going to do something about
30 it. So, in fact, five days have elapsed, five days since

Private Hospital Act which should be revised, but there
is no Private Hospital Act. That state of affairs could be
remedied by the Government by amending these hospitals
and operating by a system of license.

MR. CHAIRMAN, Mr. CHAIRMAN, and members,

it is a question, because on the same subject, that
you have mentioned in the Province of Quebec in the beds
of some of the hospitals where the beds are occupied,
it is quite something, that doesn't mean the something
it is something which seems to be completely wrong, but
still since we recognize the fact that the administration
of organization of private hospitals in such cities as the
City of Montreal, now falls within the Department of Health
of the City of Montreal and that the private hospitals
could also have the Province remit to the municipality
this question is important.
I think we should expect the municipalities to obtain
a situation of hospital standards before authority to
open new hospitals is granted to them.

or any one of your colleagues here, we have been much
from hearing of it, coming from the various provinces,
we have heard much of the use of the Act of hospital
law, but I think it is very important to see to it that
and on Thursday, and between some services and departments
which is coming over the week-end, consultations, analysis
and so on, and I think that the Ministry, on the subject
you have mentioned, and I think you may call it private hospitals
to be done, they are going to do something about
it, and I think the days have elapsed, five days since



1 the patient arrived at the hospital. He has occupied a
2 bed there, and during that time there is a lengthy waiting
3 list. Several groups have been rejected, ~~we were~~ wondering
4 within the Commission what could be done for the better
5 use of the available hospital beds in view of the fact of the
6 lack of hospital beds because there is a lack of hospital
7 beds that was stated last week and in the Province of Quebec,
8 the worse lack referring to the number of hospital beds
9 per capita.

10 DR. GAUTHIER: I will say a short word
11 on the medical aspect and the use of services and the
12 admission to the hospital and the others can answer to the
13 administration aspect. It is true that for some time, a
14 relatively short time in our province the fact of admitting
15 a patient over the weekend, well, around the weekend, that
16 is usually on the Friday or Saturday immediately preceding
17 the weekend has raised a problem as to the expeditious
18 discharge or the functions concerning the analysis necessary,
19 pre-surgery or pre-diagnosis analysis. New hours of work,
20 new contracts and a rather considerable shortage of tech-
21 nicians are such that the average duration of hospitaliza-
22 tion has increased because the operation over the weekend
23 is perhaps not as overall, the activity is not as efficient,
24 uniformly efficient as the rest of the week. That is why
25 our Association has recommended some time ago, particularly
26 as regards technological personnel, technicians in the
27 laboratory -- this was made somewhat complex lately,
28 considerably complex in the field of medical secretaries
29 where working hours have also decreased, in which the
30 substitute wasn't as easy as it would have been desirable.



1 Some hospitals have attempted to circumvent that difficulty
2 partially by instituting a system of discharge and admission
3 within the week, the active days of the week when the
4 personnel is at full strength. This in part has been
5 successful in some fields. The results weren't uniform
6 in all disciplines and departments. From the strict
7 medical point of view it appears urgent that the training
8 of technicians in greater numbers, competent technicians
9 should be available over the weekend, so that the labora-
10 tories and the radiologists don't relax over the weekend.
11 In fact, illness does not relax over the weekend. That is
12 one of the fields that seems most important for the time
13 being. In regards to medical secretaries, which is also
14 an important aspect, it is less urgently required than
15 X-ray or laboratory personnel. I don't know if anyone
16 wants to add a word with regard to the general administra-
17 tion of the hospital.

18 COMMISSIONER GIRARD: Could someone
19 tell me something about the economic aspect of this
20 problem? You have surgical rooms, surgical wards which
21 you know full well how they cost, which are occupied five
22 days a week, six or seven hours a day, X-ray departments
23 which costs very, very much are used only on certain days
24 and hours of the week. Perhaps someone would also mention
25 this economic aspect, if something could be done, if they
26 have replacement technicians? Nurses work a 24 hour day.
27 You have a rotation of personnel, turn-over and so on. I
28 mean this is done all the time. They work continually,
29 24 hours a day around the clock, seven days a week. Could
30 this so costly department, could they not be used at full



2 particularly by maintaining a system of discharge and
3 within the week, the average days of the week when the
4 personnel is at full strength. This in part has been
5 because of the fact that the results were not uniform

6 in all departments and departments. From the strict
7 medical point of view it appears urgent that the training
8 of technicians in general numbers, competent technicians
9 should be available over the weekend, so that the labor-
10 forces and the radiologists don't suffer over the weekend.
11 In fact, business does not relax over the weekend, that is
12 one of the things that seems most important for the time
13 being. In regard to medical specialties, which is also

14
15 X-ray or laboratory personnel. I don't know if anyone
16 wants to add a word with regard to the general administra-
17 tion of the hospital.

18 COMMISSIONER GILBERT: Could someone

19 tell me something about the economic aspect of this
20 problem? You have surgical rooms, surgical wards which
21 you know well with how they cost, which are occupied five
22 days a week, six or seven hours a day, X-ray departments
23 which operate very busy when are used only on certain days
24 and hours of the week. Perhaps someone would also mention
25 this economic aspect. If something could be done, if they
26 have replacement technicians, women work a 24 hour day.
27 You have a rotation of personnel, turn-over and so on. I
28 mean this is done all the time. They work continually.
29 24 hours a day around the clock, seven days a week. I
30 think as costly as that, would they not be used at full



1 strength and instead of having twenty surgical rooms have
2 only ten used full time? Would that be possible?

3 DR. LAPLANTE: Yes, it quite obviously
4 would be possible. Before we arrive at that we should like
5 to have more people, more trained staff and personnel,
6 more qualified people to do the work. At the present time
7 I don't think there is a single department using
8 technicians and even hospital professions, where we have
9 enough personnel, in X-ray, for instance, it is a fact
10 that there is much money invested in capital equipment.
11 It is used only a few hours a week, but in 1962 in the
12 limited working hours it is very difficult to have that
13 with the number of technicians we have now. As to the
14 surgery wards it might be a good thing. Perhaps many
15 surgeons would be happy, in the Summer, for instance, to
16 operate in the evenings rather than to work in the middle
17 of the day, but I don't think we would have enough nurses
18 or enough assistant nurses who would be prepared to work
19 at night or in the evening, both in the laboratories and
20 the X-ray departments. In addition when you work at night
21 in the hospital you have to pay more. The economic
22 question, the financial aspect, in order to provide that
23 service, in order to make full use of the invested capital
24 you would need operating funds for a greater, much more
25 operating capital. You would have to ask for much more.
26 It would be more expensive for the patient.

27 MR. OLIVIER: There are psychological
28 phenomena here that shouldn't be overlooked. Namely what
29 is overlooked, in the years 1900, 1910 the father was
30 identified with his children and worked a fifteen-hour day.



1 It has evolved even more rapidly for hospital institutions.
2 You must recognize the employees in hospitals today have
3 cast their eyes towards this very limited labour market
4 and also the nurses. Tell us how many nurses we have lost
5 because they were attracted by better working conditions
6 than given in the hospitals. If such is the case and if
7 we could allow -- we could work seven days a week, we
8 could no longer do so now, because we no longer have the
9 personnel which has been attracted to other fields, for
10 the same activities in other fields, in industry, in
11 commerce, in municipal departments. We should be very
12 happy to see our institutions working seven days a week
13 and we feel convinced we could give better help but we
14 feel that with the present staff available we cannot do any
15 better.

16 COMMISSIONER GIRARD: That is not
17 necessarily nursing staff only, the nurses have always
18 risen to the occasion at the expense and sacrifice of
19 themselves. I do not think it would be the nurses.

20 MR. OLIVIER: I agree, it does not
21 only involve nurses, it involves all the personnel and the
22 personnel thinks of personal freedom and liberty which is
23 expanding all over the world.

24 COMMISSIONER GIRARD: Now, what of the
25 patient clinics? Several briefs we have looked at say that
26 if our patient clinics could operate free of charge, if
27 the patient clinics came under the Hospital Insurance Act
28 we could save many hospital days. What do you think?

29 DR. GAUTHIER: On the general level I
30 should like to make one or two comments. I think that the



1 answer does not apply uniformly to all areas of the
2 Province and this requirement is not uniform depending on
3 whether you are dealing with an urban sector or not. In
4 some sectors we have witnessed increases in out-patient
5 clinics which have been quite marked; in other sectors the
6 increase has been very small. Generally in comparable
7 figures for the first three months of 1961 - 1962 we see
8 that some figures in some of these sectors have increased
9 attendance at general out-patient clinics of 22%. During
10 that time the emergency clinics increased by 52% and the
11 trauma clinic also. The major part of the out-patient
12 cases, emergency and trauma are only partly covered by
13 insurance. However, a good number of hospitals in urban
14 centres have established temporary treatment sectors with-
15 in out-patient clinics so as to avoid hospital and the
16 out-patient clinic has organized or has perhaps to be a
17 unit within the whole unit which is the hospital. If
18 attendance increased it means that the out-patient clinic
19 should increase the staffs, personnel and so on, and also
20 the equipment. Also for the time being it seems as regards
21 available services these out-patient clinics are inadequate
22 in view of the increase in attendance. The greater they
23 are the better they are equipped with competent, qualified
24 personnel and they will be in a position to meet the
25 requirements without depressing the numbers of outside
26 positions since these are patients treated either by other
27 doctors or charitable institutions or who come to the
28 clinic because of serious accidents.

29 COMMISSIONER GIRARD: Dr. Gauthier,
30 you have only answered my question in part. Are you aware



1 of the fact that patients are sometimes hospitalized for
2 different reasons and they can occupy a bed for three or
3 four days for something that might be done better in the
4 clinics perhaps at one-third or one-half the cost?

5 DR. GAUTHIER: In some sectors, yes,
6 emphatically. There are certain medical disciplines which
7 in some portions of our country we have 10% to 12% of
8 cases where we could avoid hospitalization.

9 COMMISSIONER GIRARD: Are you in favour
10 of having the cost of out-patient clinics coming under the
11 Hospital Insurance Act? Would you recommend that?

12 DR. GAUTHIER: Perhaps Mr. Laplante
13 could answer that. We have mentioned it in our brief.

14 DR. LAPLANTE: Yes, we recommend that
15 the hospital be for the operation of the out-patient
16 clinics and we believe that there could be a good number of
17 new patients who could be examined or where diagnosis could
18 be made without requiring hospitalization. In what manner
19 can this be achieved and paid for? You would have to take
20 into consideration also the fact that in the centres of
21 the Province, other provinces where there are now out-
22 patient clinics, that that same service would be available
23 and could be given to the citizen in that area also just as
24 well as if they lived in an urban area where there are many
25 hospitals with out-patient clinics.

26 COMMISSIONER GIRARD: Thank you, Dr.
27 Gauthier. I should like to speak for a few minutes about
28 nursing, but since our time is short and my colleagues
29 also have questions on other problems perhaps we can go
30 back to nursing later.



1 COMMISSIONER BALTZAN: Dr. Gauthier,

2 I am going to limit my few questions to you -- to your
3 belief and of benefit to your hospitals mainly in relation
4 to the recent implementation of the Hospital Insurance
5 Act. My questions will be short and I do not want, to save
6 time, any full explanation. Let us try the first question.
7 What limitations have you experienced for increasing your
8 accommodation as they be needed? Have you the same dif-
9 ficulties or more difficulties if you should want to
10 increase your hospital accommodation?

11 DR. GAUTHIER: Well, sir, in the
12 previous years when a local hospital administration found
13 out that it could not cope with the laws of offer and
14 demand and it was indicated to increase capacity in the
15 hospital, the board of administration would sit down, study
16 the matter, make out the figures, turn out the plans, give
17 contracts and start building and that was that. Nowadays
18 you can sit down and analyze it and decide to build and
19 then it has to be approved.

20 COMMISSIONER BALTZAN: And so far have
21 you experienced any difficulty in getting that approval?

22 DR. GAUTHIER: Some hospitals did have
23 difficulties, others decided to build by themselves. It
24 has been a vast and far-reaching gesture at times covered
25 by a recoup, at other times locally absorbed with great
26 difficulties and worries.

27 COMMISSIONER BALTZAN: Would you apply
28 the same sort of position in relation to the requirements
29 of a hospital for renovations or refurnishing for the
30 freedom of action or the means to accomplish this?



1 DR. GAUTHIER: My answer would be this,

2 I know of one hospital whose building cost \$1,300,000.00
3 especially for kitchens, renovating, renewing, cafeterias
4 and residence and internes' quarters, the decision had to
5 be made locally or taken locally and short term loans were
6 made and financed. The building was started in an autono-
7 mous way like previously and later on half of it was re-
8 covered from the Minister of Health and the Province of
9 Quebec.

10 COMMISSIONER BALTZAN: In other words,
11 they were completely covered by the Hospital Diagnostic
12 Services provided they were being paid for by the people?

13 THE CHAIRMAN: I think you are not
14 understanding one another. The Hospitalization Act only
15 refers to operating expenses and not capital costs.

16 COMMISSIONER BALTZAN: Thank you very
17 much. What about the obtaining of the extra personnel
18 that Dr. Laplante said? He has had shortages of various
19 technicians, various areas are not completely the kind that
20 require it, can you proceed on your own and obtain these
21 services if they are available?

22 DR. LAPLANTE: If there is an increase
23 of the principal, it was an increase in the equipment
24 there, an increase in the salary we would have to put them
25 in our budget and that would have to be approved before we
26 could get it.

27 THE CHAIRMAN: I think that is the real
28 question, what is the budgetary situation? Do you have to
29 have the budget approved in advance or do you start again
30 at the end of the year?



1 DR. LAPLANTE: We have to have our
2 budget approved ahead of time.

3 THE CHAIRMAN: And if by reason of
4 circumstances you exhaust that budget, what happens?

5 DR. LAPLANTE: We will find out shortly,
6 the next year 1961 was the first year in the Province of
7 Quebec and we are then going to extend representation
8 showing the deficit.

9 THE CHAIRMAN: The program is not
10 being completely worked out?

11 DR. LAPLANTE: Not yet.

12 COMMISSIONER BALTZAN: And if you have
13 that deficit this year and you put in another budget for
14 next year and other deficit, how do you plan to eventually
15 catch up with your backlog?

16 THE CHAIRMAN: Without being facetious.
17 We have just been told that the program, the formula has
18 not yet been stated and, therefore, the judgment of these
19 gentlemen on it is valuable personally but as a formula it
20 is just a guess.

21 COMMISSIONER BALTZAN: I just wanted
22 to see the local plan compared to others we have had.

23 THE CHAIRMAN: The Hospital Plan here
24 has only been in force for a year, and, therefore, we can-
25 not compare it with those places where the plan has been
26 in operation a number of years and certain stresses and
27 weaknesses have developed and either been faced up to or
28 ignored.

29 COMMISSIONER BALTZAN: Thank you very
30 much.



DR. LAMONT: We have to have one

budget approved ahead of time.

THE CHAIRMAN: And it is by reason of

circumstances you exhaust that budget, what happens?

DR. LAMONT: We will find out shortly.

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Quebec and we are then going to extend representation

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being completely worked out?

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that deficit this year and you put in another budget for

next year and other deficits, how do you plan to eventually

catch up with your backlog?

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We have just seen that the program, the formula has

not yet been stated and, therefore, the fragment of these

gentlemen on it is reliable personally but as a formula is

in fact, a guess.

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to see the local plan compared to others we have had.

and only in the house for a year and, therefore, we can-

not compare it with those places where the plan has been

in operation a number of years and certain successes and

weaknesses have developed and either been forced up or

COMMISSIONER BARTON: That's not a



1 THE CHAIRMAN: Dr. Firestone?

2 COMMISSIONER FIRESTONE: I have no
3 questions.

4 THE CHAIRMAN: Thank you very much,
5 gentlemen. We were very anxious to have the views of the
6 hospital administrators in the matter of the work of the
7 hospitals. We appreciate them in this province because
8 the scheme has only been in operation for a short time and
9 that you have not the historical background to rely on that
10 other provinces have had. We will have to see how things
11 work out in the future. We will be watching developments
12 quite as interestedly as yourselves. Thank you.

13 [Faint, illegible text]

14 [Faint, illegible text]

15 [Faint, illegible text]

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THE CHAIRMAN: Mr. President?

COMMISSIONER FISHBONE: I have no

questions.

THE CHAIRMAN: Thank you very much.

Next, we were very anxious to have the views of the

hospital authorities in the matter of the work of the

hospitals. We suggested them in this province because

the scheme has only been in operation for a short time and

that you have not the historical background to rely on that

other provinces have had. We will have to see how things

work out in the future. We will be watching developments

quite as interestedly as yourselves. Thank you.

THE CHAIRMAN: I am sure that the Commission will be

very anxious to hear from you again.

THE CHAIRMAN: I am sure that the Commission will be



1 THE CHAIRMAN: Our next brief is that
2 of the Province of Quebec Osteopathic Association and it
3 will be known as Exhibit No. 229.

4
5 ---EXHIBIT NO. 229: Submission of Province of
6 Quebec Osteopathic Association.

7
8 S U B M I S S I O N O F

9 PROVINCE OF QUEBEC OSTEOPATHIC ASSOCIATION

10
11 APPEARANCES:

12 DR. B. E. MARSHALL

13 DR. D. A. PATRIQUIN

14
15 THE CHAIRMAN: Yes, Dr. Marshall?

16 DR. MARSHALL: Mr. Chairman and members
17 of the Commission, Dr. David Patriquin, Vice-President for
18 the Province of Quebec Osteopathic Association will speak
19 for me.

20 DR. PATRIQUIN: Mr. Chairman, and
21 members of the Royal Commission on Health Services, we have
22 prepared, and will now give you, a summary of our brief.

23 Although the scope of osteopathic
24 service has been severely curtailed by lack of adequate
25 legislation the demand by the people for such service has
26 exceeded the ability of the profession to provide.

27 Adequate legislation is necessary to
28 allow osteopathic physicians to realize the full scope of
29 their training in service to the Canadian people. Legisla-
30 tion establishing responsibility and rights is necessary to



1 entice graduates of osteopathic colleges to locate in
2 Canada. The Province of Quebec Osteopathic Association
3 stands ready to assist, both in legislative matters and in
4 the sponsoring of immigrating doctors of osteopathy to
5 Quebec.

6 Greater utilization of osteopathic
7 physicians may be gained through either the establishment
8 of osteopathic hospitals or the opening of public-supported
9 hospitals to osteopathic physicians and their patients.

10 It is pointed out in Paragraph 8 on
11 page 3 of the brief that Detroit, Michigan, a city approxi-
12 mately the size of Montreal, has 347 osteopathic physicians.
13 There are actually seven osteopathic hospitals in Detroit,
14 Michigan, not four as stated in Paragraph 11 on page 4 of
15 the brief. These seven hospitals have a total of 941 beds
16 and 118 bassinets. This bed capacity, established mainly
17 by private financing, has provided considerable additional
18 health care facilities at minimum Federal and State cost.
19 A similar growth of service could be encouraged in Quebec.

20 There are many rural communities in
21 Quebec and throughout Canada that require health care.
22 The special training of the osteopathic physician for rural
23 general practice is noted in Paragraph 13, pages 4 and 5.
24 In support of this statement some of the United States have
25 a proportionately large share of rural health care provided
26 by members of the osteopathic profession. A survey made by
27 the Bingham Associates in 1956 entitled "The Unmet Needs
28 in Medical Care of Rural People, State of Maine, 1956"
29 showed that although the proportion of MD's to DO's was
30 five to one in cities with a population of 5,000 or over,



1 the proportion in towns of a population of 2,500 or under
2 was three to one.

3 Increasing the number of osteopathic
4 physicians in Quebec and Canada will help increase the
5 number of doctors in rural areas and further help to
6 alleviate the growing physician shortage.

7 Another means of providing adequate
8 personnel is by the establishment of an osteopathic
9 college or colleges in Canada. Federal and Provincial
10 encouragement is sought in the establishment of both
11 osteopathic colleges and teaching hospitals. And it is
12 not necessarily so that we must have colleges before we
13 have hospitals. Osteopathic teaching hospitals act as
14 centres to attract graduates to an area

15 Because it is so vital we would, with
16 your permission, like to read from the brief the Province
17 of Quebec Osteopathic Association's stand regarding point
18 of reference H. Point of reference H reads: "The methods
19 of financing health care services as presently sponsored
20 by management, labour, professional associations, insurance
21 companies, or in any other manner".

22 "The Province of Quebec Osteopathic
23 Association feels strongly that the method of financing
24 health care services belongs to the individual citizen.
25 If he prefers insurance as a fringe benefit of employment,
26 from private insurance, personal funds, or if he prefers
27 to pay the premiums through taxes, his will must be
28 accomplished. In any event the patient should be guaranteed
29 free choice of physician. By the same token, any program
30 of health care for Canadian citizens should provide the



1 appropriate care that the patient requires, whether it be
2 consultation with general practitioner, radiologist,
3 surgeon, internist or other specialist."

4 Our recommendations are as follows:

- 5 1. More osteopathic physicians be encouraged to locate
6 in Canada in general and in Quebec in particular,
7 in order to improve the availability of osteopathic
8 health care;
- 9 2. That public supported hospitals be encouraged to
10 permit the patients of osteopathic physicians to
11 remain under the care of the physician of their
12 choice during necessary hospital experiences;
- 13 3. That the Royal Commission on Health Services
14 encourage the establishment of an osteopathic
15 hospital in Canada and the opening of opportunities
16 for the training of osteopathic internes;
- 17 4. That the education and training of all categories
18 of health care personnel be placed first on the
19 priority list.

20 THE CHAIRMAN: Thank you very much.

21 As a general question, in Quebec at the moment may an
22 osteopathic physician admit to hospital? Has he that
23 privilege?

24 DR. PATRIQUIN: No, he has not that
25 privilege, because the osteopathic physician has no legal
26 status as far as the statutes in this Province are concerned.

27 THE CHAIRMAN: None at all?

28 DR. PATRIQUIN: No.

29 THE CHAIRMAN: And why, do you know?

30 DR. PATRIQUIN: I do not know, sir.



1 THE CHAIRMAN: You practise your
2 profession as an osteopathic physician. Do you do that
3 then completely outside the hospital area?

4 DR. MARSHALL: Yes, sir.

5 THE CHAIRMAN: Has there been any
6 organized effort to have an osteopathic college in Canada?

7 DR. MARSHALL: There is an effort
8 being made to form an osteopathic college in Canada at the
9 present time. There are a group of doctors in Ontario
10 who are sponsoring that effort, and they have made some
11 definite plans for the establishment of such a college.

12 COMMISSIONER BALTZAN: Just one
13 question, gentlemen. Who licenses osteopathic physicians
14 to practise in the Province of Quebec?

15 DR. MARSHALL: There is no one
16 licensing osteopathic physicians in the Province of Quebec
17 at the present time. We have letters from doctors who
18 are here at the college, allowing us to practise osteo-
19 pathy, use the title Doctor, and treat our patients accord-
20 ing to osteopathic methods. We have to indicate on our
21 plate outside the door that we are osteopathic physicians.
22 The degree is Doctor of Osteopathy. At the present time
23 there is nothing other than a letter which we receive from
24 the President of the College of Physicians and Surgeons,
25 April 1935.

26 COMMISSIONER BALTZAN: These letters
27 are letters from older doctors of osteopathy at the College?

28 DR. MARSHALL: The letter I have is
29 signed by the President of the College of Physicians and
30 Surgeons of the Province of Quebec.



THE CHAIRMAN: Thank you, gentlemen.

Your brief and the supplementary brief received this morning will have our consideration in due course.

We will now rise until two o'clock.

---Luncheon Recess.

1 THE CHAIRMAN: We will proceed now
2 with the Royal Victoria Hospital. Dr. Turner, you are
3 here on the invitation of the Commission to give us
4 certain information about some practical aspects of the
5 working of the Hospital Diagnostic Service Act in relation
6 to the Royal Victoria Hospital.

7
8 ---EXHIBIT NO. 229: Submission of the Royal Victoria
9 Hospital.

10 APPEARANCES:

11
12 DR. J. GILBERT TURNER

13
14
15 DR. TURNER: Thank you, sir. I have
16 prepared a memorandum and I have presented copies to the
17 Secretary. Perhaps if I could read it:

18 In response to your invitation of March
19 12th, I have the honour to present herewith some statistics
20 for the calendar year 1961 with regard to patient care in
21 the Royal Victoria Hospital and, in some instances, their
22 comparison with 1960, together with certain comments.

23 As the Quebec Hospital Insurance Service
24 became operative on January 1, 1961, under the provisions
25 of Federal Bill 320 and Provincial Bill 2, these statistics
26 of the last year under the previous system and of the first
27 year under the new are of special interest.

28 The Royal Victoria Hospital is a public
29 general hospital, incorporated by the Senate and the House
30 of Commons of Ottawa in 1887. It has now 1018 beds and is

THE CHAIRMAN: We will proceed now

here on the invitation of the Commission to have

certain information about some particular aspects of the

working of the Hospital Diagnostic Service and in relation

to the Royal Victoria Hospital.

---EXHIBIT NO. 282:

Submission of the Royal Victoria
Hospital.

APPENDIX:

DR. TURNER: Thank you, sir. I have

prepared a memorandum and I have presented copies to the

Secretary. Perhaps if I could read it:

In response to your invitation of March

1961, I have the honour to present herewith some statistics

for the calendar year 1961 with regard to patient care in

the Royal Victoria Hospital and, in some instances, their

comparison with 1960, together with certain comments.

As the Queen's Hospital, I should like to

become operative on January 1, 1962, under the provisions

of Federal Bill 250 and Provincial Bill 2, which establish

of the 1961 year under the previous system and of the first

year under the new one of special interest.

The Royal Victoria Hospital is a public

general hospital, incorporated by the Statute and the House

of Commons of Ottawa in 1887. It has now 418 beds and is



1 governed by a Board of Governors numbering fourteen, of
2 whom eight are elected and six are ex-officio. We receive
3 all types of patients, except those with communicable
4 disease. The total cost of operation in 1961 was just over
5 \$11,000,000.

6 Our first duty is to the patient but
7 we have very heavy responsibilities to teaching and to
8 research.

9 We are one of the two main teaching
10 hospitals of McGill University for undergraduate medical
11 students. We have also some 260 young post-graduate
12 doctors as interns, residents and Fellows. Our three-year
13 diploma School of Nursing has an enrolment of 345 and there
14 are 49 post-graduate and affiliate students in nursing.
15 More than 400 young ladies since 1927 have served as
16 dietetic interns at the Royal Victoria. Physiotherapy
17 students and Social Service students obtain part of their
18 practical training with us. In Hospital Administration,
19 seven university graduates have served their residency
20 under the Executive Director.

21 We believe that the best in patient
22 care is not possible without teaching and research. In the
23 Royal Victoria, research is financed by non-hospital
24 funds, both as to staff and equipment. The Hospital pro-
25 vides the physical facilities and housekeeping and mainten-
26 ance services. In 1961, funds given directly to the
27 Hospital specifically for research amounted to \$375,000;
28 much more came to the various departments through the
29 corresponding University department.
30



1 government by a Board of Governors representing University of
2 whom eight are elected and six are ex-officio. The President
3 all types of activities, except those with administrative
4 disease. The total cost of operation in 1951 was just over
5 \$11,000,000.
6 Our first duty is to the patient but
7 we have very heavy responsibilities for teaching and re-
8 search.
9 We are one of the two main teaching
10 hospitals of Illinois University for undergraduate medical
11 students. We have also some 200 young post-graduate
12 doctors as residents, fellows and fellows. Our three-year
13 diploma school of nursing has an enrollment of 240 and there
14 are 20 post-graduate and certificate students in nursing.
15 More than 400 young ladies since 1945 have received a
16 diploma from the school.
17 Students and Social Service students obtain part of their
18 practical training with us. In Hospital Administration and
19 Health Administration.
20 Under the Executive Director
21 We believe that the best in health
22 care is not possible without teaching and research. In the
23 Royal Victoria, research is financed by the hospital.
24 Since, both as to staff and equipment, the hospital has
25 under the practical facilities and housekeeping and nursing
26 some sections. In 1951, funds given directly to the
27 hospital for research amounted to \$1,100,000.
28 Much more came to the various departments through the
29 corresponding University department.



1 Some statistics for the calendar year 1961, and related
2 to 1960, are as follows:

- 3 1. Admissions were 22,295, an increase of 7%, with
4 with 66% from Montreal and 28% from the rest of
5 the Province.
- 6 2. The waiting list for admissions has doubled and
7 now runs about 1100.
- 8 3. Days of patient care increased 15%.
- 9 4. 42% of our patient days were standard ward.
- 10 5. Average days' stay per patient increased 9.8% from
11 12.2 days to 13.4.
- 12 6. Average daily occupancy was 86.3%, an increase of
13 4.5%.
- 14 7. X-ray examinations increased 25%.
- 15 8. Laboratory examinations increased 18%.
- 16 9. Physiotherapy treatments increased 25%.

17 These increases in examinations and
18 treatments (items 7, 8, and 9 above) are above the 7%
19 increase in in-patient admissions, and the 14% increase in
20 out-patient visits. We do not have the statistical break-
21 down of the actual increases as between in-patient and
22 out-patient services, but the figures given would indicate
23 an increase of the average service load rendered to the
24 individual patient.

25 We are confronted with two major
26 problems: (1) The increased demand for admission as in-
27 patients, as evidenced by the 100% increase in our waiting
28 list; (2) a check with our admitting office two days ago
29 showed the waiting period for non-emergency cases to be 14
30 days for standard ward, 18-23 days for semi-private
(medical and surgical) and 14 days for private patients,
that was the picture as of yesterday and it may go only for



...and ...

to 190, are as follows:

Admissions were 92,255, an increase of 10% with 900 from Montreal and 880 from the rest of the Province.

The waiting list for admissions has doubled and now runs about 1100.

Days of patients care increased 15%

Age of our patients days were advanced 10%.

Average days stay per patient increased 15% from 1912 days to 1914.

Average daily occupancy was 86.5% an increase of 1.5%.

X-ray examinations increased 25%.

Laboratory examinations increased 15%.

Physiotherapy treatments increased 25%.

These increases in examinations and

increase in in-patient admissions, and the increase in

out-patient visits. We do not see the slightest basis

down of the actual increase in between in-patient and

out-patient visits, but the figures given would indicate

an increase of the average relative to the

individual patient.

We are confronted with the fact

that (1) The increased demand for admission to the

hospital, as evidenced by the 100% increase in our visits

to the hospital, is a direct result of the

increase in the number of patients who are

and the increased work of the hospital

(2) The increase in the number of patients who are

and the increase in the number of patients who are



1 one. This is not a guarantee date. And (2) the increased
2 demand upon our radiological and laboratory services for
3 ambulatory care.

4 Naturally, in assembling these statis-
5 tics we were interested as to whether we were out of line
6 with other hospitals in the City. A spot check was made
7 and we can say in general that we found our statistics in
8 keeping with a common trend.

9 With regard to the point of unused beds,
10 we have no beds closed because of staff shortages. Under-
11 standably the picture may well change in the Summer months.

12 Within the past two days I personally
13 in company with the Chief Resident and Head Nurse made a
14 survey of a certain number of our wards. The first column
15 is the number of patients actually in the ward and the needs
16 of the patient, medicine, surgery and so forth with keys
17 for my own identification. Of the 195 patients that we
18 surveyed on seven floors, the Resident and I went over
19 every patient and he explained why they were in, why they
20 could go to convalescent. In summary 141 of these 195
21 patients, only 141 were actually in need of such services,
22 73.2%. It is rather interesting, in the second line, 35
23 medicine 8, 12 were considered candidates for convales-
24 cent, and the other large figure in the convalescent was
25 our traumatic ward. These were the figures as of yesterday
26 and the day before. They might quite possibly vary two
27 weeks from now or two days from now. I think they are
28 very suggestive, indicate a very definite trend. The
29 remaining 54 or 27.7% could be cared for in adequate alter-
30 native facilities. I pointed out to our Resident, for



1 instance, in the convalescent hospitals we would expect
2 graduate nursing care, full-time medical care. There
3 should be adequate physiotherapy available in the chronic
4 hospital. They should be prepared to change dressings and
5 do physiotherapy and you might expect to look after bed-
6 ridden patients in the rehabilitation, of course, or where
7 they would have the full facilities for retraining of
8 very much injured hands or an amputee. You will note it
9 is in the last category, under ambulatory, there was a
10 slight difference in opinion between the Resident and what
11 his chief thought as to whether this patient could be
12 looked after outside, and being the Resident he had to
13 abide by his staff man.

14 Spot checks within the past two days
15 on representative medical and surgical wards revealed that
16 the patient census could be reduced in the following manner
17 if adequate, I emphasize adequate, alternative facilities
18 and services were available. (Those for discharge
19 April 14th, 15th, and 16th are excluded.)
20

| Patient Census | In need of acute hospital care | Could be transferred to: | | | | |
|-------------------|--------------------------------------|--------------------------|---------|---------------------|-----------|-----------------|
| | | Conva- lescent | Chronic | Rehabil- itation | Custodial | Ambul- atory |
| 27-Med 7 | 18 | 5 | 4 | - | - | - |
| 35-Med 8 | 23 | 12 | - | - | - | - |
| 20-Surg 8E | 16 | 4 | - | - | - | - |
| 30-Surg 7W | 24 | 1 | 3 | - | - | 2 |
| 30-Surg 9-0 | 25 | 4 | 1 | - | - | - |
| 31-Surg 9-T | 16 | 13 | - | 2 | - | - |
| 22-Surg D | 19 | 2 | - | - | - | 1 |
| 195 | 141 | 41 | 8 | 2 | 0 | 3 |



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11
12 In summary, of the 195 patients on
13 acute general wards, only 141 or 72.3% were actually in
14 need of such services and facilities. The remaining 54,
15 or 27.7%, could be cared for in adequate alternative faci-
16 lities.

17 The effective and efficient use of
18 hospital facilities, beds, operating rooms and diagnostic
19 services is a very complex problem.

20 Certainly, it is reasonable to proceed
21 on the premise that the acute general hospital should be
22 reserved for those patients who need its services. The
23 statistics just quoted emphasize very clearly that this
24 principle is not followed in practice, and we naturally
25 ask why. The answer is that adequate alternative facili-
26 ties are not available. I would advocate, as a matter of
27 fact I already have, an immediate survey by the appropriate
28 governmental authority of this Province as to the existing
29 facilities, and the immediate and long-range requirements
30 for modern and well-staffed accommodation for the



1 convalescent, the long-term illness and custodial care.

2 I would go further and suggest that the
3 fullest consideration be given to this urgent need of
4 alternative facilities before any extensive programme is
5 undertaken for additional acute general beds.

6 Operating rooms are expensive in con-
7 struction, in equipment, in staffing and in the silent
8 hours of non-use. One might ask if the operating rooms
9 could be used to greater advantage for elective surgery
10 during the entire day. Without going into all the factors,
11 I think it would be possible, provided that staffing could
12 be arranged, for operating rooms to be used more effectively
13 during the day hours than they are now. I would like to
14 add here our operating rooms are used on most of Saturdays
15 and very often in what we call the silent hours on Sunday
16 they are busy with emergencies, but not to the fullest use
17 one has in mind. A time-study would be necessary to reveal
18 the actual effective use of operating rooms, both present
19 and potential.

20 With regard to diagnostic facilities,
21 our experience in the significant increase in radiological
22 and laboratory examinations in 1961 over 1960, and still
23 not levelled off, poses a real problem. It would seem
24 reasonable to assume that part of this increase is due to
25 the removal of the direct financial responsibility of the
26 in-patient, they are the only services covered, to pay for
27 these services. Prescription of diagnostic procedures is
28 solely the prerogative of the attending physician. In
29 addition to the essential laboratory examinations there are
30 those which could be classed as desirable. The administration



1 should render every assistance to the medical staff in
2 their efforts to keep desirable examinations to a minimum.

3 Naturally, this sizable increase in
4 demand has placed an almost impossible work load on our
5 laboratory staff, which has already been increased by a
6 modest number of personnel but not in direct proportion to
7 the increased work load. The full increase has not been
8 possible because of space limitations and budget restric-
9 tions.

10 It must be appreciated that the
11 extension of Hospital Insurance benefits to out-patient
12 services will aggravate an already severe problem, at least
13 in our own Hospital, with regard to radiological and labo-
14 ratory space and staff, and this means new construction
15 which, understandably, cannot be accomplished in the
16 immediate future.

17 It is an honour, Mr. Chairman and
18 Members, to be invited to appear before you and I trust
19 that this short presentation may be of some small assis-
20 tance in your deliberations.

21 THE CHAIRMAN: I want to thank you,
22 Dr. Turner, for your response to our invitation and for
23 going to the trouble that you and your staff has to to give
24 us the analysis which we find in the written submission.
25 You do mention this matter about patients, possible out-
26 patients extension which you say is going to give a
27 considerable amount of difficulty.

28 DR. TURNER: It is, sir, and I think
29 it is fair to say, because I am speaking for my own hos-
30 pital, at a meeting in December of some sixty-three



1 hospitals from various parts of the Province I was rather
2 surprised a great many didn't share my concern. In other
3 words, they felt they could handle it. Speaking from the
4 point of view of the Royal Victoria we would be very hard
5 pushed, as a matter of fact would have to have more
6 facilities and staff.

7 THE CHAIRMAN: I suppose it is fair to
8 assume a metropolitan hospital would find the out-patient
9 population far more serious, far greater proportionately
10 than the hospitals in any of the smaller communities, even
11 though they are sizable.

12 DR. TURNER: Correct, sir.

13 THE CHAIRMAN: Assuming the need for
14 increased facilities, would these facilities not be justi-
15 fied, would they be justified in relieving the hospital of
16 any patient, of the demands now need that might be taken
17 care of in the out-patient department?

18 DR. TURNER: I was impressed Saturday
19 and Sunday in going over, I actually walked around the
20 wards myself, not all of them, but most of them and when we
21 came around the Resident said that this man was in for
22 investigation and I said "What kind of investigation?" It
23 was a very complicated case. I think if times were
24 really rough and we had to clear the beds out we could
25 do that, but if the patient's complex tests had to be
26 done I think they were justified. Getting back to your
27 question, I am not so sure that in our own case the insti-
28 tution of an out-patient service would relieve the number
29 of beds; some might think they would judging by the type
30 of patient we have now.



1 THE CHAIRMAN: It is on the judgment
2 of such men as yourself that we have to rely very heavily,
3 because these statements are made sometimes by persons
4 with knowledge and sometimes by persons without knowledge
5 or perhaps not much knowledge in the relative field.

6 DR. TURNER: I would think that maybe
7 it would be a small saving, but I do not think it is of the
8 magnitude some would have us believe. I think it is
9 supported by spot checks periodically but certainly in my
10 impression for the last few days which is a normal average
11 in the life of our hospital.

12 THE CHAIRMAN: Have you any type of
13 home care program emanating from Royal Victoria and do you
14 visualize such a program might be of assistance in shorten-
15 ing the hospital stay of certain patients?

16 DR. TURNER: We do not have a home
17 care program. We have, however, a resident V.O.N. nurse
18 who does an excellent job of liaison between the staff and
19 the home. It does not fulfill the purpose of home care,
20 but it is a step. I think from my knowledge of home care
21 that one again has to proceed on the basis that there is a
22 very small percentage of the actual hospital population
23 that are amenable to home care. I think probably it is
24 an adjunct and those who have it certainly think it is
25 wonderful, but, again, I think it has to be placed in its
26 proper perspective with the other services.

27 COMMISSIONER GIRARD: Mr. Chairman, I
28 do not think I have any questions except to ask for some
29 clarification of this. You gave here data on 195 patients,
30 but you have 1,000 in the hospital; was this data covered

THE CHAIRMAN: It is on the 14th

of each year as a general rule, but we have to rely very heavily

on the general statement and made corrections by hand.

With knowledge and sometimes by persons without knowledge

or person not such knowledge as the relative itself.

DR. TANNER: I would think that would

it would be a small thing, but I do not think it is of the

magnitude some would have as believe, I think it is

reported a spot of time, possibly has certainly in my

impression for the last few days which is a normal average

in the line of our body.

DR. TANNER: Have you any other

some other program consisting from Royal Victoria and the

various such a program, and of assistance in showing

ing the medical staff of certain hospitals?

DR. TANNER: We do not have a more

the does an excellent job of liaison between the staff and

the house. It does not fulfill the purpose of this case.

but it is a step, I think from my knowledge of home care

there are some that are placed on the basis that the

very small percentage of the actual hospital population

that are admitted to the house. I think probably, I think

an adjunct and there are some to be very likely that it is

well, really, well, again, I think it has to be placed in the

proper perspective as to what it is and what it is not.

DR. TANNER: I think that is all.

DR. TANNER: I have one question, I think it is

contribution on of this. You have a very good idea of the

to you would like to see a report: what has been done, what



1 through your ward and semi-private patients only or just
2 the ward patients?

3 DR. TURNER: The first two medically
4 were about 50/50 standard ward and semi-private; the last
5 one was all public and on the other four wards I think
6 there would be probably 75, but there would be compensation
7 and standard ward. We have 200 beds in our maternity and
8 those were excluded; we had 100 beds in psychiatry and
9 they were excluded. I excluded our private wing and I did
10 not have time to do neurology or otolaryngology and so
11 forth, but this would represent the patients except private.

12 COMMISSIONER GIRARD: You said 72% of
13 the people there really had to be there, so if you had
14 covered the private patient wards and some of the others,
15 would you think it would have been the same as this?

16 DR. TURNER: No, I think it would
17 probably have been -- it would not have been quite so
18 impressive. You take 200 out of the maternity which you
19 cannot do anything about.

20 COMMISSIONER GIRARD: What about pri-
21 vate rooms?

22 COMMISSIONER McCUTCHEON: That might be
23 more impressive.

24 DR. TURNER: I was going to say that if
25 I had done that it probably would have increased the figure
26 that did not need to be there.

27 COMMISSIONER GIRARD: That's what I
28 thought.

29 COMMISSIONER VAN WART: Your figures,
30 fourteen days was your average stay for your private patient,



1 was it not? You mentioned that?

2 DR. TURNER: 13.4 for all patients.

3 COMMISSIONER VAN WART: But for the
4 private?

5 DR. TURNER: That was all patients,
6 all categories and all types.

7 COMMISSIONER VAN WART: But you broke
8 down some private and semi-private in your brief?

9 DR. TURNER: No, I did not. On page 2
10 where the average days' stay increase was 12.2 to 13.4,
11 that is the total increase for the thousand beds for the
12 year. And now, I have the figures here, but it would take
13 some time to bring them out as to the length of stay on
14 the private side and semi-private and public. I think
15 there is very little difference between semi-private and
16 public.

17 COMMISSIONER BALTZAN: I will just take
18 up one matter -- it is too bad we have not had a chance to
19 digest the whole thing. Would you care to take care of the
20 matter of diagnostic facilities? That is the only part of
21 the total diagnostic problems presented by the patient,
22 actually you are speaking there in terms of diagnostic
23 aids in the diagnosis and so that there must, in addition
24 to that, be for the final diagnosis the people who come
25 up there?

26 DR. TURNER: That is right, sir.

27 COMMISSIONER BALTZAN: So it cannot be
28 conceived that because these people have this opportunity
29 to come in and get this diagnostic service that they are
30 getting the diagnosis?



1 DR. TURNER: Very true.

2 COMMISSIONER BALTZAN: Only getting the
3 benefit of diagnostic aids. You state that you do not
4 think your hospital bed requirements would be lessened even
5 though you installed your out-patient service?

6 DR. TURNER: That is right.

7 COMMISSIONER BALTZAN: And you do not
8 think the tests would be lessened because you are a teach-
9 ing and research institutor?

10 THE CHAIRMAN: There was some sugges-
11 tion that the days would be lessened, the number of patients
12 could not get into a hospital and they would be fewer, that
13 was the only point put to the doctor and he said he doubted
14 if there would be any noticeable change.

15 COMMISSIONER BALTZAN: But in the
16 general run of the procedure connected with diagnosis you
17 mentioned certain types of patients that are borderline,
18 that they may not be considered acute, but in order to
19 arrive at the diagnosis it is important to stay in the
20 hospital those who may be short of breath.

21 DR. TURNER: Because of the complexity
22 of diagnosis.

23 COMMISSIONER BALTZAN: A period of
24 observation to make the diagnosis?

25 DR. TURNER: That is right.

26 COMMISSIONER BALTZAN: Thank you very
27 much.

28 COMMISSIONER FIRESTONE: On page 2 you
29 say that the waiting list for admission has doubled and
30 runs about 1100. How long does the average patient have to



1 wait until he may be admitted to the hospital, emergencies
2 excepted?

3 DR. TURNER: I think the figures are
4 on the top of the next page. It runs from 14 days to 23
5 days. As of the moment it is rather of interest, in the
6 past year 40% of our medical admissions and the emergencies,
7 when it is a very real thing that a person may be booked
8 today for ten days from now, but a week from now will
9 develop into an emergency so these days are not guaranteed.

10 COMMISSIONER FIRESTONE: You are saying
11 on page 2 that the waiting list has doubled, has the wait-
12 ing period also doubled?

13 DR. TURNER: No, I do not think it has.
14 In some cases it is very definitely lengthening and also it
15 depends on what disease a person happens to have at that
16 moment, whether there may be beds on one side or not in
17 another or one service and not in another.

18 COMMISSIONER FIRESTONE: If there were
19 facilities available to take care of the 54 patients that
20 could be transferred, as you mention on page 3, if such
21 facilities became available, what would this do to your
22 waiting list and the waiting period?

23 DR. TURNER: It would shorten both and
24 make a tremendous amount of people much happier. If you
25 take these people out you are going to place a very heavy
26 nursing load on the people because all the people are
27 going to be very sick and it would mean whole reorientation
28 of our nursing service to the point of view of putting
29 patients in an eight-bed ward or twelve-bed ward. This is
30 a very real point.



1 COMMISSIONER FIRESTONE: On page 5 you
2 say in the second paragraph that the increase has not been
3 possible because of space limitations and budget restric-
4 tions, what budget restrictions do you have in mind?

5 DR. TURNER: Provincial, under the
6 Quebec Hospital Insurance.

7 COMMISSIONER FIRESTONE: Can you just
8 explain to us that if there is demand for services and you
9 need more staff to run those services why should you not be
10 able to obtain the staff to run these services, because
11 otherwise you have to reduce these services if you have
12 not got the people to do the job.

13 DR. TURNER: May I say this is a burn-
14 ing question in the Province now. We have put in our
15 budgets, we have not had a final word for 1961, we have
16 not heard of our 1962. Sometimes it is a little hard for
17 someone a few miles away to understand the urgency of the
18 day to day situation. I will say that in Quebec and I
19 think it is true in any hospital, that is the need is
20 there, it has to be done as we have done for seventy years,
21 do our job and expect to be reimbursed for it.

22 COMMISSIONER FIRESTONE: Thank you
23 very much.

24 COMMISSIONER McCUTCHEON: Have you any
25 guarantee you are going to be reimbursed?

26 DR. TURNER: I would not put it in
27 writing.

28 COMMISSIONER McCUTCHEON: In other
29 words, you are now in a position where you are competing
30 with demand for new roads, new toll bridges, pretty well
everything?



1 DR. TURNER: That is right, sir, we
2 have to plead our case and if we plead it well enough we
3 will get it, and we hope to plead it well.

4 COMMISSIONER McCUTCHEON: But up to
5 date you are still in the position you described?

6 DR. TURNER: Yes, and there will be
7 more pleas coming forward, I suspect.

8 COMMISSIONER BALTZAN: At the moment
9 you are doing some definite budgeting?

10 DR. TURNER: Yes, we have already had
11 our annual meeting and we figure the deficiency between
12 the payment of what we could have been paid was \$700,000.00.

13 COMMISSIONER VAN WART: You mention the
14 chronic patients in your hospital and you also in your
15 brief suggest that chronic care hospitals be given prefer-
16 ence over expansion and construction of acute hospitals.
17 I was wondering what your ideas might be having a chronic
18 section constructed in connection with the acute hospital.
19 I would see certain advantages in certain services which
20 would be available to you and would allow you freedom of
21 movement with your patients and so on, and in the long run
22 I can see it would not be as expensive as constructing a
23 new hospital.

24 DR. TURNER: There is no question that
25 a facility for the chronically ill in a separate building
26 on the same grounds of a hospital would be infinitely
27 better from the point of view of the patient, because he
28 is then assured of continuity of care by people who are
29 able to understand. Your own staff can go in rotation to
30 see him and you can rotate your resident staff. You would



1 have the same quality of nursing care and I think your
2 point is very well taken because I certainly would not
3 want to leave the impression that I would advocate the
4 building of such a building five miles away. I am sure
5 members of our attending staff would favour your suggestion
6 of being on the same grounds, geographical juxtaposition.

7 THE CHAIRMAN: Thank you again, we are
8 obliged to you and grateful to you for having come.

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THE CHAIRMAN: The next brief will be that of the Montreal General Hospital.

SUBMISSION OF
THE MONTREAL GENERAL HOSPITAL

APPEARANCES:

MR. A. H. WESTBURY

DR. W. STORRAR

MR. WESTBURY: I have a submission I would like to make. I will speak in general terms and Dr. Storrar, our Medical Director of the Montreal General Hospital, will speak in specific terms, as the situation affects the Montreal General Hospital.

In his letter of March 12th, 1962, inviting an appearance before the Royal Commission, the Chairman, Judge Emmet Hall, stated that the Commission would be interested in our views concerning the availability of chronic and convalescent beds in Quebec, and, in particular, the effect that the inadequate number of such beds has on the general operation of the Montreal General Hospital.

According to Tables of "Distribution of Hospital Beds" included in the Canadian Hospital Directory, 1961, there are 16,481 chronic and convalescent beds available for patients using the 88,325 active general beds operated by hospitals (other than Federal) across Canada; a ratio of approximately 2:11. The ratio in Ontario is 2:9 and in Quebec 2:8. On the face it would appear that Quebec is better off than either Ontario or the rest of Canada,

but an analysis of the 5,504 chronic and convalescent beds



1 available in this Province shows that 3,512 (or 63%) are
2 operated by religious orders compared with 26% for Ontario
3 and 35% for Canada. Religion and language are very impor-
4 tant factors which must be taken into account by general
5 hospitals in this province when arranging chronic or con-
6 valescent care for their patients.

7 Of the 1,992 chronic and convalescent
8 beds in Quebec operated by non-religious groups 546 (or 27%)
9 are located in private hospitals, and the patient's
10 inability to pay for private care over and above any pay-
11 ment made by the Hospital Insurance Service is also a
12 deterrent in the placement of patients requiring long-term
13 care.

14 The situation is aggravated by the
15 necessity of some long-term hospitals which because of
16 inadequate facilities or insufficient trained personnel
17 have to adopt a selective policy in accepting patients.
18 Some will not take terminal cases; others will take only
19 those cases requiring a minimum of nursing care and a
20 number prefer ambulatory patients who, to some extent, can
21 look after themselves.

22 It is interesting to note that from
23 April 1948 to March 31st, 1961, chronic and convalescent
24 beds approved for assistance under the Hospital Construction
25 Grants numbered 9,214 compared with 55,068 active treat-
26 ment beds. (vide National Health Grants 1948-1961, Dept.
27 of National Health and Welfare - January 1962) a ratio of
28 approximately 1:6.

29 It is stated in page 40 of this Report
30 that:



1 "One of the objectives of this grant was to encourage the
2 construction of additional accommodation for chronic and
3 convalescent patients so as to improve their care and
4 release acute hospital facilities. It was envisaged that
5 they could be accommodated in specially-designed hospitals
6 or in wings attached to acute treatment hospitals with
7 potential savings in nursing and other costs.

8 With the advent of hospital insurance,
9 officials concerned with stabilizing costs realized as
10 never before that the cost of extended care needed for
11 many patients in acute treatment hospitals could be reduced
12 and more effective care be given to these patients if special
13 units were provided for them. Also with an aging popula-
14 tion often prone to long-term illnesses, the need would be
15 accentuated. At present hospital accommodation for the
16 care of chronic diseases is receiving priority in most
17 provinces."

18 Again in dealing with the current
19 situation, the Report states:

20 "During the past eight years considerable progress has
21 been made by the provinces in the multiplication and
22 expansion of facilities and resources for medical rehabili-
23 tation and chronic care due to the availability and utili-
24 zation of financial support under the National Health
25 Program. However, if we want to describe accurately the
26 present organization of local services, we have to admit
27 that comprehensive assessment and restorative programs
28 directed against disability and chronic disease are still
29 far from being adequate to meet the present health needs
30 of Canada. Many factors are together responsible for such



1 a situation; and too frequently still the prevention or
2 limitation of disability and of chronic invalidism in
3 the routine medical management of acute disease or injury
4 is not accomplished because adequate facilities are not
5 readily available at the appropriate time and place.
6 Many institutions to which sick people are admitted for
7 active treatment of their short-term or long-term illness
8 are still operating without the resources in personnel,
9 space and equipment adequate to combat effectively the
10 crippling after-effects of disease or injury. The restora-
11 tive value of such programs as out-patient and home care,
12 by contrast with the more frequently disabling influence of
13 a prolonged stay in an institution, is not yet sufficiently
14 understood or commonly available."

15 It is apparent that the placement and
16 rehabilitation of chronic cases has been a problem for some
17 time. Notwithstanding that with financial assistance from
18 both Dominion and Provincial Governments additional
19 facilities for long-term cases have been provided, the
20 accommodation for chronic cases in the Province of Quebec
21 is still wholly inadequate to meet the demand. The
22 situation has been accentuated since the advent of
23 Hospital Insurance in Quebec and the resulting pressures
24 on general hospitals by the Hospital Insurance Service
25 to keep the average stay of patients to a minimum.

26 The solution, of course, is the provi-
27 sion of more chronic hospitals and expanded facilities
28 for medical rehabilitation. But it takes time to build
29 hospitals and the situation calls for some immediate
30 remedy. One method is substantially increased financial



1 assistance for Home Care Programs to be administered by
2 the general hospitals. A large proportion of chronic
3 patients could return to their homes if they are assured
4 that nursing care and medical attention will be available
5 as and when required. Some 5 to 6 years ago The Montreal
6 General developed a Home Care Program (of which Dr. Storrar
7 will speak in greater detail) but it was never put into
8 operation because our application for a Dominion-Provincial
9 Grant was refused on the grounds that a pilot study was
10 already under way at the Reddy Memorial Hospital. Assistance
11 for this study was discontinued after two years and has
12 since operated on a limited basis and financed by the
13 Hospital from its own resources. The Program initiated by
14 the Montefiore Hospital and the New York Hospital has
15 demonstrated quite clearly that Home Care for the chronical-
16 ly ill is both feasible and practical and in the absence
17 of sufficient hospital beds and facilities for taking care
18 of long-term cases it would appear that Home Care programs
19 operated by general hospitals should be encouraged and
20 supported to a greater extent than is the case at the
21 present time.

22 THE CHAIRMAN: Thank you very much,
23 Mr. Westbury.

24 MR. WESTBURY: May I, with your per-
25 mission, sir, ask Dr. Storrar if he would speak on certain
26 matters specific to the Montreal General Hospital?

27 THE CHAIRMAN: Yes.

28 DR. STORRAR: I have looked over the
29 weekend on the statistics for the past year, and our figures
30 as they stand as to this past weekend.



1 During the past year we have received
2 requests for members of our attending staff for placement
3 in chronic hospitals or convalescent hospitals for a total
4 of over 1500 patients. We have been able to place only
5 50%. 356 patients were actually placed in long-stay
6 chronic hospitals. 359 were placed in convalescent hos-
7 pitals, which is a little over 50%. As to this weekend
8 we had 32 patients out of a total of 730 beds, 32 patients,
9 a whole nursing unit approximately, with patients awaiting
10 placement for long-stay or convalescent beds. In other
11 words, these beds were blocked as far as the admission of
12 acute patients was concerned. I also had a poll taken of
13 four convalescent or chronic hospitals in the city, and
14 22 nursing homes. These being hospitals and nursing homes
15 that we commonly use for the placement of chronic and
16 convalescent patients, and there were available, unoccupied
17 and staffed, only 39 beds out of a total of 900 beds.
18 Now, you may well ask, Mr. President, we have 32 patients
19 to be placed and there are 39 beds available to place
20 these patients, why cannot we place them? They are cases
21 of terminal cancer, senile arterial sclerotic management
22 problems, patients of over 65, patients who require re-
23 habilitation facilities, patients who require tube feeding
24 to be carried out by a nurse, and these beds that are
25 available, the hospitals or nursing homes will not accept
26 such patients, and therefore they have to remain with us
27 until we can find a nursing home or a hospital that will
28 take this type of patient.

29 I feel that, apart from the fact that
30 we do need many more beds to place these patients, that



1 some affiliation between an acute hospital and a chronic
2 hospital or convalescent hospital would be of some value,
3 but particularly with a common medical staff and a common
4 social service staff.

5 Also a home care program, I feel, would
6 help in many instances, especially if such a home care
7 program was run under the direction of the acute hospital.
8 Furthermore, a central placement bureau might be of some
9 value. Our social service department will spend hours
10 ringing up hospitals and nursing homes to try and get one
11 specific patient placed. We never have any up-to-date
12 information, day to day information, on the number of beds
13 that are available, and I feel that a central placement
14 bureau would be of some value.

15 To return to home care program, I
16 feel that such a program should bring in various community
17 services, public health nurse, the social worker, the
18 diet centre, and also the attending physician in the acute
19 hospital. I also feel, and I talk here as Director of a
20 teaching hospital, that it would be beneficial to our
21 residents and internes, and to medical students, to be
22 affiliated with such a program and undertake such work,
23 which would be useful when they go out into practice.

24 THE CHAIRMAN: Thank you very much,
25 Doctor.

26 COMMISSIONER BALTZAN: Just one ques-
27 tion, Dr. Storrar, please. You stated I think your medical
28 staff has requested the removal of something like 1500
29 patients during the past year?

30 DR. STORRAR: That is correct.



1 COMMISSIONER BALTZAN: It was on their
2 initiative seeing that they could be taken care of elsewhere?

3 DR. STORRAR: That is right.

4 COMMISSIONER BALTZAN: My question to
5 you, sir, is this. Has the converse happened, where
6 medical staff may have admitted patients that do not need
7 the full hospital care, or taking advantage of the current
8 situation and giving patients this accommodation, not
9 strictly needing it?

10 DR. STORRAR: You are referring par-
11 ticularly to cases for investigation, would I take it that
12 this is what you are referring to?

13 COMMISSIONER BALTZAN: Well, I think I
14 could excuse that. I am thinking about taking advantage
15 of the hospitalization, that patients are now being given
16 the advantage of being hospitalized that could perhaps be
17 kept out of hospital, at home, or say on an out-patient
18 service basis?

19 DR. STORRAR: This may happen occasion-
20 ally, but as Medical Director of the Montreal General it
21 is one of my duties to screen all such admissions, and in
22 fact the admission of all patients is directly my responsi-
23 bility and there is no other administrative person superim-
24 posed between myself. I work directly with the staff.
25 I will admit that it is possible as far as investigation
26 is concerned, this is the type of case that I do look into
27 very frequently as the Director of the staff of a teaching
28 hospital mostly dealing with referred cases, I do feel that
29 the patients who come in for investigation to the Montreal
30 General are normally the type that really do require



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1 admission, if I get your question correctly?

2 COMMISSIONER BALTZAN: You have, and
3 you have given the answer, and may I add to that that
4 insofar as your personal experiences are concerned there
5 are no overt abuses of that?

6 DR. STORRRAR: I don't feel there are.

7 THE CHAIRMAN: Not when you can get
8 your eye on them, Doctor.

9 DR. STORRRAR: No, that is right.

10 COMMISSIONER GIRARD: Dr. Storrrar, Mr.
11 Westbury said a few minutes ago that some five or six years
12 ago the Montreal General developed a home care program and
13 asked for a Provincial-Dominion Grant but was refused on
14 the grounds that a pilot study was already underway in the
15 Reddy Memorial Hospital. Has this request been put before
16 the Provincial Government once more in recent years?

17 DR. STORRRAR: No.

18 COMMISSIONER GIRARD: Well, I happen to
19 know that as late as two or three months ago I think one
20 such program was started in a hospital in Montreal, and I
21 heard recently that a second one was starting, so I wonder
22 if these hospitals are starting programs why you wouldn't
23 be able to get the money to start one too?

24 MR. WESTBURY: Well, yes and thank you
25 for that information, Miss Girard. We will certainly put
26 in another application and see what happens, then we are
27 at the present time going to see some very generous assis-
28 tance from the Provincial Government in regard to our
29 proposed building program, and we are not quite certain
30 exactly whether they would be prepared to match any other



1 grant for another project. I don't know, we will try.

2 DR. STORRAR: I wonder if a program
3 such as ours, it would be in a fairly large scale in that
4 we have a very large out-patient department, and many
5 patients of course requiring placement. It may be that
6 such a program would be too expensive. However, I think if
7 other hospitals are doing this, I think we should try
8 again.

9 COMMISSIONER GIRARD: Was this asked
10 as a pilot project, because it is my impression that we
11 are beyond the pilot project stage in home care. I think
12 this has been demonstrated to most of the people's
13 satisfaction, that home care is efficient and will do some
14 of the things we want it to do, so should we be asking
15 for money for pilot projects for home care, or should we
16 be asking for the facilities to develop home care, and not
17 talk about pilot projects any more?

18 MR. WESTBURY: No, we didn't ask for it
19 on the basis of a pilot study. That was the grounds on
20 which it was refused. The purpose of my statement was not
21 specifically so far as the general hospital is concerned,
22 but a general statement that home care programs across the
23 country be operated by general hospitals in our opinion
24 would do much to relieve the situation as regards chronic
25 beds, and I mentioned the Montreal General as an example
26 as to specifically how it would affect us.

27 COMMISSIONER GIRARD: Ten or twelve
28 years ago, when everybody was talking about the Montefiore
29 Plan, we were all enthused about it, but about five or six
30 years ago some of us were wondering what has become of this



1 wonderful project and what has been keeping it from
2 developing since it was so good, why hasn't it spread more,
3 and I think at times one of the answers was well, doctors
4 didn't like to go out and do home visits. Now, does this
5 still stand, or would this be an impediment, or what is
6 your opinion about this?

7 MR. WESTBURY: I would say offhand that
8 a home care program of its very nature is one that should
9 be operated by a large teaching general hospital with the
10 available interne and resident staff. I can well imagine
11 that a small hospital that has not got the available
12 resident staff would not be very enthusiastic about it,
13 and there are, as you know, in the total number of hospitals
14 across Canada there are very few large hospitals that could have
15 the staff available for those duties. I think that is
16 probably the reason why it has not been taken up to the
17 extent we thought it might.

18 COMMISSIONER GIRARD: One other very
19 important facility for home care is the visiting home-makers.

20 MR. WESTBURY: Yes.

21 COMMISSIONER GIRARD: What in your
22 opinion are the facilities that we would have here in
23 Montreal to draw upon a large enough number of visiting
24 home-makers?

25 DR. STORRAR: This is a very difficult
26 one. There are very few, of course, available, but I
27 would think with the development of such a program that
28 there should be a training program for this type of people,
29 but I would agree that at this minute these visiting home-
30 makers are very scarce because there has been nothing



1 organized. I think somebody has to start this somewhere.

2 COMMISSIONER GIRARD: Thank you very
3 much, Mr. Westbury and Dr. Storrar. I hope you do start
4 one.

5 MR. WESTBURY: If we can get the money
6 we will.

7 COMMISSIONER GIRARD: Ask again.

8 COMMISSIONER FIRESTONE: Dr. Storrar,
9 do you treat in the Montreal General Hospital out-patient
10 department indigents?

11 DR. STORRAR: Yes, we do.

12 COMMISSIONER FIRESTONE: If the examin-
13 ing physician decides the indigent requires drugs are they
14 provided?

15 DR. STORRAR: Yes, they are provided
16 from our own funds.

17 COMMISSIONER FIRESTONE: Provided free
18 from charge?

19 DR. STORRAR: Provided free of charge
20 if the patient is indigent. If the patient is semi-indigent,
21 they will pay a pro-rated basis, probably from 50¢ to \$1.00.

22 COMMISSIONER FIRESTONE: If a person
23 is examined by his own physician and prescribed some
24 expensive drugs and the person says to the doctor I haven't
25 got the money to buy these drugs, the only alternative the
26 person would have, one alternative that person would have
27 would be to go to the out-patient department of the
28 Montreal General and be examined a second time and get these
29 drugs free or partially free.

30 DR. STORRAR: If the patient on a



1 screening was found to be not able to afford to see a
2 doctor privately he would have his drugs, that is true.

3 COMMISSIONER FIRESTONE: Thank you
4 very much, sir.

5 THE CHAIRMAN: Thank you very much,
6 gentlemen.

7 MR. WESTBURY: Thank you, sir.

8 THE CHAIRMAN: The information you
9 have given us was the information we requested. We are
10 grateful to you for having accepted our invitation and for
11 going to the trouble in providing us with this information.
12 Thank you.



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THE CHAIRMAN: We will have the
submission of the Canadian Mental Health Association,
Quebec Division.

THE SECRETARY: That will be Exhibit
No. 230.

---EXHIBIT NO. 230: Submission of the Canadian
Mental Health Association,
Quebec Division.

APPEARANCES:

LT. COL. S.C. HOLLAND, PRESIDENT

PAUL-MARCEL GÉLINAS, GENERAL DIRECTOR

DR. A. MacLEOD, CHAIRMAN, SCIENTIFIC PLANNING COMMITTEE

LT. COL. HOLLAND: Mr. Chairman,
Members of the Commission, if I may introduce my associates.
On my right is Dr. Allister MacLeod, Chairman of the
Scientific Planning Committee and on my left is Paul-Marcel
Gélinas, our Executive Director.

I think you will find, ladies and
gentlemen, that the brief which we have submitted at this
time is slightly different from the two preceding ones in
that we are mainly interested in trying to keep people out
of hospitals. I would ask, with your permission, that Mr.
Gélinas present the first part of our brief.

MR. GÉLINAS: Mr. Chairman, madam,
Members of the Commission, by your leave I will read the
introduction in English, even though we respect the by-
linguant character of this Province. In order to facilitate



1 your work I will read in English. You will note the
2 first part of the brief is in French and the second is in
3 English.

4 The Quebec Division of the Canadian
5 Mental Health Association was founded in 1956 as a Division
6 of the National Association which had been incorporated
7 under a Federal Charter, in December 1926.

8 On the eighth of May 1961, the Lieutenant
9 Governor of the Province of Quebec granted a Provincial
10 charter under the third part of the Companies' Act to the
11 Canadian Mental Health Association, Quebec Division.

12 THE CHAIRMAN: I take that means it is
13 a non-profit organization?

14 MR. GÉLINAS: Yes, that is right.

15 The Quebec Division in conjunction with
16 the (national) Canadian Mental Health Association and the
17 other Canadian Divisions works toward

18 the promotion of the most efficient programmes
19 relative to the prevention of mental illness,
20 the treatment and the rehabilitation of the
21 mentally ill and the realization of these
22 objectives by:

23 1 - public education and information

24 2- services to the mentally ill and their
25 families

26 3- social action

27 4- research.

28 The way we proceeded in preparing this
29 brief has posed limitations.

30 The Canadian Mental Health Association,



1 Quebec Division submits this brief as one coming from a
2 private, voluntary organization. It describes the problems
3 as they appear in the Province of Quebec without any pre-
4 tense of giving scientific explanations as to their
5 technical or economic aspects.

6 However, it is basic to the Association
7 that it concern itself with the evaluation of the needs for
8 and the co-ordination of mental health services in order
9 that it may intelligently guide its educational programmes
10 and social action.

11 Concerned with prevention and treatment
12 relative to mental illness and the rehabilitation of the
13 mentally ill in the Province of Quebec, the Association
14 places before the members of the Royal Commission on Health
15 Services its knowledge of the community needs of the
16 people of the Province of Quebec and of the services in
17 existence. It supports its recommendations by a survey of
18 psychiatric and mental health services in the Montreal and
19 metropolitan region and a directory of mental health
20 services in the Province of Quebec.

21 Mr. Chairman, I would ask permission to
22 table these reports. I brought a copy for every one of the
23 Members of the Commission plus a copy for the secretary.
24 The same with the Directory. These are the very last
25 copies we have in the Association because the report was
26 presented in 1960. The whole brief is presented on this
27 report, and this is very new out, published only a month
28 ago. I am pleased to place these at your disposal.

29 THE CHAIRMAN: We are very pleased to
30 have them here. They will be Exhibits 230 A and 230B.



1 ---EXHIBIT NO. 230A: Montreal and Metropolitan Region
2 Survey of Psychiatric and Mental
3 Health Services.

4 ---EXHIBIT NO. 230B: Directory of Mental Health
5 Services in the Province of
6 Quebec.

7 Although the Association has left the
8 analysis of the technical and economic aspects of the
9 problems of mental illness to more competent groups, it
10 considers that it has a responsibility to submit a Brief
11 covering those areas in which a voluntary association has a
12 major role to play.

13 Actually this major role is the educa-
14 tion of the public and this is part of every facet of the
15 Association's work. This educational role is the common
16 theme of the eight sections which make up this Brief,
17 namely: Administration, Education, Prevention, Treatment,
18 Research, Training, Rehabilitation and Finances and
19 Insurance.

20 The majority of these sections have been
21 divided into statements and recommendations setting forth
22 the Association's view.

23 The Association has included a brief
24 summary of its knowledge regarding the attitude of the
25 public toward mental illness, with the belief that the
26 Commission might find it of interest and pertinent, which
27 I'll read now.

28 SECTION S

29 1. Administration

30 2. Education



3. Prevention
4. Treatment
5. Research
6. Training
7. Rehabilitation
8. Finances and Insurance.

THE PUBLIC'S CHANGING
ATTITUDE
TOWARD MENTAL ILLNESS

The attitude of the people has always governed the treatment of the mentally ill. Historically the mentally ill were simply and completely abandoned, rejected by society. This was followed by a more humanitarian approach when the mentally ill were given humane custodial care but were kept apart and forgotten. This was already begun in the 1900's when Pennell began to do this work. More recently treatment, the result of great scientific advances and the partial recognition by the public that mental illness can be cured or controlled has been the major objective of the professional groups concerned with priority care for the mentally ill.

To fully understand the problem in the Province of Quebec one must never lose sight of the fact that the responsibility for Health and Welfare Services were channelled to private institutions while in the rest of Canada provincial governments followed the spirit and pattern of the Elizabethian Poor Law in the development of such services. This has meant in practice that necessary assistance and treatment has been in this province a matter of charity and not of right by law. On the other hand the



1 absence of legal restraints has permitted certain voluntary
2 agencies to develop exemplary services in the field of
3 mental health which have been slow to develop in those
4 areas where the programs have been centralized and formalized.

5 In 1845 the first mental hospital in
6 the province, St-Michel-Archange Hospital was founded in
7 Quebec City followed by the St-Jean-de-Dieu Hospital in
8 Montreal in 1873 and the now Verdun Protestant Hospital in
9 1890, to single but a few. Thus, great sprawling institu-
10 tions were built as far away as possible from the center
11 of the cities wherein custodial care and, later, treatment
12 was given. During the last two decades mental patients
13 have been given treatment in General Hospitals. From then
14 on the pattern rapidly improved. Treatment and prevention
15 were recognized as paramount, new drugs and techniques
16 were used and new clinics and services were established.

17 Although the Association is furthering
18 this trend toward the treatment of mental illness it feels
19 that it has a still more important role in fostering an
20 active and dynamic public attitude toward positive and
21 effective mental health. Now, this part I would like to
22 turn over to the President of the Association.

23 LT. COL. HOLLAND: With your permis-
24 sion I would ask Dr. MacLeod if he would carry on with the
25 administration in the next few paragraphs.

26 DR. MacLEOD: Under Administration
27 the following recommendations are put forward. To provide
28 necessary leadership, coordination and development of
29 psychiatric services, it is recommended that a Government
30 Commission, having jurisdiction over all psychiatric



1 services be created immediately. I would like to say in
2 choosing the word "jurisdiction" it was meant to have the
3 widest possible range of meaning and we didn't intend for
4 a moment legal control, complete legal control over the
5 hospital.

6 This Commission should consist of
7 three psychiatrists qualified in psychiatry and administra-
8 tion, assisted by consultants in psychology, social work,
9 nursing, occupational therapy and statistics with the
10 necessary clinical and administrative personnel.

11 THE CHAIRMAN: I understood there was
12 a report recently in the Province of Quebec dealing with
13 mental illness. I know your brief would have been prepared
14 far prior to the reception of the report. Does that report
15 adopt this recommendation of yours?

16 DR. MacLEOD: I think so, if you are
17 referring to the Bedard Report. The recommendations are
18 in line with the recommendations of the Bedard Report.
19 I might say, sir, that one member of the Bedard Report is
20 the Vice-President of the Scientific Planning Committee of
21 the Canadian Mental Health Association of Quebec, Dr.
22 Roberts.

23 On education, our statement is one of
24 the objectives of the Quebec Division is the promotion of
25 mental health by carrying out public education programmes
26 in order:

27 1. that the promotion of mental health be as common
28 and general as the promotion of physical health
29 and fitness.

30 2. to create a favourable climate in the public's



- 1 mind so that it may understand and help the
- 2 and fundamentally ill.
- 3 3. to educate the family of the mentally ill by
- 4 appropriate means such as pamphlets, lectures
- 5 and films.
- 6 4. to inform allied professions as to the services
- 7 available.
- 8 5. to carry out educational programmes in the
- 9 hospitals through its volunteers and its member-
- 10 ship of about 5,000 persons.
- 11 6. to help the police in its own educational pro-
- 12 grammes relative to the handling of the mentally
- 13 ill.

14 RECOMMENDATIONS:

15 The Association feels that the above educational
16 programmes should be expanded and that government
17 financial support would help such expansion.

18 The Association feels that the people of Quebec
19 should be given as much help as possible to
20 understand the kind of services now in existence
21 and the need for other psychiatric services.

22 An expansion of the educational programme for
23 Industry, through its management staff and
24 industrial physicians would be beneficial.

25 P R E V E N T I O N

26 To reduce the incidence and prevalence
27 of mental illness is one of the aims of the Quebec Division
28 of C. M. H., A.

29 After having made a survey on needs
30 and psychiatric services in Montreal, the Association, I



1 refer to the Silverman, Groulx Report, sir, has initiated
2 and financed a Psychiatric Emergency and Home Treatment
3 Service in its fight against mental illness.

4 RECOMMENDATIONS

5 1.- Prevention or diagnosis would be helped by the
6 creation or expansion of:

7
8 Mental Health Clinics
9 Family Guidance and Counselling Clinics

10 2.- Prevention and early detection in the schools of
11 the Province by more adequate services is strongly
12 recommended.

13 3.- Community recreational, educational and service
14 programmes should provide adequate and continuous
15 help for incipient psychiatric problems.

16 4.- Adequate evaluation of offenders and appropriate
17 rehabilitation programmes for offenders should
18 be provided.

19 5.- Increase of in-service training programs for
20 Police and those concerned with penal administration.
21 tion.

22 On treatment our statement is that
23 considering the fact that out of the 22,000 beds reserved
24 for mental patients, 11,000 are used for custodial care
25 only, it would seem that greater treatment facilities
26 should be provided. This is further accentuated by the
27 fact that many persons are awaiting admission.

28 Most of the professional services in
29 the Province (about 90% of them) are located in Montreal
30 and Quebec cities. The rest of the Province lacks adequate
services.



1 RECOMMENDATIONS

2 It is felt that decentralization of psychiatric
3 centres would be desirable, in order that the
4 community be served.

5 1. By smaller hospitals with their own boundaries.

6 2. By expanding the hospitals giving treatment,
7 throughout the Province. As the situation now
8 stands about 90% of all the hospitals giving
9 treatment are in Montreal or Quebec City.

10 3. By having a Psychiatric Unit attached to all
11 General Hospitals.

12 4. By finding ways and means to facilitate admissions.

13 5. By expanding occupational therapy facilities.

14 6. By giving continuity of care in order that the
15 patient be followed throughout his illness by one
16 doctor or psychiatric team.

17
18 R E S E A R C H

19 STATEMENT

20 More social research is needed to fully
21 understand the family, social, community and economic
22 aspects of mental illness.

23 A survey of existing psychiatric ser-
24 vices is needed in the whole of the province. Such a
25 survey should include not only hospital services, but
26 clinics, social agencies, homes, religious institutions,
27 etc.

28 Medical research in the field of mental
29 illness, which covers a multiplicity of mental disorders or
30 disturbances is far behind medical research in the field of
physical illness.



1 RECOMMENDATIONS

2
3 A province-wide study of needs and
4 services should be carried out on which to base a more
5 comprehensive plan for the fight against mental illness.

6 Funds should be made available for
7 Research in the field of Mental Illness commensurate with
8 the funds now available for physical illnesses.

9 That an ongoing evaluation of all
10 programmes be set up in order to assess the effectiveness
11 of established services.

12 T R A I N I N G

13 STATEMENT

14 While public education programmes are being
15 developed by private Associations, the training
16 of professional personnel should be carried out
17 on the same level in order to meet the demands
18 created by the education of people.

19 This applies to Physicians
20 such Psychiatrists
21 groups Psychoanalysts
22 as Psychologists
 Sociologists
 Nurses
 Occupational Therapists
 Social Workers

23 RECOMMENDATIONS

24 Considering the existing comparatively small
25 number of specialists it is recommended that:

- 26 1. Greater incentives be provided in order to
27 attract more applicants.
- 28 2. More bursaries be granted in order to increase
29 the number of applicants and students.
- 30 3. Training facilities should be expanded throughout
the province.



- 1 4. Clinical facilities for students should be
2 expanded.

3 REHABILITATION

4 STATEMENT

5 A mental patient's full recovery depends on
6 early detection, treatment and rehabilitation.
7 Each has its equal measure of importance.
8 Rehabilitation depends to a great extent on the
9 existence of certain forms of physical factors
10 or of attitudes, forming a bridge between the
11 hospital and the community.

12 RECOMMENDATIONS

- 13 1. The establishment of Community Rehabilitation
14 Centres, where social and occupational rehabili-
15 tation would be fostered.
- 16 2. Discharged mental patients should have the active
17 help of a special agent or agency like the
18 National Employment Service.
- 19 3. Community services should be established, solely
20 for discharged mental patients, with the objectives
21 of:
- 22 a) Assuring occupational placement, when deemed
23 necessary, possibly by a period of training
24 or time spent in a sheltered workshop.
- 25 b) Obtaining adequate living arrangements.
- 26 c) Paying particular attention to assignment and
27 assumption of significant social roles and
28 social activities.
- 29 4. Educational measures relative to rehabilitation
30 should be taken toward:



a) Professions allied to the care of mental
patients.

b) The public - in order to create a greater
acceptance of discharged mental patients.

c) Industry - to create a favourable attitude
towards re-employment.

FINANCES AND INSURANCE

STATEMENT

1.- It is regrettable that psychiatric hospitals are
not included in the Hospital Insurance Plan.

2.- The per diem allowance for General Hospitals is
between \$17.00 and \$22.00 in the Province, while
it is \$2.75 for Psychiatric Hospitals.

RECOMMENDATIONS

Hospital Insurance should include Psychiatric
Hospitals. The per diem allowance for Psychia-
tric Hospitals should be commensurately increased.

THE CHAIRMAN: Thank you, Dr. MacLeod.

Now, in connection with your recommendations under the
heading of research where you say that a province-wide
survey of needs and services should be carried out on which
to base a more comprehensive plan for the fight against
mental illness. Are you suggesting that as additional to
the survey just completed in the Province of Quebec?

DR. MacLEOD: I think it was not of the
same nature. I think the nature of the one here, the
Silverman-Groulx was covering the mental health for both
English and French, it was designed to discover the needs



1 of mental health, to study the ways in which it could be
2 improved and what further services they could make use of
3 and, finally, to make recommendations concerning an increase
4 of such service.

5 THE CHAIRMAN: You think a new survey,
6 the one you propose, should go beyond that?

7 DR. MacLEOD: We are going in on the
8 basis of only how to handle such a problem, how to
9 make any constructive finding.

10 THE CHAIRMAN: I note that in your
11 statement you have made no reference to a health services
12 plan of any kind and I am not suggesting that you should
13 have done so. However, on the basis that health services
14 plan should come into being, what is your view on the
15 question of the including of psychiatric services part
16 of the plan? I was thinking of a prepaid plan.

17 LT. COL. HOLLAND: I think our feeling
18 has been pretty well expressed as it has already been
19 expressed by the reports that the mental health is Canada's
20 number 1 health problem, and, therefore, it belongs to
21 all types of plan under the health plans.

22 THE CHAIRMAN: I was wondering what
23 position you were taking as to whether it should be dealt
24 with as a separate illness or just as another illness just
25 the same as organic illness.

26 LT. COL. HOLLAND: I think Dr. Macleod
27 could answer that better from a scientific point of view.
28 In our work we have tried to impress on the public, because
29 we are an educational institution, that mental illness is
30 an illness and should be treated the same as any other



1 general health problem.

2 DR. MacLEOD: I would like to say that
3 obviously with the illness it presents some unique charac-
4 teristics and we cannot say, you cannot have a general
5 service for a given situation when you have not got a
6 general disorder but by and large, we would like the
7 public to recognize that there is nothing more unique about
8 mental illness than there is about physical illness. Many
9 of the people in the hospitals for people suffering from
10 mental illness are really the aged, chronically infirm
11 and at that level I think our treatment would overlap with
12 the care for the chronic patient even though they are not
13 the same.

14 COMMISSIONER BALTZAN: I have no
15 questions, I was interested in what you said, but I have
16 no specific questions.

17 COMMISSIONER FIRESTONE: Just following
18 up the question that the Chairman just raised, if there comes
19 into existence in Canada a prepaid medical care plan should
20 such a plan include medical service for services concerning
21 mental health?

22 DR. MacLEOD: I feel only competent to
23 answer as an individual and I believe it should. This
24 view is not necessarily shared by my colleagues who have
25 more experience than I recently in the field of treating
26 mental illness.

27 COMMISSIONER FIRESTONE: As a layman,
28 Mr. Holland, how do you feel?

29 LT. COL. HOLLAND: I think I explained
30 earlier, as far as we as lay people are concerned, our



1 major job is to convince the public mental illness is
2 another form of illness and, therefore, should be included
3 in all types of health programs.

4 DR. GELINAS: To answer part of this
5 question, I think the field of psychiatry has been somewhat
6 centralized and in the increases in this service right now
7 the Association along with all these reports have suggested
8 that this centralization takes place an integration of
9 the feel of psychiatry within the general medical scene.

10 COMMISSIONER FIRESTONE: Dr. MacLeod,
11 in the section on prevention you have one recommendation
12 under number 2 and you say prevention and early detection
13 in the schools by more adequate service is strongly recom-
14 mended. What does the recommendation include? Annual
15 checkups in schools by competent psychiatrists?

16 DR. MacLEOD: I would like to say it
17 was ultimately aimed at such an ideal situation but in many
18 ways the general physician with psychiatric training in
19 his undergraduate years, certainly the public health nurse
20 and nurses such as the V.O.N. and the school teachers are
21 very capable in detecting a disturbed child. Of course,
22 the diagnosis of what is disturbing him then becomes the
23 province of the psychiatrist.

24 COMMISSIONER FIRESTONE: If I under-
25 stand you correctly the recommendation would be that chil-
26 dren should be examined once a year and if any mental
27 disturbance is found that case should be referred to a
28 psychiatrist, is that the proposal you would be in favour
29 of?

30 DR. MacLEOD: Yes, if I could draw



1 your attention to the fact that some school systems have
2 very excellent school programs but in general I would like
3 to say yes to your question that we think it would be an
4 improvement that every time the school population is given
5 a routine examination the health examination should include
6 a mental health as well as physical examination.

7 COMMISSIONER FIRESTONE: And where
8 there is no annual examination you would recommend such an
9 examination should be also annual?

10 DR. MacLEOD: I would rather say
11 periodical because there is some evidence one cannot have
12 it done annually but that would depend on what the medical
13 officer of health would do.

14 COMMISSIONER FIRESTONE: Speaking as
15 a scientific planning officer what is your definition of
16 periodic?

17 DR. MacLEOD: I would say that it would
18 be in the kindergarten, in graduation from kindergarten to
19 secondary school and from secondary school to high school
20 and on to an employment and then at university. Of course,
21 it would depend on the services available and the number
22 of people competent to carry out this service. We would
23 certainly like to aim at the ideal of once a year.

24 COMMISSIONER FIRESTONE: And if as a
25 result of this examination cases are found requiring
26 psychiatric treatment, what sort of follow-up would you
27 visualize which you stated in your report?

28 DR. MacLEOD: Many cases of maladjust-
29 ment in children in school is exposed by them being non-
30 adjusters, that is possessing adequate I.Q.'s but just not



1 doing anything with it and their conditions must be
2 carried with psychiatrists and psychologists who have
3 special training. There are no special services for these
4 things.

5 On the other hand, quite a number
6 of children are suffering from minimal organic brain
7 damage, from early psychiatric disorders, from familial and
8 social isolation and so on. I would have to say that while
9 in the Province of Quebec there are one or two centres
10 where the standard of treatment is of the highest in the
11 country, we must assume many, many thousands of school
12 children are not receiving the treatment they should at the
13 moment because of lack of facilities and staff.

14 COMMISSIONER FIRESTONE: How could this
15 be achieved?

16 DR. MacLEOD: I do not think it could
17 be achieved on the basis of turning out more specialists.
18 Some method would have to be worked out whereby the
19 specialist would be in consultation with people who would
20 be giving the direct service to the children, for instance,
21 it has been found out by working with the families or the
22 school and checking and in this way you sometimes get a
23 considerable improvement in the child, you have mental
24 behavior. A maladjusted child is one suffering from a
25 psychiatric illness.

26 COMMISSIONER FIRESTONE: I am just
27 looking for a concrete way of coming to grips with it.
28 You say more psychiatrists is not the solution, how can
29 one proceed?

30 DR. MacLEOD: I think the first step



1 should be in the teacher training college. The teacher
2 would be given specific information about this discipline.
3 There should be special programs for the training of school
4 psychologists and school specialists in the matter of
5 mental health.

6 COMMISSIONER FIRESTONE: Thank you
7 very much.

8 THE CHAIRMAN: Thank you very much,
9 gentlemen.

10 LT. COL. HOLLAND: I had hoped that
11 some question might have been asked on the psychiatric
12 emergency and home treatment service which was referred to
13 in the paragraph under prevention by Dr. MacLeod. We have
14 a very brief summary of what has been accomplished or what
15 was started in the Notre Dame Hospital, started as a
16 project in emergency home treatment. The major project is
17 to find the minor mental cases and keep them out of
18 hospitals. We have since had applications from twelve
19 other major hospitals in this city to try and have the same
20 type of service because of the fine results accomplished
21 in the Notre Dame Hospital. Finances, of course, are very
22 important and we have applied both provincially and feder-
23 ally to try and get support, but it is the same old story,
24 lots of congratulatory messages but nobody coming across
25 with the necessary funds to do it.

26 If I might table a copy of a small
27 statement dealing with this matter.

28 THE CHAIRMAN: We will be happy to
29 have that and it will be put directly into the record.



1 The Quebec Division of the Canadian
2 Mental Health Association has officially launched its
3 Psychiatric Emergency and Home Treatment Service, for those
4 suffering from mental illness.

5 The idea for this service germinated
6 from the Survey of Mental Health Services, sponsored by
7 the Association and conducted by the two Welfare Councils.
8 The Scientific Planning Committee, which plays the role of
9 advisor to the Board of Directors of the Association,
10 accepted the pilot project and recommended that it first
11 be operated in conjunction with Notre-Dame Hospital.

12 As part of its policy C.M.H.A. will
13 finance the service at Notre-Dame Hospital for a period of
14 two years, as a pilot project.

15 Broadly speaking the project reproduces
16 the Home Treatment Service already in existence in Amster-
17 dam and in Boston. The service consists of a full time
18 psychiatrist and a social worker who function as a team.
19 If possible this team will be enlarged but in all cases it
20 is backed by the full resources of the Notre-Dame Hospital
21 psychiatric facilities. The team can only operate in the
22 area covered by the hospital and thus serves 150,000
23 people of Montreal. The team evaluates all cases brought
24 to its attention and where hospitalization is not indicated
25 the patient is treated at home, in his own family and
26 community environment.

27 Following the aims of the Association
28 of promoting mental health and preventing mental illness
29 the Service accomplishes the following objectives; the
30 mentally disturbed are taken care of at the very onset of



1 the disease; where possible they are removed from the
2 community and rehabilitation is thus far easier; imprison-
3 ment may often be averted; the family and the community
4 receive direct education in regard to mental illness and
5 mental health; hospital beds are freed for those who have a
6 greater need for them.

7 This service is the first of its kind
8 in Canada.

9 It is the Association's hope that, in
10 the near future, similar services will be established in
11 other hospitals, which have already expressed their
12 interest in providing this type of Service.

13 The Home Treatment Service is not
14 envisaged as an instrument to eliminate hospitals for the
15 mentally ill but rather as a complementary service for
16 patients who do not require hospitalization.

17 MR. GÉLINAS: We know you are pressed
18 for time, but we have put into your hands the directory
19 for the mental health service of the Province of Quebec.
20 Now, this is not only a referral with office numbers and
21 addresses, I think it is quite revealing by itself. A
22 quick look at it would show you that in the Province of
23 Quebec we have fourteen mental hospitals with a total
24 number of beds of 21,000 and we have general hospitals
25 that come up with a total of 400 beds; we have nursing
26 homes coming up with the total of 1500 beds for a grand
27 total of 23,200 beds in the Province of Quebec dedicated
28 or reserved for mental illness in mental hospitals. The
29 general point of view taken out of this report is that
30 90% of the services are given in Montreal City and Quebec



1 City. There is a tremendous lack of services in the
2 rest of the province. Hospitals that are located outside
3 of Montreal and Quebec do not provide any treatment at all
4 except for good custodial care. The general hospital
5 located in Montreal and in Quebec in number of eighteen --
6 it is five cities that have general hospitals with
7 psychiatric units and the rest of the province has a public
8 education body. We are quite interested in enlarging or
9 developing public opinion that would help us or would help
10 create a political influence to extend services or decen-
11 tralize the services and make it available to all units in
12 general hospitals. An Association, a private Association
13 like us cannot do it alone, needs the help of the
14 Provincial and Federal Governments.

15 THE CHAIRMAN: I was going to say the
16 Commission is very much concerned with this problem of
17 mental illness and it is one of the subjects which we are
18 making special studies of. We have commissioned two
19 special studies in this field alone and your submissions
20 and the supplementary material that you have filed with us
21 today will go to our project directors as well as the
22 evidence we have heard here today. To that extent, perhaps,
23 we do not perhaps make as minute an investigation because
24 we have set up these two special commissions to look into
25 this one subject.

26 LT. COL. HOLLAND: As a closing
27 remark I would like to assure the Board Members of the
28 Commission that my lack of large words today is not an
29 indication of my lack of enthusiasm for the work we are
30 doing merely because I feel my associates could answer the



1 questions a lot better than I.

2 THE CHAIRMAN: We have had a very
3 helpful afternoon with you and are very grateful for your
4 submission.

5 We will take a short recess now.

6
7 ---Short Recess.

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SUBMISSION OF
THE ASSOCIATION OF GENERALISTS OF THE MEDICAL DISTRICT OF
MONTREAL

APPEARANCES:

DR. GERARD HAMEL

THE CHAIRMAN: This will be Exhibit
No. 231.

DR. HAMEL: We appear here before a
Federal Commission which is authorized to conduct an inquiry
on health services presently given to Canadians, and
secondly to make recommendations on measures designed to
improve these health services. Even if we recognize the
participation, or the assistance of State should be done
exclusively by the Provincial Government, nevertheless we
are aware that the results of this survey may be used as a
reference source by the Provincial authorities, whether
they be medical or governmental authorities.

Our Association includes all general
practitioners in the District of Montreal. In other words,
the territory covering the whole of Montreal and the south
bank of the St. Lawrence River. The population served
represents about one-tenth of the entire Canadian popula-
tion. The quality of medical care given by the general
practitioners can be considerably influenced by conditions.
This justifies in our brief the description of an abnormal
situation in Montreal, which jeopardizes the practice of
medicine by general practitioners.



Recommendations.

1. Respect of freedom of choice of doctor by the patient;
2. Doctors ought to be remunerated suitably for the time they devote to teaching;
3. Diagnosis centres should be created as soon as possible so as to lessen useless hospitalizations and to allow doctors to make more exact diagnoses.
4. Integration of the general practitioner into all general hospitals, affiliated or not with the university, for in order to be up to date and to improve himself, the general practitioner must frequent the hospitals;
5. Reappraise general medicine by the methods recommended on page 8 of the brief;
6. Make general medicine more attractive so as to direct as many doctors as possible towards this branch;
7. Better distribution of specialized medical personnel across the Province.

These are general recommendations concerning health insurance plans.

1. The patient must go first of all to the general practitioner. If he consults a specialist straightaway, the latter ought to receive the same fees as the general practitioner;
2. That the doctor be paid for medical attention and the scale of fees fixed in advance between the insurer, the doctors and the insured persons, right from the beginning under professional control;



- 1 3. That the scale of fees be established in accor-
2 dance with a general system of classification
3 for medical attention;
4 4. That this scale of fees be the result of a serious
5 economic inquiry in line with criteria stipulated
6 in our memorandum;
7 5. Payment for medical attention must be made with
8 regard to the service rendered and not with
9 regard to the person who renders it: for equal
10 medical services, equal fees.

11 THE CHAIRMAN: Will you be good enough
12 to explain general recommendation number 5, the payment
13 for medical attention.

14 DR. HAMEL: Payment for treatment
15 should be made on the basis of the service rendered and not
16 with regard to the person who renders it; equal pay for
17 equal treatment. On page 22 we give a further explanation.

18 THE CHAIRMAN: Did you say that the
19 general practitioner should be paid as a specialist is
20 paid?

21 DR. HAMEL: No, differently. First
22 we should look at the distinction between the fees paid in
23 a given specialization. As an example we might mention
24 that surgical fees for example, an apendectomy should be
25 the same for all surgeons. In the same way we should
26 consider fees paid for a treatment that can be given both
27 by a general practitioner and by the specialist. Even in
28 these cases the fees should be the same, because the
29 service given is the same regardless of the person who
30 gets the service. We can give an example. If you want to



1 vaccinate a child, first you must be sure that the
2 person who is going to vaccinate the child is competent to
3 do so, once this is recognized, it must be considered
4 whether the treatment is given by a specialist or general
5 practitioner, the criterion of the treatment is the type of
6 service rendered, and in this case the service consists of
7 the child being vaccinated.

8 THE CHAIRMAN: On page 17, number 4,
9 integration in all general hospitals. Are there hospitals
10 which are closed to your members?

11 DR. HAMEL: Yes, sir. In the Montreal
12 region we have a very serious problem, because patients
13 have at their disposal around 9,000 beds. These beds
14 consist of university hospitals which have a capacity of
15 around 5,000 beds. This means that these hospitals can in
16 most cases, that is in about 95% of the cases cannot be
17 treated in hospitals.

18 THE CHAIRMAN: In which hospitals do they
19 have their patients treated?

20 DR. HAMEL: Well, they are obliged to
21 send their patients requiring hospitalization, they have to
22 ask the police to have them entered in hospitals, or they
23 have to go to the hospital dispensaries. In these dispen-
24 saries the patients are treated by the resident physician
25 in the hospital. It is a daily experience in the practice
26 of a general practitioner in Montreal.

27 THE CHAIRMAN: On Friday afternoon we
28 heard that there are several private hospitals, that is
29 hospitals having a capacity of less than 25 beds, in
30 Montreal and in the surrounding area. These small hospitals,



1 are they accessible to your group?

2 DR. HAMEL: Well, sir, in the Province
3 of Quebec out of 25,000 beds in the general hospitals,
4 23,500 beds are in the public hospitals, and about 1500
5 are in the private hospitals. If all the private hospitals
6 in Quebec were open to general practitioners, it would
7 still be insufficient. We cannot foresee that the private
8 hospitals could furnish a solution to the problem of the
9 general practitioner. The few private hospitals existing
10 in the Montreal region are accessible to general prac-
11 titioners, and also in certain cases the specialists. We
12 know a great number of specialists, particularly obstetri-
13 cians, who do deliver even in these small private hospitals.

14 COMMISSIONER GIRARD: Dr. Hamel, on
15 page 17 in the French text, under Paragraph 3, where you
16 advocate diagnosis centres. Can you tell the Commission
17 where should these diagnosis centres be established, who
18 should establish them, and how will they be financed?

19 DR. HAMEL: In our idea, the place
20 where they should be established is less important than
21 the way in which the diagnosis is made. As we see it,
22 diagnosis centres should be a centre to which the patient
23 will be referred if he requires some extra examination.
24 Once such an examination is made, the patient will come
25 back to the general practitioner with the result. Such a
26 centre could be organized within a hospital, or outside
27 the hospital, but as to financing, as a result of the
28 hospitalization program in the Province of Quebec, we feel
29 now that these diagnostic centres should be financed in the same
30 way as the hospital insurance is financed.



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1 COMMISSIONER GIRARD: Well then, you
2 are not opposed to setting up these diagnostic centres in
3 the out-patient clinics, and to having these centres
4 financed by the Hospital Plan system?

5 DR. HAMEL: Well, provided that the
6 patient has a prescription from his own physician in order
7 to obtain admission into these diagnostic centres. With-
8 out such a prescription many patients will go directly to
9 these centres to have themselves X-rayed, or to obtain
10 laboratory analyses, and this may be very costly to those
11 who are obliged to pay for this. Secondly, the general
12 practitioner in other cases may also lose his patients
13 through this procedure, because it might cause certain
14 general practitioners to lose their patients.

15 COMMISSIONER GIRARD: Well, it is
16 understood that the patient should only come to a centre
17 with an authorization from his doctor. Once he has obtained
18 an analysis he should, of course, go back to the doctor who
19 sent him to the centre, and this personal doctor will act
20 accordingly.

21 DR. HAMEL: Yes.

22 COMMISSIONER GIRARD: On page 18, under
23 number 2 of the French text, you say that the doctor should
24 be paid according to treatment given, and then thereafter
25 you say that the fees will be set up according to a listing.
26 Who will set up this listing of medical fees?

27 DR. HAMEL: Well, this scale of fees
28 should be established under professional control. Control
29 may be exercised by the College of Physicians, or perhaps
30 by specialists with the help of economists or experts in



1 the field. However, in any case this listing should be
2 placed under professional control.

3 COMMISSIONER GIRARD: Could you explain
4 somewhat further as to the procedure of remunerating, the
5 payment made for the treatment given?

6 DR. HAMEL: Well, the elements of the
7 system which we have put in the appendix to our brief were
8 inserted to show the relative value of individual medical
9 treatments in the listing of types of medical treatment,
10 and we say that all treatment can't be classified according
11 to a certain factor. This factor will determine the
12 relative value of a given treatment. For example, if an
13 appendectomy is conducted this appendectomy will be considered
14 thirty times as valuable as an ordinary consultation. In
15 other words, the value of each treatment will be designated
16 according to a system of relative evaluation. Very often
17 a certain difficulty arises for a physician to establish
18 a fee for a treatment. One specialist would charge \$150.00
19 for an appendectomy, another \$200.00, \$250.00 or \$300.00.
20 This varies with the particular specialist.

21 COMMISSIONER GIRARD: In setting a
22 scale, do you take account of the time element, or do you
23 take account of the person giving the treatment, or do you
24 combine all the elements?

25 DR. HAMEL: Well, we combine a number
26 of elements here in the listing of treatments as it exists
27 in France, and of course we don't suggest that this plan be
28 adopted in the Province of Quebec as it stands. It can be
29 modified and adapted to our own conditions here, but we
30 have seen in this listing that there are a great many



1 midwives working in France, whereas in Quebec we have
2 auxiliaries of a different type. We therefore included
3 this appendix in our brief in order to suggest that a
4 similar listing or nomenclature could be set up in the
5 Province of Quebec.

6 COMMISSIONER GIRARD: You say establish
7 or set up. Well, who should establish it?

8 DR. HAMEL: In France this was set up
9 by a tri-partite commission, including financial, economic
10 experts. They also called physicians and representatives
11 of social security agencies. In the Province of Quebec I
12 believe the medical profession could call in also such
13 outside experts as was done in France, in order to set up
14 a similar nomenclature or listing.

15 COMMISSIONER BALTZAN: Dr. Hamel, I
16 assure you we are most interested in your presentation.
17 I would like to ask you, somewhere I read that you have
18 eight hundred general practitioners, is that right?

19 DR. HAMEL: Yes, this is true.

20 COMMISSIONER BALTZAN: And 400 of them
21 belong to your organization?

22 DR. HAMEL: That is right.

23 COMMISSIONER BALTZAN: Could you tell
24 me how many of the 400 that you know have hospital privi-
25 leges?

26 DR. HAMEL: About half of them, or
27 somewhat less than one-half. Those who are located in the
28 District of Montreal and who practise in the region of the
29 General Hospital, such physicians do have access to general
30 hospitals. Among the other practitioners, who practise



1 around those hospitals which are closed to general
2 practitioners, these others of course, have much more
3 difficulty in having their patients admitted to such
4 hospitals. This constitutes about half of this figure.

5 COMMISSIONER BALTZAN: What do you say,
6 Doctor, is the reason for the other half not having those
7 privileges, I didn't understand.

8 DR. HAMEL: Well, I believe that this
9 question should be raised and put to the medical officers
10 of those hospitals. A great many arguments are presented
11 by the medical officers of these hospitals. An Association
12 was recently set up of the medical boards of the hospitals
13 and the universities. This Association was studying ways
14 and means of excluding the general practitioner from the
15 hospital. It is very difficult for me to answer this
16 question because the arguments furnished by these individuals
17 are, in my thinking, not at all reasonable.

18 COMMISSIONER BALTZAN: You said that
19 they mainly concentrated on setting up ways and means of
20 excluding general practitioners. Did they take up the
21 matter of how to include practitioners?

22 DR. HAMEL: Well, I should make one
23 exception on this, recently as a result of our efforts and
24 endeavours a hospital of 1100 beds has set aside sixteen
25 beds for general practitioners in that hospital's particular
26 region.

27 COMMISSIONER BALTZAN: Thank you,
28 Doctor. You mentioned here organizing a system to send
29 persons to first the general physician. Do you make that
30 an optional right or would you state that should be the rule?



1 DR. HAMEL: Well, this should be the
2 rule, should be compulsory and for several reasons. In
3 the society of the future we have to fear a shortage of
4 doctors, so we must avoid all useless consultation. If a
5 patient first consults a specialist, let us say a
6 cardiologist when he has a bladder ailment, such a patient
7 will involve -- will produce a useless situation because
8 the specialist he consults is trained to deal with more
9 important cases, so by eliminating this treatment we will
10 avoid useless consultation.

11 COMMISSIONER BALTZAN: You use the
12 word it should be made compulsory. I am not going to ask
13 you how to make that compulsory. I am going to ask you
14 this, at the same time I believe you subscribe to the
15 principle of free choice of doctors on the part of the
16 patient. Does that right not also extend to his privilege
17 and right to choose his specialist if in his own opinion
18 he can get satisfaction there even though his choice may
19 be a wrong one?

20 DR. HAMEL: Well, we anticipated this
21 question, sir. We state that in cases in which a patient
22 first goes to a specialist the specialist should receive
23 the same fee as the general physician.

24 COMMISSIONER BALTZAN: I am not going
25 to argue that point at the moment. Elsewhere you say we
26 feel that the Medical Board of the Province --- that is a
27 little bit new to me. What is the Medical Board of the
28 Province of Quebec?

29 DR. HAMEL: What page are you referring
30 to, sir?



1 COMMISSIONER BALTZAN: In the English
2 version on page 3, number 3. It is a simple thing, you
3 don't have to look it up. It is only because I am not
4 acquainted with your customs in grading. You say the
5 Medical Board of the Province of Quebec.

6 DR. HAMEL: I believe there is an
7 error here, sir. It should be Medical Board of the
8 Hospital.

9 COMMISSIONER BALTZAN: Yes, and obtain
10 such a certificate, the certificate would be proof that the
11 doctor is the holder of certain theoretical and clinical
12 courses.

13 DR. HAMEL: Well, sir, I believe we
14 are not at the same page. Perhaps the English translation,
15 there is a difference in the numbering in the pages between
16 the two translations.

17 COMMISSIONER BALTZAN: Page six, number
18 three, Paragraph three.

19 DR. HAMEL: We mean by Medical Board
20 the College of Physicians and Surgeons.

21 COMMISSIONER BALTZAN: Is the General
22 Practitioners Association or the General Practitioners of
23 Quebec, are they affiliated with the College of General
24 Practice in Canada?

25 DR. HAMEL: We share the same views
26 and objectives as the College of General Practitioners in
27 Canada. As a matter of fact most of the officials of our
28 Association are members of the College of General Physicians
29 of Canada, and also officials of the Quebec Division of
30 this College of General Physicians in Canada. However, this



1 College of General Physicians in Canada, its activities
2 are primarily the reporting of scientific progress of our
3 members whereas our own Association deals also with the
4 economic, social and moral interests of its members.

5 COMMISSIONER BALTZAN: You feel you
6 cannot call on them to help you out in your local problems
7 as with regard to admissions, privileges for admissions,
8 etcetera?

9 DR. HAMEL: The College of General
10 Physicians in Canada fully shares and supports our views.
11 We are not speaking of the Quebec Division because the
12 officers are the same in both organizations.

13 COMMISSIONER BALTZAN: Just a final
14 question, Doctor, have you here in Quebec or, say, Montreal
15 a department of general practice in any of your large
16 hospitals?

17 DR. HAMEL: Well, at great price we
18 have obtained from some larger hospitals an agreement to
19 set up a department of general medicine, but no such
20 department has been set up in any university hospital, not
21 yet in any case.

22 COMMISSIONER BALTZAN: In this
23 Department of General Practice a doctor has his privileges
24 to admit the patients. Would that doctor be attached to a
25 single department or several departments?

26 DR. HAMEL: In hospitals where there
27 is a general practice division physicians, administratively,
28 come under the chief of the general practice department.
29 From a clinical point of view, wherever their patients are
30 they are nevertheless under the responsibility of the



1 heads of other departments.

2 COMMISSIONER BALTZAN: How would you
3 fare, or your doctors fare in a hospital that has a
4 general practice department if you have a child you want
5 to have admitted which would go to the Department of
6 Paediatrics and at the same time you have somebody that is
7 to be admitted, who is your patient, a long-time patient
8 and has to be admitted because you suspect you might have
9 to operate on him in the next twelve hours in surgery?

10 DR. HAMEL: The physician when he treats
11 either a child in paediatrics or when he requires a case in
12 the Surgery Department must submit himself to the regula-
13 tions of these various departments in which the patient is
14 to be admitted. If the physician treats a patient in
15 paediatrics he must submit himself to the rules of
16 the other members of the Paediatrics Department, and also
17 the paediatricians, but on the other hand from the admini-
18 strative point of view, that is from the examination of
19 files, of his files, from the point of view of professional
20 ethics, he goes under the head of the General Medicine
21 Department.

22 COMMISSIONER BALTZAN: I think you could
23 clear up a point, I would still like to see how well these
24 sort of privileges would serve the purpose you want when
25 your purpose is in your daily work to look after things
26 that come under surgery, under medicine, under paediatrics,
27 under obstetrics, and then when you go into the hospital
28 you wouldn't be in a position to treat all your patients.

29 DR. HAMEL: Well, the general practi-
30 tioner has no particular status. He remains a kind of



1 consultant, outside physician. He is not part of the
2 hospital. He is not part of the various boards, of the
3 scientific activities and experience shows that a general
4 practitioner department is the best manner in which a
5 practitioner can be integrated into the hospital and often
6 the only way which this could be achieved.

7 COMMISSIONER BALTZAN: Thank you very
8 much.

9 COMMISSIONER FIRESTONE: Dr. Hamel,
10 on page 15 you present the Commission with some basic
11 considerations that you feel should guide us in considering
12 a health insurance plan. In Paragraph 3 you set out some
13 of the reasons that you do consider as to whether such an
14 insurance plan should be compulsory. Now, I understand
15 the reasons that in your opinion are in favour of the
16 compulsory plan; one, universal coverage, two, premiums
17 would be low and three, that there would be administrative
18 efficiency resulting from uniformity of operations. Now,
19 sir, are you in favour of a prepayment principle for
20 medical plans, medical care insurance plans?

21 DR. HAMEL: Yes.

22 COMMISSIONER FIRESTONE: Now, sir,
23 you then go on in Paragraph 4 and you say after you have
24 considered all the advantages that a compulsory plan would
25 offer you still feel that you would support a voluntary
26 plan because of the importance which you attach to what
27 you call freedom of action.

28 DR. HAMEL: Yes, Mr. Firestone.

29 COMMISSIONER FIRESTONE: You appreciate,
30 sir, that the different groups of people in different



10 on page 12, you give me the details of the work done
11 on the investigation that we have done and the results of it.
12 I want to know the details of the work done and the results of it.
13 of the research that you are doing and the results of it.
14 I want to know the details of the work done and the results of it.
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1 provinces have different views on the subject, and some
2 have expressed views in favour of the compulsory plan and
3 some of a voluntary plan. Now, sir, if the Federal
4 Government, in line with the constitutional division of
5 responsibility offer financial assistance to Provincial
6 plans and ask that these plans should be developed indivi-
7 dually and separately for each province and administered
8 in each province and developed in consultation with the
9 medical profession and other groups in the province, if
10 some provinces wished to have a voluntary plan such as you
11 recommend and other provinces wished to have a compulsory
12 plan, would your Association support such a plan which
13 would leave the decision as to whether it should be
14 voluntary or compulsory to the people and the profession
15 in each province?

16 DR. HAMEL: You put to me, sir, a
17 very delicate question, Mr. Commissioner. In a case of
18 that type I feel that our Association would consult the
19 College of Physicians and other associations in the Province
20 of Quebec before taking a decision, which wasn't done in
21 the past, and I am convinced in the future the relationship
22 between those various bodies will be far more developed,
23 which will enable us all to have similar views on the
24 matter.

25 COMMISSIONER FIRESTONE: You appreciate,
26 sir, that this Commission will have to offer some advice
27 to the Government on this plan, and we would find it help-
28 ful if we could have an expression of opinion as to how
29 you feel. We respect your wishes, that you wish to consult
30 the College of Physicians and Surgeons of the Province of



1 Quebec before expressing any views. Would it be too much
2 to ask you on behalf of your Association to carry on with
3 this consultation and let us have your views at a later
4 date?

5 DR. HAMEL: Yes, naturally, Mr.
6 Commissioner, if you will grant us a few weeks time. We
7 haven't had any time to do so up to now, and the submission
8 of our brief is an example of what we can do. We could
9 naturally communicate in a supplementary brief our views
10 on that.

11 COMMISSIONER FIRESTONE: This would be
12 very helpful, Dr. Hamel. Might I mention to you what the
13 Chairman mentioned earlier at Ottawa. This Commission will
14 have supplementary and final hearings in Ottawa. If it is
15 convenient for you to let us have a supplementary brief
16 we would be grateful. If you wish to appear at the sup-
17 plementary and final hearings in Ottawa and present those
18 views this will be entirely up to you, as long as we can
19 have your views before the Commission winds up its work.

20 DR. HAMEL: Our Association is greatly
21 honoured by your kind invitation and I will be most flattered
22 to transmit it to the Executive Branch of our Association.

23 COMMISSIONER FIRESTONE: We are very
24 grateful to you, and I understand we can expect a supplemen-
25 tary submission from you.

26 DR. HAMEL: Yes, sir.

27 COMMISSIONER FIRESTONE: If I may turn
28 now to page 17, Paragraph 3, you state there that diagnostic
29 centres would lessen useless hospitalization. What do you
30 mean by useless hospitalization?



1 DR. HAMEL: Well, we know with general
2 practitioners there are quite a number of patients pressur-
3 ing their doctors for admission to the hospital when this
4 involves X-ray or voluntary examinations. I will give you
5 an example, if we suspect a patient of having a stomach
6 ulcer, if we suggest an X-ray for them, the patient will
7 tell us, say, "Doctor, at the hospital it wouldn't cost me
8 anything, will you kindly have me admitted to the hospital".
9 Many doctors, in fear of losing their clients have their
10 patients admitted in the hospital, and this happens, a
11 considerable number of hospitalizations, which we consider
12 useless.

13 COMMISSIONER FIRESTONE: Now, sir, if
14 the out-patient clinics of hospitals would make it possible
15 to carry out these X-rays and other services could that not
16 meet your requirements?

17 DR. HAMEL: It certainly would improve
18 the situation in the Province of Quebec, yes, sir.

19 COMMISSIONER FIRESTONE: Would you be
20 in favour of such an extension of out-patient clinic
21 facilities in the Province?

22 DR. HAMEL: Yes, certainly, sir.

23 COMMISSIONER FIRESTONE: May I now
24 turn to your page 18, Paragraph 2, in which you recommend
25 the doctor be paid for medical services and the scale of fees b
26 fixed in discussion between the insurer, the doctor and
27 the insured person. Well now, sir, would your group be
28 in favour of doctors being paid for such services that are
29 insured by the insurer acting on behalf of the insured
30 person?



1 DR. HAMEL: Yes, certainly.

2 COMMISSIONER FIRESTONE: Would you
3 feel the fact that an insurance company or insurance com-
4 mission is paying bills to the doctor that this would not
5 affect the quality of medical care services which a doctor
6 offers his patient?

7 DR. HAMEL: This will not affect the
8 quality of the treatment given subject to the following
9 conditions: One, that there is to be selected by a
10 committee for accreditation which would control these com-
11 panies by representatives of the medical profession and
12 of the companies themselves and of the Government. I
13 suggest these insurance companies are subject to that
14 control.

15 COMMISSIONER FIRESTONE: I take it
16 from what you are saying and please correct me if I did
17 not quite understand your point, that the method by which
18 a payment is made to a doctor does not affect the quality
19 of the medical care services, that what is important is that
20 the doctor gets paid and the scheme that is developed is
21 one that is acceptable to the medical profession but the
22 method of payment does not affect the quality of medical
23 service; is my understanding correct?

24 DR. HAMEL: I am not prepared to answer
25 yes to that question, I think that some circumstances might
26 affect it.

27 COMMISSIONER FIRESTONE: Could you give
28 us an example of where it might affect the quality of the
29 service?

30 DR. HAMEL: As we say in our brief,



1 this method of payment must not be imposed upon the
2 medical profession; the medical profession must be in a
3 position to accept willingly any system of integration so,
4 therefore, all the conditions which come to life to exempt
5 that method of payment could not be accepted.

6 COMMISSIONER FIRESTONE: Just trying to
7 be helpful to you, let us assume an insurance plan is
8 worked out for the Province of Quebec in cooperation with
9 the medical profession to make sure this plan is efficiently
10 developed or efficiently administered, would your group
11 support a method of payment by this medical agency or
12 medical insurance commission to the doctor directly? You
13 would accept this service assuming that the medical pro-
14 fession has participated in the development of this pro-
15 gram and sits on the board and in any other manner that is
16 considered appropriate?

17 DR. HAMEL: But it will not necessarily
18 be the only insurance company, a single insurance company
19 having a monopoly over the payment for treatment. We
20 believe that several insurance companies should compete in
21 that field. We fear monopoly whether an insurance company
22 or the State, we are against them. We are in favour of
23 competition and in favour of several companies competing
24 with a view to having the best quality.

25 COMMISSIONER FIRESTONE: But when you
26 say you are in favour of competing plans, do you have in
27 mind both medically sponsored non-profit plans and insurance
28 plan competing against one another, is that what you have
29 in mind?

30 DR. HAMEL: Yes.



1 COMMISSIONER FIRESTONE: In what way
2 does this system which you envisage differ from the present
3 situation?

4 DR. HAMEL: It differs from the present
5 situation in the Province of Quebec.

6 COMMISSIONER FIRESTONE: Yes, at
7 present you have a voluntary system, at present commercial
8 insurance companies, at present medically sponsored plans.
9 In what way does your proposed plan improve what is aimed
10 at, that is, to achieve universal coverage in the Province
11 of Quebec?

12 DR. HAMEL: It would be that the
13 treatment would be paid by the State.

14 COMMISSIONER FIRESTONE: To whom would
15 the premium, be paid?

16 DR. HAMEL: There you are putting to me
17 a very delicate question.

18 COMMISSIONER FIRESTONE: Well, we are
19 coming to the medical profession for some advice as to what
20 kind of comprehensive and universal plan should be
21 developed for Canada and the Province of Quebec, if we
22 cannot get the advice from the medical profession, where
23 shall we get the advice from?

24 DR. HAMEL: You are quite right, sir,
25 quite right to ask the medical profession point of view.
26 However, here I must go back to my initial presentation,
27 my initial statement, that is to say, to make more progress
28 we shall have to consult the other agencies in order to
29 answer your more specific questions.

30 COMMISSIONER FIRESTONE: Would you be



DR. HAMILTON: Is correct from the

in the Province of Ontario.

DR. HAMILTON: Yes, as

present. You have a vote of 7 against, 40 present against 40

present. It is a very small majority, but it is a majority.

It would not do you good to have a plan improve what is already

in the Province. It is a very small majority, but it is a majority.

DR. HAMILTON: It would be that the

present would be said by the State.

COMMISSIONER HAMILTON: To know would

"

DR. HAMILTON: There you are putting to me

any other question.

COMMISSIONER HAMILTON: Well, we are

in the medical profession for some years as to what

kind of representative and how the plan should be

presented for Canada, and the Province of Quebec, it was

presented for the Province of Ontario, where

it was presented for the Province of Ontario.

DR. HAMILTON: You are quite right, sir.

It is a very small majority, but it is a majority.

It is a very small majority, but it is a majority.

It is a very small majority, but it is a majority.

It is a very small majority, but it is a majority.

It is a very small majority, but it is a majority.

COMMISSIONER HAMILTON: Would you be



1 prepared to take this particular question under further
2 advisement and come forward with a specific and concrete
3 proposal of how the program that you have in mind could be
4 put into practical operation in the Province of Quebec
5 including the two questions; one, who would look after the
6 medically indigent, who would administer that part of the
7 plan and how would you achieve universal coverage and how
8 can you find the most efficient operation of the system
9 including the question of payment by the insurance commis-
10 sion company or whatever you may call it, to the doctor.
11 Thank you for your cooperation, I understand you are
12 prepared to present us with these views in a supplementary
13 submission.

14 DR. HAMEL: Yes, sir, after I have
15 consulted with my associates.

16 COMMISSIONER FIRESTONE: Thank you
17 very much.

18 THE CHAIRMAN: Thank you very much,
19 Dr. Hamel, and any further material that you wish to send
20 to us if you will send it to our Secretary Mr. Lafrance
21 he will see that it reaches us.

22

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---EXHIBIT NO. 232: Submission of Canadian Psychological Association.

SUBMISSION OF
CANADIAN PSYCHOLOGICAL ASSOCIATION

APPEARANCES:

FATHER MAILLOUX

DR. ROBERT MALMO

DR. VIRGINIA DOUGLAS

DR. K. G. FERGUSON

THE CHAIRMAN: Dr. Malmo, you are the
spokesman?

DR. MALMO: May I introduce the
committee that prepared the brief. Father Mailloux is the
Chairman and spokesman; Dr. Douglas is another member and
Dr. Ferguson is another member of the committee. This
brief was prepared by this committee and I think that my
main function is to introduce the committee to you because
they are the ones that prepared it.

THE CHAIRMAN: Thank you, we are very
happy to have you here and to receive this brief.

FATHER MAILLOUX: I suppose I have to
read the summary of our recommendations and perhaps put in
a few comments to highlight some points.

THE CHAIRMAN: Whichever way you wish
to present it.

FATHER MAILLOUX: I will not say we are
representing any group in the Province of Quebec specifically,



1 because we are a national body.

2 A. Research

3 Financing Psychological Research

4 Over the past few years there has been
5 a most encouraging increase in the quantity and quality of
6 psychological research in Canada. As a result, psycholo-
7 gists have been accepting responsibility for a large
8 proportion of research in the mental health area.

9 Canadian psychologists are well aware
10 of the serious lack of well-documented knowledge on which
11 the care of our mentally ill can be based. A sound pro-
12 gram of basic and applied research provides the only answer
13 to this situation. Following are a series of recommenda-
14 tions intended to strengthen the contribution of psychology
15 to mental health research:

16 1. It is essential that available funds
17 for sponsoring psychological research in Canada keep step
18 with the rapid advances in quality and quantity of research
19 being undertaken by Canadian psychologists. Sponsoring
20 agencies in Canada should give serious consideration to
21 the likelihood of being faced with a larger share of the
22 financial responsibility for Canadian research in the
23 health area.

24 2. The researcher should be allowed as
25 much scientific freedom as possible. Grants should be
26 administered with an awareness of the fact, that as work
27 progresses, research budgets must often be modified. An
28 investigator should not be required to follow the specific
29 details submitted in his research proposal. If, in the
30 course of his work, he finds promising leads that he



1 believes will be more productive than those outlined in
2 his original proposal, he should be free to follow them.
3 The grants should be sufficiently flexible to enable the
4 investigator to make modifications within his budget so
5 long as his total expenditures remain within the amount
6 allocated to him. Sufficient control of research funds
7 can be achieved by careful auditing of expenditures by the
8 sponsoring agency and by requiring a complete report of
9 research findings.

10 3. Financial provisions should be made for
11 researchers of established competence to undertake relatively
12 large-scale, long-term research programs.

13 4. The position of psychologist-researcher
14 should be firmly established in academic, service and
15 research settings. This involves provision for professional
16 status and financial remuneration which compares favourably
17 with the status of service and teaching personnel with
18 comparable training in these settings. It also involves
19 administrative support and encouragement of psychological
20 research in academic and service settings.

21 5. Granting bodies should take care to
22 avoid too narrow a definition of what is to be considered
23 health or mental health research. Important contributions
24 have been made by psychologists working on applied problems
25 in the health area; significant developments have also
26 come from psychologists whose primary interest is in basic
27 research on human and animal behaviour. Both applied and
28 basic psychological research merit public support.

29 6. Control of the administration of
30 research grants should be shared by individuals who have



1 themselves established research competence. Competence in
2 service or administration does not necessarily qualify an
3 individual to evaluate research investigations. If a
4 sponsoring agency regularly receives a large number of
5 research proposals from the field of psychology, psycholo-
6 gists should have proportionate representation on the
7 committees which evaluate such proposals.

8 7. Grant awarding agencies should maintain
9 a reasonable balance between, and a clear distinction
10 between, grants for research and grants for service.
11 Research funds should not be used to provide services, no
12 matter how essential the services may be.

13 B. Service

14 Recommendations for Psychological Services

15 Canadian psychologists are currently
16 participating in prevention, diagnosis, treatment and
17 rehabilitation services in the health field. A large part
18 of their work brings them into contact with individuals
19 suffering from emotional and mental disturbances. As a
20 result they have become alerted to serious gaps in our
21 mental health program.

22 Canadian psychologists are convinced
23 that services in the mental health field must be improved,
24 and that they must be made available to all Canadians.
25 Attempts to bring about improvements in psychological
26 services in the mental health area have been hampered by a
27 number of factors including a serious shortage of trained
28 personnel and problems involved in establishing an accep-
29 table professional role in service settings. Following
30 is a group of recommendations concerning service needs in
the mental health area:



1. Need for Improved Services in the Mental Health Area

Any consideration of the health needs of Canadian citizens must give serious attention to the inadequacies existing in present services in the area of mental health. Future programs to assist Canadians with health care should include parallel assistance for the physically ill and for the mentally and emotionally disturbed.

2. Importance of Prevention and Rehabilitation

Care must be taken to make certain that adequate attention is given to preventive and rehabilitation services for both the physically and the emotionally handicapped. Unfortunately, in the field of mental health, these areas have been frequently neglected. This situation is wasteful in terms of both economics and human suffering.

3. Need for an Interdisciplinary Approach to Health

Problems

Many professions and sciences are contributing to the health field today. This is true in the areas of both health services and health research. Service and research personnel are being drawn from a large number of backgrounds including medicine, the social sciences, the biological sciences and special education. It should be noted that many of the nonmedical scientists and professionals bring to the health field contributions which are based upon knowledge and research developments from within their own scientific disciplines. The terms "paramedical" or "ancillary" when applied to these health personnel are frequently inappropriate and misleading.

It is essential that the administrative



1 structure within health settings provide for genuine
2 collaboration between medically trained personnel and
3 staff whose training is in the nonmedical disciplines.
4 Wherever possible, Ph.D. scientists and professionals from
5 the nonmedical disciplines should be given responsibility
6 and authority for planning and controlling the services
7 which they offer and the research which they undertake.

8 4. Shortage of Trained Psychologists in the Mental Health

9 Field

10 There is a serious shortage of trained
11 psychologists entering the mental health field. Experienced
12 staff are also being lost because of competition from other
13 settings, including universities, business, and quite
14 frequently, settings outside of Canada. A careful evalua-
15 tion should be made of this situation to discover why some
16 service settings are unable to compete for top-quality,
17 fully qualified psychologists. Factors such as financial
18 remuneration and professional opportunities and responsi-
19 bilities within these settings should receive careful
20 attention.

21 C. Academic Training

22 Recommendations Regarding Training Psychologists for
23 the Health Field

24 A section of the accompanying report
25 is concerned with the shortage of service and research
26 psychologists in the health field. Most essential is the
27 need for fully qualified Ph.D. psychologists, capable of
28 undertaking supervision and leadership of subdoctoral
29 psychologists in service settings. The availability of
30 both doctoral and subdoctoral personnel will depend upon



1 The Mental Health Grants have played a most important
2 role in enabling the universities to undertake the training
3 of personnel for the mental health field. Following is a
4 series of suggestions for improving the effectiveness of the
5 Mental Health Grants in helping to meet the demand for
6 psychologists in the mental health areas:

7 1. ~~Surveys should be made from time to time~~
8 to assure that the amounts allocated to Mental Health
9 Grants keep step with the increasing demand for mental
10 health workers and with the number of good students seeking
11 training for the mental health field.

12 2. ~~The grants should be administered so~~
13 as to encourage a reasonable number of psychologists to
14 continue beyond the Master's degree to the Ph.D. Because
15 the grants require a student to undertake to provide
16 service to the province sponsoring his training, this would
17 involve allowing the student to delay his commitment to the
18 sponsoring province, until he has completed the Ph.D.

19 3. ~~Some universities report that they are~~
20 losing good students because announcement of the Mental
21 Health Bursaries is not made until shortly before the
22 student is scheduled to begin his studies. Most students
23 make their academic plans before this time. As a result,
24 many good students accept admission to other programs or
25 even to universities outside of Canada where scholarship
26 and fellowship awards are announced at an earlier date.
27 It is strongly recommended, therefore, that a serious
28 effort be made to process applications early and to announce
29 the recipients of awards by March 31 of the year in which
30 the student is to enrol for training.



1 4. It appears that, in some provinces,
2 graduates who have received bursaries are extremely limited
3 in the positions which they can take after graduation.
4 The plan of requiring graduates to work for a stipulated
5 period in mental health settings in the province which
6 sponsored their training seems acceptable. Some provinces
7 appear to have made the further requirement, however, that
8 the graduate work only in institutions administered by the
9 provincial government. This policy prevents the graduate
10 from accepting employment in many excellent settings such
11 as general hospitals and hospitals under the administration
12 of the Department of Veterans' Affairs. Such restrictions
13 on the professional freedom of graduates should be avoided
14 whenever possible.

15 5. Some university programs offering
16 training for the mental health field operate during the
17 entire calendar year rather than the shorter academic year.
18 Where this is the case, bursaries should be administered
19 to cover the entire period in which the student is receiving
20 training.

21 6. It is important that programs of
22 financial assistance to students undertaking training for
23 mental health positions not adopt too narrow a definition
24 of training for the mental health area. Psychology must
25 approach mental health problems from many perspectives.
26 Since we do not yet know what is the "best" way to prepare
27 a psychologist for mental health service, we must continue
28 to work from the broad base of psychological science and
29 allow considerable flexibility and variation in the train-
30 ing of workers for the field.



1 THE CHAIRMAN: Thank you very much,
2 Doctor Mailloux.

3 COMMISSIONER FIRESTONE: Doctor
4 Mailloux, on page 2 in the last paragraph you say, and I
5 quote: "Sponsoring agencies in Canada should give serious
6 consideration to the likelihood of being faced with a larger
7 share of the financial responsibility for Canadian research
8 in the health area." I take it this sentence is related
9 particularly to the need for doing more psychological
10 research in Canada?

11 FATHER MAILLOUX: Definitely.

12 COMMISSIONER FIRESTONE: Now, sir,
13 where is the money coming from now to pay for the research
14 program that is going on, again in the psychological field?

15 FATHER MAILLOUX: I would say that it
16 is difficult to answer with great precision this question
17 at the present time.

18 COMMISSIONER FIRESTONE: Approximately
19 would do.

20 FATHER MAILLOUX: Well, I must tell you
21 that now a Committee is working on this particular problem,
22 and you may have more specific information later, but what
23 we must say now is that now probably a larger amount of
24 money is coming for research in this country from United
25 States sources than from Canadian sources, probably more
26 than 50% of the money.

27 COMMISSIONER FIRESTONE: Do you know
28 how much money we are spending on psychological research
29 in Canada now?

30 FATHER MAILLOUX: I don't think we can

Doctor Malinow.

Malinow, on page 2 in the last paragraph you say, and I quote: "Increasingly agencies in Canada should give priority

in the health area." I take it this sentence is particularly to the need for doing more psychological

WATKINS MALINOW: That's right.

where is the money coming from now to pay for the research program that is going on, again in the psychological field

WATKINS MALINOW: I would say that it

is difficult to answer with great precision this question

at the present time.

COMMISSIONER WATKINS: A good many

would say

WATKINS MALINOW: Well, I would say that

that now a Committee is working on this particular problem

and you may have more specific information later, but what

we must say now is that there is a larger amount of

money coming for research in this country than there

was some years ago from Canadian sources, possibly more

than that of the United States.

COMMISSIONER WATKINS: Is that right?

Now what money we are spending on psychological research



1 answer this question at this present time. Again this
2 will be supplied to you if you so wish later on, because
3 there is another committee of the C.P.A. working on this.

4 COMMISSIONER FIRESTONE: Well, you see,
5 Dr. Mailloux, we have a recommendation from you that we
6 should spend more money on psychological research in Canada,
7 with this money coming from Canadian agencies. It would
8 help us a little if we knew when you are speaking of more
9 money how much money, how is it going to be used, and
10 where is it going to come from?

11 FATHER MAILLOUX: Unfortunately one
12 couldn't answer this question. There is another committee
13 working on it, but I think that the very fact that the
14 larger part of research money is coming from abroad would
15 justify this statement.

16 COMMISSIONER FIRESTONE: We are quite
17 satisfied with the justification, but we would like to
18 go one step further, sir. We are coming to you for advice,
19 in order to offer advice to the Government of Canada we
20 need to know certain basic facts on what the research
21 program is at the moment, and where the money comes from,
22 and what increase you would recommend to us to put forward
23 to the Canadian Government if we agree with the views you
24 have put forward.

25 Would it be possible for you to make
26 available to us the information which these two committees
27 of yours are working on, but following the assembly of this
28 information we would require from you, if it is convenient
29 for you and you are willing to give us some advice as to
30 what your financial commitments you would recommend, the



1 total amount per annum, how it should be used, where it
2 should go to, and how much of this money you feel is
3 required should come from the Federal Government, because
4 as you will appreciate, sir, we are called upon to advise
5 the Federal Government and we are concerned to see what
6 contribution the Federal Government can make to an overall
7 program, and the share you expect the Federal Government
8 to contribute. Could you offer this information and
9 advice?

10 FATHER MAILLOUX: We would certainly
11 be glad to do so, sir.

12 DR. MALMO: Well, I have two things to
13 say, sir. In the first place, I think that you are per-
14 fectly right that we have to proceed on the basis of really
15 adequate information, and that is the reason why our
16 Executive appointed a separate committee to study this
17 matter, and it is a matter which requires careful study,
18 and I would say that it will take some time for this
19 committee to work it out, so that I couldn't promise you a
20 quick answer, but ultimately certainly this is the purpose
21 of the committee.

22 The second thing I would call to your
23 attention, sir, is that the statement is that, at the bottom
24 of page 2 the request is that we consider the likelihood
25 of being faced with a larger share of financial responsibi-
26 lity for Canadian research in the health field in the
27 future, and this is based partly on the fact that we do
28 know that much of our funds do come from the United States,
29 and that we cannot go on counting on this, because in the
30 event of budgetary difficulties the grants to foreign



1 countries would in all likelihood be cut before the
2 domestic ones. This is the sort of reason that lay behind
3 that statement.

4 COMMISSIONER FIRESTONE: Dr. Malmo, if
5 I understand it correctly, your Association is making two
6 points. One that the total amount available for research
7 in the psychological area is inadequate, and secondly that
8 a good portion, perhaps over half of that money is coming
9 from other countries, namely the United States, and you
10 would like to see(A),an increase in the total amount, and
11 (B), be assured of the continuity of these funds if the
12 monies that flow from the United States are reduced?

13 DR. DOUGLAS: We haven't made the
14 statement that the amount presently available is inadequate.
15 We don't want to make that statement until we see what is
16 happening so far as our sources are concerned. At the
17 moment I don't think we are prepared to say that there is
18 not enough available for good research studies. We want
19 to check this.

20 COMMISSIONER FIRESTONE: Well, maybe
21 I didn't quite understand Dr. Mailloux then. Did I not
22 understand that some young men had not been able to
23 proceed with research programs because they had not been
24 able to obtain the funds?

25 FATHER MAILLOUX: Yes, I think there is
26 a good number of young people now who definitely cannot
27 proceed, and I think also since you ask about how the
28 money should be distributed, I think there is another im-
29 portant remark to make here.

30 We have in Canada a good number of



1 researchers, who are very well established with international
2 reputations and so on, who would need to pursue their
3 work on a quite sizable amount of money, and would need to
4 be assured of continuity, and this is why we have lost for
5 a number of years a good number of our best people in the
6 field, because they could never be assured of that. The
7 situation has improved, I might say, a little bit, but
8 still it is a question year after year of trying to fill
9 the gap and I think it is a most nebulous situation.

10 COMMISSIONER FIRESTONE: In other words,
11 you say if I understand you correctly, that if there were
12 increased funds for research in Canada we would retain
13 many of these bright young people to do their research
14 here and then practise when they completed it, is that a
15 point you are making?

16 DR. DOUGLAS: Yes, we could keep our
17 best people, have other people trained with them, and then
18 these young people would be inclined to get the best of
19 their training right here, instead of going abroad for
20 long periods of time, and most of the time they remain
21 there.

22 COMMISSIONER FIRESTONE: It would seem
23 that you have been making rather a strong case that we do
24 not have enough research funds available to achieve this
25 objective at the present time, is that what you are saying?

26 FATHER MAILLOUX: Yes.

27 COMMISSIONER FIRESTONE: I don't want
28 to get into the question of what extent the funds are
29 adequate or inadequate. I am just concerned with the
30 principle, and I would be quite happy to accept your



1 assurance, Dr. Malmo, that you make a supplementary report.

2 One small point, you referred that it may take quite a

3 bit of time until you get the reports of your committees.

4 I take it, sir, that if we are to get the supplementary

5 submission from you, we might expect it, say, in a period

6 of several months, three or four months, rather than three

7 or four years?

8 DR. MALMO: Yes, I think that is
9 reasonable.

10 COMMISSIONER FIRESTONE: Because with-
11 in that period it would be very useful to us, and we would
12 hope to have your guidance before we make any recommenda-
13 tions to the Government. It would be much better substan-
14 tiated.

15 DR. MALMO: I would certainly think it
16 would be closer to the first time that you mentioned.

17 COMMISSIONER FIRESTONE: Should Canada
18 develop a medical care insurance scheme that is comprehen-
19 sive and applicable to all parts of Canada, should such
20 a plan in your opinion include for medical services con-
21 nected with mental ill health in addition to physical ill
22 health?

23 FATHER MAILLOUX: I think that it is
24 very hard for any one of us to answer this question on
25 behalf of the Association, because definitely the Associa-
26 tion has never given consideration to this. Of course,
27 we have been rather new in this field, as you know, and
28 we are not I don't think, in a position now to give really
29 competent advice on such a problem. I wouldn't dare to
30 do so.



What you are talking about

One small point, you refer to these as my own ideas

bit of time would you get the rest of your committee

I take it, that if we are to get this supplementary

information from you, we might expect it, say, in a period

of several months, three or four months, before that time

on 10th year?

necessary.

In that period it would be very useful to us, and we would

hope to have your evidence before we make any recommendations

to the Government. It would be much better than

that.

Yes, indeed. I would certainly think it

would be closer to that time than you mentioned.

develop a medical care insurance system, and it is necessary

to give and appliances to all sorts of cases, and to

a plan in your opinion, looking for medical services, and

to deal with these in the future in connection with physical

health?

That is exactly what I want to know.

very hard to say one of us to answer this question

of the Association, because obviously the Association

has never taken any action on this. On the other

we have been rather busy in the last few years, and

we are not I don't think, in a position now to give

any answer to such a question. I wouldn't like to



1 DR. DOUGLAS: I think your question
2 was whether mental health services should be covered, not
3 whether psychological services. I don't think there is
4 much doubt in the replies we had from the members of our
5 Association that the members feel very strongly that the
6 needs of the people with mental health problems should be
7 included. We also feel that many psychological services
8 should be covered, but what we are not ready to say at
9 this point is which ones.

10 COMMISSIONER FIRESTONE: That is a
11 very helpful suggestion. I then gather that your Associa-
12 tion would be in favour of having mental medical services
13 included in the comprehensive program. Are you giving
14 consideration to which areas of the psychological field
15 should be included? Is that subject under discussion?

16 DR. DOUGLAS: This is the study that
17 we are recommending that our Association now take under
18 consideration. We have many ideas on this, but we are not
19 yet ready to give a unified opinion on it.

20 FATHER MAILLOUX: Many times also I
21 must mention that here psychological services may be
22 connected with physical ailment as well, and in the field
23 of rehabilitation they are physically handicapped, so I
24 think in such circumstances it should be included as well.

25 COMMISSIONER FIRESTONE: Well now,
26 just to bring this point to a conclusion, if you ~~are~~ giving
27 some further consideration to this point, as to what type
28 of psychological services should be covered, do you think
29 you might come to some general understanding over the
30 next three, four, five months, and such understanding if it



1 has been arrived at within that period be communicated to
2 the Commission in connection with the other supplemental
3 information you may make available to us.

4 FATHER MAILLOUX: Yes, I might
5 at least mention here it is at the present time tax exempt.
6 There is a great amount of inconsistency across Canada.
7 It depends very much on the local officials and so on.
8 Perhaps this should be clarified.

9 COMMISSIONER FIRESTONE: Do I under-
10 stand this observation, Father, that this matter is still
11 under consideration by your Association, and that you
12 expect in the course of a number of months to come to some
13 conclusion as to what areas you feel should be covered as
14 part of mental health service. Is that under consideration?

15 FATHER MAILLOUX: Yes.

16 COMMISSIONER FIRESTONE: Would it be
17 possible to say, that if you come to some conclusion in
18 this field you will communicate that to the Commission.

19 DR. DOUGLAS: This is quite possible.
20 I would expect we could answer this question within four
21 to five months.

22 COMMISSIONER FIRESTONE: That is very
23 helpful, and we appreciate the courtesy, your being willing
24 to do a little extra work. It will help us a great deal.
25 Thank you very much.

26 COMMISSIONER BALTZAN: I think we need
27 you and your work now more than ever before, at least to
28 be able to give a good definition of what can be considered
29 normal as against all the evidence brought for those who
30 are considered abnormal. I want to thank you for your



1 booklet that is there before you because it has brought me
2 up to date on the contemporary history in relation to this
3 problem. You have a word in there, I have forgotten, it
4 is something like opinicon. Before you go I want to look
5 this up. Just this question so I can get fairly integrated
6 into your problem. You stress basic research, and you
7 also -- that is within normal mental and emotional conditions,
8 you want more of that work conducted and conducted here.
9 You also want to have clinical research as a coincidental
10 project, and you want finally to try to help integrate the
11 psychologist within the mental, or shall we say the medical
12 team. Those three requirements in your submission, you
13 make a plea for those three things.

14 FATHER MAILLOUX: Yes.

15 COMMISSIONER BALTZAN: I presume I am
16 correct when I say the emphasis here, up to now has been
17 mainly on the academic work of the psychologist.

18 FATHER MAILLOUX: We are looking for
19 integration in both fields, of the services and research
20 setup because I think it is becoming more and more obvious
21 as we gather research data that to have research involves
22 many different factors. Just to give an example, for
23 instance, you have cultural pressure, that for instance may
24 force people to adopt certain diets, so even cultural
25 anthropologists may make a very great contribution but
26 it seems very important for us now. We can say as much for
27 social factors and what not, emotional factors and so on,
28 but what seems of importance to us now, of course, if we
29 develop our techniques, and now we have acquired a very
30 large amount of research device and so on, we should have



6-11-61

1 person or that is there before you because it was in the
2 up to date on the one hand, but in the other hand, it
3 program. You have a word in there, I think it's
4 is something like of course. Well, you go to look
5 this up. Just this question is, I am not really interested
6 into your program. You have a word in there, and you

7 also -- that is with normal people and a normal condition
8 you want more of this word, and you want more of
9 you also want to see if it is possible to do a collection
10 project, and you want finally to try to help in the end

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17 COMMISSIONER OF PRISONERS: I presume I am
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20 PRISONER: We are looking for
21 integration in both fields of the prison and the
22 action program. I think it is becoming more and more common
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1 some policy to organize structure line-work along these
2 lines, develop our own ideas, and the same thing I think
3 applies in the field of applied psychology. There are
4 many problems we often at times don't dare to tackle
5 because it may appear to others it is outside the field,
6 which it is not, because we are bound to present that kind
7 of approach or attack a problem through this procedure
8 because it is a major concern for us dealing with individuals
9 we oftentimes don't consider as sick. We are involved in
10 many colleges. We are dealing with adolescents who are
11 going through very serious emotional crises. They may end
12 up in psychosis, that sort of thing, also in the childrens'
13 agencies or residential treatment agencies, juvenile
14 delinquent agencies, we have to deal with it at this
15 stage before they are ending up in a serious condition.
16 Also in the field of rehabilitation we have to deal with
17 a great many of these children and adolescents going back
18 to society after having been in institutions, who were very
19 maladjusted, afraid to meet people, don't want to go in
20 the store to buy clothes. No one would consider them as
21 psychotics or neurotics by general standards. There is a
22 whole field there where a great amount of research is
23 needed, and also service work.

24 COMMISSIONER BALTZAN: Applied
25 psychology, as it stands today is a reality.

26 FATHER MAILLOUX: Definitely a
27 reality.

28 COMMISSIONER BALTZAN: You want to
29 see it in practice.

30 FATHER MAILLOUX: I would say here that



1 research in this particular area has certainly not
2 adequately started in Canada.

3 COMMISSIONER BALTZAN: Thank you very
4 much.

5 THE CHAIRMAN: Thank you Dr. Malmo,
6 Dr. Douglas, Father Mailloux, Dr. Ferguson. We are
7 grateful to you for this scholarly brief. In particular
8 I think I may, on behalf of our research staff, thank you
9 for the bibliography at the end of the brief, because it
10 is going to be very helpful to them in pursuing the
11 consideration of your submissions and in evaluating any
12 subsequent information that you will be able to give to us.
13 We would be very glad to have the additional information.
14 We want to thank you for your assistance here today.

15 FATHER MAILLOUX: Thank you very much.

16 THE CHAIRMAN: We will rise now until
17 nine o'clock tomorrow morning.

18
19 ---Adjournment.

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ROYAL COMMISSION ON HEALTH SERVICES

ENGLISH VERSION

HEARINGS

HELD AT

MONTREAL

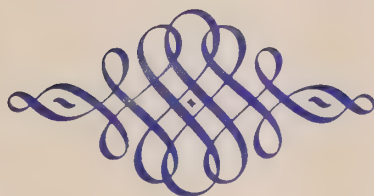
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VOLUME NUMBER :

46

DATE :

APRIL 17 1962



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1
2 ROYAL COMMISSION ON HEALTH SERVICES

3
4 Proceedings of the hearing held
5 at Montreal, Tuesday, 17th day
6 of April, 1962.

7 COMMISSION MEMBERS:

8 Chief Justice EMMETT M. HALL -- Chairman

9 Miss ALICE GIRARD, R.N.

10 Dr. DAVID M. BALTZAN

11 Prof. O. J. FIRESTONE

12 Mr. M. WALLACE McCUTCHEON, Q.C.

13 Dr. C. L. STRACHAN

14 Dr. ARTHUR F. VAN WART

15 COMMISSIONER COUNSEL:

16 Mr. R. N. HALL, Q.C.

17
18 MEDICAL CONSULTANT:

19 Dr. PIERRE JOBIN

20 DIRECTOR OF RESEARCH:

21 Prof. BERNARD BLISHEN

22
23 SECRETARY:

24 Mr. N. LAFRANCE
25
26
27
28
29
30



ANGUS, STONEHOUSE & CO. LTD.
TORONTO, ONTARIO

Montreal, P.Q.
Tuesday,
April 17, 1962.

--- On commencing at 9.00 a.m.

THE CHAIRMAN: Monsieur Larue, I
believe you have a brief to submit?

SUBMISSION OF

MR. J. P. LARUE

Appearances:

Mr. J. P. Larue,

Mrs. J. P. Larue,

Dr. C. Houle

MR. LARUE: Mr. Chairman, gentlemen
and ladies, I have the honour to submit to you the
following brief. I didn't feel it necessary to submit
a brief to your Commission in view of the fact that my
ideas on health insurance were not in conformity with
the statements given by the groups with which your
Commission has consulted.

I am connected from the first of March,
1934 to the 7th of June, 1937 with this plan, and it was
recognized as a complete success. I realize therefore
that in order for a valid opinion, we must have complete
studies on this matter, taken over several years. I
can also have an opinion, which is not only a theoretical
one, but is based on three years of actual experience.
I am therefore the only Canadian to have such experience
as the Blue Cross. This gives me an incontestable right



Larue

1 of considering myself a pioneer of health insurance in
2 Canada.

3 In 1957, after I had conducted my
4 experiment, I began a seven-month study in order to
5 finalize an insurance plan, in order to publicize this
6 plan, which was recognized as an ideal health insurance
7 plan, which meets in all points the way of life of our
8 country, I then submitted a copy of this plan to the
9 Junior and Senior Chambers of Commerce, and many other
10 associations and unions. The latter submitted this plan
11 in turn to the Ministry of Health, without any further
12 consideration. I therefore considered my plan would
13 not be considered by the governments.

14 I proposed in my plan the elimination of
15 private mutual and commercial insurance companies, as
16 well as the Department of Health Insurance, including
17 the companies that are organized for life insurance.
18 I proposed the following programme. That a national
19 organization should be set up by the Federal Government,
20 but administrated by the Provincial Government. The
21 family contributions would be collected by the Federal
22 Government and distributed on a pro-rata basis to the
23 Provincial Governments.

24 As I stated in my plan, the contribution
25 of each family would be \$3.70 per week, and the
26 contribution of the employees would be met by an equal
27 contribution. All families would have the right to
28 medical services, including visits to the doctor, as
29 well as visits by the doctor to the homes of the patients.
30 It would also include maternity cases and psychiatrists,



1 denists, etcetera, and surgical operations, and the
2 services of the anaesthetist, and laboratory services,
3 operation room fees, etcetera. The rates for these
4 services would be established after an agreement be-
5 tween the organization of health and the college of
6 each professional group, as well as the association of
7 hospitals in each province.

8 A table is attached to my plan, which
9 gives the result of the revenues and the expenditures
10 which are based on the year 1961. The income from this
11 plan would be in the order of 919 million dollars, and
12 the expenditures in the order of 570 million dollars.
13 The surplus would be granted to support the family of
14 the hospitalized person.

15 This proposal should be accepted because
16 it is based on a democratic principle, namely, govern-
17 ment of the people by the people. This principle has
18 often been proclaimed by our country, but we have other
19 influences. The insurance companies would be one of
20 the major influences in blocking this democratic method.

21 It is quite evident that if my programme
22 were adopted it would meet the entire needs of the
23 population of the country. Within a short time it would
24 meet all the needs of the country. It would be within
25 the means of all citizens, who would find perfect
26 tranquillity and reassurance, and would no longer be
27 haunted by the fear of a terrible illness for which he
28 would be ill prepared. He would know by that time that
29 all his property and savings would be free from all of
30 the menaces that hovered over them.



Larue

1 Governments are responsible for the
2 health of the country. However, governments do delegate
3 powers to certain groups. We know that it is the
4 immediate task of government to meet the desire of the
5 entire population, and to do this even to the detriment
6 of certain private interests.

7 Well, a great deal of discussion has been
8 held on this subject of hospital insurance in the Federal
9 and Provincial Governments. What is the result? The
10 result is that there have been gaps, and there should
11 be amendments made to these plans. Perhaps it would
12 have been more logical if the Ministers of Health had
13 consulted experienced people on these steps.

14 In 1957 I sent the Ministry of Health
15 my plan, and never received a reply. I did this again.
16 I also offered my services to the Chairman of your
17 Commission, and he replied that the appointment of
18 Commissioners was the duty of the Cabinet. It was
19 therefore considered right to appoint a certain nurse,
20 Miss Girard, to represent our province.

21 I even asked the Minister of Health of
22 Quebec to allow me to submit my plan to actuaries of
23 the Department of Insurance to show my plan would ensure
24 the well-being of all citizens of our country, and also
25 assist the government by making certain savings.

26 I have facts and experience at my disposal
27 to prove that this plan is practical and would be in the
28 interests of the general public. The government would
29 be freed from a certain physical burden, and would be
30 free also from the obligation of floating loans, which



Larue

1 would amount to long-term interest.

2 I have never resorted to political
3 interests, but it being considered opportune to appoint
4 a Royal Commission which will, in my opinion, only issue
5 diverse opinions ----.

6 THE CHAIRMAN: Mr. Larue ----

7 MR. LARUE: Certain people will say
8 that this is socialism. Well, this is an easy way to
9 reject valid opinions, but why don't we call it
10 Christian socialism, provided that the taxpayers will
11 receive their rightful return.

12 Others will say that this amounts to
13 nationalized medicine, but this is not true, because
14 the doctors will not be submitted to any salary system.

15 As a conclusion to this submission, I
16 should like to submit to you now a copy of my plan.

17 THE CHAIRMAN: Mr. Larue, we thank you
18 for your brief. You said that the rate for each family
19 will be \$3.70 per week?

20 MR. LARUE: This means one dollar for
21 each citizen of Canada. The rate for each family in
22 Canada would be \$3.70.

23 THE CHAIRMAN: Well, the figure of
24 \$3.70, is this what would be paid by the government?

25 MR. LARUE: No, the government would
26 not pay anything. It would not have anything to spend.
27 The total would amount to 991 millions per year. The
28 excess money would be used to make family payments to
29 the family of the sick person.

30 THE CHAIRMAN: And what about families



1 that cannot pay?

2 MR. LARUE: Well then, the premium would
3 be paid by the public organizations in each province.

4 THE CHAIRMAN: How can you identify
5 these persons?

6 MR. LARUE: Well, there are needy cases.
7 There are the unemployed, we know who they are, those
8 who are unable to pay their contributions. These
9 contributions will be paid by the government, by the
10 provincial government.

11 COMMISSIONER GIRARD: Mr. Larue, how can
12 you decide, and by what study could you ascertain who
13 is entitled to receive free insurance without paying
14 premiums?

15 MR. LARUE: Well, it should be the
16 Federal Government. Well, among the needy cases there
17 are those people who benefit from social security. Those
18 who have families, dependants. In Quebec we know there
19 are families with fifteen children. It is the case with
20 my wife. Perhaps the expense would be too high. In
21 this case public welfare organizations would pay part or
22 all of the contributions.

23 COMMISSIONER GIRARD: Well, you have to
24 have a certain scale. For example, will this apply to
25 people who have fifteen children, or have five children?
26 You have to have a certain criterion.

27 MR. LARUE: Well, everything would
28 depend on the income.

29 COMMISSIONER GIRARD: You know the
30 government has many people to discuss such studies.



1 This would be one of the criteria you would use, the
2 family income. Well, what family income in your opinion
3 is required in order for the family to receive assistance
4 from the State?

5 MR. LARUE: Well, they would conduct
6 a survey at home. You can conduct a survey as to the
7 income and the dependents fees, existing in each family.

8 COMMISSIONER GIRARD: But do you have
9 any idea as to the income which would serve as a demarcation
10 point? That is, a critical income? Does your plan
11 provide for a certain income which would prove to be
12 inadequate to provide for the payment of this insurance?

13 MR. LARUE: Well, the people who would
14 be sent out would decide whether the family would be
15 able to pay.

16 COMMISSIONER GIRARD: Well, is this
17 decision left up to the government?

18 MR. LARUE: Yes, it is left up to the
19 public welfare organization of the province.

20 COMMISSIONER GIRARD: In your plan, sir,
21 did you calculate how many people would be below the
22 critical income level, and would have to have their
23 premium paid by the government?

24 MR. LARUE: Well, unemployment is pretty
25 high we know.

26 COMMISSIONER GIRARD: Well, how will
27 you establish what the plan will cost if you don't know
28 how many people will be able to contribute to this plan?

29 MR. LARUE: Well, the plan will be
30 financed partly by provincial capital. The figures given



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Larue

1 in my plan are based on past experience.

2 THE CHAIRMAN: Mr. Larue, you submitted
3 a copy of your plan to Mr. Lafrance?

4 MR. LARUE: Yes.

5 THE CHAIRMAN: Copies will be distributed
6 to each Commissioner and your plan will be studied, of
7 course, with the other submissions which we have received.

8 COMMISSIONER GIRARD: Mr. Larue, as
9 the Chairman has just stated, you submitted one copy of
10 your plan, but the other Commissioners have not received
11 copies, therefore we were unable to study your plan.

12 Generally we receive briefs two days in advance, so that
13 each Commissioner will have the opportunity to study
14 them. Unfortunately, this is a very detailed plan, so
15 that you will understand we were unable to study it.

16 THE CHAIRMAN: Each Commissioner will
17 have a copy of your plan?

18 MR. LARUE: I can give you some explan-
19 ations now.

20 In paragraph 20, in my opinion, the
21 opinions expressed before the Royal Commission will be
22 divergent, and will have no basis. I say this because
23 the Associations which have submitted briefs, these
24 briefs have been studied and based on their own particu-
25 lar interests, whereas this brief is based on the
26 interests of the public.

27 THE CHAIRMAN: Well, the Commissioners
28 will decide whether or not this is in the public interest.

29 MR. LARUE: Well, of course, it is my
30 own opinion.

My plan and board of directors

a copy of your plan to Mr. L. H. Harnett?

Mr. L. H. Harnett: Yes.

THE CHAIRMAN: Copies will be made for

to each Commissioner and your plan will be placed in

course, with the other submissions which we have received

THE CHAIRMAN: Mr. L. H. Harnett, do

the Chairman has just asked, and I think one copy of

your plan, but the other Commissioners have not received

copies, therefore we were unable to make your plan

Generally we receive briefs too late to discuss, so that

each Commissioner will have the opportunity to study

them. Unfortunately, this is a very detailed plan, so

that you will understand we were unable to study it.

Have a copy of your plan?

Mr. L. H. Harnett: I can give you some explanation

of the plan.

In paragraph 46, in my opinion, the

Commissioners will be able to understand the plan

very well, and will have no doubts. I say this because

the Commission will have had ample time to study the

briefs have been received and placed on their own desks

and I believe they will be able to study the

plan of the plan.

THE CHAIRMAN: Will the Commission

will be able to understand the plan in the full measure

of the plan, or not, it is up



1 THE CHAIRMAN: We will respect your
2 opinion, of course, and I thank you very much, Mr. Larue,
3 and Dr. Houle, do you have anything to say?

4 DR. HOULE: As to the reference to
5 chiropractors in the plan, I appreciate ---

6 THE CHAIRMAN: You will appreciate that
7 we are going to have representations from the Chiropractic
8 Association?

9 DR. HOULE: Well, I am sorry to say
10 this, in view of Mr. Lesage's withdrawal of the Commission
11 on the grounds that the programme is strictly on a
12 Federal basis, the Association of Chiropractors have
13 thought it not proper to make a submission, and therefore,
14 if there is no further question I will have to let it go.

15 THE CHAIRMAN: If your Association made
16 a decision not to present a brief, naturally we respect
17 that decision, as we did the decision Mr. Lesage took
18 on constitutional grounds. If the decision of the
19 Chiropractors' Association was made on policy grounds,
20 it is a decision for which you must accept responsibility.
21 I don't think we can take a submission from the
22 Chiropractors through the side door. If they wish to
23 make a submission, we should be very glad to hear them.

24 DR. HOULE: I quite agree with you on
25 that.

26
27 --- EXHIBIT NO. 233: Submission of Mr. J. P.
28 Larue.

29 THE CHAIRMAN: Now, we will have the
30



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submission from the Catholic Hospital Association of
Canada.

THE CHAIRMAN: This will be exhibit 234.

Mother Dorais, I believe you are going
to open the discussion.

--- EXHIBIT NO. 234: Submission of the Catholic
Hospital Association of
Canada.

SUBMISSION BY

THE CATHOLIC HOSPITAL ASSOCIATION OF CANADA

Appearances:

| | |
|--------------------------|--|
| President | Mother M. Berthe Dorais, G.N.M., Montreal, Quebec |
| Chairman | Most Reverend Alexander Carter, North Bay, Ontario. |
| Past President | Reverend Raymond Durocher, O.M.I., Winnipeg, Manitoba |
| First Vice- President | Sister Mary Clarissa, C.S.M. Antigonish, Nova Scotia. |
| Secretary | Sister Mary Patricia, S.S.J. Port Arthur, Ontario. |
| Treasurer | Sister Marie Joseph, S.G.C. Ottawa, Ontario. |
| Member | Doctor Paul Bourgeois Montreal, Quebec |
| Director | Reverend Lorenzo Danis, O.M.I. Ottawa, Ontario. |
| Chairman | Sister M. Felicitas, S.P. Montreal, Quebec |
| First Vice- President | Sister Marion, S.S.J. Toronto, Ontario |
| Past Chairman | Sister Denise Lefebvre, G.N.M. Montreal, Quebec. |
| | Soeur Francoise de Chautot |



Dorais

1 MOTHER DORAIS: Mr. Chairman, I am
2 pleased to introduce the members of our delegation.
3 For the Administrative Board, the Most Reverent Alexander
4 Carter, North Bay, Ontario. For the Board of Directors,
5 Sister Marie Clarissa, First Vice-President; Sister
6 Mary Patricia, Secretary; Sister Marie Joseph, Treasurer;
7 Doctor Paul Bourgeois, a member; Reverend Lorenzo Danis,
8 Director; and Reverend Raymond Durocher, past President.
9 For the Canadian Conference of Catholic Schools of
10 Nursing, Sister M. Felicitas, Chairman; Sister Marion,
11 First Vice-Chairman; Sister Denise Lefebvre, past
12 President; Councillor, Soeur Francoise de Chautot

13 THE CHAIRMAN: We welcome your disting-
14 uished delegation.

15 MOTHER DORAIS: Mr. Chairman and Members
16 of the Royal Commission on Health Services:

17 We would like to thank you for the
18 opportunity of appearing before you and presenting for
19 your consideration a brief from the Catholic Hospital
20 Association of Canada. Associated with us in this
21 presentation is the Canadian Conference of Catholic
22 Schools of Nursing.

23 The Catholic Hospital Association of
24 Canada is a Federation of the Catholic Hospital Conferen-
25 ces of the different provinces. The Canadian Conference
26 of Catholic Schools of Nursing is directly responsible
27 to the Catholic Hospital Association of Canada.

28 We attempt, in our brief, to demonstrate
29 the historical role of the Catholic Hospitals of Canada
30 and to show how closely linked it is with the earliest



1 history of Canada.

2 We point out the reason for the existence
3 of Catholic Hospitals by indicating the salient features
4 of their philosophy. This philosophy endows them with
5 special characteristics, which we feel, justify their
6 continued existence as a separate entity, while co-
7 operating closely with other hospitals, with the
8 communities in which they are located and with the various
9 levels of Government.

10 I. THE ESSENTIAL CHARACTERISTICS OF CATHOLIC HOSPITALS
11 TO BE SAFEGUARDED.

12 The availability of Hospital Insurance
13 to the people of Canada has changed the financial
14 relation of the hospitals with the people, without,
15 however, changing the essential characteristics of our
16 Catholic hospitals.

17 Recommendation 1

18 We respectfully recommend to the Commission
19 that they urge the Federal Government to
20 safeguard in every way possible the
21 essential character of the Catholic hospi-
22 tals.

23 We point out in particular the vital role
24 which the presence of a chapel and the availability
25 of a Chaplain play in our very existence. But because
26 these have budgetary implications we recommend to the
27 Commission that where Provincial Governments do not
28 approve as operating expenditures Chaplain's salaries,
29 or where funds are not available for the construction
30 of Catholic chapels, the Government ensure that some



1 source of revenue be left available to the voluntary
2 institutions in order that these essential elements
3 of their character be preserved.

4 II COOPERATION BETWEEN HOSPITALS, LOCAL COMMUNITIES AND
5 GOVERNMENTS TO ENSURE ADEQUATE STANDARD OF CARE

6 We would like to stress our belief that
7 the successful operation of our hospitals depends on
8 agreements arrived at in a true spirit of partnership
9 between the hospital, the local community and all
10 levels of government. This necessitates extensive
11 consultation between all parties involved.

12 Recommendation 2

13 That the Federal Government ensure in its
14 agreements with Provinces and in its
15 acceptance of the plans of administration
16 as submitted by them, the availability to
17 the individual hospitals of adequate pay-
18 ments for the provision of an adequate
19 standard of patient care.

20 III PROVISION FOR SOUND FINANCIAL STABILITY TO ASSURE THE
21 CONTINUATION AND DEVELOPMENT OF CATHOLIC HOSPITALS

22 To illustrate the present status of the
23 Catholic hospitals, we point out that of some 87,803
24 general hospital beds in the country, 35,149 or
25 approximately 40%, are owned by Religious Orders. In
26 terms of capital, these beds and equipment were valued
27 in 1958 at approximately \$350,000,000. It is
28 difficult to imagine the implementation of Universal
29 Hospital Insurance in Canada were these beds not
30 available.



1 We draw the Commission's attention to some
2 of the difficulties resulting from the implementation
3 of the various Dominion-Provincial agreements for the
4 provision of hospital insurance. We wish particularly
5 to record the omission in the "Hospital Insurance and
6 Diagnostic Services Act" of recognition of interest on
7 capital and short term loans, and of depreciation of
8 buildings and physical plant, as a real cost of
9 operation.

10 However, pending a satisfactory solution
11 to this problem, we continue our ownership and operation
12 of hospitals in a spirit of true partnership with the
13 communities in which they are located and with all
14 levels of Government.

15 Recommendation 3

16 That the Royal Commission on Health Services
17 urge the Federal Government to establish
18 a "Bill of Rights" for those non-profit
19 institutions under private ownership, in
20 order to produce in those institutions the
21 sense of security and serenity so necessary
22 for their continuation, development and
23 effectiveness.

24 We also recommend the revision of
25 the "Hospital Insurance and Diagnostic
26 Services Act" to secure recognition of
27 depreciation of buildings and physical
28 plant, and of interest on capital and short
29 term loans, as a shareable cost of operation.
30

IV RECOGNITION OF CATHOLIC NURSING EDUCATION AT ALL LEVELSa) Continued recognition of a Diploma Program of Nursing.

We are convinced that the future of the diploma program will depend entirely on the manner in which the schools are prepared to meet the challenge of improved nursing education in the immediate future. We recognize the complexity and disadvantages of providing education and, at the same time, exacting service in payment for this education. One advantage of the independent school is the ability to regulate the amount of service to be provided by the student nurse according to her educational needs.

Recommendation 4

That adequate financial assistance be provided to schools of nursing, not only to maintain their present status, but to make much-needed improvements in the immediate future;

That such financial support provide for adequate salaries to employ and retain the required number of qualified nursing educators (administrative, supervisory and teaching);

That because of their past valuable contribution in all fields of nursing, the Sisterhoods be given an opportunity to devote themselves to all forms of existing programs and to participate in the planning



1 and execution of new programs;

2 That whatever may be the future system of
3 financing for nursing education, provision
4 be made for Catholic Schools of Nursing
5 to receive the same consideration as other
6 schools of nursing. This has also been
7 strongly recommended by the Canadian
8 Nurses' Association.

9 b) Recognition and subsidization of Degree Programs

10 Degree programs are conducted by univer-
11 sities or affiliated colleges. Their aim is to
12 prepare nurses for leadership positions including
13 teaching, supervision, administration and public
14 health.

15 Because of the need for a larger number
16 of nurses with such preparation for teaching and
17 supervisory positions, we support the degree programs
18 and urge their expansion. We further support the
19 recommendation of the Canadian Nurses' Association
20 and the Canadian Conference of University Schools
21 of Nursing in their requests for financial assis-
22 tance for such programs, for the preparation of
23 their teaching personnel and for bursaries and
24 loans to students enrolled in them at all levels.

25 Recommendation 5

26 That the contribution of Catholic Univer-
27 sities and Colleges in this field be
28 recognized and encouraged by such financial
29 help as is necessary to strengthen the
30 present programs, and that such facilities

"and however may be the future, when it
finances a for nursing education, provided
be made for Graduate Schools of Nursing
to receive the same consideration as other
schools of nursing. This has also been
strongly recommended by the Canadian
Council on Education.

of the affiliated colleges. Their aim is to
teaching, supervision, a ministerial and public
health.
because of the need for a larger number
of nurses who are competent in the teaching and
supervisory positions, we suggest the same program
and urge their expansion. We further suggest the
recommendation of the Canadian Nurses' Association
and the Canadian Conference of University Schools
of Nursing in their support for financial aid
same for these programs. For the preparation of
these nursing, educational and for research and
loans to students enrolled in these schools.

Recommendation 2

that the contribution of the nursing
schools and colleges in this field be
recognized and encouraged by each financial
body as it is necessary to attract more
present programs, and that in addition



be extended to the areas of the country where they are now non-existent, so that such advanced education under Catholic auspices be available for those desiring it.

c) Right of training Nursing Assistants

In some provinces nursing assistants are prepared either in hospitals or in vocational schools. In others, these courses are restricted to vocational schools only. In the latter case it is impossible for candidates, who might so desire, to secure their preparation under Catholic auspices.

Recommendation 6

That provision be made in each province for the education, under Catholic auspices, of nursing assistants for those who wish to avail themselves of such education.

d) Availability of bursaries for preparation of qualified Nursing Personnel.

We recognize the need for well-qualified nursing personnel for various positions at all levels of responsibility in hospitals and schools, and for financial help for nurses preparing for such positions.

Recommendation 7

That financial support in the form of bursaries adequate in number and amount, leaves of absence with pay, etc., be made available by the Government to prepare urgently needed personnel for:



Dorais

1) specialized nursing care; 2) administration and supervision of nursing service; 3) teaching in hospital and other basic schools of nursing; 4) teaching in College and University nursing programs.

e) Institution of research programs in the nursing field

The Catholic Hospital Association of Canada recognizes that the continuous acquisition of knowledge is essential to a profession serving a dynamic society.

Recommendation 8

That research and experimentation be carried on 1) in relation to patient care 2) in relation to administration of nursing service 3) in nursing education.

CONCLUSIONS

We would ask the Federal Government to recognize the necessity of the Catholic Hospitals in our Canadian culture. We stress the vital importance for Catholic hospitals to receive such financial assistance as will enable them to give a standard of patient care and a quality of education in keeping with their tradition of work in the Canadian health field, without suffering invidious comparison with publicly owned institutions.

We again thank the Honourable Chairman and Members of the Commission for their hearing of our submission. We are prepared to answer questions directed to us within the limit of our competence.



1 THE CHAIRMAN: Thank you very much. I
2 think we will have some questions to put. I don't think
3 we will doubt your competence. You may doubt the
4 competence of some of the relevance of the questions, that
5 kind of thing. I suppose it is a fact that hospitals,
6 some hospitals under Catholic auspices are devoted to the
7 care of mentally ill.

8 MOTHER DORAIS: Yes, Mr. Chairman. We
9 have a number of them in the Province of Quebec.

10 THE CHAIRMAN: Have you any views to
11 express as to whether such hospitals, the operating cost
12 of such hospitals should be brought under the Hospitaliza-
13 tion and Diagnostic Services Act?

14 MOTHER DORAIS: We feel that this matter
15 has not been cleared with our directors, but personally
16 speaking I would say, Mr. Chairman, that we feel it should
17 be brought under the Hospital Services and Diagnostic
18 Act, because of the close integration of care of these
19 patients and the care of such patients that may be admitted
20 to general hospitals.

21 THE CHAIRMAN: We have received recommen-
22 dations from one end of the country to the other that this
23 be done, and we are anxious to know what the views, what
24 your views are, representing as you do, such a large
25 segment of the hospital field in Canada.

26 MOTHER DORAIS: I might, with your
27 permission, Mr. Chairman, have Father Durocher comment
28 on this.

29 FATHER DUROCHER: I feel it is kind of
30 a discrimination at the present time, not kind of



1 discrimination, but it is discrimination against this
2 particular kind of sick person, and those who take care
3 of him. I would include, of course, the people who have
4 tuberculosis, that were deliberately excluded, most likely,
5 because they are very long term care situations, but this
6 is precisely the kind that cost a lot of money and which
7 take up a lot of provincial funds which might prevent
8 the provincial government from doing what they are actually
9 doing for the acute care hospitals. There is a very
10 direct connection between Federal participation in the
11 hospitalization plans and the expansion of these plans
12 and the care of the mentally ill and tubercular patients
13 in the sense it does affect the amount of money the
14 provinces can allocate to health in general. If they got
15 more money for the tubercular and mentally ill they would
16 have more money available for other kinds of health care.
17 We, I think, as Catholic institutions, are perhaps more
18 and more concerned because, at least, the trend in
19 Western Canada, that I have seen, is that the Sisters in
20 shifting over from certain kinds of care that are less
21 required now are being asked to go more and more into the
22 field of long term chronic and mentally ill care. In
23 that sense we will be more and more concerned with the
24 problem. Does that satisfy?

25 THE CHAIRMAN: It is not a matter of
26 satisfying, Father Durocher, it is a matter of having an
27 expression of opinion of an organization such as yours
28 that are competent to put forward considered views.

29 FATHER DUROCHER: I think, no doubt,
30 Mr. Chairman, in all parts of Canada, if the present plan



1 of Federal assistance for hospitalization is continued
2 that our institutions will be willing to accept and en-
3 courage the expansion of the plan to these institutions,
4 mentally ill and others.

5 THE CHAIRMAN: Advertent to recommenda-
6 tion three on top of page 4, where you ask, in fact, for
7 a Bill of Rights in connection with the religiously based
8 hospitals. Does your association foresee or fear that
9 from the trend of things as developed under the Hospitali-
10 zation and Diagnostic Service Act that there is any
11 impediment to the expansion of the religiously based
12 hospital?

13 MOTHER DORAIS: Mr. Chairman, in order
14 that there be no misunderstanding as to the stand we take
15 on this particular area of the problem, I would like to
16 ask His Excellency, Bishop Carter to tell us exactly the
17 position, the Catholic position concerning voluntary
18 institutions in our Canadian Society. From thereon I
19 would, with your permission, continue to explore the
20 question that you have asked.

21 BISHOP CARTER: Mr. Chairman, I think
22 that we have to, perhaps, lay down one or two principles
23 before we can come to a direct answer of your question
24 as to whether or not the actual existence of our Catholic
25 hospitals is being endangered.

26 In the brief itself, and I am not going to
27 dilate on this point, we have the reasons for the Catholic
28 hospitals existence. I think we have to make one or two
29 points clear.

30 Financially the Sisters would be very well



1 advised to get out of the hospital field completely. If
2 the communities could recouperate that part of the \$350
3 million that is represented by their holdings, they would
4 be in a very sound financial position to carry on their
5 other activities and their charities. They could then
6 hire themselves out as nurses at a salary, and that money
7 would also accumulate to the community. The present
8 situation as it exists today is imposing a tremendous
9 burden upon the religious communities because they have
10 to meet their capital loan and debt, amortisement and
11 depreciation, and yet the budget set-up for them by the
12 provincial governments is exactly the operating budget.
13 Where do they find that money?

14 From a purely financial, pure business,
15 pure human point of view they would be well advised to get
16 out of the hospital field completely. That brings up
17 the other point, why don't they get out. It is precisely
18 because we don't want to abandon the care of the sick as
19 part of the church activity. If you go back in history
20 you will find the care of the sick was originally
21 completely, unanimously, entirely a religious preoccupa-
22 tion, and hospitals stemmed from the church. I would say
23 for us, as good citizens, we should be very ill advised
24 to allow the hospitals to go completely into the practical,
25 pragmatic and materialistic control of governments.
26 I don't talk now for the Catholic church, but
27 all religions. If we go, there will be something
28 gone from the hospital field that will never be replaced.
29 You don't know and I don't know when the time may come
30 that governments may change and more socialism be



Dorais

1 increased, with the result that hospitals will become
2 nothing more than the exercise of authority, and we may
3 be faced with some very grave problems in our whole
4 attitude toward illness and towards the right of people
5 to live after they are ill. These are things we don't
6 know, and I believe one of the attractions of this
7 country is the fact we have the free associations such
8 as hospitals and schools, where we haven't yet come to
9 the point where everything is placed in one form, one
10 mould, and we are completely reduced to the lowest common
11 denominator that must apply to every citizen, every child,
12 and every sick person. That is why we are asking the
13 Sisters to stay in this field.

14 Now, you ask if our position is being
15 endangered. The answer is yes, and I am going to give it
16 right back to Mother Dorais. She has more figures at her
17 fingertips to tell you why in some provinces the
18 association's position has actually be endangered.

19 MOTHER DORAIS: Mr. Chairman, in the
20 presentation of these recommendations we have the provi-
21 sion that we continue our ownership and operation of
22 hospitals in the true spirit of partnership. As you know,
23 this \$350 million or so of capital value of hospitals
24 we have placed at the disposition of our Canadian people
25 for the implementation of hospital insurance throughout
26 Canada. However, in doing so we must be assured of two
27 major aspects of our operation: The capital costs and
28 the current costs. Regarding the current costs, if we
29 are to live under a true spirit of partnership with the
30 government at all levels, we now feel that decisions



1 and responsibilities for these decisions should be shared
2 by all groups concerned. That is why in the brief, in
3 the body of our brief we said we oppose certain formula
4 of payments whereby the government would give certain
5 block amounts and say, you distribute it the way you see
6 fit. That may not be enough to go all around. It could
7 be the social worker would say too much is going to the
8 specialist; the specialist might say too much is going
9 to the Sisters or the nurses. We would like the govern-
10 ment to participate in the responsibility of the distri-
11 bution of the funds that the government now furnishes
12 for hospitals.

13 On the other hand, we would also like the
14 hospitals and we encourage them to do so, in preparing
15 their budgets, to feel they are in partnership from the
16 point of view of good standards of care and the
17 possibility that the economics of our country could make
18 possible such a budget be prepared. We don't feel that
19 anyone at any level should have the discretionary power
20 to cut the budget just because there isn't enough money
21 to go around. If there is not enough money to go around
22 then the public should know and should know why, not
23 because hospitals are using too much, and if they are
24 using too much, then the public should know.

25 We are now asking that these hospitals through-
26 out Canada operate in the true spirit of partnership
27 with all the levels of government. That is, of course,
28 if all recognize that the institutions of the voluntary
29 hospitals of which the Catholic Hospital is the most
30 numerous be accepted is our Canadian society, and we



1 presume that it is.

2 Regarding the capital costs, when hospital
3 insurance came into being in most plans, provincial plans,
4 there has been no provision made to pay capital indebted-
5 ness as it stood at the time that these plans were
6 implemented. As you know we speak of unmanageable debts
7 in hospitals, and I think only on those debts do the
8 government in some areas become interested. We feel
9 that the public should know what these debts were, and
10 should know what the public is receiving because those
11 debts were incurred, and should also take the responsibil-
12 ity of developing a formula whereby these hospitals will
13 be today on a sound financial basis, able to pay these
14 debts. At this time, many hospitals, too many, through-
15 out our country don't know how they will meet the
16 commitments which they have loyally undertaken before
17 the hospital insurance came into play. Have I answered
18 your question, Mr. Chairman?

19 THE CHAIRMAN: Thank you, Mother Dorais.
20 I think this recommendation, number one, it is in the
21 preamble, perhaps, in the statement following that, you
22 refer to the availability of chaplaincy services and the
23 provision for a chapel in the religious hospitals. I
24 think it was in Alberta we received a brief from the
25 Chaplaincy Service of Calgary. Are you familiar with
26 that service?

27 MOTHER DORAIS: Yes, I am.

28 THE CHAIRMAN: Does it exist elsewhere
29 or in many places in Canada, that type of service as part
30 of hospital administration?



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1 MOTHER DORAIS: We have in some areas,
2 Mr. Chairman, hospitals that have, right here in our City
3 of Montreal, two chapels, one a Catholic chapel and one for
4 a denomination who may wish to use the chapel. We have
5 that in Montreal that I know of. So far I don't know of
6 any Catholic hospitals where there has been a non-
7 deominational chapel.

8 THE CHAIRMAN: It is perhaps inherent
9 in what you say here on page 2, at least, as I read it,
10 that are there places in Canada where the capital cost
11 of the chapel is not recognized in the building of a
12 Catholic hospital?

13 MOTHER DORAIS: Yes, Mr. Chairman, in
14 Alberta and in Ontario.

15 FATHER DANIS: In Alberta, Mr. Chairman,
16 there is no provision made for the building of a chapel,
17 and there is difficulty in some hospitals in securing
18 retribution for the chaplain's services, and in Ontario,
19 I am under the impression though that we are not having
20 any problem there, and in the majority of the provinces
21 it is an accepted policy to have a chapel and to look
22 after the administration of the chaplain.

23 THE CHAIRMAN: So it is really only in
24 the one province that there is a problem?

25 FATHER DANIS: Yes.

26 SISTER MARY PATRICIA: To my knowledge
27 there is no provision by the government for the construc-
28 tion of chapels in Ontario.

29 THE CHAIRMAN: Perhaps for the benefit
30 of some of my fellow Commissioners, just what stress do



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1 you place upon the need for a chapel in a Catholic
2 hospital, and the necessity for it? Is this a point ---
3 you put it in at the top of your brief ---- is it some-
4 thing of considerable importance in the Catholic hospital
5 concept?

6 MOTHER DORAIS: It is of vital importance
7 I would say, Mr. Chairman, and I would like to point out
8 the chapel in a Catholic hospital is not only for the
9 use of the Sisters and the personnel, but the spiritual
10 need of the patient is part of the therapy he needs when
11 admitted to a hospital, and we feel that a chapel not
12 only for Catholics but for any denomination, should be
13 made available for the use of the patients
14 when needed, and it is vital and essential.

15 COMMISSIONER McCUTCHEON: I am not here
16 to defend the Government of the Province of Ontario, but
17 I have had something to do with raising money for
18 hospitals in Ontario, and my understanding is that the
19 money comes from roughly three sources, statutory grants
20 on bed space and laboratory space generally. That is
21 from the provincial government. Then from municipal
22 governments, Catholic hospitals receive about a million
23 and a quarter dollars. Then from the public. When you
24 say there is no provision for government assistance for
25 capital funds, I don't think those provincial grants
26 have ever said you cannot spend the money on a chapel,
27 and the government gives an over-all grant, plus a
28 statutory grant. Is that right?

29 SISTER MARY PATRICIA: The grants are
30 given on a per bed basis, and in some areas to my know-



lege, and this question came up in our own area, that the grant cannot help the construction of a chapel, but if you get a municipal grant you can use this.

COMMISSIONER McCUTCHEON: Or a flat grant from the government?

SISTER MARY PATRICIA: Are you referring now to the \$75.00 per bed grant?

COMMISSIONER McCUTCHEON: No, I am referring to the grant of some hundreds of thousands made to St. Michael's Hospital by the provincial government, with no strings attached at all. That has happened in other communities. It may not have done in your community.

MOTHER DORAIS: I think the case applies in the Province of Alberta, where the in toto cost is supplied by the government, and the chapel is not recognized in the cost of the hospital when the ceiling is set by the government.

COMMISSIONER McCUTCHEON: The last hospitals that I know of in Ontario that were built entirely by the provincial government had a chapel built in.

DR. BOURGEOIS: You are surprised to see a layman participating in the Board of the Catholic Hospitals Association in Canada. I consider it a great honour, and I should like to stress the need that we have to have a chapel in a Catholic hospital. You would be surprised at the number of people who wish to go to the chapel. You would be surprised at the number of relatives, or parents, whose son or wife is in the



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1 operating ward and you would be surprised at the number
2 of fathers who are waiting for their wife to deliver a
3 child, and while they wait they want to go to the chapel.
4 You would be surprised also to know that a hospital which
5 has 28,000 emergency cases a year, the importance that
6 a chapel acquires under such conditions. In certain
7 cases many patients require to visit the chapel before
8 undergoing operations.

9 I would say as a layman that I am convinced
10 that the Catholic hospital absolutely requires a chapel,
11 at least one.

12 In other hospitals we have two, so I do
13 believe that in our own city, and in this province, we
14 are convinced of the absolute need for a Catholic chapel
15 in a Catholic hospital.

16 We are also convinced of the importance
17 of a chaplain's services, because we are often obliged
18 to require the services of a chaplain, of at least one.

19 We have established a system of visiting
20 chaplains to serve all the patients. We also consider
21 that a chapel in our institution is a service rendered
22 to a patient.

23 THE CHAIRMAN: Thank you very much.
24 Dr. Baltzan?

25 COMMISSIONER BALTZAN: Would you look
26 at page 1, the lower last part of your paragraph in
27 connection with the philosophy endows them, that is the
28 Catholic hospitals, with special characteristics, which
29 we feel, justify their continued existence.

30 By that statement, Mother Dorais, it seems



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1 to me that you and your associates feel there is a threat
2 to the maintenance and continuity of the philosophy. Do
3 you feel that with the new trend there is a threat to
4 the maintenance and practice of them?

5 BISHOP CARTER: Yes, we do feel there
6 is, not by the government, but just through force of
7 circumstances. Before the National Insurance Act the
8 public did support appeals for our hospitals. That is
9 really how we kept going. Now, you know the mind of the
10 public. Once the government has passed an insurance act,
11 immediately people say: "Well, the government is paying
12 the expenses. Why should we give anything to a hospital
13 campaign?" And this large source of sustenance for our
14 hospitals has been practically removed.

15 Now, we are also in the position where
16 municipal hospitals are being looked after by municipal
17 grants over and above what they receive from the Federal
18 and Provincial governments, but a Catholic hospital in
19 the same city, giving the same services to the entire
20 population, if they want a grant from the municipal,
21 the councillors and the aldermen, they are told: "You
22 are a private hospital." This has happened in many
23 instances, so we are going to be the victims of a squeeze
24 play.

25 Our source of extra revenue has been fairly
26 well removed, because the public say: "You are now in
27 a government field and do not need assistance any more."
28 You have the situation in a small city where the Catholic
29 hospital, side by side, giving the same services, re-
30 ceives no recognition whatsoever. You can see immediately



Dorais

1 that the existence of the Catholic hospital is called
2 into question, because a community cannot pour money in
3 if they cannot be sure of amortizing this debt and meet-
4 ing the interest.

5 If a budget is based purely on an operat-
6 ing cost which does not take into consideration operation
7 and interest, unless this is supplemented from another
8 source, the community is in difficulty, and if it cannot
9 go to the public or the municipalities where does this
10 money come from? That is why I think we are at a very
11 dangerous point with our Catholic Hospitals.

12 COMMISSIONER BALTZAN: Would you say the
13 same argument applies to recommendation one, where you
14 say that certain safeguards?

15 BISHOP CARTER: Yes, I think that that
16 sums it up very well. It is the same basic difficulty
17 which exists, isn't it?

18 COMMISSIONER BALTZAN: And it is not a
19 question of any government. It is a question of certain
20 tendencies in the way things are going today?

21 BISHOP CARTER: That is right.

22 COMMISSIONER BALTZAN: The last thing,
23 and I happen to be harping on the same thing, on page
24 four, and the Chairman has already referred to what you
25 call the Bill of Rights under the present financial
26 scheme, if things continue as they are, then you are
27 threatened seriously with, well, a threat to your
28 solvency, I am not going to say insolvency, a threat to
29 the continuation of your operations, and that has become
30 more so since the government has ceased participating



1 in contributions towards your establishments?

2 MOTHER DORAIS: That is right, Dr.

3 Baltzan, and if we for a moment review the situation
4 before the advent of hospital insurance and as it now
5 stands. Before the per diem cost, the charge made to
6 the patients, there was a sufficient amount, generally
7 based on the sufficient norms of financial depreciation,
8 and instead, on capital debts after retirement of debts,
9 and the payment of interest thereon.

10 The moment that these hospitals went into
11 the hospital insurance scheme and no provision whatever
12 was made in Bill 320 for capital costs, and their current
13 budgets of the hospitals, so on a cost basis then there
14 were no provisions for payment or debts as they
15 existed.

16 In some areas we have differentials which
17 meet the difference for being paid by patients who
18 occupied private and semi-private rooms. In some cases
19 that may be sufficient, in many cases it is not. In most
20 provinces today those differentials are the only source
21 of revenue left to a hospital to meet any past capital
22 commitments, or to meet any development which would be
23 charged ordinarily to capital costs.

24 It is my presumption, Mr. Chairman, that
25 the hospitals are now left with what we may term an
26 empty title. We do not mind that, provided that the
27 empty title does not leave us only with the responsibility
28 of meeting deficits, such deficits upon which we have
29 no control, because they would be the result of in-
30 sufficient budgetary provision. That is why.



Dorais

1 COMMISSIONER BALTZAN: Lastly, Mother
2 Dorais, do you feel restricted also in relation to, say,
3 operating costs in the hospital, or have you had that
4 experience yet?

5 MOTHER DORAIS: I think we can pay a
6 tribute to at least those plans that have been in exist-
7 ence for a few years, that they have contributed to the
8 standard of patient care. However, as matters now stand,
9 with all of our Canadians under a plan of hospital
10 insurance, and that is why we call for extensive consul-
11 tation between all parties who now form this partnership
12 we spoke about earlier, in order that we may then
13 together work out the proper norms to ensure the proper
14 standard of patient care.

15 It goes for nursing, so much of it would
16 have to be still in the area of research, to find out
17 how much it really costs to take care of a patient. What
18 we oppose is the one-party decision of cutting budgets,
19 without making sure that at the same time they are not
20 of necessity curtailing the adequate care of patients.

21 It is the partnership work which we are
22 willing to go into wholeheartedly but we would ask
23 governments to also do their share.

24 COMMISSIONER BALTZAN: Would I conclude
25 then by thinking correctly that it is not a question of
26 uniformity? It is a question of asking for a greater
27 flexibility?

28 MOTHER DORAIS: Right.

29 COMMISSIONER VAN WART: Mother Dorais,
30 since the inauguration of the hospital insurance plan



1 have the Catholic hospitals proceeded with a capital
2 expenditure programme at all?

3 MOTHER DORAIS: In some cases yes, but
4 I would think that it is fair to say that it has been
5 limited and you will realize the reason. It is impossible
6 to budget the reimbursement of any capital debt at this
7 stage, but of necessity now unless a clear-cut formula
8 for payment of capital costs is set forth by the
9 governments in every province, in order that we may budget,
10 things must remain as it stands still.

11 COMMISSIONER VAN WART: Has it been
12 limited more in the acute general hospital programme, or
13 in chronic hospital programmes?

14 MOTHER DORAIS: I would say, Mr. Van
15 Wart, that perhaps it is more evident in the acute,
16 although we know the great need there is for the chronic
17 programme.

18 COMMISSIONER VAN WART: In speaking of
19 the need of the chronic care programme, do you feel that
20 chronic care hospitals should be constructed in
21 conjunction with an acute general hospital, or as a
22 separate institution?

23 MOTHER DORAIS: Depending upon the type
24 of medical and nursing care required for these patients,
25 the answer to the question if some chronic care providing
26 rehabilitation can be expected, it should be operated
27 in conjunction with the general hospitals. It would
28 help in the utilization of professional services.

29 COMMISSIONER VAN WART: Do you feel
30 that from a financial point of view it would be more



1 economic to operate a section in conjunction with a
2 general hospital than it would be to construct a new
3 hospital for this type of people you are speaking about?

4 MOTHER DORAIS: Provided we know today
5 that there are people in the acute hospitals that should
6 not be using the expensive bed of an acute hospital, the
7 answer to the question may be stated in terms of the need
8 of the patient. If the patient needs medical attention
9 and will get it more quickly by being in an institution
10 operating in conjunction with the general hospital,
11 perhaps on the same grounds or connected to it, in that
12 case, yes, it would be in those cases whose
13 rehabilitation is certainly expected within a relatively
14 short period of time.

15 COMMISSIONER VAN WART: Do you feel
16 under the present hospital insurance regulations that you
17 couldn't take up such a programme financially at the
18 present time?

19 MOTHER DORAIS: I think that the
20 governments throughout our country have been very much
21 open to the discussion of this problem, because it is a
22 great need if we want to use those hospital beds that
23 have been used for chronic cases and could be better used
24 economically from the point of view of health than chronic
25 cases.

26 COMMISSIONER VAN WART: But you feel
27 you couldn't proceed financially under the present capital
28 set-up in such a programme?

29 MOTHER DORAIS: I would not be competent
30 to answer for all provinces.



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1 FATHER DUROCHER: Mr. Chairman, I was
2 wishing to point out that in Manitoba we haven't had any
3 trouble with regards new buildings and so forth so far,
4 and I think our plan is better adapted to the
5 hospitalization scheme, and that the government has been
6 quite generous in picking up interest charges, and things
7 of that nature, and in allocating a certain percentage
8 of responsibility to the voluntary organizations. Ways
9 and means have been figured out where local municipalities
10 can participate, so our problem has been mostly that of
11 finding the personnel for all the different things which
12 the government wishes to confide to us, and it has been
13 less financial in that sense.

14 I think we owe it to our people in
15 Manitoba to make this little explanation here today.

16 COMMISSIONER McCUTCHEON: Are there any
17 other exceptions?

18 FATHER DUROCHER: Well, Mr. McCutcheon,
19 I was thinking when Sister Dorais spoke, I was trying to
20 think of a province where there has not been one widely
21 publicized case of trying to finance, and I think
22 Manitoba is the only province whose shield has been clear.

23 BISHOP CARTER: I have to go along with
24 Commissioner McCutcheon and agree that the Province of
25 Ontario has been an exception. These have been special
26 considerations given out of the goodness of the heart of
27 the Prime Minister or the Minister of Health, but it is
28 not a programme, and I think it is dangerous if you have
29 a programme generally depend upon the goodwill of persons
30 whose thinking may change, looking at an over-all



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1 programme.

2 The system itself, with the exception
3 apparently of Manitoba, does give us certain cause for
4 concern, and I think too we might mention here, as the
5 Sisters would be too modest to say so. When they run
6 those hospitals, they are kind of geniuses at economy,
7 and by working long hours and by enlisting many of their
8 nurses to work at lower salaries than the going salary,
9 they are able to run small hospitals at a lower profit,
10 which enabled them to pay back their interest and some
11 of their capital, but today this is no longer true,
12 because the nurses demand the going salary, and I think
13 they are quite right in doing so.

14 THE CHAIRMAN: I think Mr. McCutcheon,
15 a word may even be said for Saskatchewan. I think
16 Mother Dorais will corroborate this very freely. Perhaps
17 the first large rebuilding programme in a religious
18 hospital is now in process in Saskatchewan with very
19 substantial governmental assistance, certainly on a
20 very generous scale.

21 MOTHER DORAIS: Yes.

22 COMMISSIONER McCUTCHEON: Sometimes you
23 do better without a programme you know.

24 MOTHER DORAIS: That is very true, Mr.
25 McCutcheon, that is probably why the shortcomings of
26 the Alberta programme came out, but I will say, Mr.
27 Chairman, that in Saskatchewan, as well as in Manitoba,
28 and those are, of course, spot checks, because our
29 experience is still short-lived with it. In the
30 particular institution you are referring to, Mr. Chairman,



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1 it would seem that the owners will contribute some twenty
2 per cent of the entire capital costs. Now, in Manitoba
3 you have had as an appendix to our presentation the
4 various capital formulae throughout Canada, and in
5 Manitoba eighty per cent of the capital cost is shared
6 through the formula of depreciation on the buildings. It
7 will be paid with the interest on that eighty per cent
8 capital debt. So that twenty per cent remains with the
9 owners. It would seem at this stage, subject to further
10 studies and further research, that owners may not at any
11 time go beyond twenty per cent, and that would be pro-
12 viding there is this ratio of private preferred
13 accommodation in public wards to make this ratio avail-
14 able for capital costs.

15 COMMISSIONER GIRARD: Mr. Chairman, I
16 have no questions regarding nursing education, not that
17 I didn't try to find some. I did, really, but these
18 recommendations in these chapters are so clear and so
19 concise, so forward looking and so progressive, that
20 they are written after my own heart. I endorse them
21 entirely and I hope the rest of the Commission will also.

22 THE CHAIRMAN: You are most persuasive,
23 you know.

24 COMMISSIONER GIRARD: I must add this
25 is not surprising, if you will realize, gentlemen, you
26 have before you here this morning some of the most
27 outstanding leaders in nursing education in Canada, some
28 of the most prominent members of the Canadian Nurses'
29 Association. I don't have to name them because they are
30 all here, those that are sitting in front, and there are



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1 some in the back, so that is why these recommendations
2 on nursing education are so good. They say exactly what
3 I would have said or I couldn't have said it better, or
4 I couldn't have said it as well.

5 THE CHAIRMAN: Dr. Firestone.

6 COMMISSIONER FIRESTONE: Mother Dorais:

7 In your recommendation three on page four you recommend
8 a revision of the Hospital Insurance and Diagnostic
9 Services Act to secure recognition of the depreciation
10 of buildings and physical plant and on interest on
11 capital short term loans as shareable costs of operations.
12 Has the Catholic Hospital Association of Canada made
13 any representations to the Federal Government in this
14 respect?

15 MOTHER DORAIS: Yes, indeed, Mr. Fire-
16 stone, on many occasions.

17 COMMISSIONER FIRESTONE: What reply
18 have you received?

19 MOTHER DORAIS: It would be most
20 interesting to have time to read the various reports we
21 have received.

22 COMMISSIONER FIRESTONE: Would a
23 summary be possible on this occasion, just the gist
24 of it?

25 MOTHER DORAIS: I will try to do so,
26 Dr. Firestone.

27 First of all, at no time has anyone
28 taken exception to the principle of interest and depre-
29 ciation being recognized as true costs of operation.

30 THE CHAIRMAN: That is on a proper



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1 actuarial basis?

2 MOTHER DORAIS: It is recognized by
3 Income Tax laws, I understand. It has always been taken
4 into account in all financial concerns. There is a
5 problem here though, that we do realize, and we wish to
6 co-operate in trying to meet it. As far as interest,
7 there is no problem if there is no debt, there will be
8 no interest. As far as depreciation, certain large
9 institutions here in our own metropolitan area, for
10 instance, at the present time are without debt, because they
11 have raised large contributions in public fund raising
12 campaigns before our hospital insurance scheme. If they
13 were to be paid depreciation they may have funds
14 available that wouldn't be immediately required. We
15 recognize that problem regarding depreciation for
16 hospitals. As well, at the same time, we recognize that
17 there must be over-all planning of future construction
18 of beds and there should be where they are needed.
19 On the other hand we are looking for a formula which
20 would resolve, so to speak, the philosophy of financing
21 of governments whereby entire capital costs are paid in
22 the year they are incurred through budgets, and the
23 philosophy of profit making organizations where necessary
24 depreciation must be available to provide working capital
25 and to provide plant capital. We recognize that these
26 hospitals are providing a service to the public and we
27 wish to co-operate, but as there is not a formula that
28 would recognize these two principles of financing, and
29 that would be applicable to the non-profit organization
30 operating today in those institutions and having as



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1 we pointed out earlier, an empty title. What is that
2 formula? What can it be?

3 We have said earlier in our presentation
4 it has been discussed, one programme in Saskatchewan and
5 another in Manitoba. If this formula could have been
6 found when Bill 320 became law in 1957, then we would
7 have had this through the provinces, a programme which
8 made possible budgeting for capital costs, not irrespec-
9 tive of regulations and of new planning. Within that
10 we are willing, and I must repeat, and I emphasize it,
11 we are willing to operate these institutions under the
12 true spirit of partnership with our governments.

13 Accountants before they became involved
14 in government, recognized this principle and said so,
15 but perhaps when it comes to another level, it creates
16 difficulty in its application.

17 There is another formula and I am sure
18 the Canadian people will find it which will make possible
19 the voluntary institutions and will keep this wonderful
20 capital of people willing to serve our nation, and at
21 the same not not make it a completely State institution.
22 That is what we are willing to work with you to find.
23 At this stage the only formula that is studied, it is
24 of financial grants, interest and depreciation is part
25 of cost of operation. What we want is a formula whereby
26 within the structure of the cost of operation formula,
27 the capital cost of the institution will be taken care
28 of and our hospitals will be solvent, to use the expression
29 of Dr. Baltzan.

30 BISHOP CARTER: It I might, very briefly,



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1 make a direct answer to Dr. Firestone's question:

2 I was with Mother Dorais on a joint delegation from the
3 Canadian Hospital Association and the Canadian Catholic
4 Hospital Association that met with the Prime Minister
5 and Mr. Monteith shortly after the government took office.
6 I said to Mr. Monteith, you are an accountant, sir, do
7 you admit that a per diem rate is only realistic if you
8 take construction and interest in any business, so, he
9 said, yes, that was true. I said, why should hospitals
10 be different. They have to function in the business-like
11 way of other institutions. He admitted the validity of
12 the argument and the whole thing ended by the Prime
13 Minister and the Minister of Health and Welfare stating
14 they were in complete sympathy with our request. They
15 would study it, but the man we had to convince was the
16 Minister of Finance.

17 MOTHER DORAIS: Father Durocher might
18 tell us some pilgrimages he and I made when Bill 320 was
19 being considered in the House.

20 FATHER DUROCHER: I think it would be
21 proper to point out these remarks could be made without
22 any political implication. We are involved with all
23 political parties. Some brought it in, some continued.
24 Some tried to find solutions and so forth. We can speak
25 very freely, as you very well know.

26 MOTHER DORAIS: I would like to add on
27 this particular question, because I have felt in Ottawa
28 where we have made several pilgrimages that there is the wrong
29 interpretation of the fact that if depreciation and
30 interest were paid on the cost of the operating, then



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1 the government would own the hospital. I think the
2 members of the Commission realize this isn't so.
3 Depreciation and interest in any profit organization
4 doesn't give the right to those who are interested in
5 the organization to own the place if they made a certain
6 amount of purchases. We have played around, but the
7 principle still remains that it is, interest and
8 depreciation on the cost of operation.

9 COMMISSIONER FIRESTONE: Mother Dorais,
10 under what circumstances would interest obligations for
11 short term loans arise?

12 MOTHER DORAIS: Ever since the
13 implementation of hospital insurance throughout Canada
14 it has been very evident that working capital has become
15 seriously depleted, so seriously depleted that here in
16 our own province at the present time we have huge short
17 term loans at the bank to meet current salaries, current
18 bills, and there will have to be short term loans if
19 there is not sufficient working capital available.

20 COMMISSIONER FIRESTONE: Is this due
21 to the fact that the payments which the hospital receives
22 are at intervals which make it difficult to meet the
23 current commitments, or at what intervals are hospitals
24 in receipt of payments from provincial governments under
25 the plan?

26 MOTHER DORAIS: I would rather think,
27 Dr. Firestone, it is caused by the fact these payments
28 are not of sufficient amount, because in some provinces
29 these payments come in twice monthly. Generally the
30 salaries will be payable every two weeks and accounts



1 payable every month. The time is sufficient. The amount
2 very much insufficient.

3 COMMISSIONER FIRESTONE: Why are the
4 amounts insufficient?

5 MOTHER DORAIS: Because the budgets so
6 far haven't been approved as presented by the hospital
7 administrators. This, I wouldn't want to be considered
8 as a plea from our group that these budgets should always
9 be approved as they are presented, but I think that before
10 these budgets are curtailed there should be a very
11 clear-cut round-table conference as to why they are cut:
12 If it is a matter of national economics the public should
13 know of the hospital needs. Governments need hospitals
14 and the sooner we get together so that we have really
15 constructive publicity about patient care, the better
16 it will be, at least, for the hospitals.

17 COMMISSIONER FIRESTONE: Mother Dorais;
18 these budgetary discussions take place between the
19 hospitals and the provincial government?

20 MOTHER DORAIS: Right.

21 COMMISSIONER FIRESTONE: What could the
22 Federal Government do to help in such discussions? You
23 will appreciate, Mother Dorais, this is a Royal Commission
24 advising the Federal Government in Ottawa. We would like
25 to have some advice what we should say to the Federal
26 Government to improve the existing system which means --
27 many of the difficulties seem to be based because
28 provincial governments and hospitals are not able to
29 agree on what are reasonable budgets and what are not
30 reasonable budgets. What could the Federal Government do?



Dorais

1 MOTHER DORAIS: Dr. Firestone, if you
2 will permit, when Bill 320 came into operation, there
3 was there a financial formula whereby the Federal Govern-
4 ment would pay twenty-five per cent of the per diem cost
5 of the province and twenty-five per cent of the per diem
6 cost of our cost of taking care of patients. With this
7 formula some provinces are receiving much more than fifty
8 per cent of their total cost. Others are receiving some-
9 what less than fifty per cent. These provinces receiving
10 less than fifty per cent of the total patient care,
11 these provinces where the standard of care and the
12 conditions of employment were such that the cost was
13 already quite high on a comparative basis.

14 The Federal Government now has at hand
15 all this information. They know this percentage will go
16 from seventy per cent to, perhaps, forty-six per cent
17 in some of the provinces. There is, I think, in the
18 Federal Government sufficient data available to, on the
19 basis of research, find out why this cost varies from
20 province to province. If it is because the work week is
21 too long, because there isn't a sufficient number of
22 nursing hours per patient day, all these things I suspect
23 can be determined on the basis of the statistics avail-
24 able on the national level, and from there a proper
25 diagnosis made as to what could be done to help.

26 They could possibly augment into those
27 agreements that the Federal Government enter with the
28 provinces, if it is the objective of the Federal Govern-
29 ment to give equal standards of care to all citizens of
30 Canada, regardless of the province or the latitude where



1 they live.

2 COMMISSIONER FIRESTONE: Has the Canadian
3 Catholic Hospital Association of Canada a specific
4 amendment to suggest in respect of the formula presently
5 used that the Federal Government could incorporate into
6 the Act?

7 MOTHER DORAIS: The Act as it now stands
8 regarding current operation, covers everything without
9 any -- is not related to any figures, so that is fine.
10 It would be within the agreement of the Federal and
11 Provincial Governments, such agreements, of course, I
12 would say, Dr. Firestone, the hospitals are not aware of.
13 In our province here, it is the only province in Canada
14 where the hospitals have been called upon to sign a
15 contract with the provincial government in order to make
16 the hospital eligible to receive funds from our provincial
17 government.

18 COMMISSIONER FIRESTONE: As I understand
19 it, you feel that the formula as presently in use, which
20 has the effect that some hospitals in some provinces
21 receive higher portions of hospital cost are not equit-
22 able because others are getting less, therefore, the
23 basis of those agreements ought to be altered to be more
24 equitable.

25 The question is: How should they be
26 altered? If you have no other suggestion please feel
27 free to say so and we will think about it, and you may
28 want to think about it too.

29 MOTHER DORAIS: I am not saying it is
30 not equitable. Most likely it is equitable on the basis of



Dorais

1 the patient standards of care in our country, but I would
2 say if the objective of our government, Federal Govern-
3 ment should be the standards of care should gradually
4 come up to the same level throughout our nation, and
5 when they reach that level then the cost will be the
6 same everywhere.

7 COMMISSIONER FIRESTONE: Would you say,
8 Mother Dorais, for example, that one provision could be,
9 under no circumstances should the Federal Government's
10 share be less than fifty per cent. You suggested it
11 was going down below fifty per cent. I am looking for
12 something specific that one could consider as a possibility
13 to deal with the problem. There may be other possibilities.

14 MOTHER DORAIS: I was looking more from
15 the point of view of norms that every province should
16 meet rather than fiscal formula.

17 COMMISSIONER FIRESTONE: Thank you for
18 your comments, Mother Dorais. We will have to consider
19 the fiscal implications somewhat further.

20 May I just have one clarification of your
21 recommendations. When you speak of interest on capital
22 and short term loans as shareable costs of operation,
23 would this cover interest charges relating to capital
24 costs and short term loans incurred since the Hospitali-
25 zation Insurance and Diagnostic Act has come into
26 operation, or would it also cover old debts?

27 MOTHER DORAIS: Yes, there must be
28 provision made for interest on old debts, but on short
29 term loans, for instance, during the period of construc-
30 tion at the present time the government gives their



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Dorais

1 grants on this construction as it is advanced, as the
2 work is carried on the government will pay their grant
3 on the basis of twenty-five per cent completion of the
4 work. Until we reach the twenty-five per cent, the
5 holders' certificates must be met, and if there is no
6 available capital we must borrow with very heavy interest.
7 On these conditions governments don't recognize interest
8 as they don't recognize interest on bank overdrafts
9 because of insufficiency of working capital.

10 COMMISSIONER FIRESTONE: Therefore, your
11 recommendation covers interest on all capital loans
12 outstanding?

13 MOTHER DORAIS: Right.

14 COMMISSIONER FIRESTONE: And on short
15 term loans outstanding?

16 MOTHER DORASI: Right.

17 COMMISSIONER FIRESTONE: Thank you very
18 much, Mother Dorais.

19 COMMISSIONER McCUTCHEON: Mother Dorais,
20 on the question of depreciation, leaving aside the old
21 debt for the moment, on the question of depreciation
22 would it be your view if depreciation were to be allowed
23 on that portion of fixed plant installed after the
24 coming into effect of Bill 320 or the implementation of
25 legislation in any particular province, and this only
26 would exist when the funds came from others than govern-
27 ment or from voluntary services?

28 MOTHER DORAIS: Depreciation -- what the
29 government has paid through grants, I don't feel it would
30 be right to require depreciation on.



Grants in aid of settlement at the same time.

Work is carried on the Government will pay for the

on the basis of twenty-five per cent of the cost of the

work. Until we reach the twenty-five per cent, the

holders, certificates must be met, and if there is no

available capital we must borrow with very heavy interest.

On these conditions, government will have to be the best

as they don't recognize interest on bank certificates

because of the difficulty of getting them.

GOVERNMENT OF CANADA: Mr. Speaker, Mr.

Government of Canada, interest on the capital loans

outstanding.

GOVERNMENT OF CANADA: Mr. Speaker, Mr.

term loans outstanding.

much, Mr. Speaker.

GOVERNMENT OF CANADA: Mr. Speaker, Mr.

on the question of depreciation, leaving alone the old

debt for the moment, on the question of depreciation

would it be your view in connection with the old debt

in that connection of fixed assets, leaving alone the

coming into effect of Bill 100 on the implementation of

legislation in any particular province, and this only

would exist when the funds were taken from the Government

and the Government would be

GOVERNMENT OF CANADA: Mr. Speaker, Mr.

Government has put through the bill, I don't know if it would

be there to receive the bill.



1 COMMISSIONER McCUTCHEON: Right.

2 MOTHER DORAIS: Depreciation on all
3 investments made through funds made available on a
4 voluntary basis.

5 COMMISSIONER McCUTCHEON: Funds donated
6 by the public?

7 MOTHER DORAIS: Donated by public cam-
8 paign, donated by nurses, all funds weren't government funds.

9 COMMISSIONER McCUTCHEON: I would think
10 it would have met your requirements if you limited it to
11 funds given by, say, the religious community or the
12 nurses, but you wouldn't expect to collect depreciation
13 on money that I might contribute to you?

14 MOTHER DORAIS: The question is a little
15 difficult to answer, Mr. McCutcheon, because as it was
16 earlier indicated, these fund raising campaigns are
17 becoming more and more difficult to handle.

18 COMMISSIONER McCUTCHEON: If they are,
19 the formula would take them.

20 MOTHER DORAIS: If they are, and if there
21 are no more funds we can obtain from that source, we will
22 have to find another formula. If the nurses -- the
23 voluntary institutions have no taxing power of any kind.
24 We must find a formula on that basis. That is why what
25 we want is capital costs to be taken care of through
26 the current operation, through the financial structure
27 of the current operation of the hospital. In other words,
28 based, of course, on the needs and approval of govern-
29 ment of such needs.

30 COMMISSIONER McCUTCHEON: Thank you very



1 much.

2 COMMISSIONER GIRARD: Mr. Chairman, I
3 do have another question that I forgot to ask a little
4 earlier. It is merely to report a sin of omission, not
5 on my part.

6 Why did this brief not refer to nursing
7 services and why did it refer only to nursing education?
8 I was looking forward to getting some good education on
9 nursing service. I think the Catholic hospitals are very
10 concerned with service, not only education.

11 MOTHER DORAIS: Sister Felicitas.

12 SISTER FELICITAS: Mr. Chairman, Miss
13 Girard, nursing service is implied in this. Perhaps we
14 didn't bring it out to the fullest extent as Miss Girard
15 would have liked us to. However, I think you will notice
16 that in the recommendations we have asked for financial
17 support for salaries, first of all, in the administrative
18 level, supervisor level, as well as teaching, for bursar-
19 ies to give post-graduate education to those in the
20 nursing service areas, and of course, we referred to the
21 fact that in preparing nurses and in giving nursing
22 education we are preparing them for nursing service, and
23 we do feel if we can improve nursing education we will
24 improve the nursing service. The better prepared our
25 nurses are the better they may serve the people of Canada.

26 COMMISSIONER GIRARD: Thank you, Sister
27 Felicitas. I realize all this. We do accept education is
28 for service, but there are such interesting questions
29 nowadays in nursing service, nurses and unions and so on
30 and so forth. Maybe we could get that into a nice



1 discussion and I could be enlightened, but I understand
2 that you really do think of nursing education as the
3 basis for nursing service. Thank you very much.

4 THE CHAIRMAN: Does anyone in your
5 delegation, Mother Dorais, have anything further to add?

6 I want to thank you very much, Mother
7 Dorais, Bishop Carter, Father Durocher, Father Danis,
8 Dr. Bourgeois and Sisters. This is a very enlightening
9 brief and this Commission is fully aware of the importance
10 of the subject treated here this morning and your
11 representation will have our most earnest consideration.

12 BISHOP CARTER: Mr. Chairman, may I
13 express the gratitude of the delegation to the members
14 of the Commission for their sympathy and kind attention
15 and their very constructive questions. They have
16 brought out points that are not entirely clear in the
17 brief. We go away with the feeling there is mutual
18 understanding in the hospital field, with the exchange
19 of ideas and questions here. We are all very deeply
20 grateful to you. Thank you.

21 ----- Short recess.

22 THE CHAIRMAN: If we may now come to order,
23 we will proceed.

24 We have the Canadian Medical Association,
25 Province of Quebec Division, and the submission will be
26 exhibit number 235, the English translation 235A.

27
28
29
30



SUBMISSION

of the

QUEBEC DIVISION, CANADIAN MEDICAL ASSOCIATION

Appearances;

Dr. Thomas R. Hale

Dr. Normand-J. Belliveau

Dr. Victor C. Goldbloom

Dr. T. James Quintin

Dr. Rene-L. DuBerger

--- EXHIBIT NO. 235: Submission of the Quebec
Division, Canadian Medical
Association.

--- EXHIBIT NO. 235A: English translation of
exhibit number 235.

DR. DuBERGER: Mr. Chairman, ladies
and gentlemen, it is a great pleasure for me to appear
before you to present on behalf of the delegation of the
Division of Quebec of the Canadian Association this
brief.

First of all, I should like to say a few
words of welcome, and to say how happy I am to be at this
Royal Commission here in Montreal, in the Province of
Quebec. I don't want to pass in silence the appointment
of the Dean of the Faculty of Nursing, and I should like
to say that we are very happy that this appointment has
been made. We think it is a very good appointment.

To my extreme left we have Dr. Tom Hale,
whose smiling confidence is a replica of the fact that



Dr. Howard J. Belliveau

Dr. Victor G. Goldstein

Dr. T. James Smith

Dr. Rene L. Bergeron

Special Agent in Charge
Division of Canadian Medicine

--- EXHIBIT NO. 285:

Medical Association of
Exhibit number 285.

--- EXHIBIT NO. 285A:

and gentlemen, it is a great pleasure for me to appear
before you to present on behalf of the delegation of the
Division of Quebec of the Canadian Association this

First of all, I should like to say a few
words of welcome, and to say how happy I am to be at this
Royal Commission here in Montreal, in the Province of
Quebec. I don't want to pass in silence the appointment
of the President of the Council of Ministers, and I should like
to say that we are very happy that this appointment has
been made. We think it is a very good appointment.
To my extreme regret we have to leave the
British confidence in a region of the Royal



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DuBerger

1 he is our Public Relations Chairman. Then, Dr. Normand
2 Belliveau. He is a Canadian, and comes from Nova Scotia,
3 and says that his ancestors came here with Eric the Red.
4 Victor Goldbloom had the responsibility of preparing this
5 brief, and is the President of our Economics Committee.
6 Dr. Quintin is a Past-President of our Division, and is
7 also the Past-Chairman of the Economics Committee.

8 Now, I would like to introduce for the
9 brief itself Dr. Goldbloom, and I would like to add that
10 Dr. Goldbloom will be glad to answer any questions either
11 in French or in English.

12 DR. GOLDBLOOM: Mr. Chairman, madam,
13 and members of the Commission, since there is simultaneous
14 interpretation I will not have to say twice what I have
15 to say, but in order to stress the bilingual nature of
16 our Association, I would like to read the first part of
17 the brief in French and the second part in English.

18 The demand for medical services exceeds
19 the supply of personnel to provide them. The discrepancy
20 is even greater in paramedical fields.

21 The working hours of the average-physician
22 exceed by a wide margin those considered suitable for most
23 occupations. A numerical increase is already necessary,
24 and will become more so as the population expands; the
25 only alternative will be a deterioration in quality and
26 quantity of care.

27 Steps should be taken to expand the facilities
28 for education and post-graduate training in this
29 province. Future needs and future demands cannot be met
30 without an appreciable acceleration of the production of



1 physicians.

2 The current rate of net annual increase
3 would almost, but not quite, maintain present ratios
4 through 1980; but the annual increase in practising
5 physicians is too small a proportion of the total.

6 With these considerations in view, the
7 Division offers the following recommendations:

8 (a) That the Federal and Provincial
9 Governments undertake a sincere effort to reach a mutually
10 satisfactory arrangement for the best application of
11 Canadian financial resources to Canadian education,
12 Canadian research, and Canadian health services.

13 (b) That, as a result of such an accord,
14 all necessary aid be made available to the University of
15 Sherbrooke to ensure the earliest possible opening of its
16 Faculty of Medicine.

17 (c) That, since the three Faculties of
18 Medicine already existing have virtually reached reason-
19 able limits of size and efficiency, the possibility of
20 expansion at Sherbrooke, and alternatively of the
21 foundation of a fifth Faculty of Medicine in the province,
22 be carefully studied.

23 (d) That the financial burden of medical
24 education, already subsidized to the extent that student
25 fees represent less than 20% of its cost, but still one
26 of the most expensive fields of study in any university,
27 be lightened in order to attract more students. That
28 this be done partly by government contributions to
29 universities to permit the lowering of fees, and partly
30 by the expansion of bursaries and of loan programs.



The current level of net annual income

would almost, but not quite, maintain present status

through 1980; but the annual increase in spending

is expected to be about 10 percent over the next

With these considerations in view, the

Division offers the following recommendations:

(a) That the Federal and Provincial

Governments undertake a sincere effort to reach a mutually

satisfactory arrangement for the best utilization of

Canadian financial resources to Canadian education,

Canadian research, and Canadian health services.

(b) That, as a result of such an accord,

all necessary aid be made available to the University of

Sherbrooke to ensure the earliest possible opening of its

Faculty of Medicine.

(c) That, since the scope of studies of

Medicine already existing have virtually reached reason-

able limits of size and efficiency, the possibility of

expansion of Sherbrooke, and alternatively of the

foundation of a fifth Faculty of Medicine in the province.

(d) That the financial burden of medical

education, already shouldered to the extent that student

fees represent less than 5% of the cost, but will not

of the most expensive fields of study in any university

be lightened in order to attract more students. That

this be done partly by government contributions to

universities to permit the lowering of fees, and partly

by the expansion of basic fees in all other programs.



(e) That the economic status of internes and residents be improved, in proportion to their extra years of non-remunerative education in comparison with most other professions.

(f) That paramedical education be supported in parallel and in proportion to medical education.

(g) That funds for research be doubled in the immediate future, and then increased by about 7% per year thereafter.

(h) That universities be encouraged to take a greater community responsibility in medical and paramedical education, e.g.:

(1) in fostering interest in these professions, and attracting students to them;

(2) in adapting patterns of education to community needs, and thereby influencing such factors as the proportional production of specialists and general physicians (and therefore the patterns of their utilization in the community);

(3) in participating more actively in post-graduate education, with considerably increased budgets for this function;

(4) in fostering bilingualism, and any other quality which would make the physician or paramedical worker more useful in the community and give him or her a fuller life.

(1) 8,000 hospital beds, mostly for



(e) That the minimum number of internships and residencies be determined, in proportion to the number of years of non-resident training, to be determined by the most other professional.

(f) That immediately following the completion of the internship and the graduation to the medical profession, the immediate future, and then, progress in the next ten year thereafter.

(g) That universities be encouraged to take a greater community responsibility in medical and

(h) In fostering interest in these professions, and encouraging students to

(i) In adapting patterns of education to community needs, and thereby influencing the such factors as the professional production of specialists and general physicians (and elsewhere the patterns of their utilization in the community;

(j) In participating more actively in postgraduate education, with considerably increased budgets for this education;

(k) In fostering investigation, and any other activity which would make the physician an important member of the team in the community and give him



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1 chronic and convalescent care, are needed immediately;
2 by 1980, an additional 21,000 beds of all kinds will be
3 necessary. No estimate is made for facilities for mental
4 health and mental illness, since these are at present
5 under study by a provincial Commission.

6 The Quebec Division of the Canadian
7 Medical Association was founded in 1922 as the Province
8 of Quebec Medical Association, which name it still retains,
9 and was incorporated into the national body in 1938. It
10 is a voluntary association of more than 2,500 members
11 throughout the province, 57% of the membership being
12 French-speaking and 43% English-speaking.

13 The chief purposes and functions of the
14 Division are:

15 (a) to provide professional and education-
16 al services to its members, by holding general and
17 district meetings on topics of interest, and by offering
18 speakers for medical presentations throughout the province;

19 (b) to maintain liaison, through the
20 national organization, with 12,500 confreres across
21 Canada;

22 (c) to express, through its representatives
23 on the national Executive, national General Council,
24 and numerous national committees, the point of view of
25 the profession in this province; and thereby

26 (d) to sustain, at a national level, the
27 cultural heritage and linguistic identity of French
28 Canada.

29 In this province, as in all others, the
30 general practitioner is the backbone of medical practice.



1 This Division, through its Committees on General
2 Practices and Postgraduate Education, among others, and
3 through its association with the Quebec Chapter of the
4 College of General Practice of Canada, supports the on-
5 going education of the general physician and the mainten-
6 ance of his standards.

7 This Division looks with favour on the
8 development of Departments of General Practice in general
9 hospitals, and will continue to do its part in helping
10 the general physician to attain and retain the necessary
11 qualifications. We believe that contact with a hospital
12 milieu plays a significant part in maintaining and
13 elevating quality of care. The concept of a Department
14 of General Practice is different from that of an open
15 hospital, and is as applicable to a teaching hospital as
16 to any other.

17 It is the feeling of the Division that in
18 the future the ratio of general practitioners to
19 specialists should rise; that in some specialities a
20 greater proportion of the specialist's time should be
21 used for consultation and teaching; and that encourage-
22 ment and inducement should be offered the medical student
23 to consider general practice a worthwhile and desirable
24 career.

25 BASIC CONSIDERATIONS IN HEALTH CARE PLANNING

26 In the minds of political parties, as in
27 the minds of most individual citizens, the concept of a
28 plan for improved health services tends to be based on
29 a single factor -- cost. Frequently attached to this
30 idea is one of the most widespread fallacies of our time --



1 the concept of government as a creative source of funds.

2 This Division submits that in reality
3 three factors are involved in any health plan -- cost of
4 service, availability of service, and quality of service.
5 We submit also that any government or political party
6 should be honest enough to spell this out for the
7 Canadian people, and responsible enough to show clearly
8 where the money has to come from.

9 The cost of service cannot be evaded; but
10 it can, by the application of techniques of efficient
11 insurance and equitable taxation, be equalized.

12 Insurance equalizes by accumulating
13 premiums in years of health to cover the cost of years of
14 illness, and by collecting from a large group enough to
15 pay for those few members who are actually ill. Insurance,
16 in other words, puts money away for a rainy day. In
17 addition, insurance, at a very small increase in cost,
18 can provide a waiver of premium which will maintain
19 coverage in the event of death or disability of the
20 wage-earner of the family.

21 Taxation equalizes such costs between low
22 and high, private and corporate incomes, in the sense
23 of placing a fairer share of public burdens on those
24 shoulders better able to carry them.

25 The availability of care depends on the
26 total numbers of physicians and paramedical personnel,
27 on their geographical distribution, and on their
28 proportional distribution among the various branches of
29 their professions. Considerations of hours of work, and
30 in some instances of efficiency, also play a part in



1 availability.

2 The quality of care is an intangible, but
3 one to which the medical profession has been dedicated in
4 many practical ways. It is a theme which runs throughout
5 this brief. The Division feels that it deserves to be
6 not only encouraged but rewarded.

7 We believe that the medical profession
8 must remain the provider of medical service for the
9 general population, although some special groups may
10 continue to be cared for under special auspices.

11 We believe that cost is best provided for
12 by the payment of premiums into an insurance fund. We
13 call on government to pay the premiums of less fortunate
14 citizens, commonly referred to as medically indigent, and
15 to consider the subsidization of the premium for
16 some others so as to bring extended benefits within the
17 reach of the large majority of the population without
18 depriving them of the dignity and self-respect of paying
19 for themselves.

20 We believe nevertheless that the provision
21 of these insurance arrangements must remain within the
22 hands of private concerns. Such concerns must publish
23 balance sheets, and account for a direct relationship
24 between income and expenditure of funds. Government
25 monies, however, are not so easily accounted for; much
26 income is lumped into Consolidated Revenues, various
27 public needs compete with each other for the tax dollar,
28 money may be borrowed from Peter's fund to cover Paul's
29 deficit, and electoral carrots may be offered at suitable
30 times. Nor does history credit government administration



1 with unsurpassable efficiency, nor with concern for the
2 small problems of the individual.

3 We believe also that the full cost of
4 medical care should be paid for some citizens, but not
5 for all. The relationship between patient and doctor is
6 a special one; it can be discussed in the abstract when
7 one is well, but theories are generally discarded when one
8 is ill. The direct responsibility between the patient
9 and his family on the one hand, and the doctor and his
10 associates on the other, ensures a mutual interest which
11 should not be underestimated nor lightly done away with.
12 We favour, therefore, a reimbursement or indemnity role
13 for the insurer, outside that relationship.

14 We believe that government should assist
15 the health professions in their efforts to improve
16 availability of their services, in accordance with the
17 recommendations previously made in this brief. Quality
18 of service will be maintained by the established systems
19 of education, accreditation, self-discipline, and
20 review within the professions, as long as conditions of
21 work are attractive and happy. But unless constructive
22 measures are undertaken to improve availability of service
23 for the future, no manipulation of cost factors will
24 provide the health care Canada will need.

25 We believe, therefore, that we should build
26 for the future on the foundation of what we have; because
27 what we have, for all its faults, brings better health
28 care to more people than most countries have ever been
29 able to provide, and brings patients and doctors to
30 this continent from all over the world.



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1 We believe that government should dedicate
2 every effort to the provision of employment, and of a
3 better standard of living, for every possible Canadian,
4 so that each can have the dignity and self-respect of
5 paying for his own needs.

6 Finally, we submit that the future of
7 Canadian health care is in the hands, not of those who
8 by their present stake in it stand to gain or lose by
9 any plan which may be introduced, but of those uncommitted
10 Canadian students who in coming years will exercise
11 their free choice of a career. If the government, and
12 the people, do not achieve a plan which will draw them
13 into the health professions, then an immeasurable tragedy
14 will have been added to the history of the free and
15 democratic world.

16 THE CHAIRMAN: Thank you very much, Dr.
17 Goldbloom, and I may say that your brief, covering as it
18 does, a discussion of the principles, could be very
19 valuable to us.

20 There are, as you may appreciate, certain
21 areas, certain topics that we may wish further information
22 on, and individual Commissioners will put questions as
23 the subject appears to them.

24 You speak of shortages in the sense of
25 availability of personnel. What is the actual situation
26 in the Province of Quebec as a whole so far as the number
27 of practicing physicians is concerned?

28 DR. GOLDBLOOM: That is covered in our
29 brief, sir, in terms of numbers we have in the province.
30 We have registered 6,129 physicians. We have some of



1 these registered in the province who
2 are actually studying, or otherwise practising outside
3 the province, so that we have 5,920 who are actually
4 functioning. These are over-concentrated in terms of
5 numbers in the metropolitan area. Greater Montreal is
6 fifty-one per cent, and this gives a ratio of one to
7 625, leaving a ratio of one to more than one thousand
8 for the rest of the province.

9 THE CHAIRMAN: I suppose that ratio
10 becomes less favourable as you move further away from
11 Montreal, or Quebec?

12 DR. GOLDBLOOM: Yes, sir, it does. There
13 are certain other centres, Sherbrooke, Chicoutimi, Trois
14 Rivières, where there are concentrations of doctors,
15 and these centres attract patients from the surrounding
16 areas, so that in actual fact the utilization of
17 physicians' time is not as different in the outlying
18 areas of the province as it is in the metropolitan areas.

19 THE CHAIRMAN: Well, that is what I was
20 trying to come to, is whether there was a distinctive
21 variation in the availability of service in the rural
22 areas as compared with your metropolitan areas.

23 DR. GOLDBLOOM: In going around the
24 province and meeting with the doctors in the different
25 areas, we have had the distinct impression that the
26 utilization of a physician's time is about the same
27 wherever the physician exercises his profession.

28 THE CHAIRMAN: Well now, there is, I
29 suppose, a distinction between availability and utiliza-
30 tion. What about on the point of availability, and that



are actually studying, or otherwise practicing, or actually
the province, as that we have 2,500 who are actually
functioning. There are counter-indications to the fact of
numbers in the metropolitan area. Greater Montreal is
fifty-one per cent, and that gives a ratio of one to
one, leaving a ratio of one to more than one elsewhere,
for the rest of the province.

THE CHAIRMAN: I assume that ratio

becomes less favorable as you move further away from
Montreal, or Quebec.

MR. GOLDBLOOM: Yes, sir, it does. There

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THE CHAIRMAN: Well now, there is, I

suppose, a distinction in the availability and utilization
of services. What about on one point of availability, and that



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1 is availability of the doctor and, of course, the need
2 for the doctor in the rural area. Is that being sufficient-
3 ly met at the present time?

4 DR. GOLDBLOOM: No, sir, it is not, but
5 then neither is the availability of the doctor in relation
6 to the need for his services in the metropolitan area.
7 There are people in the metropolitan area who find it
8 difficult to get a doctor available to them, even though
9 the numbers are large. It depends partly on the demands
10 as well as the needs. Demands are more highly developed
11 in a metropolitan area. People are more aware of the
12 services available to them, and make more call on them.
13 The availability is a problem wherever we go.

14 The City of Montreal is a very large and
15 wide-spread city, and in the outlying areas of the city
16 doctors in the field of medicine have not found it to
17 their advantage to travel these long distances. This
18 creates a problem in utilization of the doctor's time.

19 THE CHAIRMAN: To what extent has the
20 idea of group practice caught on in Quebec, and how much
21 of it -- what is the proportion, or what use is made of
22 this type of practice?

23 DR. GOLDBLOOM: In answering that
24 question, Mr. Chairman, I would have to say that group
25 practice is a question of degree. The group practice in
26 the sense of an organized economic unit has not caught
27 on in this province to any appreciable extent. On the
28 other hand, physicians will organize themselves into a
29 group for the exchange of coverage of night calls and
30 weekend calls, so that the doctor may have some rest and



Goldbloom

1 relaxation, and the population will be covered as far as
2 medical services are concerned.

3 THE CHAIRMAN: Does that apply also in
4 the rural areas?

5 DR. GOLDBLOOM: It does to some extent,
6 Mr. Chairman. It depends upon the numbers of doctors
7 available. It certainly does in general practice. I
8 think that we can say with confidence that the attitude
9 of the medical profession throughout the province is that
10 if the doctor, as he necessarily must at certain times,
11 feels the need of a rest from his duties, that he does
12 not leave his practice uncovered.

13 THE CHAIRMAN: Well, that would be a
14 sporadic effort I take it. It would be just to cover a
15 temporary situation?

16 DR. GOLDBLOOM: Yes, sir, and sometimes
17 it is organized on a regular rotation basis.

18 THE CHAIRMAN: Has the Quebec Division
19 of the Canadian Medical Association given any thought to
20 encouraging the development of group practice as a means
21 of conserving medical manpower?

22 DR. GOLDBLOOM: As a Division, no, we
23 have not given this specific consideration.

24 THE CHAIRMAN: Have you any views on
25 whether the use of the group practice method would, in
26 fact, result in saving medical manpower, or perhaps
27 putting it another way, enabling the present manpower to
28 do more?

29 DR. GOLDBLOOM: It would be our view,
30 sir, that there are definite advantages in this. I think



relation, and the position will be covered as far as
medical services are concerned.

THE CHAIRMAN: Does that apply also to

the rural areas?

DR. GORDON: It does to some extent.

THE CHAIRMAN: It depends upon the number of doctors

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if the doctor, as he necessarily must at certain times,

feels the need of a rest for his duties, that he does

not leave his practice uncovered.

THE CHAIRMAN: Well, that would be a

practicable effect I take it. It would be good to cover a

DR. GORDON: Yes, sir, and sometimes

it is organized on a regular rotation basis.

THE CHAIRMAN: Is the Queen's Division

of the Canadian Medical Association given any thought to

encouraging the development of group practice as a means

of conserving medical manpower?

DR. GORDON: As a position, no, no

have not given the specific consideration.

THE CHAIRMAN: Have you any views on

whether the use of the group practice method would, in

fact, result in saving medical manpower, on balance

outgoing the number of people in the present manpower

as now?

DR. GORDON: It would be my view

that there are definite advantages in this. I think



1 that I should point out to you that the attitude of the
2 population towards the organization of medical practice
3 has an influence on how medical practice is organized,
4 and that where attempts have been made in this province
5 to organize groups, that people have felt that this was
6 a less personal method of medical care, and that such
7 groups have frequently broken up because they were not
8 accepted by the public.

9 THE CHAIRMAN: I am going to jump to
10 something else altogether. On page 17 at the top of the
11 page I am referring you, on page 16 you have been
12 discussing and recommending the use of the insurance
13 principle, and you say:

14 "We believe that cost is best provided
15 for by the payment of premiums into an
16 insurance fund.",

17 and then you go on to say that:

18 "We call on government to pay the premiums
19 of less fortunate citizens, commonly
20 referred to as medically indigent, and to
21 consider the subsidization of the general
22 premium", etcetera.

23 In relation to "the large majority of the population
24 without depriving them of the dignity and
25 self-respect of paying for themselves."

26 DR. GOLDBLOOM: Mr. Chairman, if I may
27 interrupt you, sir, we found that this didn't accurately
28 express our thinking when we re-read it, and we made a
29 slight modification in the second line on page 17.

30 THE CHAIRMAN: You didn't use the word



population towards the organization of medical assistance,
has an influence on how medical assistance is organized,
and that where attempts have been made in this respect
to organize groups, that people have felt that there was
a less personal method of medical care, and that such
groups have frequently broken up because they were not
accepted by the public.

THE CHAIRMAN: I am going to jump to
something else altogether. On page 17 at the top of the
page I am referring you, on page 18 you have had
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principles, and you say:
"We believe that cost is best provided
for by the payment of premiums into an
insurance fund."

and then you go on to say that:
"We call on Government to pay the premiums
of less fortunate citizens, orphans,
retired to an elderly husband, and so
relieve the substitution of the general
premium, etcetera."

In relation to "the large majority of the population
without depriving them of the dignity and
self respect of paying for themselves."

MR. CHAIRMAN: Now, Chairman, as I see
the question of the cost of medical assistance
is a very important one, and I am sure
that you will be able to give us some
very valuable information on this point.
You should use the word



1 "general"?

2 DR. GOLDBLOOM: Yes, we used "premium"
3 for some others".

4 COMMISSIONER McCUTCHEON: Not for the
5 population as a whole?

6 DR. GOLDBLOOM: No, this was loose
7 phraseology when we wrote it.

8 THE CHAIRMAN: I wondered what the
9 significance of it was. It changes the tone of the
10 paragraph quite a lot, but taking it as you read it, and
11 as you say you want us to accept it, when you speak of
12 the government helping certain citizens without depriving
13 them of the dignity and self-respect of paying for them-
14 selves, are you thinking there of some form of means test
15 that might be adopted and which would not have the so-
16 called undignified result that some people attribute to
17 a means test?

18 DR. GOLDBLOOM: Yes, sir. We felt that
19 if people are going to be helped by government, that they
20 have to be identified in some way, and we want to submit
21 to you, sir, that a means test, properly applied by
22 people experienced in social service work, is a profess-
23 ional confidence, and is not a public disclosure.

24 THE CHAIRMAN: Having been identified
25 by such a procedure, how would they, how would such a
26 person identify himself to a medical practitioner in order
27 to get the service if that was confidential as between
28 the potential patient and the interviewer?

29 DR. GOLDBLOOM: We are talking about two
30 categories here. If we think about the medical indigent --



101. (b)(1) (i) "We have 'prevalence' for some others."

(b)(2) (i) "We have 'prevalence' for some others."

(b)(3) (i) "We have 'prevalence' for some others."

(b)(4) (i) "We have 'prevalence' for some others."

(b)(5) (i) "We have 'prevalence' for some others."

(b)(6) (i) "We have 'prevalence' for some others."

(b)(7) (i) "We have 'prevalence' for some others."

(b)(8) (i) "We have 'prevalence' for some others."

(b)(9) (i) "We have 'prevalence' for some others."

(b)(10) (i) "We have 'prevalence' for some others."

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1 THE CHAIRMAN: Medical indigent?

2 DR. GOLDBLOOM: Medical indigents would
3 have their premium paid for them by the government.

4 THE CHAIRMAN: If you don't mind, those
5 are those who are in receipt of social assistance?

6 DR. GOLDBLOOM: Yes, sir.

7 THE CHAIRMAN: Do you call them medical
8 indigents?

9 DR. GOLDBLOOM: We make that term a
10 little broader than saying indigent. There are a large
11 number of families who are known to various social
12 assistance agencies in the community, and these families
13 should be recommended for such social assistance even
14 though there may be some income, they need some kind of
15 assistance and they should be recommended to the govern-
16 ment and have their premiums paid for them. They would
17 be identified to the physician in the least conspicuous
18 way possible. Each person who has an insurance policy
19 under the plan which we propose could have a card stating
20 he is in this insurance plan. Then you would identify
21 only by code number or letter, not by any other distin-
22 guishing mark, which would tell the doctor this is a
23 person not paying his own way.

24 THE CHAIRMAN: The doctor wouldn't know
25 whether or not the patient was, in fact, paying his own
26 premium?

27 DR. GOLDBLOOM: Yes, sir, in this case
28 the doctor would know because the code would identify
29 the person who wasn't paying his own premium and who
30 wouldn't be considered directly responsible to the doctor



Medical Indigence

have been paid for them by the government.

THE CHAIRMAN: If you don't mind, those

MR. CHAIRMAN: Yes, sir.

THE CHAIRMAN: So you call them medical

indigence?

MR. CHAIRMAN: We take that term

little more than a word. There are a large

assistance, separate in the community, and these families

should be recommended for such social assistance even

though there may be some income, they need some kind of

assistance and they should be recommended to the govern-

ment and have their position in the town. They would

be identified as the physician in the local community

way possible. Each person who has an insurance policy

under the plan which we propose could have a card showing

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1 for the cost of his medical care.

2 THE CHAIRMAN: Perhaps I am not under-
3 standing you and you are not understanding me. You are
4 going to have an insurance principle?

5 DR. GOLDBLOOM: Yes, sir.

6 THE CHAIRMAN: The person who is able
7 to pay the premium will get some form of identification,
8 a card or something, from the insurance company, from
9 the insurer to show the doctor?

10 DR. GOLDBLOOM: Yes, sir -- not necessar-
11 ily to show the doctor. He doesn't have to, but he would
12 have identification which would be used for any situation
13 that would arise in relation to his insurance coverage.
14 He would have a registration number and correspondence
15 written to him would carry this registration number and
16 so on.

17 THE CHAIRMAN: If I follow you there,
18 you want this on an indemnity, reimbursement or indemnity
19 basis and therefore, I don't see this identification.
20 None of the doctors are concerned whether he has insurance
21 or not. He pays the doctor's bill and he goes to his
22 insurance company and gets reimbursed?

23 DR. GOLDBLOOM: Yes, sir, that is
24 probably true.

25 THE CHAIRMAN: So that the only person
26 who would need a card would be the indigent?

27 DR. GOLDBLOOM: So far as the doctor
28 is concerned, that is correct, sir.

29 THE CHAIRMAN: What significance are you
30 putting on the code number or something on the card?



for the cost of his trial. I come.

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1 DR. GOLDBLOOM: If a situation arose
2 in which the person entered into some discussion with the
3 doctor about it and the doctor wanted to have further
4 information about the insurance situation, there would be
5 a number. If it is necessary to define people it should
6 be done in the least conspicuous way possible. That is
7 the principle we are trying to say.

8 THE CHAIRMAN: If I understand you
9 correctly and correct me if I am wrong, it is only some-
10 body who is not prepared himself to pay the doctor who
11 would have to have any identification through which the
12 doctor would be paid from another source.

13 DR. GOLDBLOOM: Yes, that is correct, sir.

14 THE CHAIRMAN: You say you would prefer,
15 going on in the middle of page 17, we favour therefore,
16 a reimbursement or indemnity role for the insured outside
17 that relationship. Will you explain that, Dr. Goldbloom?

18 DR. GOLDBLOOM: Yes, sir, I would be
19 glad to. We think there are two relations involved here,
20 the relationship between the patient and the physician
21 and the relationship between the patient and the insuring
22 company. The relationship between the patient and the
23 physician should be preserved that they should have a
24 sense of mutual responsibility.

25 THE CHAIRMAN: This is insofar as the
26 professional aspect is concerned?

27 DR. GOLDBLOOM: That is correct.

28 THE CHAIRMAN: The treatment aspect or
29 the diagnostic feature, whatever it is?

30 DR. GOLDBLOOM: Yes, we feel the



1 physician should have no conflict of interest as far as
2 responsibility. His responsibility should be exclusively
3 to the patient and that patient should be responsible
4 for looking after the doctor insofar as his means allow
5 him. Each person should be expected to stand on his
6 own feet and look after his own obligations. Then the
7 patient would have an opportunity to insure himself to
8 equalize the cost of his medical care, and this should
9 be on a reimbursement basis which would reimburse a
10 substantial proportion, but not the total, of his medical
11 costs.

12 THE CHAIRMAN: Why not the total if he
13 can find an insurer who is willing to do it?

14 DR. GOLDBLOOM: We are talking here,
15 sir, about trying to establish a plan which would be
16 accessible to large groups of the population. If we try
17 to cover every medical act at its full cost, we arrive
18 at a cost, and therefore a premium which is a very large
19 one and which becomes prohibitive to a lot of people.
20 We would rather try to cover a portion of it and try to
21 get that proportion in a way that it would leave not an
22 excessive burden of balance of payments for those families
23 who don't have large means, but at the same time not
24 require a very large premium so that people who would
25 want voluntarily to insure themselves under such a
26 scheme, and we hope it would be voluntary

27 THE CHAIRMAN: This is the co-insurance
28 principle you want introduced?

29 MR. GOLDBLOOM: Yes.

30 THE CHAIRMAN: Would you have any



physician should have no conflict of interest as far as responsibility. His responsibility should be exclusively to the patient and that patient should be responsible for looking after the doctor's interest as far as his own. Each person should be expected to stand on his own feet and look after his own obligations. Then the patient would have an opportunity to insure himself to equalize the cost of his medical care, and this should be on a reimbursement basis which would reimburse a substantial proportion, but not the total, of his medical

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MR. TOLSON: We are talking here,

and about trying to establish a plan which would be acceptable to large groups of the population. If we try to cover every medical act at full cost, to arrive at a cost, and therefore a premium which is a very large one and which becomes prohibitive to a lot of people. We would rather try to cover a portion of it and try to get that portion in a way that it would leave not an excessive burden of balance of payments for those families who don't have large means, but at the same time we require a very large portion so that people who would want voluntarily to do so themselves under such a scheme, and we hope it would be voluntary....

THE CHAIRMAN: That is the co-insurance

arrangement you want to discuss?

MR. TOLSON: Yes.

THE CHAIRMAN: Would you have any



Goldbloom

1 objection to anyone who felt he would like to pay this
2 large premium to cover himself completely?

3 DR. GOLDBLOOM: I see no objection if
4 that person has the means.

5 THE CHAIRMAN: Nothing wrong with the
6 principle.

7 DR. GOLDBLOOM: To take out a further
8 policy to ensure the balance, that is his privilege, by
9 all means.

10 THE CHAIRMAN: The mere fact that the
11 patient may be able to exclude himself from any personal
12 responsibilities is not of any significance provided he
13 is able to pay for it?

14 DR. GOLDBLOOM: That is right, sir.

15 THE CHAIRMAN: Then, I take it in that
16 way you attach no importance to the patient making a
17 contribution, a personal contribution toward his own
18 cost of illness?

19 DR. GOLDBLOOM: Not to the technicalities
20 of payment, no, sir, not by any means.

21 THE CHAIRMAN: I am not talking about
22 payment, the principle it is good that I should pay a
23 percentage of my personal health costs?

24 DR. GOLDBLOOM: That is a very important
25 point, sir, on which we have tried to enlighten ourselves
26 by consulting some of our psychiatric brethren. It
27 is very hard to try and reach a full and clear under-
28 standing of what the psychiatric role of payment is
29 in the relationship between doctor and patient.

30 THE CHAIRMAN: I thought I deducted



objection to anyone who will be willing to pay this

that person has the means.

policy to ensure the balance, that is his privilege, by
all means.

THE CHAIRMAN: The more fact that the
patient may be able to exclude himself from any personal
responsibility is not of any significance provided he
is able to pay for it.

MR. GOLDFORD: That is right, sir.

THE CHAIRMAN: That I said it is true.

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contribution to the cost of his illness.

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by consulting some of our psychiatric literature. It

is very hard to try and make a full and clear picture



1 from what you said previously you did sense there was
2 some value in patient A contributing ten, or five or
3 twenty per cent towards his medical cost.

4 DR. GOLDBLOOM: We do feel that, sir.
5 We feel what you get for nothing is worth nothing.

6 THE CHAIRMAN: Therefore, a man wishes
7 to pay a little higher premium and cover himself ex-
8 clusively with more money that would depart from the
9 principle?

10 DR. GOLDBLOOM: I can't conceive of a
11 very large proportion of the population doing this.

12 THE CHAIRMAN: Even a small proportion.

13 DR. GOLDBLOOM: A person who decides
14 this, who is very aware of the value of money, sir, not
15 that everyone is not, money means something very special
16 to a person that goes that far we don't feel we can
17 eliminate all elements of risk from our lives. We feel
18 illness is a risk and we recognize it as such.

19 THE CHAIRMAN: That is the first phase.
20 What is the second phase you said was involved in this
21 sentence: We favour the reimbursement or indemnity role
22 for the insured outside that relationship?

23 DR. GOLDBLOOM: The second phase, sir,
24 is the relationship between the patient and the insuring
25 company, and this being conceived on a basis of a
26 partial reimbursement would mean that where a person was
27 medically indigent and wasn't paying a cent, where a
28 physician seeing such a patient would send on behalf of
29 that patient directly to the insuring company, that the
30 handling of the payment in this case would be different,



some value in itself. A consulting fee, or five or
twenty per cent towards his medical care.

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that everyone is not. Money means something very special
to a person that goes that far. We don't feel we can

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company, and this being conceived on a basis of a

partial relationship would mean that where a person was
medically indigent and wasn't paying a cent, where a

physician seeing such a patient would act on behalf of
that patient directly to the benefit of the patient. That the

amount of the payment in this case would be a premium.



1 that the insuring company would send the payment directly
2 to the doctor and the payment would represent the
3 reimbursable portion, which therefore represents the
4 contribution on the part of the physician to the care of
5 the indigent, which has been the principle of the medical
6 profession for a long, long time.

7 THE CHAIRMAN: What is the attitude of
8 the Quebec Division of the Canadian Medical Association
9 towards the medically sponsored insurance programme such
10 as the programmes we heard about in the Atlantic Provinces,
11 Manitoba Medical and so forth. Have you any such
12 programme, doctor sponsored programme, in the Province
13 of Quebec?

14 DR. GOLDBLOOM: We have programmes in
15 the Province of Quebec which have medical sponsorship
16 to some degree.

17 THE CHAIRMAN: I mean, I am putting the
18 question in relation to those specially doctor sponsored
19 programmes.

20 DR. GOLDBLOOM: No, sir, we don't have
21 a doctor sponsored plan comparable to the Maritime Plan.

22 THE CHAIRMAN: Or the Ontario Medical?

23 DR. GOLDBLOOM: No, sir.

24 THE CHAIRMAN: Has the Quebec Division
25 an opinion to express on the desirability or undesirability
26 of such a plan?

27 DR. GOLDBLOOM: We feel, sir, that the
28 medical profession has in the past offered such plans
29 and service to the population and that the present tenor
30 of the public's attitude is such that these don't seem



that the insurance company would send the payment directly to the doctor and the payment would represent the

contribution on the part of the physician to the cost of the patient, which has been the principle of the medical

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DR. GORDON: No, sir, we don't have a doctor sponsored plan comparable to the Maritime Plan.

DR. GORDON: On the Ontario Medical Association?

DR. GORDON: No, sir.

THE CHAIRMAN: Is the Quebec Division an opinion to express on the desirability or undesirability of such a plan?

DR. GORDON: We feel, sir, that the

medical profession has in the past offered such plans and service to the population and that we are now faced with the public attitude is such that we don't want



1 to answer the full needs. We feel that in order to
2 expand plans, if they are to be done under medical
3 sponsorship that this will require considerable effort
4 on the part of the medical profession, and we feel that
5 the business of the physician is treating patients and
6 the business of the insurance companies is handling insurance
7 and the business of government is supervision and
8 regulating, and we feel, therefore, that it is better
9 rather than pushing for further development of doctors'
10 sponsorship in plans, that the doctor concentrate on
11 looking after the patients and that the patient insure
12 himself outside that relationship.

13 THE CHAIRMAN: Thank you very much,
14 Doctor. Any questions Dr. Baltzan?

15 COMMISSIONER BALTZAN: Dr. Goldbloom,
16 and gentlemen, I consider your presentation as a very
17 clear one and a very broad spectrum one. I am going to
18 hurry my questions because we have very limited time.

19 I see you definitely encourage the
20 institution of the Department of General Practice in the
21 general hospitals?

22 DR. GOLDBLOOM: Yes, sir.

23 COMMISSIONER BALTZAN: We heard yesterday
24 there is considerable difficulty on the part of a large
25 proportion of men in general practice to obtain appoint-
26 ments in general hospitals. Is that really the case?

27 DR. GOLDBLOOM: Yes, sir, I think that
28 there is a fair proportion of truth in this, that there
29 is difficulty for general physicians to have access to
30 hospitals, especially in the large metropolitan areas.



to answer the full needs. We feel that in order to
expand plans, it may be to be done under medical

on the part of the medical profession, and we feel that
the business of the physician is increasing rapidly and
the business of the insurance companies is increasing likewise
and the business of government is expanding and
regulating, and we feel, therefore, that it is better
rather than pushing for further development of doctors
sponsorship in plans, that the doctor concentrate on
looking after the patients and that the patient transfer
himself outside that relationship.

THE CHAIRMAN: Thank you very much.

and gentlemen, I consider your presentation as a very
clear one and a very strong logical case. I am going to
bury my questions because we have very limited time.
I see you definitely encourage the

institutions of the Government of Ontario. Doctor in the
General Hospital?

DR. GOLDBLUM: Yes, sir.

COMMISSIONER: We heard yesterday
there is considerable difficulty on the part of a large
proportion of men in general practice to obtain approval
for general hospitals. Is that really the case?

DR. GOLDBLUM: Yes, sir, I think that

there is a fair proportion of them in that class where
it is difficult for general practitioners to have access to
hospitals, especially in the large metropolitan areas.



1 This is not true of the rural areas. The general
2 physician forms the major proportion of the medical staff
3 of the smaller hospitals outside the metropolitan areas.

4 COMMISSIONER BALTZAN: But in principle,
5 you are encouraging and trying to remedy that situation
6 here?

7 DR. GOLDBLOOM: Yes, sir, we are.

8 COMMISSIONER BALTZAN: There is actually
9 no overt objection to the institution of the principle?

10 DR. GOLDBLOOM: No, sir, we said in
11 our brief that contact with the hospital milieu has a
12 beneficial effect on any physician. We feel, as far as
13 teaching hospitals are concerned, we feel that a student
14 should not go through his medical education without
15 having contact with the general physician and know what
16 general practice is like.

17 COMMISSIONER BALTZAN: Yes, thank you
18 very much.

19 THE CHAIRMAN: For a moment, pardon me.
20 We heard yesterday and we only put it to you for
21 clarification purposes, in the Montreal area, this is
22 where your greatest concentration of medical practitioners
23 are, fifty-one per cent, it is right here, that these
24 general practitioners were agitating for the right to have
25 some beds allotted in the hospitals and that after
26 considerable talk they succeeded in getting sixteen out
27 of one thousand. Is this the situation that does exist
28 or were we given a situation, were we given a distorted
29 situation?

30 DR. GOLDBLOOM: No, sir, I would hardly



hospital forms the major proportion of the medical education of the smaller hospitals outside the metropolitan areas.

you are encouraging and giving to remedy that situation

here?

DR. GOLDBERG: Yes, sir, we are.

COMMISSIONER: There is actually

no overt objection to the location of the hospitals

DR. GOLDBERG: No, sir, we are in

our point, that contact with the hospital might be a

beneficial effect on my physician. We feel, as far as

teaching hospitals are concerned, we feel that a student

should not go through his medical education without

having contact with the general population and know that

general practice is there.

COMMISSIONER: Yes, thank you

very much.

THE CHAIRMAN: For a moment, good to me.

We heard yesterday and we only got it for you for

classification purposes, in the Manual, and, this is

where your present concentration of medical institutions

are, fifty-one per cent, it is right there, that is

General practitioners were waiting for the right to have

some beds allotted in the hospitals and that after

some time they were succeeded in getting a few more

of one thousand. In this situation, we have seen

we were given a situation, where we have a situation

DR. GOLDBERG: Yes, sir, I would hardly



Goldbloom

1 wish to imply a distorted situation was presented to you
2 by the Association of General Practitioners, who have
3 done a very careful survey of the conditions under which
4 their members work, and I would certainly accept their
5 statistics. We wouldn't be satisfied with this, but we
6 wouldn't want to go to the opposite extreme and open
7 every hospital to every physician. I think we should
8 point out to you as it has already been pointed out to
9 you that the organization within the medical profession,
10 for the promotion and determination of qualifications
11 are of relatively recent origin. The College of Physic-
12 ians and Surgeons began in the province to certify
13 specialists in 1948. The College of General Practice
14 dates from 1954. We feel this is on both sides a process
15 of gradual education. We would like to do our part in
16 speeding up this educational process, that is standarize
17 qualifications of every general physician so he will
18 meet the standards which are required and should be
19 retained. The hospital, on the other hand, educate the
20 hospitals so that they can feel that the general physician
21 is a worthwhile member of their staff and can make a
22 contribution.

23 THE CHAIRMAN: Dr. Goldbloom, this is
24 perhaps an errant thought that just goes through your
25 mind from time to time. A doctor graduates from a
26 recognized medical school. He does his required period
27 of internship. Is he not then qualified to practice
28 medicine and to go into a hospital?

29 DR. GOLDBLOOM: He is qualified, sir.
30 He has certain responsibility to himself and to his



1 wish to imply a distorted situation and presented for
2 by the Association of General Practitioners, was that
3 done a very careful survey of the conditions under which
4 their members work, and a would certainly accept their
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12 cians and Surgeons began in the province to establish
13 specialists in 1948. The College of General Practition-
14 ers from 1954. We feel that in both cases a process
15 of gradual education. We would like to see our process
16 speeding up this educational process, that is to say, the
17 qualifications of every general physician as well as
18 meet the standards which are required and accepted by
19 retained. The hospital, on the other hand, should be
20 hospital so that they can feel that the general physician
21 in a worthwhile manner of their right and can work
22
23 The Chairman. Dr. Johnson, this is
24 perhaps an error though I am just going through it
25 ming from time to time. A doctor who has been
26 recognized medical school. The area in a rapid period
27 of development. It has not been qualified to practice
28 medicine and so we have a problem.
29
30 He has certain responsibilities to the public and to his



1 patients and to his profession to continue his education.
2 Medicine has been moving ahead so rapidly in the last
3 two decades that he cannot graduate from medical school
4 and rest on his laurels and remain a fit doctor to staff
5 an institution.

6 THE CHAIRMAN: I haven't had him sit
7 around. He has just come out.

8 DR. GOLDBLOOM: Yes, sir.

9 THE CHAIRMAN: If there are not beds
10 available to the general practitioner how does he practice
11 medicine?

12 DR. GOLDBLOOM: It becomes very difficult
13 for him, sir, and that is why we have put that into our
14 brief, and why I read into the record our section on our
15 support for the general practitioner.

16 THE CHAIRMAN: How does your support
17 go beyond the expression in the statement of principle
18 in relation to sixteen beds in a thousand in a hospital
19 being allocated to the general practitioner?

20 DR. GOLDBLOOM: Well, sir, I think
21 that we can say that we are in a situation in which this
22 has not been sufficiently our concern and has not come
23 sufficiently to our attention until now. We have directed
24 our committee on general practice to undertake the study
25 of this situation and we are expecting a contribution
26 from them on which we can base recommendations which we
27 will like to pass on to these institutions concerned.
28 We have no authority over hospitals, sir.

29 THE CHAIRMAN: I don't want to be just
30 speaking, leave the impression I am just speaking to be



patients and to his position in regard to the fact
Medicine has been moving ahead to the fact
two decades that he cannot imagine the medical world
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an institution.

THE CHAIRMAN: I haven't had time to
around. He has just come out.
ON GOVERNMENT: Yes, sir.
THE CHAIRMAN: It looks like you have

available to the general practitioner how does he practice
medicine?

MR. GOLDMAN: It becomes very difficult
for him, sir, and that is why we have put that into our
brief, and why I read into the record our position on our
support for the general practitioner.

THE CHAIRMAN: How does your support
go beyond the expression in the statement of psychiatry
in relation to general practice in a hospital
being allocated to the general practice group?

MR. GOLDMAN: Well, sir, I think
that we can say that we are in a situation in which we
are not sufficiently organized and we are not
sufficiently to our attention with our. We have directed
our committee to general practice to understand the reality
of this situation and we are working on a collaborative
from that on which we can have some kind of a
will like to have in the future in the future.
we have to support our hospitals, sir.
MR. GOLDMAN: I don't want to be just
speaking, leave me in the future and I am going to



1 embarrassing, but you say there is a shortage of students.
2 You make the recommendation that you want this Commission,
3 by some process or another, to accelerate the recruitment
4 of young men and women wishing to study medicine, and
5 is there an indistinct impression left that only the
6 specialist is really going to get a good break?

7 DR. GOLDBLOOM: Sir, that is not the
8 attitude of this Association, and if we return to the
9 person that you have just postulated who is graduated
10 from a medical school and had his training in a hospital,
11 we would feel he should have the right to attach himself
12 to a hospital.

13 THE CHAIRMAN: He had his training in
14 a hospital?

15 DR. GOLDBLOOM: Yes, sir, but in the
16 meantime there are doctors who have practised without
17 the benefits, or perhaps, even with the benefits, but
18 who haven't maintained their continuing education and
19 their equipment. If we are talking about those doctors
20 -- we can't simply say we will take every doctor in the
21 hospital. We have a problem of hospital beds which
22 affects every physician. This couldn't be corrected by
23 fiat, we simply bring more doctors into the hospital.
24 We have to do it on a gradual basis. We have proposed
25 increasing the number of beds. Hand in hand we would
26 want to bring the general physician into the hospital.
27 This is the fault of the past, this has been allowed to
28 occur. I would like to ask Dr. Quintin to say a word
29 about Sherbrooke.

30 THE CHAIRMAN: Perhaps the statistics



by some process or another, so accelerated the rate of
of young men and women wishing to study medicine and
is there an understatement in saying that only the
specialist is really going to get a good practice.

DR. GOLDBLUM: Yes, that is true. The
attitude of this association, and if we return to the
person that you have just mentioned who is graduated
from a medical school and has his training in a hospital,
we would feel he should have the right to establish himself
to a hospital.

THE CHAIRMAN: He had his training in
a hospital?

DR. GOLDBLUM: Yes, sir, but in the
meaning that the doctors who have graduated without
the training, or perhaps, even with the training, and
who have not maintained their continuing education and
their education. If we are talking about those doctors
-- we can't simply say we will take every doctor in the
hospital. We have a problem of hospital beds which
affects every physician. This problem is connected up
first, we already have more doctors than the hospital.
We have to do it on a gradual basis. We have proposed
increasing the number of beds. Hard to find we have
want to bring the general physician into the hospital.
This is the last of the great, that has been said to
occur. I would like to see the situation of how a good
about the hospital.



1 in Sherbrooke might be a little different.

2 DR. QUINTIN: I would like to explain
3 this is a periphery hospital. If you have this young
4 man I wish you would send him to Sherbrooke. If he comes
5 to us with the qualifications you outlined

6 THE CHAIRMAN: I haven't given him
7 special qualifications. All I have given him is gradua-
8 tion from a medical school.

9 DR. QUINTIN: That is a definite
10 qualification.

11 THE CHAIRMAN: Registration, and he is
12 now on the road to practice medicine.

13 DR. QUINTIN: He is qualified. He
14 would be assigned to the general practice and would be
15 considered by the credentials committee according to his
16 various abilities as he shows them. He would be given
17 a profile, what we call the amos profile, based on one
18 well known in the Army, the Puhlems system, a well
19 recognized one. A is for anaesthetics; M is medicine;
20 O is obstetrics and S is for surgery. Let us say he
21 is a man who did his training in surgery. He would
22 probably be given a category or profile something like
23 this. A 3 -- he is not interested in anaesthetics, so it
24 would be A 3; M 3; O 3, but he may be given S 2 or even
25 S 1 if he is particularly valuable as a surgeon. If,
26 however, he is a general practitioner who is very
27 interested in obstetrics he may be given A 3, M 3, and
28 O 2, so we develop a profile of each man and he will
29 then advance into the area where he is most interested
30 and most qualified. He won't be turned away.



DR. WILSON: I would like to express

this as a personal request. If you have this young
man I wish you would send him to Springfield. It is
to us with the qualifications you outlined....

THE CHAIRMAN: I have given him

special qualifications. All I have given him is gradua-
tion from a medical school.

DR. QUINN: That is a definite

THE CHAIRMAN: Registration, and he is

now on the road to practice medicine

DR. QUINN: He is qualified, he

would be assigned to the general practice and would be
considered by the committee according to his
various abilities and the cases then. He would be given
a practice, what we call the case book, based on one
well known in the Army, the Bureau system, a well

recognized one. A is for anatomy; B is medicine;

C is obstetrics and D is the surgery. Let us say he

is a man who did his training in surgery. He would

probably be given a category in profile anatomy like

this. A 3 -- is is an anatomical question, he is

would be A 3; B 3; C 3, and he may be given B 3 or C 3

A 1 is he is an anatomical question and a question in

however, he is a general practitioner who is very

interested in obstetrics he may be given A 3, B 3, and

C 3, so he develops a profile of each man and he

then advances into the area where he is more interested

and more qualified. He won't be turned away.



1 THE CHAIRMAN: Thank you very much, Dr.
2 Quintin. I think we will arise now until two o'clock,
3 gentlemen.

4 COMMISSIONER BALTZAN: You will have
5 to change Amos to Pamos. You omitted paediatrics.

6 THE CHAIRMAN: Will it be convenient
7 for you to return at two o'clock?

8 DR. GOLDBLOOM: Yes, sir.

9
10 --- Luncheon adjournment.

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1
2 --- On resuming at 2:00 p.m.

3
4 THE CHAIRMAN: Will you excuse us,
5 gentlemen, for being a few minutes late.

6 COMMISSIONER BALTZAN: Gentlemen, I
7 am afraid I lost my train of thought since I last saw
8 you, but that is not the first time I missed a train or
9 a boat, and you will be relieved too. I ask for your
10 indulgence for just a minute.

11 On page 7:

12 "In addition, most districts lacking a
13 particular speciality are served by
14 visiting consultants from larger centres --"
15 How is that arranged? Do you have regular visiting
16 teams to the areas, or are they on call?

17 DR. GOLDBLOOM: It is done on a regular
18 basis, but it is not organized by a medical society
19 necessarily. This is an individual undertaking by a
20 physician who elects to cover areas other than in which
21 he resides.

22 COMMISSIONER BALTZAN: And this meets
23 the need in this manner?

24 DR. GOLDBLOOM: It is a limited way of
25 meeting the need.

26 COMMISSIONER BALTZAN: And do they
27 also at the same time give some instruction in the form
28 of lectures, demonstrations, etcetera?

29 DR. GOLDBLOOM: They may do so. That
30 is an individual thing.



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--- On resuming at 2:10 p.m.

THE CHAIRMAN: Will you please rise.

Gentlemen, for being a few minutes later.

am afraid I lost my train of thought since I last saw you, but shall to not the first time I missed a topic or a point, and you will be relieved too. I ask for your indulgence for just a minute.

Or page 7:

"In addition, most of the visiting specialists are needed by visiting conferences from farther countries. How is that arranged? Do you have regular visiting teams to the areas, or are they on call?"

DR. COLLEBOOM: It is done on a regular basis, but it is not organized by a medical society necessarily. This is an individual arrangement by a physician who elects to cover areas of or from his own residence.

COMMISSIONER BARTMAN: And this means the need in this manner?

DR. COLLEBOOM: It is a limited way of meeting the need.

COMMISSIONER BARTMAN: And so they also at the same time have instruction in the form of lectures, demonstrations, etcetera?

DR. COLLEBOOM: They may do so. That is an individual thing.



1 COMMISSIONER BALTZAN: My next question,
2 in the same page:

3 "In the major centres, however, notably
4 in Montreal, specialists are numerous and
5 are commonly consulted directly by the
6 patient without intermediary".

7 My question is, do you approve of that?
8 Do you consider it good, or is it in conformity with the
9 principles and customs of our North American ways, that
10 is, that the individual has the right to chose to go to
11 a specialist without going through an intermediary?

12 DR. GOLDBLOOM: In terms of our free
13 choice of a doctor by the patient, we believe this is in
14 accordance with our principles. It is also a fact of
15 medical life in a city of this kind.

16 COMMISSIONER BALTZAN: I ask that because
17 we had other opinions at other times. A question on
18 page 9, you stress the element of teaching medical
19 students, internes, graduate physicians, nurses, etcetera,
20 etcetera, which is part and parcel of medical services,
21 and under the present conditions, this adds to the cost
22 price of medical services. Would you explain it? It
23 is part and parcel of rendering the hospital services
24 to in-hospital patients?

25 DR. GOLDBLOOM: Yes, sir, it is con-
26 sidered part of the obligation of a physician who accepts
27 a position in a teaching department or in a hospital.

28 COMMISSIONER BALTZAN: And that makes
29 for the extra cost in providing hospital services?

30 DR. GOLDBLOOM: I don't think that it



COMMISSIONER DALLMAN:

in the same page:

"In the major centers, however, medical

in Montreal, specialists are numerous and

are commonly consulted directly by the

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principles and customs of our North American way, that

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DR. GOLDBLOOM: Yes, sir, it is con-

sidered part of the obligation of a physician who accepts

a position in a teaching department or in a hospital.

for the extra cost in providing hospital services?

DR. GOLDBLOOM: I don't think that it



1 contributes to the extra cost as far as the patient is
2 concerned. It may contribute indirectly, insofar as
3 a physician has accepted an obligation to give treatment
4 of this kind, and has to make a living at the same time.
5 Perhaps if he devoted himself entirely to practice his
6 fees could be lower, but this is an indirect thing.

7 COMMISSIONER BALTZAN: But it is part
8 of the health cost budget?

9 DR. GOLDBLOOM: No, sir, this is not
10 included.

11 COMMISSIONER BALTZAN: Do these fees
12 come from outside sources, rather than from the hospital
13 budget?

14 DR. GOLDBLOOM: Well, there you are
15 talking about the people who receive the teaching. We
16 were talking before about those providing the teaching.
17 They are not remunerated and if they are, they are on a
18 full time basis and part of a university budget generally.

19 COMMISSIONER BALTZAN: My question has
20 to do with these people who are rendering service, but are
21 being learned at the same time, and their salaries, for
22 the most part, and their maintenance, comes out of the
23 hospital budget?

24 DR. GOLDBLOOM: Yes, sir, that is
25 correct.

26 COMMISSIONER BALTZAN: Which adds to
27 the total cost of hospital care?

28 DR. GOLDBLOOM: It could indirectly, sir.
29 If we presume that by requiring that internes and other
30 hospital personnel devote some time to learning as part



contributed to the extra cost as far as the patient is

concerned.

of this kind, and not to make a list of the names of
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COMMISSIONER BARTON: If a person has

to do with these people who are rendering services, is the

person learned at the same time, and their salaries, for

the most part, and their remuneration, comes out of the

hospital budget?

DR. COLLINGS: Yes, sir, that is

correct.

COMMISSIONER BARTON: What about the

the total cost of hospital care?

DR. COLLINGS: It could be answered in

if we were first by regarding that income and other

hospital personnel devote some time to teaching and



1 of their occupation, that more of them are necessary to
2 ensure the coverage of patient care.

3 COMMISSIONER BALTZAN: I shall simply
4 ask a little clarification on page 11:

5 "The physician in the larger centre is
6 less freely mobile and many factors make
7 practice more time-consuming and less
8 efficient there."

9 We heard a little bit of that earlier
10 in your presentation. What is that lack of mobility?
11 Is it the traffic, the distance?

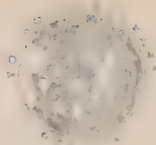
12 DR: GOLDBLOOM: Mostly traffic and
13 distance within the metropolitan area. The distance may
14 not seem very great in comparison with rural distances,
15 but covering eight or ten miles within the metropolitan
16 area, as one sometimes has to do, is extremely time-
17 consuming. In the rural area the doctor makes it quite
18 quickly.

19 COMMISSIONER BALTZAN: I don't suppose
20 you got down to exact figures, but I know one estimate
21 in a large metropolitan area in the U.S.A., where the
22 average time to get to a house is forty minutes, and
23 forty minutes to get back, and the time to look after the
24 patient takes valuable time. I suppose you haven't
25 broken down the minutes or seconds?

26 DR. GOLDBLOOM: No, sir.

27 COMMISSIONER BALTZAN: Well, I have
28 broken them down here, and I am not going to ask you to
29 do anything more.

30 COMMISSIONER FIRESTONE: If I may turn



Goldblom

...upation, that more of them are necessary to
...the coverage of patients here.

ask a little clarification on page 11:

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average time to get to a house is forty minutes, and
forty minutes to get back, and the time to look after the
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broken down the minutes or seconds?

DR. GOLDBLOM: No, sir.

JOHN DOUGLAS BARTON: Well, I have

broken them down here, and I am not going to ask you to
do anything more.



1 first to page 10, in the section dealing with Health
2 Care of Medically Indigent, you say in the first sentence:

3 "Not a single district reports major
4 difficulty in the provision of health
5 care to the medically indigent, although
6 imperfections do exist."

7 Could you elaborate some of those im-
8 perfections?

9 DR. GOLDBLOOM: Well, sir, we went to
10 the various districts and sent questionnaires to all.
11 districts, and we spoke with doctors there and asked them
12 how do the indigents get looked after, and their answers
13 were in rather general terms, and therefore I have to
14 answer you in rather general terms.

15 They said more or less, well, that is to
16 say where the obligation is presented to the physician
17 to provide the care that the physician provides it. That this
18 does not always cover everything that might be necessary,
19 that might be advisable in such a case, because of things
20 which have been touched on in other discussions, such as
21 drugs, and so on, and they present a problem.

22 Care of other sorts, ancillary care,
23 physiotherapy, or whatever it may be, may not be available,
24 or if available, at a distance away, and the transporta-
25 tion to reach it may not be possible.

26 What we imply, sir, is simply that in
27 consulting the membership of this Division we found an
28 expression of goodwill in this regard, and an effort to
29 provide this care as much as was possible.

30 COMMISSIONER FIRESTONE: You suggested



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Care of Medically Indigent, you say in the first sentence:

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tion to reach it may not be possible.

What we imply, sir, is simply that in

constituting the membership of this Division we found an

expression of goodwill in this regard, and an effort to

provide this care as much as was possible.

COMMISSIONER THURSTON: You suggest



1 that medically indigents are referred to a doctor. Did
2 I understand you correctly?

3 DR. GOLDBLOOM: It is frequently the
4 case.

5 COMMISSIONER FIRESTONE: Well, who does
6 the referring to the doctor? How does it work in practice?

7 DR. GOLDBLOOM: It depends whether we
8 are referring to metropolitan or rural areas. In rural
9 areas generally the population is known to the doctor,
10 and the relationship is a direct one.

11 COMMISSIONER FIRESTONE: May I just
12 stick to this one question. Therefore, if somebody is
13 medically indigent, or indigent, he would go to the
14 doctor and say: "Doctor, I cannot pay you, I don't feel
15 well." and the doctor would look after him?

16 DR. GOLDBLOOM: This is our understand-
17 ing, yes.

18 COMMISSIONER FIRESTONE: In other words,
19 the doctor subsidizes the indigent and the medically
20 indigent in the rural areas?

21 DR. GOLDBLOOM: Yes, sir. In the
22 metropolitan areas the social services are much more
23 highly developed, and the social service agencies are
24 frequently the instruments by which the patient and the
25 doctor are brought together. If this is done by a well-
26 organized social agency, they generally have a panel of
27 physicians, who have accepted this responsibility and
28 receive a limited recompense.

29 In this city we also have an enormous
30 development of out-patient departments in hospitals, and



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development of out-patient departments in hospitals, and



1 patients are referred there by social agencies, by
2 physicians, and by themselves.

3 COMMISSIONER FIRESTONE: And you have
4 no specific examples in mind when you speak of imperfec-
5 tions? It is just a general observation?

6 DR. GOLDBLOOM: It is just a general
7 observation, sir.

8 COMMISSIONER FIRESTONE: On page 13,
9 in paragraph (c), you speak of the possibility of expansion
10 of a faculty of medicine at Sherbrooke, and then you say:

11 "... alternatively of the foundation
12 of a sixth faculty of medicine in the
13 province...."

14 and this apparently is a subject that you wish to be
15 studied, as to where such a faculty should be established?

16 DR. GOLDBLOOM: Yes, sir.

17 COMMISSIONER FIRESTONE: Have you any
18 particular location in mind?

19 DR. GOLDBLOOM: No, sir. I think it
20 would be presumptuous on our part to suggest, not being
21 a university body. We have consulted the Deans of the
22 Faculties of Medicine, and asked their opinions. We
23 haven't asked them specifically where. It is our under-
24 standing that the University of Sherbrooke intends to
25 start rather moderately, and graduate about twenty-five
26 students when they have their first graduating class,
27 at present estimated for 1971, and that eventually might
28 get up to sixty-five. This is something that we cannot
29 count on, and this is why we propose the alternative of
30 an additional faculty, without making a specific



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at present estimated for 1971, and that eventually might

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count on, and this is why we propose the alternative of

an additional faculty, without making a specific



1 recommendation in that direction. I think that it would
2 be less costly and more efficient to try and expand what
3 we have than to try to start de novo to establish a new
4 faculty.

5 COMMISSIONER FIRESTONE: Dr. Quintin,
6 would you like to say something about it?

7 DR. QUINTIN: No, I have no comments.

8 COMMISSIONER FIRESTONE: Page 16, and
9 the pages following, where you deal with basic consider-
10 ation in health care planning, you emphasize in the
11 second paragraph that consideration should be given to
12 three factors in any health plan: Cost of service;
13 availability of service, and quality of service.

14 May I ask you whether we can talk perhaps
15 in terms of principles of the kind of planning that you
16 seem to have in mind, and if my understanding is not
17 quite correct from what I have read, please correct me.

18 I take it you are first in favour of
19 the principle of pre-payment of medical care?

20 DR. GOLDBLOOM: That is correct, sir.

21 COMMISSIONER FIRESTONE: Are you second-
22 ly in favour of a comprehensive medical care plan for
23 the Province of Quebec using the term comprehensive in
24 covering all reasonable and appropriate medical care
25 service concerned with physical ill health and mental ill
26 health?

27 DR. GOLDBLOOM: Yes, sir, as we expressed
28 to the Commission this morning, we are in favour of the
29 broadest possible coverage for health services. We don't
30 feel that the full cost of these services can easily be



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MR. GOLDMAN: No, I have no comments.

COMMISSIONER FLEMMING: Yes, I do, and

the point following, where you deal with health care

ation in health care planning, you discuss in the

second paragraph that consideration should be given to

three factors in any health plan: Cost of service;

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May I ask you whether we can find passage

in terms of principles of the kind of planning that you

seem to have in mind, and if my understanding is not

quite correct from what I have read, please correct me.

I take it you are least in favor of

the principle of pre-payment of medical care?

MR. GOLDMAN: That is correct, sir.

COMMISSIONER FLEMMING: Are you second-

ly in favor of a comprehensive medical care plan for

the Province of Quebec using the term comprehensive in

covering all reasonable and appropriate medical care

Health?

MR. GOLDMAN: Yes, sir, as we expressed

to the Commission this morning, we are in favor of the

greatest possible coverage for health services. We don't

feel that the full cost of these services can easily be



1 borne under a single premium of an insurance type.

2 COMMISSIONER FIRESTONE: At the moment
3 I am not asking as to how the programme will be financed.
4 I am just trying to understand what you are trying to
5 cover. I understand you have in mind comprehensive
6 coverage in the sense of medical care services provided
7 to the people suffering ill health, physical and mental,
8 is that correct?

9 DR. GOLDBLOOM: Yes, sir.

10 COMMISSIONER FIRESTONE: You also have
11 in mind a plan that, and this is the third principle, that
12 would be universal, to provide for universal coverage,
13 in the sense of being universally available to everybody?

14 DR. GOLDBLOOM: Yes, sir.

15 COMMISSIONER FIRESTONE: And the fourth
16 principle is that you wish to have this universal coverage
17 achieved by voluntary means, is that correct?

18 DR. GOLDBLOOM: Yes, sir, that is
19 correct.

20 COMMISSIONER FIRESTONE: So we have those
21 four principles on which you proposed a programme be
22 based?

23 DR. GOLDBLOOM: Yes.

24 COMMISSIONER FIRESTONE: Then you go on
25 on the method of financing this plan, you say that it
26 ought to be financed from two major sources. One,
27 premium payment by those who can pay premiums, and the
28 State paying the premium for those that cannot pay the
29 premiums, is that correct?

30 DR. GOLDBLOOM: Yes, sir.



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DR. GOLDBLOOM: Yes, sir.



1 COMMISSIONER FIRESTONE: And you say
2 that the State would pay those premiums, taking the money
3 out of general revenue collected through taxes?

4 DR. GOLDBLOOM: We haven't specified
5 what revenue, sir. We would rather say that if the State
6 is going to collect revenue for this service, that we
7 would like to know what income and what expenditure are
8 in such a fund, rather than put it into general revenue.

9 COMMISSIONER FIRESTONE: Well, as I read
10 your paragraphs 4 and 5 on page 16, you speak first of
11 insurance payments through premiums, and then in the
12 next paragraph you speak of taxation, and I take it
13 taxation is used to pay, to collect revenue, to pay for
14 the premiums for the indigent and the medically indigent
15 is that correct?

16 DR. GOLDBLOOM: Yes, sir.

17 COMMISSIONER FIRESTONE: You then go
18 on in this paragraph on taxation and say that:

19 "Taxation equalizes such costs between
20 low and high, private and corporate
21 incomes, in the sense of placing a fairer
22 share of public burdens on those shoulders
23 better able to carry them."

24 Does this sentence reflect your subscrip-
25 tion to the principle that the cost of such a plan should
26 be borne on the basis of the ability to pay?

27 DR. GOLDBLOOM: Yes, sir. I think
28 necessarily that we would subscribe to such a principle,
29 but there are many forms of taxation, some of which do
30 take into account ability to pay, and others which do not,



1 and we could foresee that government might choose to apply
2 both principles in deriving revenue for such a fund.

3 COMMISSIONER FIRESTONE: What would you
4 be in favour of? The principle of ability to pay?

5 DR. GOLDBLOOM: Largely, yes, sir.

6 COMMISSIONER FIRESTONE: Well, largely,
7 means you are or you are not?

8 DR. GOLDBLOOM: Yes, sir, we are in
9 favour of that, sir.

10 COMMISSIONER FIRESTONE: Thank you.
11 Now, sir, you said earlier when we were discussing the
12 principle of coverage that you had in mind a plan that
13 would be universally available, and you would be interested
14 in seeing as many people as possible covered under the
15 plan on a voluntary basis. We received a submission in
16 Quebec City from L'Association de Sante du Quebec, in
17 which it was recommended to us, a similar plan to yours,
18 but they recommended that the plan should be on a
19 compulsory basis and cover everybody, and when we asked
20 them why, there were a number of reasons, one of which
21 was the premiums payable, by spreading the risk over all
22 people, would be lower per person covered. We asked
23 them further whether they thought that the medical
24 profession of the Province of Quebec would co-operate in
25 such a plan, and they said, they believed they would.
26 What are your views, sir?

27 DR. GOLDBLOOM: Well, sir, if I may be
28 a little presumptuous, they said more than that. They
29 said that if the medical profession in sufficient numbers
30 didn't co-operate, they would expect the government to



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COMMISSIONER: What would you

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DR. COLIN: Yes, and, we are in

favour of that, sir.

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them further whether they thought that the medical

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What are your views, sir?

DR. COLIN: Well, sir, if I may be

a little presumptuous, they said more than that. They

said that if the medical profession in sufficient numbers

didn't co-operate, they would expect the Government to



1 coerce the medical profession to co-operate.

2 Our view is that no one needs to persuade,
3 entice, or coerce the medical profession into looking
4 after patients. That it is not therefore necessary for
5 the medical profession to be participants in such a plan.
6 That the patient should have free choice of doctor.
7 That the patient should have his responsibility to that
8 doctor, and that the patient should insure himself
9 separately from that relationship.

10 COMMISSIONER FIRESTONE: Well, when we
11 had the Association before us we were discussing two
12 aspects of that compulsory feature. One was compulsory
13 belonging to the plan of the insured, and secondly,
14 compulsory belonging of the physicians, or co-operation
15 by physicians under the plan, and the supplementary
16 remark which you made applied to the second part of the
17 compulsion.

18 My question related to the first part of
19 the compulsion, which it was suggested to us that the
20 plan should cover all the people of the Province of
21 Quebec. How do you feel about that part of the compulsory
22 proposal of coverage?

23 DR. GOLDBLOOM: Sir, I don't believe
24 that these two aspects are separable. If there is
25 compulsion, then there is compulsion on both sides,
26 because compulsion can only come from government. It
27 has to be legislative. Once it is legislative, the
28 government has assumed an obligation to see that people
29 receive their medical care, therefore, compulsion must
30 be imposed on the medical profession.



1 COMMISSIONER FIRESTONE: If I may
2 recall what we were told in Quebec City, it was suggested
3 to us that the Association would prefer, and they were
4 hopeful that the physicians would co-operate under such
5 a plan, on a voluntary basis.

6 Could you not visualize that, as you said
7 yourself, nobody needs to force doctors. They are going
8 to look after patients, so why would there need to be
9 compulsion once such a plan is in operation, particularly
10 the physicians involved in developing the plan, why is
11 there compulsion needed on the part of the doctors?

12 DR. GOLDBLOOM: Compulsion is an
13 exclusive thing. It implies a monopoly, because it
14 eliminates competition and in this country we have an
15 attitude against monopoly and we have a Combines Act to
16 enforce it.

17 We subscribe to this situation, and feel
18 there should be a competitive situation in the insurance
19 field, so that freedom can be maintained. The system
20 under which we live is a system which involves checks
21 and balances, and these checks and balances involve a
22 certain competition between government when it enters
23 private life and private enterprise, and if compulsion
24 is imposed, private enterprise is eliminated.

25 In the words of Lord Acton in 1924:

26 "Power tends to corrupt, and absolute
27 power corrupts absolutely"

28 COMMISSIONER FIRESTONE: But we have
29 made a little progress since 1924.

30 COMMISSIONER McCUTCHEON: We haven't



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 to us that the Association would prefer, and they were
 hopeful that the physicians would cooperate under such
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COMMITTEE ON HUMAN RIGHTS: And we have
 made a little progress since 1945.
 COMMISSIONER: Yes, we have.



1 made that much progress in philosophy.

2 THE CHAIRMAN: They have made that
3 kind of progress too in Russia since 1924.

4 COMMISSIONER FIRESTONE: If I may come
5 back to Quebec. We have had these proposals from this
6 Association in Quebec City, and it is a proposal for a
7 compulsory plan, compulsory as far as coverage of the
8 insured population of the Province of Quebec is concerned.
9 Does your Association support such a plan, or do you feel
10 that you would not support such a plan?

11 DR. GOLDBLOOM: We would not support
12 such a plan, and we have proposed an alternative.

13 COMMISSIONER FIRESTONE: Yes, I under-
14 stand that. It was explained to us that the Association
15 did expect that such a plan will be supported by the
16 medical profession, but you have made it clear that you
17 would not. Thank you very much.

18 If I may follow up one point that was
19 raised a little earlier by our Chairman, in connection
20 with the method of reimbursement, and you may recall that
21 on page 17, in the third paragraph, at the bottom of the
22 paragraph you say:

23 "We favour therefore a reimbursement or
24 indemnity role for the insurer outside
25 that relationship."

26 and you dealt with some of the implications of this
27 particular suggestion in answer to questions of the
28 Chairman, and may I just give you my understanding of
29 what you said, and please correct me again if I didn't
30 quite get the point that you were putting to us.



we are this month for the first time.

THE CHAIRMAN: They have not yet.

Kind of progress too in the last since 1954.

COMMISSIONER RIMSTON: If I may say

back to Quebec. We have had some proposals for a

Association in Quebec City, and it is a proposal for a

compulsory plan, compulsory as far as the rest of the

province is concerned. I mention it because of Quebec is concerned.

Then your Association suggests such a plan, or do you feel

that you would not support such a plan?

THE CHAIRMAN: We would not support

such a plan, and we have proposed a different one.

COMMISSIONER RIMSTON: Yes, I understand.

and that. It was explained to us that the Association

did expect that such a plan will be supported by the

medical profession, but you have made it clear that you

would not. Thank you very much.

If I may follow up on the point of fact you

raised a little earlier by our Chairman, in connection

with the method of reimbursement, and you may recall that

on page 17, in the third paragraph, at the bottom of the

paragraph you say:

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and you deal with some of the implications of this

suggestion in answer to questions of the

Committee, and may I just give you my understanding of

what you said, and please correct me again if I am

quite far from what you meant to say.



1 As I understood, sir, that persons who
2 pay premiums to this fund, when they see the doctor they
3 will be looked after in the regular manner, will receive
4 a bill from the doctor, pay the doctor and then, they
5 in turn present the bill to the insurance company or
6 commission or agency, and they in turn are reimbursed.

7 DR. GOLDBLOOM: The receipts.

8 COMMISSIONER FIRESTONE: Yes. Then you
9 went further, and said as far as the medically indigent
10 are concerned, you would visualize a system whereby these
11 people, their premium would be paid by government, by the
12 State, and they would be issued a card which they would
13 present to the physician, and the physician then would
14 look after them in the same manner as the other patients,
15 but at the end of the month, submit an account to the
16 commission, and then collect all the payments due to him
17 for services rendered.

18 Was my understanding correct?

19 DR. GOLDBLOOM: Yes, that is correct,
20 sir.

21 COMMISSIONER FIRESTONE: Well now, sir,
22 I take it that the doctor in the case of the indigent
23 and the medically indigent patient would be collecting
24 the fee from the fund, but he would be providing the same
25 medical care service as the patient who paid him directly?

26 DR. GOLDBLOOM: Yes, sir.

27 COMMISSIONER FIRESTONE: So there would
28 be no difference in the quality of service?

29 DR. GOLDBLOOM: This is a matter of
30 principle, sir.



1 COMMISSIONER FIRESTONE: Yes, it is a
2 very sound principle, and the medical profession is to be
3 congratulated for not making any discrimination. It is
4 a fact that the fund is paying the doctor bills for the
5 indigent and the medically indigent. Is this fact in
6 any way affecting the relationship between patient and
7 doctor?

8 DR. GOLDBLOOM: It should not, sir.

9 COMMISSIONER FIRESTONE: And therefore,
10 in fact, it does not?

11 DR. GOLDBLOOM: It does not, no, sir.

12 COMMISSIONER FIRESTONE: Therefore,
13 would you not say that the method of payment should not,
14 or does not affect the patient/doctor relationship?

15 DR. GOLDBLOOM: There are two aspects
16 to the method of payment. One is the technicality of
17 how payment is transmitted from one party to the other.
18 The other, the sense of obligation involved.

19 Here we are dealing with a special
20 category of the population, a category that will always
21 I am sure be with us, but a category that we would rather
22 not have with us, and this is why we say in our brief
23 the government should devote every effort towards raising
24 the standard of living.

25 COMMISSIONER FIRESTONE: Well, again,
26 this is a very laudable objective, and I am sure it is
27 endorsed by everybody here on this side and the other
28 side, but to come back to the question that I have put
29 before you. I understand that as far as patient/doctor
30 relationship is concerned, or the quality of the service is



COMMITTEE ON FINANCIAL AFFAIRS: Yes, it is a

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before you, I understand that as far as patient/doctor
relationship is concerned, or the quality of the service



1 concerned, there is no difference whether this payment
2 is made directly by the patient to the doctor, or in the
3 other case, by the State or the fund to the doctor, is
4 that correct?

5 DR. GOLDBLOOM: It is correct if we
6 recognize that this is a special category. It would not
7 apply to the entire population, if the entire arrangement
8 were on this basis.

9 COMMISSIONER FIRESTONE: I would like
10 you to explain to me why a man that earns \$4,000.00, his
11 relationship with the doctor may be affected, while the
12 man who earns \$3,000.00, his relationship would not be
13 affected when the payment is made by a fund. Why should
14 the man of \$4,000.00, who would not be, say, in the
15 medically indigent group, why should his relationship
16 be affected if the fund should pay for him, while the man
17 making \$3,000.00 would not be affected? Why?

18 DR. GOLDBLOOM: We would feel, sir,
19 that this sense of responsibility and mutual obligation
20 applies to all doctor, patient relationships and that it
21 would apply equally to the relationships of the physician
22 with those patients who are not in a position to pay,
23 but that the doctor as a citizen and human being takes
24 special consideration in regard to these patients.
25 You must realize, sir, as has been brought out before,
26 that the doctor is psychologically in a disadvantageous
27 situation because he makes his living out of suffering of
28 others, and in a sense, it may be, sir, that the help
29 that the doctor can give to those who are in need
30



1 can justify to himself the way in which he makes his
2 living.

3 COMMISSIONER BALTZAN: If I may inter-
4 ject at the moment you seem to imply actually what will
5 change under the circumstances that are being discussed
6 now, the human factor, the attitude on the part of the
7 patients, the attitude on the part of physicians under
8 these terms which is a matter of attitude which
9 indirectly, not directly, if I adduce that correctly
10 could affect the quality, but it doesn't imply because
11 of a change that the quality is directly and definitely
12 going to be affected to begin with, and I repeat it is
13 very likely that the attitude on the part of one and the
14 attitude on the part of the other not being what the
15 usual attitude that would be expected is, that could
16 change and indirectly perhaps interfere or reflect on
17 quality?

18 DR. GOLDBLOOM: Well, sir, I would
19 like to say -- there are two things I would like to bring
20 into this discussion. The first is that there is a
21 certain subtlety that goes beyond the direct relationship
22 between the physician and patient. If the physician
23 is to receive the major part or all of his remuneration
24 from a third party then a situation of potential conflict
25 of interest arises. We were asked earlier about our
26 attitude towards doctor sponsored plans. We expressed
27 the attitude which wasn't in favour of the expansion
28 of doctor sponsored plans because of the views that
29 we have expressed. We feel where a third
30 party pays that a conflict of interest frequently --



1 I won't say frequently, I withdraw that word -- may
2 arise that is not in the best interests of the patient.
3 Hospitalization in situations that whether a patient is
4 hospitalized or not is governed by considerations other
5 than immediate medical matters, governed by the questions
6 of who pays and who pays how much. We have various
7 restrictions imposed on the profession of the kind of
8 care that we would like to provide through budgetary
9 restrictions because a third party is paying.

10 Now, the doctor recognizes an indigent
11 and takes this into consideration and acts accordingly.
12 If the person is in the intermediate category, the gray
13 area which has been discussed, the doctor under our plan
14 is at liberty to reduce his charges and take into
15 consideration the situation in which that person or
16 family finds themselves.

17 The other thing I would like to call to
18 your attention, sir, is that the indigents are not the
19 only categories of the population who are looked after
20 by the doctor without charge. The other group is the
21 doctor and his family, and I would like to tell you,
22 sir, although perhaps you know it already, that in the
23 majority of instances, the doctor will beg another
24 doctor to forget the principle of professional courtesy
25 and submit a bill because he will feel more comfortable
26 in the relationship.

27 COMMISSIONER FIRESTONE: Are most
28 practicing physicians in the Province of Quebec partici-
29 pating members in the Blue Cross?

30 DR. GOLDBLOOM: No, sir, I don't



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I won't say "naturally," I will say that word -- way
 arise that is not in the best interests of the patient.
 hospitalization in situations like, whether a patient is
 hospitalized or not is governed by considerations other
 than immediate medical matters, governed by the questions
 of who pays and who pays how much. We have various
 restrictions imposed on the profession of the kind of
 same that we would like to provide through voluntary
 restrictions because a third party is paying.

Now, the doctor recognizes an indigent
 and takes this into consideration and acts accordingly.
 If the person is in the intermediate category, the way
 that which has been discussed, the doctor under our plan
 is at liberty to reduce his charges and take into
 consideration the situation in which that person or
 family finds themselves.

The other thing I would like to call to
 your attention, sir, is that the indigents are not the
 only categories of the population who are looked after
 by the doctor without charge. The other group is the
 doctor and his family, and I would like to tell you,
 sir, although perhaps you know it already, that in the
 majority of instances, the doctor will beg another
 doctor to forget the principles of professional courtesy
 and submit a bill because he will feel more comfortable
 in the relationship.

COMMUNIST FIGHTERS: Are more
 practicing physicians in the Province of Quebec partici-
 pating members in the Bone Group?
 DR. GOLDFLOOM: No, sir, I don't



1 believe that the majority are.

2 COMMISSIONER FIRESTONE: A large
3 number of participating doctors in Blue Cross?

4 DR. GOLDBLOOM: Yes, a large number
5 are.

6 COMMISSIONER FIRESTONE: How does the
7 doctor collect from the Blue Cross?

8 DR. GOLDBLOOM: The participating
9 physician?

10 COMMISSIONER FIRESTONE: The partici-
11 pating physician.

12 DR. GOLDBLOOM: As soon as all the
13 forms are received he receives the cheque from the Blue
14 Cross. This is an indemnity plan which sends back a
15 form stating that the Blue Cross has paid so much and
16 the patient is obligated to pay the balance.

17 COMMISSIONER FIRESTONE: Does the fact
18 that the Blue Cross pays the doctor's fee directly to
19 the doctor affect the patient, doctor relationship?

20 DR. GOLDBLOOM: It may provide a
21 conflict of interest in the same sense I suggested to
22 you before.

23 COMMISSIONER FIRESTONE: Have you had
24 complaints from either patients or doctors about this
25 system that is presently in operation in the Blue Cross?

26 DR. GOLDBLOOM: I don't think I am
27 qualified to answer that. Such complaints wouldn't
28 necessarily come to our Association.

29 COMMISSIONER FIRESTONE: I take it
30 from the fact the system continues in existence and a



1 large number of doctors continue to participate, it
2 must be fairly acceptable both to doctors and patients.

3 DR. GOLDBLOOM: Some considerations of
4 it are acceptable, sir, but we are not satisfied to
5 remain with the system that we have, and this is why we
6 have proposed the plan which you have before you.

7 COMMISSIONER FIRESTONE: Have you had
8 any complaints from patients that as a result of this
9 system that has been in operation in the Province of
10 Quebec of the quality of medical care service? Yourself
11 as a professional association might hear about complaints
12 of quality due to this one fact. Have you had any
13 complaints of that type?

14 DR. GOLDBLOOM: I am not aware of such
15 complaints about the quality of the professional care
16 where we refer to the value and integrity of the service
17 which the physician provides to the patient.

18 COMMISSIONER FIRESTONE: In other words,
19 we have in operation in the Province of Quebec a system
20 whereby the doctors are paid directly by the insuring
21 agency and there appears to be very little complaint
22 against the system and as far as you know yourself, very
23 little complaint as to the effect on quality.

24 Would you suggest that experience
25 suggest such a system is valuable and workable and
26 perhaps more efficient than a system whereby people have
27 to collect from the insuring agency individual fees and
28 then pay them out to the doctor?

29 DR. GOLDBLOOM: I will call to your
30 attention, sir, this is an indemnity plan and it issues

large number of cases which are not included in the list. It must be fairly accepted, both in the United States and England,

MR. COLLETT: Some observations on

it are acceptable, but we are not satisfied with the system that we have, and this is why we have proposed the plan which you have before you.

COMMISSIONER: Have you had

any comparison from patients that as a result of this

system that has been in operation in the Province of

Quebec of the quality of medical care received? Yourself

as a professional association might have some complaints

of quality due to this case. Have you had any

complaints of that type?

MR. COLLETT: I am not aware of any

complaints about the quality of the service and care

where we refer to the value and intensity of the service

which the physician provides to the patient.

COMMISSIONER: In other words

we have in operation in the Province of Quebec a system

whereby the doctors are paid directly by the financing

agency and there appears to be very little complaint

against the system and as far as you know yourself, very

little complaint as to the effect on quality.

Would you suggest that experience

indicates that a system is warranted that we have and

perhaps more efficient than a system whereby people have

to collect from the financing agency individual fees and

then pay them out to the doctors?

MR. COLLETT: This is a very

interesting question, this is an interesting question and it is



1 a statement to the patient of what his obligation is to
2 the physician and states we have paid a certain propor-
3 tion and you are obligated for the balance, and the
4 physician uses his discretion about the balance according
5 to the means of the family he is dealing with. I would
6 also like, if I may, to correct what you have just said,
7 the order in which you stated the action is the reverse,
8 that under the plan which we propose, the patient would
9 pay to the doctor and would present the doctor's receipted
10 bill to the insurer.

11 COMMISSIONER FIRESTONE: Why wouldn't
12 you feel a system whereby he would collect directly from
13 the insurer wouldn't be a more efficient system? Are you
14 against it from the matter of principle of doctor,
15 patient relationship, or because you think it is a more
16 efficient system, or both counts?

17 DR. GOLDBLOOM: On the basis of
18 doctor, patient relationship, sir, and on the basis of
19 where the doctor's obligation lies. The doctor's obliga-
20 tion lies to the patient and not to the insurance plan.

21 COMMISSIONER FIRESTONE: But you would
22 have no objection if the patients and the insurance
23 agency work out a plan that is satisfactory to both of
24 them, and the patient wanted to have the payment made
25 directly to the doctor, would the doctor have any objec-
26 tions if that is what the patient wants?

27 DR. GOLDBLOOM: We are citizens of a
28 democracy and if this is the result of a democratic
29 process, then we would co-operate with it.

30 COMMISSIONER FIRESTONE: In other words,



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3 tion and you are obligated for the balance, and the

4 physician does his obligation about the balance according

5 to the means of the family he is dealing with. I would

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7 the order in which you stated the matter is the reverse,

8 that under the plan which we propose, the patient would

9 pay to the doctor and would present the doctor's receipt

10 bill to the insurer.

11 COMMISSIONER FIRST: Why wouldn't

12 you feel a system whereby we would collect directly from

13 the insurer wouldn't be a more efficient system? Are you

14 against it from the matter of principle of doctor,

15 patient relationship, or because you think it is a more

16 efficient system, or both answers?

17 DR. GOODRICH: On the basis of

18 doctor, patient relationship, sir, and on the basis of

19 where the doctor's obligation lies. The doctor's obliga-

20 tion lies to the patient and not to the insurance plan.

21 COMMISSIONER FIRST: But you would

22 have no objection if the patients and the insurance

23 agency work out a plan that is satisfactory to both of

24 them, and the patient wanted to have the present mode

25 directly to the doctor, would the doctor have any objec-

26 tion if there is what the patient wants?

27 DR. GOODRICH: We are all in favor of a

28 democracy and if this is the result of a democratic

29 process, then we would cooperate with it.

30 COMMISSIONER FIRST: In other words,



1 you would co-operate in a plan which would provide for
2 comprehensive coverage on a full basis with payments made
3 directly by the insuring agency to the doctors?

4 DR. GOLDBLOOM: Professor Firestone,
5 the medical profession would co-operate with any plan
6 which in the wisdom of the government of the province is
7 correct.

8 COMMISSIONER FIRESTONE: That is a
9 very enlightening statement. Thank you.

10 COMMISSIONER STRACHAN: If I may be
11 permitted two or three questions, Mr. Chairman.

12 You have made considerable reference to
13 paramedical personnel and to some degree you have detailed
14 them, but to me, over lunch this term paramedical
15 has become very nebulous. Would you care to detail
16 exactly what you mean by paramedical personnel as related
17 to your brief?

18 DR. GOLDBLOOM: In this case we have,
19 we referred directly to those people who assist the
20 doctor, nurses -----

21 COMMISSIONER STRACHAN: You mean
22 physicians?

23 DR. GOLDBLOOM: Physicians, excuse me,
24 and I have carefully removed every reference to doctor
25 in the brief in favour of the word physician. Excuse me
26 for that slip.

27 COMMISSIONER STRACHAN: I wanted to get
28 it clear.

29 DR. GOLDBLOOM: I heard you in Vancouver,
30 sir.



1 You would co-operate in a plan which would provide for
2 comprehensive coverage on a full scale with payment and
3 directly by the financing agency to the doctor?

4 the medical profession would co-operate with any plan
5 which in the wisdom of the government of the province is
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7 COMMISSIONER RICHMOND: That is a
8 very enlightening statement. Thank you.

9 COMMISSIONER RICHMOND: It may be
10 permitted two or three questions, Mr. Chairman.

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12 paramedical personnel and to some degree you have talked
13 them, but to me, over lunch this week paramedical
14 has become very nebulous. Would you care to detail

15 exactly what you mean by paramedical personnel as related
16 to your beliefs?

17 MR. GOLDEN: In this case we have
18 we referred directly to those people who assist the
19 doctor, nurses ----

20 MR. GOLDEN: Physicians, excuse me,
21 and I have carefully removed every reference to doctor
22 in the title in favour of the word physician. Excuse me
23 for that slip.

24 COMMISSIONER RICHMOND: I wanted to get
25 it clear.

26 MR. GOLDEN: I need not in Vancouver



1 THE CHAIRMAN: I would like to know the
2 difference myself.

3 DR. GOLDBLOOM: Those personnel who
4 assist the physician, that is to say nurses, occupational
5 therapists, physiotherapists, social workers and so on.

6 COMMISSIONER STRACHAN: What is so on.
7 I have all those.

8 DR. GOLDBLOOM: All the various tech-
9 nicians and so on. We have no intention of speaking
10 for the dental profession in this brief. The dental
11 profession has presented its own point of view. Neither
12 the inclusion or exclusion as far as our principle is
13 concerned. We feel the plan we have proposed, being a
14 reimbursement plan, would be every bit as applicable to
15 dental care or drug care. It would have to be budgeted
16 for.

17 COMMISSIONER STRACHAN: Are you thinking
18 of psychologists?

19 DR. GOLDBLOOM: Yes, sir.

20 COMMISSIONER STRACHAN: As paramedical?

21 DR. GOLDBLOOM: Yes, sir.

22 DR. STRACHAN: That is the area I was
23 thinking about. It wasn't particularly dental I had
24 reference to.

25 One other question I would like to put to
26 your division: Do you confirm the resolution of the
27 Canadian Medical Association regarding fluoridation?

28 DR. GOLDBLOOM: Yes, sir, we do indeed.

29 COMMISSIONER STRACHAN: Thank you, Mr.
30 Chairman.



1 COMMISSIONER BALTZAN: I started and
2 didn't finish it before we left, in connection with
3 privileges in hospitals, have you enough hospital beds
4 and accommodations to admit to your staff, say, one who
5 is fully specialized and ready to assume his specialty?
6 Does he automatically come on to any one of your staffs?

7 DR. GOLDBLOOM: No, sir, the fact of
8 graduation from medical school does not automatically
9 carry with it

10 COMMISSIONER BALTZAN: Beyond medical
11 school.

12 THE CHAIRMAN: Specialty.

13 DR. GOLDBLOOM: In any specialty, sir,
14 the physician can apply to a hospital and be passed by
15 its credential committee. All appointments are annual
16 appointments and have to be merited each year by every
17 physician.

18 COMMISSIONER BALTZAN: And it isn't
19 always possible for even a specialist to have an oppor-
20 tunity to become a member of the staff just because he
21 is a specialist as against the man in general practice?

22 DR. GOLDBLOOM: That is correct, sir.

23 COMMISSIONER BALTZAN: That is what
24 I wanted to hear from you. Thank you.

25 THE CHAIRMAN: On that point, you say
26 merited. Assuming there is nothing wrong with this
27 fellow, a specialist that is qualified and is morally
28 acceptable. He has received a certificate under the
29 Quebec law entitling him to practice his specialty and
30 there is nothing wrong, no impediment on the moral side.



THE CHAIRMAN: I am pleased to

present to you a report on the work of the
Committee on the Medical Profession. The
Committee has been very busy in the past
few months, and we have a great deal of
information to share with you. The first
thing we want to mention is the fact that
the medical profession is facing a number
of new problems. One of the most important
is the shortage of doctors. This is a
problem that has been around for a long
time, but it is becoming more acute
every day. We need to find a way to
attract more people to the profession.
Another problem is the cost of medical
care. This is a problem that affects
everyone, and it is one that we need to
address. We need to find a way to make
medical care more affordable for everyone.
Finally, we need to address the problem
of medical malpractice. This is a problem
that has been around for a long time, but
it is becoming more of a problem as the
number of lawsuits increases. We need to
find a way to reduce the number of lawsuits
and to make the legal system more efficient.

school.

THE CHAIRMAN: Special

DR. GOLDBERG: In my opinion, the

the physician can apply to a hospital and be passed by
the credential committee. All appointments are annual
appointments and have to be renewed each year by every

COMMISSIONER BALDWIN: And is that

other people for even a specialist to have an opportunity
to become a member of the staff just because he
is a specialist as against the man in general practice
is, GOLDBERG: That is correct, sir.
COMMISSIONER BALDWIN: That is what

I wanted to hear from you. Thank you.

THE CHAIRMAN: On that point, you say

measured. Assuming there is nothing wrong with this
follow, a specialist that is qualified and is morally
acceptable. He has received a certificate from the
American Medical Association and he is qualified and
there is nothing wrong, no impairment on the moral side.



1 Do you say that person does not necessarily, cannot
2 necessarily be admitted to a hospital to practice?

3 DR. GOLDBLOOM: Not by virtue of holding
4 the certificate. He has to apply.

5 THE CHAIRMAN: I know he has to apply.
6 If he applies and has the requirements, can you just
7 reject him merely because you don't want him?

8 DR. GOLDBLOOM: The hospital as an
9 independent institution has that liberty, sir.

10 THE CHAIRMAN: Do you support that?

11 DR. GOLDBLOOM: It is a very complex
12 problem, sir. The hospital has a certain staff and it has
13 a certain patient load.

14 THE CHAIRMAN: The hospital generally
15 acts on the advice of its medical staff in those matters?

16 DR. GOLDBLOOM: The hospital might feel
17 it was over-staffed in certain departments or adequately
18 staffed in certain departments and they couldn't possibly
19 take on an additional physician and provide him with the
20 beds for his patients and the patient time and the
21 operating room time that he would require.

22 THE CHAIRMAN: You say this does happen
23 in Montreal in 1962?

24 DR. GOLDBLOOM: It does happen.

25 THE CHAIRMAN: You also say there is
26 a shortage of personnel, of doctors, physicians in Montreal?

27 DR. GOLDBLOOM: Yes, there is a relative
28 shortage.

29 THE CHAIRMAN: What is the degree of
30 relativity?



4750

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independent institution has first liberty, and

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take on an additional physician and provide him with the

beds for his patients and the patient time and the

operating room time that he would require.

THE CHAIRMAN: You say this does happen?

DR. GOLDBLOOM: It does happen.

THE CHAIRMAN: You also say there is

a shortage of personnel, of doctors, physicians in hospitals

DR. GOLDBLOOM: Yes, there is a relative

shortage.

THE CHAIRMAN: What is the degree of



1 DR. GOLDBLOOM: We haven't been able
2 to find a figure we would consider reliable to know what
3 would be the ideal proportion should be. Each specialty
4 as well as total figures which have been collected --
5 the relationship of number of physicans to number of
6 population, each specialty has a figure of how many
7 specialists there should be to population.

8 THE CHAIRMAN: You see, doctor, this
9 comes to us as a very real situation. If we hear from
10 one part of the country to the other of shortages and
11 they are not suggested as marginal shortages, they are
12 suggested as shortages in almost catastrophic figures
13 when forecast to 1980, and then you say, A, general
14 practitioners can't find hospitals in which to practice
15 and specialists qualified and entitled to practice,
16 can't find hospitals in which to practice. How does this
17 thing add up?

18 DR. GOLDBLOOM: No, sir, not that
19 specialists or even general physicians can't find hospi-
20 tals in which to practice, but that there are certain
21 hospitals which have a full complement of staff and
22 don't have room for others. There are other hospitals
23 and there are other areas where these doctors are needed
24 and where they could certainly find great use for their
25 talents.

26 THE CHAIRMAN: Areas, you mean out in
27 the Seven Island District?

28 DR. GOLDBLOOM: Not necessarily, sir,
29 not at all.

30 THE CHAIRMAN: Let's get a little

DR. GILBERT: We are not going to

to find a figure we would consider reliable to show that
would be the ideal population for such a study
as well as total figures which have been collected -
the relationship of number of physicians to number of
population, each specialty has a figure of its own.

THE CHAIRMAN: You say, however, that

comes to us as a very real situation. As we have seen
one part of the country to the other of physicians and
they are not suggested as marginal specialties, they are
suggested as shortages in almost every specialty
when forecast to 1980, and then you say, A general
practitioner can't find hospitals in which to practice
and specialists qualified and entitled to practice,
can't find hospitals in which to practice. I am not sure

thing and up

DR. GILBERT: No, sir, not for

specialists or even general physicians can't find hospitals
tells in which to practice, but that there are shortages
hospitals which have a full complement of staff and
don't have room for others. There are other hospitals
and there are other areas where these doctors are needed
and where they could reasonably find great use for their
talents.

THE CHAIRMAN: Again, you mean out in

the 3-ven Island Hospitals

DR. GILBERT: Not necessarily in this

not at all.

THE CHAIRMAN: I am not a statistician



1 closer, but outside of Montreal?

2 DR. GOLDBLOOM: Even within Montreal
3 there are suburban areas of the city where there is
4 difficulty in establishing enough specialties. There
5 are in the centre of the city teaching hospitals affili-
6 ated with the Universities that are considered very
7 desirable hospitals. They can't possibly take all the
8 applicants that come to them. It would be chaos if they
9 did. There are other hospitals that could use their
10 services very well indeed.

11 In the process of his training a man
12 going into a specialty takes care to investigate where
13 he will be acceptable on staff. As he goes on through
14 his training in the hospital in any such establishment,
15 if it is a teaching hospital with university affiliation it
16 will guide that physician and get him to an area where
17 his services can be used.

18 THE CHAIRMAN: Where is the breakdown?
19 With all this care, planning, guidance, your specialist
20 has no hospital to go to.

21 DR. GOLDBLOOM: He has a hospital to
22 go to. He may not be able to, if he hasn't arranged for
23 it in advance through his training, having his training
24 under the aegis of a particular university or particu-
25 lar hospital, he cannot go out of the blue and get an
26 appointment in a hospital of outstanding reputation
27 where any doctor would be pleased to be on the staff.
28 He may have to find another hospital at which he can
29 practice. There is need and there is room.

30 THE CHAIRMAN: Fine, doctor. I want

closer, but outside of hospital.

There are several areas of the city where there is difficulty in establishing enough space for hospitals. There are in the center of the city several hospitals situated with the universities that are considered very desirable hospitals. They don't really have all the applicants that come to them. It would be hard to say that there are other hospitals that could use the services very well indeed.

In the process of his training a man going into a specialty area has to investigate and he will be accepted on staff. As he goes on through his training in the hospital in any such establishment, if it is a teaching hospital with considerable facilities, will guide that physician and get him to an area where his services can be used.

THE CHAIRMAN: Where is the physician? With all this case, planning, guidance, your specialty has no hospital to go to.

DR. ROBERTSON: He has a hospital to go to. He may not be able to, but he hasn't arranged for it in advance through his training, having his training under the aegis of a postgraduate university or hospital. For hospital, he cannot go out of the line and get an appointment in a hospital of outstanding reputation where any doctor would be pleased to be on the staff. He may have to find another hospital at which to practice. There is no time and there is no money.

THE CHAIRMAN: Time, doctor. I said



1 to thank you very sincerely for your presentation, for
2 your submission and for the very fine way in which you
3 have dealt with the questions that have been put to you.
4 I must say you have been very, very helpful. We thank
5 you very much.

6 DR. GOLDBLOOM: Thank you, gentlemen.

7 DR. DuBERGER: If you would allow me,
8 I would like to speak in French in conclusion. I would
9 like to thank you, Mr. Chairman, and your colleagues and
10 Mademoiselle Girard for the courtesy and interesting way
11 in which this discussion was carried on. We thank you
12 for your courtesy once again, sir, thank you.

13 COMMISSIONER GIRARD: I whispered to
14 the Chairman that we have the same thing to say with
15 respect to you. He said I should say it myself. I should
16 therefore like to thank the members of the delegation for
17 your kind words with respect to myself at the beginning
18 of the session. Thank you very much, gentlemen.

19 THE CHAIRMAN: We now have the
20 Association des Medecins de Langue Francaise du Canada,
21 Filiale du Quebec. This will be exhibit number 236.

22
23 --- EXHIBIT NO. 236 Submission of Association
24 des Medecins de Langue
25 Francaise du Canada.
26
27
28
29
30



SUBMISSION OF

ASSOCIATION DES MEDECINS DE LANGUE FRANCAISE DU CANADA

Appearances:

Roland Decarie

Marc Geoffroi

Roland Blais

Jacques Leger

Andre Leduc

Raymond Caron

Pierre Smith

Edouard Desjardins

THE CHAIRMAN: Dr. Leger.

DR. LEGER: Mr. Chairman, ladies and gentlemen, it is a great pleasure that I as president of the Quebec Section of L'Association des Medecins de Langue Francaise du Canada, Filiale du Quebec, introduce my colleagues. At my extreme left is Dr. Edouard Desjardins, a member of the executive; Dr. Pierre Smith, who is director of the Public Relations Department; Dr. Raymond Caron, who is deputy-secretary; Dr. Andre Leduc, who is deputy to the general director of the Association. At my extreme right, Dr. Roland Decarie, a former president of our Section; Dr. Marc Geoffroi, who is our secretary, and Dr. Roland Blais who is secretary-general of the National Association.

Gentlemen, on the 20th of June, 1961, His Excellency, the Governor General approved the establishment of the Royal Commission of Inquiry into Health



1 Services in Canada. The Hall Commission was charged with
2 the task of making the survey and reporting on the present
3 needs and future needs with respect to health services of
4 the population of the country, as well as on the resources
5 needed to ensure such services, and to recommend measures
6 compatible with the disposition of legislative power in
7 Canada, which in the opinion of the Commissioners would
8 ensure the best possible medical care for all Canadians.

9 In the accomplishment of this gigantic
10 task it was agreed to furnish all Canadians regardless
11 of their social or professional positions and to all
12 organizations and to all institutions and to all associa-
13 tions the opportunity of voicing their opinions. The
14 purpose of this inquiry concerned the personal life of
15 all Canadians, educational, social, economic life, as
16 well as constitutional aspects. It deeply concerns the
17 medical profession, and it would be extremely unfortunate
18 for this study if Canadian physicians through the inter-
19 mediary of their organizations and professional associations
20 didn't show keen interest and take active part in
21 discussion of problems so close to them.

22 The Canadian physician is aware of the
23 needs of the Canadian public with respect to health. It
24 is his duty to make known his views as the profession
25 has not the sole role of giving medical care, but to
26 also participate in the administration of society. Unless
27 it plays this role with respect to public health,
28 governments will eventually bear responsibility for all
29 medical services.

30 This is the spirit which animates the



1 work done by our section of L'Association des Medecins
2 de Langue Francaise du Canada, Filiale du Quebec. Our
3 organization was founded in order to support the pro-
4 fessional interests of its members which amount to some
5 four thousand concentrated throughout the regions and
6 territories of the province. Our association is
7 interested in the major problem of public health in this
8 province. We have studied this problem in all aspects,
9 professional, social, scientific and legal aspects and
10 we have never feared to take a position when the interests
11 of public health were involved. The association, there-
12 fore, is devoted to the cause of public health, and
13 the medical profession, wherever our competence and our
14 experience is required, we are at the disposal of the
15 governments, of hospital services, and of national and
16 provincial societies dealing with public health,
17 particularly when a task which calls for our knowledge,
18 concerns our responsibilities and inspires ourselves on
19 the basis of the Order-of-Council of 1961, 883, which was
20 passed by the Canadian Government the 20th of June, 1961.

21 We hope to furnish valid contributions to
22 the inquiry presently being conducted. Our main objective
23 is to deal with the services of health for the population
24 of the Province of Quebec.

25 The development in our society has resulted
26 in an impressive development in scientific procedures.
27 Public health has made such progress in the past century
28 that the application of the acquired knowledge has made
29 it possible to reduce the harmful effects of illness.
30 The life-span has considerably increased. Swedish



1 statistics concerning longevity show that from the
2 average age of thirty-four years, which applies to the
3 1755 to 1766 period, the average life-span reached
4 forty-one years. During 1826 to 1840, much more rapid
5 progress was made thereafter, and the life expectancy
6 increased to fifty-seven in 1911 to 1920, and to sixty-
7 six in 1936 to 1940, the average life-span was in 1900
8 forty-eight years for the male sex and fifty-one years
9 for the female sex.

10 The figures were respectively sixty-five
11 and seventy-one years in 1948; according to the mortality
12 tables, in 1900 to 1902 only three-quarters of the new-
13 born children could expect to reach the age of twenty-
14 five years, whereas the same proportion could expect to
15 reach the age of sixty-seven years in 1944.

16 The raising of the average life-span
17 and the considerable reduction of the mortality rate have
18 made it possible for a greater number of children to
19 reach adult age, and has made it possible for a greater
20 number of mothers to survive their period of fertility
21 and maternity, and has made it possible for a greater
22 number of adult workers to live throughout their entire
23 period of productivity.

24 The sanitary measures which have given
25 such health, have required considerable expenditure,
26 but these expenditures were considered a very important
27 investment, because they were recovered in the form of
28 increasing human capital available. This is true because
29 the present income of an individual is proportionately
30 twice as high as in 1899.



1 Despite the reduction in the mortality
2 rates, this reduction in illness, and the resulting
3 reduction in absenteeism has produced an increasing
4 productivity, both on the individual as well as on the
5 collective basis.

6 Nevertheless, despite all this, indivi-
7 duals are not --- many individuals are not in a position
8 to pay the costs of illness. This constitutes a factor
9 of insecurity for a great many people. One class in our
10 society therefore is placed in the paradoxical and
11 inadmissible situation of not being able to benefit from
12 modern techniques and modern progress attained in the field of
13 health, and it is in conformity with public welfare and
14 public health that this brief has been submitted.

15 In order to attain more surely our
16 objective, and in order that this objective should
17 correspond to the moral aspect and the social needs of
18 our population, we believe this question should be
19 considered. Under the constitutional aspect, the social
20 aspect, and the medical aspect, and the public and
21 economic aspect. On the basis of historical fact, on
22 court decisions, on legal opinions, and on statements
23 made by our statesmen, this brief will endeavour to prove
24 that health is a matter for provincial authorities.

25 It could be disadvantageous for indivi-
26 duals and this society if we were to endeavour to find
27 simple solutions by nationalization and state control
28 which would provide security, but without participation
29 of the individual, and without the contribution of the
30 citizen. Our Association is fully aware of the demands



Health is a condition of the mind

When this condition is broken, and the resulting

condition in which the mind is broken, and the resulting

productivity, both on the individual as well as on the

collective basis.

Nevertheless, despite all this, indivi-

duals are not -- many individuals are not in a position

to pay the costs of illness. This constitutes a factor

of increasing for a great many people. One case in one

family therefore is placed in the position of an

incurable situation of not being able to benefit from

modern techniques and modern progress attained in the field

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public health that this factor has been identified.

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our population, we believe this question should be

considered. Under the constitutional aspect, the social

aspect, and the medical aspect, and the public and

economic aspect. On the basis of historical fact, on

sound decision, on legal grounds, and on statements

made by our statement, this brief will endeavor to prove

that health is a matter for protected consideration.

It could be demonstrated for legal

and this society in the case of insurance to limit

the right of the individual to participate in the social

which would provide security, but with the participation

of the individual in the social aspect of the

One consideration is that of the economic



1 of the public and contemplates a plan which will take
2 into account the ability of the individual to pay the
3 cost, while recognizing that the cost should be propor-
4 tional to their ability and the rights both of society
5 and the medical profession.

6 If illness and the expenses that it
7 involves and causes, if it is a factor of security, if it
8 is essential to establish a balance between the ever-
9 increasing cost of illness and the demands of those who
10 are responsible for public health, we must nevertheless
11 stress that fees for medical treatment given to patients
12 by doctors are only one portion, and not the largest
13 portion of the costs incurred by the illness.

14 Without wishing in any way to discredit
15 the fee system, we consider in view of the complex
16 nature of any evaluation of medical services, because
17 there are very valuable elements involved, we think it
18 is desirable to ensure the quality of medical care and
19 respect the principle of fee for service. To take into
20 account the economic conditions at present prevailing
21 and forecast for the next few decades, we are against
22 the establishment of State medicine. We are, however,
23 in favour of the establishment of an insurance plan
24 giving the best service to the population while safe-
25 guarding the freedom of the medical profession.

26 According to our views of medical pro-
27 blems of today and tomorrow, we believe that a mutual
28 type of plan, with contributory elements acceptable to
29 all would be the best, operated on an independent basis
30 and private enterprise would participate in it. It



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Without wishing in any way to discredit the fee system, we consider in view of the complexity of any evaluation of medical services, because there are very valuable elements involved, we think it is desirable to ensure the quality of medical care and respect the principle of fee for service. To take into account the economic conditions at present prevailing and forecast for the next few decades, we are against the establishment of State medicine. We are, however, in favor of the establishment of an insurance plan giving the best service to the population while safeguarding the freedom of the medical profession.

According to our views on medical problems of today and tomorrow, we believe that a mutual type of plan, with contributory elements acceptable to all would be the best, operated on an independent basis and private enterprises would participate in it.



1 would provide total protection against the degrees
2 involved in illness, and the State would only play a
3 supplementary role, thus escaping from excessive finan-
4 cial risks.

5 Ladies and gentlemen of the Commission,
6 that is a summary of the brief which we have the honour
7 and privilege to submit to you.

8 THE CHAIRMAN: Thank you, Dr. Leger.
9 I would like to say, Dr. Leger, that the inclusion in
10 your brief of so much in relation to the Constitutional
11 aspect, you have devoted a substantial part, thirty-
12 eight pages of the brief to this aspect of the problem,
13 that it is obvious that it appears to play an important
14 part in your thinking in terms of the rights and powers
15 of the province, and the rights and powers of the
16 federal government, and the summary of the jurisprudence
17 on this subject which you have included in your brief
18 is an extremely interesting one, and a valuable one,
19 and one which we are going to read with a great deal of
20 interest, and with much profit.

21 I think I would be justified in repeating
22 here what I have had occasion to say on two or three
23 occasions previously, but particularly at the preliminary
24 hearing that we had in Ottawa on September 27th, in
25 which I dealt with the fact that in the Province of
26 Quebec the position was being taken that the question
27 of health services was one solely within the jurisdic-
28 tion of the province, and at that time, and again in
29 Quebec City, last Monday, that was the Monday a week
30 ago, I had occasion to repeat that it was not the



would provide total protection against the disease
involved in illness, and the State would only pay a
supplementary role, thus ensuring that excessive finan-
cial risks.

Ladies and gentlemen of the Commission,
that is a summary of the point which we have the honour
and privilege to submit to you.

THE CHAIRMAN: Thank you, Mr. Rogers.
I would like to say, Mr. Rogers, that the inclusion in
your brief of so much in relation to the constitutional
aspect, you have covered a substantial part, thirty-
eight pages of the brief to this aspect of the problem,
that it is obvious that it appears to play an important
part in your thinking in terms of the rights and powers
of the province, and the rights and powers of the
federal government, and the summary of the jurisdiction
on this subject which you have included in your brief
is an extremely interesting one, and a valuable one,
and one which we are going to read with a great deal of
interest, and with much profit.

I think I would be justified in repeating
here what I have had occasion to say on two or three
occasions previously, and particularly at the beginning
of the hearing that we had in Ottawa on September 27th, in
which I dealt with the fact that in the province of
Quebec the position was being taken that the question
of federal jurisdiction was one solely within the jurisdiction
of the province, and at that time, and again in
these days, that Hon. Mr. Justice was the majority of the



1 intention of this Commission to interfere with or to
2 ignore in any way the provincial rights, and I went on
3 to say that the constitutional questions raised
4 respecting the jurisdiction of the province and of the
5 Dominion in this way are questions which are beyond the
6 competence of this Commission to determine, and fall
7 for determination by higher governmental bodies.

8 The matter of of a health services
9 programme is one that naturally is going to take some
10 time, in which the constitutional aspects may be worked
11 out to the satisfaction of everybody, but whether the
12 public of Canada is prepared to wait while the consti-
13 tutional lawyers solve their difficulties, may be
14 another question, and in that regard it is of great
15 help to this Commission that, appreciating the position
16 being taken in this province, and in which you gentle-
17 men say you agree, that nevertheless, you have come
18 forward with your own ideas, as to how a programme
19 should be instituted, and the principles which should
20 govern the establishment of any such programme.

21 The fact that there may be no questions
22 being put does not indicate in any way any lack of
23 interest. You will appreciate that we had the National
24 organization, or this is the Filiale du Quebec, we
25 had the parent organization, shall I say, before us,
26 in which all the questions now being treated were more
27 fully discussed, and in that sense, it would be repeti-
28 tion to go through the same procedure again, because we
29 will accept that your views will not be very different
30 from those put forward by the parent organization, so



1 I want to thank you very kindly for the time, the effort,
2 that was put into your preparation of this brief, for
3 the views that you have expressed, the detail with which
4 you have gone into so many aspects of the subject, and
5 this brief will be studied in very much detail by our
6 Research Staff, and will be available to us along with
7 the other submissions that we have had, in trying to
8 find a solution, if there is one, or perhaps to formu-
9 late a plan, if that is the decision that one should be
10 formulated, because we have no mandate to do one thing
11 as distinct from another, or to come forward with any
12 particular, or any plan and say the subject is entirely
13 a wide-open one, the question is wide open, and until
14 we have had an opportunity to have received the sub-
15 missions from all the provinces in Canada, and have
16 received the result of the studies which we have
17 commissioned, the question as to what will be done must
18 necessarily remain an open one, but in any final
19 consideration the views that you have put forward will
20 have our attention. Thank you very much.

21 DR. LEGER: Thank you very much, Mr.
22 Chairman and ladies and gentlemen for your kind atten-
23 tion.



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Letter

TORONTO, ONTARIO

I want to thank you very kindly for the letter, the enclosed
 that was put into your preparation of the letter, for
 the views that you have expressed. The details of the letter which
 you have gone into as many aspects of the subject, and
 this brief will be attached in very much detail by our
 Research Staff, and will be available to us along with
 the other submissions that we have had, in trying to
 find a solution. It seems to me, or perhaps to formu-
 late a plan, it is not as the position that one should be
 formulated, because we have to decide to do one thing
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 received the results of the studies which we have
 considered, and question as to what will be done more
 necessarily remain an open one, and in any event
 consideration the views that you have put forward will
 have our attention. Thank you very much.

Yours very truly,
 J. L. B. (J. L. B.)

Chairman and Ladies and Gentlemen, for your kind atten-

Sincerely,



SUBMISSION

of

HOPITAL ST. LUC

Appearances:

Dr. J. P. Laplante

THE CHAIRMAN: Dr. Laplante.

DR. LAPLANTE: Mr. President, I am very pleased to be in front of the Commission again. I haven't got any special brief to present, but I am very happy to be of assistance in any questions you might have.

So far as bringing up anything myself, I might bring up a few things that were brought up yesterday morning when I was representing and speaking in the name of the Association of Hospital Administrators for the Province of Quebec. At that time certain things came up that hadn't been discussed, and I didn't want to speak in the name of the Association, but I would be very happy now to make a few comments on some of the points which seemed to interest the Commission.

THE CHAIRMAN: We are very pleased to have your observations, Dr. Laplante.

DR. LAPLANTE: One of them would be the question of general practitioners in hospitals.

THE CHAIRMAN: And you were here this afternoon when I was haltingly, perhaps imperfectly, discussing the same subject, so you are perfectly free to comment on anything I said as well.

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DR. LAMARCA: Mr. President, I am

very pleased to be in front of the Commission again. I
haven't got any special part to present, but I am very
happy to be of assistance in any questions you might
have.

So far as picking up anything myself

I might bring in a few things that were brought up

yesterday morning when I was representing and speaking

in the name of the Association of Hospital Administrators

for the purpose of a report. At that time certain things

came up that hadn't been discussed, and I didn't want

to speak in the name of the Association, but I would be

very happy now to make a few comments on some of the

points which seemed to interest the Commission

THE CHAIRMAN: We are very pleased to

have your observations, Dr. Lamarca.

DR. LAMARCA: One of them would be

the question of general hospitalization in hospitals,

THE CHAIRMAN: And you were here this

afternoon when I was talking, perhaps indirectly,

concerning the same subject, so you are perfectly free

to come out on anything I said or not.



1 DR. LAPLANTE: Well, this feeling I
2 have about the general practitioners, having been a
3 general practitioner myself, is that they certainly should
4 have access to hospitals. However, generally speaking,
5 a general practitioner generally wants to have access to
6 the hospital to bring in his patients, but unfortunately,
7 they do not seem to find enough time to contribute
8 something to the medical staff of the hospital, and going
9 by the standards of the accreditation, which after all
10 have been proved to be effective for forty years, I
11 take the attitude that the general practitioner should
12 be admitted to the general hospital if they are willing
13 and ready to contribute something to the hospital, to
14 the medical staff, and secondly, have their privileges
15 delineated in such a way that they come within their
16 classification, and that their work should be well
17 supervised.

18 With this in mind, I don't think, except
19 with higher teaching hospitals, I mean, larger teaching
20 hospitals where practically all the staff are specialists,
21 I would say that the general practitioners are accepted
22 and welcome.

23 In the last two hospitals that I had
24 anything to do with, the present one and the one before,
25 general practitioners were practicing there, and as long
26 as those regulations were followed, I think everybody
27 was happy, so it is to my mind quite possible to have
28 general practitioners working in hospitals, and I think
29 that they should.

30 The other point that was brought up was



DR. LALLAN: Well, this feeling I

have about the general practitioners, having been a
 general practitioner myself, it is not very different about
 have access to hospital. However, generally speaking,
 a general practitioner generally wants to have access to
 the hospital to bring in his patients, but unfortunately,
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 general practitioners working in hospitals, and I think
 that they should.

The other point that was brought up was



1 the question ---

2 THE CHAIRMAN: Just before you leave
3 that, Dr. Laplane. We had the general practitioners
4 voice what you might call a complaint in that respect.
5 Is there any recommendation that might be made which
6 would ameliorate the condition, which would obviate this
7 feeling of inferiority or whatever it is that the general
8 practitioner seems to feel in relation to hospital
9 practice.

10 DR. LAPLANE: Well, going back to the
11 standards of accreditation, I would say that the general
12 practitioner could be admitted to hospitals. He should
13 be given to understand that as a clinical department
14 they exist as such, but if they do treat a case of
15 medicine, they should come under the chief of medicine
16 of the department of medicine or surgery or obstetrics,
17 and they should contribute something by doing some work
18 with the different committees, and as many hospitals are
19 doing, and is recommended by the Accreditation Commission,
20 would be for them to handle the patients in the out-
21 patient departments.

22 THE CHAIRMAN: This probably points
23 up the historical difference in the development of medical
24 practice in North America, as distinct from England,
25 that the general practitioner in England we know just
26 does not go near the hospital. He refers if it is a case
27 for hospitalization, the patient is referred to a doctor
28 on the hospital staff, and that is accepted, that is the
29 historical development of medical practice in England.
30 Our historical development in America was that every



1 doctor, they were all general practitioners in the main,
2 in the beginning, that every doctor had sort of as of
3 right the opportunity of bringing his patients to a
4 hospital, and treating them in a hospital, but the develop-
5 ment of specialization in America appears to be shoulder-
6 ing the general practitioner out of the hospital and into
7 the historical context of English medicine.

8 Do you see that developing, is that what
9 is going on?

10 DR. LAPLANTE: Well, I wouldn't say so,
11 sir, as far as the ---

12 THE CHAIRMAN: I mean in the Metropolitan
13 areas. I know this is not going on out in the rural areas.

14 DR. LAPLANTE: Well, I don't know. I
15 know of many smaller hospitals who have general practition-
16 ers there. On the other hand, if we talk --- well, taking
17 Montreal, the larger teaching hospitals, they wouldn't
18 have enough staff. It is presently so large that they
19 wouldn't have enough beds for the general practitioner.

20 THE CHAIRMAN: Are we seeing this thing
21 developing, not because of ill-will or wanting to do it,
22 but simply as an evolution in the practice of medicine?

23 DR. LAPLANTE: Would you say evolution
24 in the last few years or the last fifty years?

25 THE CHAIRMAN: Yes, as specialization
26 becomes more universal, and as the specialists more and
27 more control the medical practice within the hospital
28 walls?

29 DR. LAPLANTE: Well, I would say this
30 is right as far as the large teaching hospitals, because



1 there, with the idea of giving the very best possible
2 treatment for the patient, well, then if he is treated by
3 a specialist less is bound to be missed as far as he is
4 concerned.

5 THE CHAIRMAN: Would you go on, I mean,
6 if you have any other observations?

7 DR. LAPLANTE: The other point that was
8 brought up yesterday morning, the question of out-patient
9 clinics, and my own views are these, that certainly
10 building hospitals at fifteen to twenty thousand dollars
11 a bed, spending another three thousand dollars to a bed
12 to equip that hospital, and then close to five thousand
13 dollars a year to maintain that hospital, I don't think
14 we should treat tonsillitis and grippe and minor ailments
15 in those beds.

16 In the old days, an awful lot of good
17 medicine was done at home, and those that can certainly
18 attend to the doctor's office, and they haven't got any
19 money, can attend to the out-patient department, but I
20 feel a great deal of that can be done on an out-patient
21 basis. X-ray examinations, electrocardiographs,
22 laboratory work, consultations between different specialists,
23 can be done on an out-patient clinic basis. Of course,
24 those who can afford to pay, or have an insurance and
25 are not indigent any more, they wouldn't be classed as
26 the old idea of out-patient department, patients who are
27 indigents.

28 Then the doctors would say we have got
29 to make our living. At the present time it is pretty hard
30 for a doctor to go out and make, say, twenty calls a day



1 with the traffic and the cities, it is much more conven-
2 lent to go to one place and park his car and see twenty
3 patients in the hospital, but is it the best way to do
4 it? And spending an awful lot of money treating patients
5 in hospitals. Then possibly a home care service by
6 regions of a city, for instance, where you would have the
7 medical service, nursing service, social service,
8 physiotherapy and dietary and whatever might be needed,
9 where they could go and visit those patients, I think it
10 could very well be done more economically than building
11 hospitals and bringing all those patients in there for
12 that purpose.

13 THE CHAIRMAN: Well, even where the
14 patients are in hospitals, do you see the home care service
15 as being an aid in getting people out of a hospital
16 sooner than they are being discharged now?

17 DR. LAPLANTE: Certainly, and in certain
18 places where it has been tried it has been most success-
19 ful, and I am sure you all know about Montefiore, New
20 York, which proved to be excellent.

21 THE CHAIRMAN: A question Miss Girard
22 put yesterday afternoon, with all the publicity emanating
23 from the Montefiore project, why has it not been duplicated
24 in other places? In your hospital administration work
25 have you run across any answer to that? That a thing
26 that was so successful in one area has not been copied
27 anywhere else to a great degree?

28 DR. LAPLANTE: That is true. I don't
29 know of many places where they do have it, or the reasons
30 why not. Here in Montreal one was started and it is



1 With the traffic and the cities, it is much more convenient
2 to go to one place and park his car and see twenty
3 patients in the hospital, but he is the best way to go
4 it? And spending an awful lot of money treating patients
5 in hospitals. Then possibly a home care service by
6 means of a city, for instance, where you would have the
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8 physiotherapy and dietary and whatever might be needed,
9 where they could go and visit those patients, I think it
10 could very well be done more economically than in hospitals
11 hospitals and bringing all those patients in there for
12 that purpose.

13 THE CHAIRMAN: Well, even where the

14 patients are in hospitals, do you see the home care service
15 as being an aid in getting people out of a hospital
16 sooner than they are being discharged now?

17 DR. LAMARCA: Certainly, and in certain

18 places where it has been tried it has been most successful.
19 But, and I am sure you all know about Westchester, New
20 York, which proved to be excellent.

21 THE CHAIRMAN: A question Miss Givens

22 put yesterday afternoon, with all the publicity emanating
23 from the Montefiore project, why has it not been duplicated
24 in other places? In your hospital administration would
25 have you run across any answer to that? What a thing
26 that was, so successful in one area and not in other
27 anywhere else to a great degree?

28 DR. LAMARCA: That is true, I don't



1 fairly successful, but it is not a large one, and that
2 is the Herbert Reddy Memorial Hospital. I would guess,
3 merely guess, that it is not convenient for the doctors
4 to organize such a thing.

5 THE CHAIRMAN: Do you mean convenient
6 because they are too busy, or convenient because it would
7 mean more work for them?

8 DR. LAPLANTE: It is quite an organiza-
9 tion, and one doctor cannot do it himself. It takes a
10 team and it has got to be based on a hospital to my own
11 mind, or to a health clinic.

12 THE CHAIRMAN: We heard there was a
13 pilot project going on in the university hospital in
14 Saskatoon.

15 DR. LAPLANTE: Yes, I understand there
16 is, not very long ago though. They haven't started very
17 long.

18 THE CHAIRMAN: No, it was just recently
19 inaugurated. Have you any opinion, doctor, to offer on
20 this matter of the necessity for convalescent homes and
21 rehabilitation services in relation to the utilization of
22 hospital beds? That is, whether the time necessarily
23 spent in hospital by any patient, by some patients, might
24 be shortened by having available convalescent beds and
25 rehabilitation services?

26 DR. LAPLANTE: Most certainly, and
27 especially about rehabilitation services because certain-
28 ly in that terminology we have more and more of that
29 developing since automobile days and skiing. There is
30 certainly a great deal to be gained by having the patient



1 start as soon as he can in his rehabilitation by physical
2 medicine, physiotherapy, and that, most of the time can
3 be carried out just as well on an out-patient basis as
4 in the hospital. As far as convalescence is concerned,
5 there could be convalescent work close to the hospital.
6 If we are going to cut down patient days, say, from ten
7 to seven or eight post operative for elective surgery,
8 I still think within the ten days that patient has to
9 be under pretty close supervision, medical supervision,
10 and therefore, if the patient is sent out too far and he
11 is left to the observation of a new group of nurses or nurses
12 assistants in the so-called convalescent home, I wouldn't
13 think it would be desirable. As far as chronic patients
14 are concerned, that is a different story, although
15 certainly we should have some of those in order to
16 liberate the active treatment beds of general hospitals.

17 THE CHAIRMAN: Dr. Laplane, you are
18 here as we know at our invitation to answer certain
19 questions that we feel hospital administrators are best
20 qualified to deal with and that is this matter of the
21 utilization of present hospital beds, of hospital
22 facilities and so forth. What about the utilization of
23 hospital facilities being adversely affected through
24 shortages of staff or through shortages of qualified
25 staff?

26 DR. LAPLANTE: Well, I think it is
27 quite a problem because at the present time even for the
28 present number of beds we have, I don't think we have
29 enough specialists, with a few exceptions. We have lots
30 of surgeons, lots of orthopaedists, lots of internal



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2 medicine, physiotherapy, and that most of the time can
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4 in the hospital. As far as convenience is concerned,
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27 quite a problem because at the present time even for the
28 present number of beds we have, I don't think we have
29 enough specialists, with a few exceptions. We have lots
30 of surgeons, lots of orthopedists, lots of internists



1 medicine, but at the present time we don't have enough
2 pathologists. We don't have enough radiologists, and
3 then in the next plane, we haven't got enough nurses
4 certainly, to say nothing of the specialized nurses,
5 specialized psychiatrists, operating room, paediatric
6 or obstetric. We haven't got enough technicians for
7 the laboratory or x-ray departments.

8 A study was done last year or so as far
9 as radiology technicians were concerned in this province.
10 We need about one thousand to give good service wherever
11 x-ray machines are being operated. There are only
12 three hundred to three hundred and fifty technicians.
13 I don't know if that is the same picture everywhere else,
14 in the other provinces, but certainly we are short of
15 them.

16 THE CHAIRMAN: It is the same complaint,
17 but maybe not in the same proportions. It is quite a
18 problem, and the philosophy of this is this, whenever
19 we used to have nurses, for instance, to do everything
20 a patient required to be done to him, now we have nurses
21 doing only the higher plane of nursing duties today and
22 we train assistants.

23 DR. LAPLANTE: We train some of those
24 today, handling of babies in the nursery, and this they
25 do well. As far as specialized nurses in the operating
26 room -- I don't know any reason why we can't train
27 technicians which will do just as well in helping the
28 surgeon to operate in handing him the instruments and
29 keeping things sterile, without him having
30 to learn the things, simple nursing duties like giving



medicine, but at the present time we don't have enough
 pathologists. We don't have enough radiologists and
 then in the next place, we haven't got enough nurses
 certainly, to say nothing of the specialists, nurses,
 specialized pathologist, operating room, pediatric
 or obstetric. We haven't got enough technicians for
 the laboratory or x-ray department.

A study was done last year or so as far
 as radiology technicians were concerned in this province.
 It needs about one thousand to give good service wherever
 x-ray machines are being operated. There are only
 three hundred to three hundred and fifty technicians.
 I don't know if that is the same picture everywhere else,
 in the other provinces, but certainly we are short of
 them.

THE CHAIRMAN: It is the same complaint
 but maybe not in the same proportions. It is quite a
 problem, and the philosophy of this is that, wherever
 we need to have nurses, for instance, to do everything
 a patient required to be done to him, now we have nurses
 doing only the higher phase of nursing duties today and
 the train students.

DR. WATSON: We train some of these
 today, training of doctors in the hospital, and this they
 do well. As for the specialized nurses in the operating
 room -- I don't know any reason why we don't train
 technicians which would do just as well in helping the
 surgeon to operate. I mention this in a number of places and
 keeping things steady, without him having
 to learn the things. Simple nursing duties like giving



1 enemas. He wouldn't have to learn that. We could train
2 him. During the war we certainly had some marvelous
3 technicians we trained from ordinary orderlies, and they
4 could put a needle in a vein to give a transfusion a
5 lot better than some doctors I have seen try to do it.
6 My philosophy would be to train people to
7 help in the nursing without knowing the whole of the
8 nursing field. It might be the same with technicians,
9 because, even in the laboratory today we have some
10 assistant technicians doing nothing but dishwashing, some
11 with a Ph.D. in biochemistry or bacteriology. You have
12 all these different types of trained people in between
13 those two extremes. I don't think we have enough, and
14 it will take a long time to have enough.

15 The same thing with the social service
16 worker, the physiotherapist, the occupational therapist,
17 the dietitians. We have to find some way, if we can't
18 have fully trained people to do all the work to be done,
19 we will have to grade the type of job to be done in each
20 one of these specialties, and give that to those who are
21 fully trained, and train assistants to do part of the
22 other work, the lower echelon.

23 THE CHAIRMAN: Thank you. Any questions
24 Dr. Baltzan?

25 COMMISSIONER BALTZAN: Yes, Dr. Laplane,
26 do you find a new situation confronting you more than ever
27 before, for instance, the doctors' appraisal of the things
28 which indicate the need for the patient to go into the
29 hospital and assuming that that being the case and there
30 is room available, there is no problem about it. The



general. He wouldn't have to learn that. We could train

him. During the war we certainly had some marvelous

technicians we trained from ordinary orderlies, and they

could put a needle in a vein to give a transfusion a

lot better than some doctors I have seen try to do it.

My philosophy would be to train people to

help in the nursing without knowing the whole of the

nursing field. It might be the same with technicians,

because, even in the laboratory today we have some

assistant technicians doing a lot of but distasteful, some

with a B.S. in bacteriology or pathology. You have

those two extremes. I don't think we have enough, and

it will take a long time to have enough.

The same thing with the social services

the assistants. We have to find some way, if we can't

have fully trained people to do all the work as he does.

We will have to grade the type of job to be done in each

one of these specialties, and give that to those who are

fully trained, and train assistants to do part of the

other work, the lower category.

THE CHAIRMAN: Thank you. Any questions?

Dr. Berman:

COMMISSIONER BARTMAN: Yes, Dr. Berman.

do you find a new situation confronting you more than ever

before, for instance, the doctors' appraisal of the things

when indicate the need for the patient to go into the

is now available, there is no problem about it. The



1 main thing on the opposite side, there is a question of
2 public demand for admission to the hospital, that the
3 public will say and do say -- we hear it in every place.
4 There is public demand saying it is better for me to go
5 into the hospital. I will get results quicker and I
6 haven't got the accommodation at home, so there is on the
7 one hand the needs, medical needs, and on the other, the
8 element of public demand for this accommodation. Are
9 you confronted with -- is it confronting you more than
10 ten or fifteen years ago?

11 DR. LAPLANTE: Yes, sir, certainly,
12 because -- I am not very old but -----

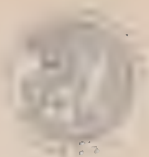
13 COMMISSIONER BALTZAN: That is why I
14 didn't mention thirty years ago.

15 DR. LAPLANTE: Thirty years ago when I
16 was beginning my career as a doctor, people weren't so
17 anxious to go to the hospital, and at that time I heard
18 that not very many years before that people wouldn't go
19 to the hospital, and that is why the mortality rate was
20 so high. People would only decide to go to the hospital
21 when they didn't have enough strength to resist.

22 Yes, we do get quite a bit of that demand.
23 In the case that you put up, the patient must want to go
24 to the hospital because he feels he will be treated better
25 and he may not have that at home. Possibly home care will
26 answer that, in certain cases, anyway.

27 COMMISSIONER BALTZAN: Once it is provided
28 and once it is proven to him that the results will be
29 equally as good?

30 DR. LAPLANTE: That is right, and there



3501

1 main thing on the opposite side, there is a question of
 2 public demand for admission to the hospital, and the
 3 public will say and do any -- we hear it in every place.
 4 there is public demand saying it is better for me to go
 5 into the hospital. I will get absolute privacy and I
 6 haven't got the accommodation at home, so there is on the
 7 one hand the needs, medical needs, and on the other, the
 8 element of public demand for this accommodation. And
 9 you confronted with -- is it confronting you more than
 10 ten or fifteen years ago?

DR. LAPLANT: Yes, sir, certainly.

COMMISSIONER BALTIMAN: What is my I

don't mention thirty years ago.

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11 was beginning my career as a doctor, people weren't so
 12 anxious to go to the hospital, and at that time I found
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 14 to the hospital, and that is why the mortality rate was
 15 so high. People would only decide to go to the hospital
 16 when they didn't have enough strength to resist.
 17 Yes, we do get quite a bit of that demand.

18 In the case that you put up, the patient must want to go
 19 to the hospital because he feels he will be treated better
 20 and he may not have that at home. Possibly home care will

COMMISSIONER BALTIMAN: Once it is proved

and once it is proven to him that the results will be

equally as good

DR. LAPLANT: That is right, and there



1 is another group, I even heard doctors say, I know I
2 shouldn't, it is not absolutely necessary for that patient
3 to go in the hospital, but the patient wants to, what can
4 I do. He says, if I don't bring him in, he will come to
5 my office and he wouldn't take the proper drugs, maybe
6 he hasn't got the money to buy it, and he wouldn't get
7 any better because he doesn't come in. I feel personally
8 this by itself is not reason to bring them into the
9 hospital, but some other arrangements could be made so
10 that person may, through social service and some other
11 social agency obtain the necessary help in the house,
12 some help with children, get the necessary food, get the
13 necessary medication. That could be done without the
14 patient having to go to the hospital, but at the present,
15 that is the only solution that is handy, and therefore,
16 they are using it.

17 COMMISSIONER BALTZAN: Too administrators
18 and medical teams are in the position of having to, at
19 least, to satisfy public demand, not to the fullest
20 extent they would want, but there is that element that
21 is confronting you as administrator quite frequently?

22 DR. LAPLANTE: Oh, yes.

23 COMMISSIONER BALTZAN: That cannot be
24 entirely disregarded?

25 DR. LAPLANTE: No, no. I agree with you.
26 Some of it is very useful. There is some abuse. There
27 is some that is very useful.

28 COMMISSIONER BALTZAN: Just one more
29 thing, we are very much interested in the length of stay
30 of patients in your hospitals. We have heard some very



1 in another group, I even read about it, I know
2 something, I don't know, I don't know
3 to go in the hospital, but the patient wants to, what can
4 do. He says, if I don't bring him in, he will come to
5 my office and he wouldn't take the proper drugs, maybe
6 he hasn't got the money to buy it, and he wouldn't get
7 any better because he doesn't come in. I feel personally
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13 necessary medication. That could be done without the
14 patient having to go to the hospital, but at the present,
15 that is the only solution that is being, and therefore,
16 they are using it.

17 COMMISSIONER LANTIER: The administrators
18 and medical teams are in the position of having to, at
19 least, to satisfy public demand, not to the fullest
20 extent they would want, but there is that element that
21 is confronting you as administrator quite frequently?

22
23
24 COMMISSIONER LANTIER: That cannot be
25 entirely disregarded?

26 DR. LANTIER: No, no. I agree with you
27 some of it is very useful. There is some abuse. There
28 is some that is very useful.

29 COMMISSIONER LANTIER: Let me know
30 thing, we are very much interested in the length of stay
31 of patients in your hospital. We have heard some very



1 good reports about that. The reason for that is not so
2 much the administrators alone or the doctors alone, but
3 today, the patient gets out faster than before. Isn't
4 there another reason why there has been a steady decline
5 in the number of days the patient stays in the hospital?
6 I refer, for instance, to the immediate fact of the
7 length of stay by the introduction of early ambulatory
8 treatment of post-operative cases. A hernia case was
9 kept in bed for at least two weeks and some three weeks,
10 and now, they are up on the second day. That is one of
11 the contributing factors. Of course, there are the
12 results obtained from specific medications. In other
13 words, the results that you are getting in the reduction
14 of your hospital day occupation is the result of a
15 number of factors and not only vigilance?

16 DR. LAPLANTE: That is right.

17 COMMISSIONER FIRESTONE: Dr. Laplante,
18 there has been a case for increasing use of out-patient
19 facilities to reduce some of the pressure that is put
20 now on available hospital beds in the Province of Quebec.
21 Have you got adequate out-patient facilities to handle
22 the increasing volume of cases?

23 DR. LAPLANTE: Well, I couldn't speak
24 for all the hospitals, of course, but I feel whatever
25 there is now can be utilized by greater efficiency, to
26 a greater extent and greater efficiency. Yesterday
27 morning, also, the question was brought up, we have very
28 expensive equipment, lots of capital investment in the
29 x-ray department or in the lab. and why use that only a
30 few hours a week.



1 COMMISSIONER FIRESTONE: How could you
2 use the facilities more efficiently than you are using
3 them now, and why are you not using them more efficiently
4 now?

5 DR. LAPLANTE: The matter of organiza-
6 tion in many places. If we were to organize along more
7 modern, streamlined methods, possibly, we could.
8 As I mentioned a little while ago, as far as general
9 practitioners, at the present time we haven't got enough
10 doctors to handle out-patients as such, and we haven't
11 got enough internes.

12 COMMISSIONER FIRESTONE: Why don't
13 you have enough doctors and why can't you get them? We
14 have complaints of the number of doctors that haven't
15 got access to hospitals. Why can't you get more doctors?

16 DR. LAPLANTE: I feel we could get
17 them if they wanted to give that much time.

18 COMMISSIONER FIRESTONE: Have you tried
19 to get doctors and have you been refused?

20 DR. LAPLANTE: No, I can't state any
21 instances.

22 COMMISSIONER McCUTCHEON: You are saying
23 the general practitioner would like to admit his patients
24 to beds in the hospital but is not too anxious to give,
25 say, two mornings a week to the out-patients?

26 DR. LAPLANTE: Yes.

27 COMMISSIONER FIRESTONE: What I would
28 like to understand, and as an administrator you can help
29 me to understand it, are doctors, general practitioners,
30 that wish to have the facilities of the hospital at their



1 disposal, are they not expected to make some contribution
2 in one form or another to the operation of the hospital?

3 Is there not a relationship between the access to the
4 hospital and the contribution that the doctor will make?

5 DR. LAPLANTE: That is the way I look
6 at it. That is the way I approach it, but I am not
7 always heard.

8 COMMISSIONER FIRESTONE: Take the
9 young doctor, the Chairman was talking about, who has
10 graduated, perhaps opening up a practice, and very anxious
11 to be permitted to be part of that circle of doctors.

12 Could some of those young men not be invited to partici-
13 pate in the out-patient clinic work, and then, of course,
14 have the right to admit patients as well? Has any
15 attempt been made to, on an organized basis or is it
16 left to chance?

17 DR. LAPLANTE: You have a certain
18 amount, certain limit to the number of doctors you may
19 have on the staff of the hospital. The main reason is
20 if a doctor cannot get his patients in he is not inter-
21 ested in going to that hospital at all. If the number
22 of doctors on a hospital staff is such that everybody
23 has to wait too long to get their patients in, and
24 especially if they are juniors and the senior have
25 priority, they wouldn't be too interested in being
26 attached to the hospital. However, in a hospital where
27 the staff is small that is certainly a solution.

28 COMMISSIONER FIRESTONE: Why should
29 there be discrimination between the senior doctors and
30 junior doctors? I thought the criterion was urgency



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have the right to admit patients as well? Has any

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attached to the hospital. However, in a hospital where

the staff is small that is certainly a solution.

there be discrimination between the senior and junior

junior doctors? I thought the criterion was capacity



1 and the condition of the patient, not seniority of the
2 doctor?

3 DR. LAPLANTE: Primarily yes, certainly,
4 but those that are not urgent, those that are elective,
5 certainly I think the chief of surgeons and the senior
6 doctors who have given a lot of time for years in teach-
7 ing and giving time to the hospital, I think they should
8 have priority over the younger man just starting.

9 COMMISSIONER FIRESTONE: If we could
10 look at it for the moment from the patient's point of
11 view, I appreciate you have to consider the position of
12 your doctors as well, but looking at it from the patient's
13 point of view, is the arrangement that you will admit
14 emergency cases and that other cases will be taken in
15 priority in which the claim was made. In other words,
16 if you have a waiting list you work through it taking
17 the emergency cases and urgent cases and the others as
18 they stand in line? Is that the system or does it depend
19 which doctor you know or use?

20 DR. LAPLANTE: That system is also
21 in effect in many hospitals I know.

22 COMMISSIONER FIRESTONE: How about your
23 hospital, sir?

24 DR. LAPLANTE: The junior man wouldn't
25 have as many patients to bring in and therefore, it is
26 the seniors that will have a larger practice and there-
27 fore, will have more patients on the waiting list, and
28 therefore, will bring in more patients.

29 COMMISSIONER FIRESTONE: But looking
30 at it from the patient's point of view is there any



and the condition of the patient, not necessarily of the
doctors?

DR. LAMONTAGNE: Primarily yes, certainly
but those that are not urgent, those that are elective,
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doctors who have given a lot of time for years in train-
ing and giving time to the hospital. I think they should
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COMMISSIONER RICHMOND: We would
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have as many patients to bring in and therefore, at the
the seniors that will have a larger practice and there-
fore, will have more patients on the waiting list, and
therefore, will bring in more patients.

COMMISSIONER RICHMOND: But I think

it is from the patient's point of view to treat only



1 discrimination against a patient, whether he employs or
2 goes to a senior doctor or junior doctor?

3 DR. LAPLANTE: No.

4 COMMISSIONER FIRESTONE: That is

5 exactly the answer I was hoping you would give me. Thank
6 you very much. I have one other question in connection
7 with the use of hospital bed facilities.

8 You mentioned a case, if I understood
9 you correctly, of a physician who will admit or request
10 admission of his patient to the hospital because the
11 patient told him he couldn't afford to pay for the drugs.
12 Is there any screening process in the hospital which
13 would deal with a case like this?

14 DR. LAPLANTE: Yes, but if the doctor
15 recommends the patient and says that there is a definite
16 medical need, no matter what he thinks -- on what he
17 bases himself, if he calls it a medical need, and to some
18 doctors the fact that he can't get drugs, cannot buy
19 drugs and he needs drugs, then he will consider that a
20 medical reason. If that is the way he presents it I
21 doubt if the admitting people will tell the doctor we
22 won't take your case.

23 COMMISSIONER FIRESTONE: Have you not
24 a screening process, rather than the admitting nurse or
25 admitting official, lady or otherwise, haven't you got
26 a medical director who would look at cases like this, and
27 say, I am sorry, we have waiting lists of so many hundred
28 and we cannot take people who can be treated at home?

29 DR. LAPLANTE: We try to do that. We
30 do that but there is quite a few that get by.

discrimination against a patient, whether he is employed or

goes to a senior doctor or junior doctor.

DR. LALAN: Yes.

on a basis of a physical or mental condition.

13 Would deal with a case like this?

DR. LALAN: Yes, but I am not a doctor.

15 recommends the patient and says that there is a definite

16 medical need, no matter what he thinks -- on that he

17 bases himself, if he calls it a medical need, and he says

doctors the fact that he can't get it, cannot say

19 drugs and he needs drugs, then he will consider that a

20 medical reason. If that is the way he presents it I

21 doubt if the admitting people will tell the doctor we

22 won't take your case.

23 COMMISSIONER WINTER: Have you any

24 a screening process, rather than the admitting nurse or

25 admitting official, lady or otherwise, haven't you got

26 a medical director who would look at cases like this, and

27 say, I am sorry, we have waiting lists of so many people

28 and we cannot take people who can be treated at home,

29 DR. LALAN: The way to do that, we

30 do that but there is quite a few that get by.



1 COMMISSIONER FIRESTONE: Quite a few
2 that get by. In other words, initial use of hospital bed
3 facilities, with more screening and provision of other
4 facilities, out-patient provisions, and so on, could be
5 used more effectively; is that the point you are making?

6 DR. LAPLANTE: Yes, I wouldn't say it
7 is general, but there are some of them. I think at the
8 end of the year if we were computing all the days in the
9 hospital in one province; it would amount to quite a
10 number of hospital days.

11 THE CHAIRMAN: Any other questions?
12 Thank you very much, Dr. Laplane. We are very anxious
13 as I said, to have the views of the hospital administra-
14 tors and particularly those experienced in certain areas.
15 We chose your hospital quite intentionally.

16 The next submission will be that of
17 the International Ladies Garment Workers Union. We will
18 have a short recess.

19
20 --- Short recess.
21
22
23
24
25
26
27
28
29
30



2 That got by. In other words, initial cost of hospital bed

facilities, with some screening and provision of other
facilities, out-pat and provision, and so on, could be
used more effectively; is that the point you are making?
DR. LAFARRE: Yes, I wouldn't say it

is general, but there are some of them. I think at the
end of the year if we were computing all the days in the
hospital in one province, it would amount to quite a
number of hospital days.

Thank you very much, Dr. Lafarre. We are very anxious
as I said, to have the views of the hospital administra-
tors and particularly those experienced in certain areas.
We chose your hospital quite intentionally.

The next submission will be that of
the International Jacket Garment Workers Union. We will
have a short recess.

--- Short recess.



SUBMISSION

of the

INTERNATIONAL LADIES' GARMENT WORKERS' UNION

Appearances:

Mr. S. Bresner

Mr. Ed. Bantey.

THE CHAIRMAN: We will come to order

and proceed. The submission of the International Ladies' Garment Workers' Union will be exhibit number 237.

--- EXHIBIT NO. 237: Submission of the International Ladies' Garment Workers' Union.

THE CHAIRMAN: Mr. Bresner, do you wish to make a statement, or to summarize your brief in any way, because I think it would be perhaps better if you did give some general statement, but as you prefer.

MR. BRESNER: I will make a few remarks. I am the representative of the International Ladies' Garment Workers' Union.

As outlined in our brief, which I presume you have all read, you have had it at your disposal for a number of weeks, we enjoy today the services of a health centre situated here in Montreal, and as the brief outlines, prior to the health centre we have had a sick benefit fund established by our members here in Montreal for the benefit of our members.

In conjunction with the health centre



Agreements:

Mr. S. Tinsley
Mr. D. L. Lister

THE CHAIRMAN: We will now go on to
and proceed. The adoption of the International
Garment Workers' Union will be explained.

RESOLUTION NO. 137:
Adoption of the International
Garment Workers' Union

THE CHAIRMAN: Mr. Lister, do you wish
to make a statement or to summarize your point in any
way, because I think it would be perhaps better if you
did give some general statement, but as you prefer.
MR. LISTER: I will make a few
remarks. I am the representative of the International

As outlined in our report, which I presented
on have all read, and have had it at your disposal for a
number of weeks, we enjoy today the services of a health
centre situated here in Montreal, and as the health centre
thinks, prior to the health centre we have had a report
presented to and established by our members and in Montreal
for the benefit of our members.
In conjunction with the health centre



1 we found that we have helped our membership, which com-
2 prises approximately twelve thousand members here in
3 Montreal to the extent of giving them a diagnostic check
4 on their health. At the same time we have helped them
5 in times of need, when these people were sick, and we
6 have clarified ----

7 THE CHAIRMAN: Helped them, Mr. Bresner,
8 besides the hospital and the medical bills?

9 MR. BRESNER: Yes, as a matter of
10 fact, if I may emphasize on that, I believe it would be
11 interesting to note at the present time our members
12 receive sick benefits at the rate of \$21.00 a week for
13 the period of thirteen weeks. That is female members.
14 Our male members receive \$24.00 a week for a maximum
15 period of thirteen weeks. We also pay surgical fees,
16 fifty per cent, with a maximum of \$100.00. We pay
17 anaesthetists' fees to a maximum of \$25.00. We also pay
18 physicians' fees, of \$3.00 per day, with a maximum of
19 fifteen days when the patient or member is hospitalized.
20 We also have optical benefits, \$10.00 per annum, towards
21 the cost of glasses.

22 Of course, you must realize that our
23 funds are limited, and we have to guide and judge our-
24 selves according to the income that we get, which is
25 contributed by the employers, but as our brief points out,
26 although through contractual relations with our employers,
27 were it not for contributions to these various funds, it
28 goes without saying that our employees would receive an
29 equal amount in wages, but we believe that sick benefits
30 are of importance, and a health industry is also beneficial



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prised approximately twelve thousand members here in
Montreal to the extent of giving them a diagnostic look
on their health. At the same time we have helped them
in times of need, when these people were sick, and we
have clarified ----

THE CHAIRMAN:

Helped them, Mr. Brennan

besides the hospital and the medical bills?

MR. BRENNAN:

Yes, as a matter of

fact, we have a very large hospital and we have a very large
laboratory and we have a very large medical staff and we have
a very large medical staff and we have a very large medical staff

the period of thirteen weeks. That is female members.
Our male members receive \$14.00 a week for a maximum
period of thirteen weeks. We also pay surgical fees,
fifty per cent, with a maximum of \$100.00. We pay

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hospital fees and we pay for the cost of the hospital
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of course, but we do not receive any
from the hospital and we do not receive any from the hospital
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e of importance, and a medical industry is also concerned



1 to our employers, who employ these people in making their
2 products, and that is why we also believe in welfare
3 benefits as much as we believe in actual wages.

4 I would just like to read to you from
5 page 6, the second paragraph:

6 "It must be clear to all those concerned
7 with the welfare of low and middle in-
8 come groups in Canada, whether they be
9 workers or farmers, that our country
10 desperately needs a comprehensive health
11 plan which would not involve any addi-
12 tional burden to the taxpayer. In our
13 opinion, a sound and fair health plan
14 must be based on two principles:

- 15 1) Services must be provided to every-
16 one regardless of income;
17 2) The cost must be spread over the
18 community as a whole, based on
19 ability to pay."

20 I stop there, and just want to stress a
21 point, and emphasize the fact that we feel that the
22 nation as a whole is entitled to a welfare benefit plan,
23 a health plan. It is our contention that a healthy
24 nation is a rich nation.

25 THE CHAIRMAN: Well now, Mr. Bresner,
26 assuming that Canada would have a national health plan
27 which would cover the various matters that you recommend
28 it should cover, and now, is it fair to say that we would
29 start with this proposition that (a) it must be paid for.
30 I mean, any plan will have to be paid for.



products, and that is why we also believe in welfare

benefits as much as we believe in social wages.

I would just like to read to you from

"It must be clear to all those concerned

with the welfare of low and middle in-

come groups in Canada, whether they be

necessarily needs a comprehensive health

plan which would not involve any addi-

tional burden to the taxpayer. In our

opinion, a sound and fair health plan

must be based on two principles:

1) Services must be provided to every-

one regardless of income;

2) The cost must be spread over the

community as a whole, based on

ability to pay."

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which would cover the various matters that you mentioned

it should cover, and now, is it fair to say that we would

start with this proposition that (a) it must be paid for

I want, any plan will have to be paid for.



1 MR. BRESNER: Correct.

2 THE CHAIRMAN: I don't think we will
3 have much discussion on that phase, will we? I mean, do
4 you agree with that?

5 MR. BRESNER: Yes, I agree that it
6 will have to be paid for, but there is also the point --

7 THE CHAIRMAN: Would you mind if I put
8 the second phase of it?

9 MR. BRESNER: Yes.

10 THE CHAIRMAN: Do you recommend that
11 it be paid for on a contributory basis, or by the State?
12 That is, on a combined payment by federal/provincial
13 payment without premium by anyone?

14 MR. BRESNER: I would recommend that
15 it should be paid by the provincial and federal set-up.

16 THE CHAIRMAN: And you do not support
17 the contributory plan?

18 MR. BRESNER: Correct. I cannot
19 agree to the contributory plan.

20 THE CHAIRMAN: I mean, that is your
21 position I just wanted to get at, and if you wish to make
22 some explanations, I don't want to cut you down at all
23 on it, but to shorten the discussion.

24 MR. BRESNER: That 's all right.

25 THE CHAIRMAN: You just read on page
26 6 that:

27 "---- our country desperately needs a
28 comprehensive health plan ----"?

29 MR. BRESNER: Yes.

30 THE CHAIRMAN: And you say you want that

have much discussion on that phase, will we? I mean, do

you agree with that?

MR. BARNES: Yes, I agree that it

will have to be paid for, but there is also the point --

THE CHAIRMAN: Would you mind if I put

the second phase of it?

MR. BARNES: Yes.

THE CHAIRMAN: Do you recommend that

it be paid for on a contributory basis, as it is stated

that in, on a combined payment by Federal, Provincial

payment without payment by anyone?

MR. BARNES: I would recommend that

it should be paid by the Provincial and Federal setup.

THE CHAIRMAN: And you do not support

the contributory plan?

MR. BARNES: Correct, I cannot

agree to the contributory plan.

THE CHAIRMAN: I mean, that in your

position I just wanted to get at, and if you wish to make

some explanation, I don't want to cut you down at all

on it, but to shorten the discussion.

MR. BARNES: That's all right.

THE CHAIRMAN: You just read on page

6 that:

"... our country desperately needs a

comprehensive health plan ..."

THE CHAIRMAN: And you say you want that



1 paid by the State, a combination of province and Dominion,
2 that is right?

3 MR. BRESNER: Yes.

4 THE CHAIRMAN: Then you go on to say:

5 "---- which would not involve any addi-
6 tional burden to the taxpayer."

7 MR. BRESNER: Correct.

8 THE CHAIRMAN: Now, how is the State
9 going to pay it without collecting taxes?

10 MR. BRESNER: Well, may I say a few
11 words on that?

12 THE CHAIRMAN: Yes, because I think
13 that would be ---

14 MR. BRESNER: Although it is true that
15 the money has to come from somewhere, we fully realize
16 that, nevertheless I believe that the money should come
17 from the national treasury.

18 THE CHAIRMAN: Where does the national
19 treasury get the money?

20 MR. BRESNER: It gets the money through
21 taxation, corporations, individual taxation, and so forth,
22 and that is where the wording of "ability to pay" comes
23 into this picture.

24 THE CHAIRMAN: And that is the posi-
25 tion you take in this?

26 MR. BRESNER: Yes.

27 COMMISSIONER FIRESTONE: Do you mean
28 increased taxes by those that are able to pay?

29 MR. BRESNER: Not necessarily. At the
30 present time, for example, in Quebec we have the



paid by the State, a combination of provinces and Dominion;
 that is right?

THE CHAIRMAN: Then you go on to say:
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 tional burden to the taxpayer."

MR. BRENNER: Yes.
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 taxation, corporation, individual taxation, and so forth,
 and that is where the wording of "ability to pay" comes
 into this picture.

THE CHAIRMAN: And that is the point.

Now you take in this

MR. BRENNER: Yes.

COMMISSIONER THISTON: Do you mean

increased taxes by those that are able to pay?

MR. BRENNER: Not necessarily, at the
 present time, for example, in Quebec we have the



1 hospitalization plan where the taxes have not been in-
2 creased and the funds are coming out of the provincial
3 revenue.

4 COMMISSIONER FIRESTONE: But you also
5 know that as a result of increased payments this revenue
6 is not keeping pace with increased payments. There is
7 a rather large budget deficit. Would you not feel that
8 somehow these programmes have to be paid for, or would
9 you prefer to borrow every year to pay for current
10 programmes?

11 MR. BRESNER: Well, deficit budgeting
12 is the latest style today. Everybody operates on deficit
13 budgeting. I am aware that people and corporations
14 eventually have to pay their share in one form or another,
15 but nevertheless I do state again that the ability to pay
16 in some cases, some people do not pay taxes, they don't
17 earn enough to pay taxes, and therefore, their share of
18 the load will be carried along with the rest of the
19 country.

20 COMMISSIONER FIRESTONE: In other
21 words, those that are able to pay will pay for the
22 programme, and if there is not enough revenue coming in
23 on the basis of the existing taxation system, taxes will
24 have to be raised, but they will be paid by those capable
25 of paying them, on the basis of ability to pay?

26 MR. BRESNER: Yes.

27 COMMISSIONER FIRESTONE: That is your
28 attitude?

29 MR. BRESNER: Correct.

30 COMMISSIONER FIRESTONE: On page 5,



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creased and the funds are coming out of the provincial
revenue.

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of paying them, on the basis of ability to pay?

MR. BRIDGES: Yes.

COMMISSIONER FIRSTTON: That is your

attitude



1 in the second paragraph you say, and I quote:

2 "It is shocking to think that, in one
3 of the richest countries in the world,
4 people lack medical care because they do
5 not have the money to pay for it."

6 Can you submit to the Commission any
7 evidence, any concrete cases, any specific cases, where
8 you know the people in Canada lack medical care, or do
9 not receive medical care because they cannot pay for it?

10 MR. BRESNER: Well, I don't think at
11 the present time that I am in a position to present any
12 evidence other than just verbal messages that have been
13 brought by our members to the offices of our union.

14 COMMISSIONER FIRESTONE: What kind of
15 cases have been brought to the attention of the officers
16 of your union?

17 MR. BRESNER: There were cases where
18 people were sick and application was made to the hospitals,
19 and they had to wait months and months at a time in order
20 to get a bed. There were other instances where some of
21 our members took sick, and the doctor was called, and
22 some prices were as high as fifteen and eighteen dollars
23 per visit. Now, in cases such as these, when an
24 exorbitant price of fifteen dollars, mind you, it might
25 not be exorbitant to the individual doctor. It might
26 be his fee, but on the other hand, to the patient who is
27 a worker and does not earn too much salary, to him it is
28 an exorbitant fee, and what happens in the future when
29 they feel sick, they may hesitate in calling a doctor
30 when their life may be at stake, and we feel in cases

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you know the people in Canada lack medical care, or do

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a worker and does not earn too much salary, to him it is

an exorbitant fee, and what happens in the future when

they feel sick, they may hesitate in calling a doctor

when their life may be at stake, and we feel in cases



1 such as this if there was some sort of a medical plan
2 where these people know they can call a doctor and be
3 protected from being fleeced by some of these doctors,
4 their health would be improved.

5 I go back to our health centre, when it
6 was born about seventeen years ago, there was a reluctance
7 on the part of some of our members to come to our health
8 centre.

9 THE CHAIRMAN: Even though it was free?

10 MR. BRESNER: Yes. The reason was
11 they thought, number one, there was an invasion of person-
12 al privacy. They thought there was some gimmick behind
13 it, but now some seventy-five per cent of our members use
14 our health centre, and I believe we have saved many lives
15 by this service, which is given to our members free of
16 charge. This is only on a small scale. If this scale
17 was enlarged throughout the country, how many lives
18 would be able to be saved because of this?

19 COMMISSIONER FIRESTONE: Well, I take
20 it when you speak of people that lack medical care, you
21 are talking of people that either have no incomes, or
22 low incomes, and cannot afford to pay the medical fees to
23 which you refer. Could such people not go to the out-
24 patient clinic of a hospital and get such medical care
25 services free of charge if they are either indigent or
26 medically indigent? Medically indigent being defined as
27 people of low incomes with large families and unable to
28 pay the fees?

29 MR. BRESNER: I imagine some people
30 probably could go, but we also take into consideration



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on the part of some of our members to come to our health
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MR. THORNTON: Yes. The reason was

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COMMISSIONER THORNTON: Well, I take

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are talking of people that either have no income, or
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which you refer. Could such people get in to the only
patient clinic of a hospital and get their medical care
services free of charge if they are either indigent or
medically indigent? Medically indigent being defined as
people of low income with large families and unable to
pay the bills?

MR. THORNTON: I take no issue with you

people could go, but we also take into consideration



1 the fact that in some cases it is not only a question of
2 diagnostic, or what we do find that a person does not go
3 to see a doctor until actually it might be too late, or
4 until it is an emergency, because you must realize,
5 touching again on our industry, they are all workers,
6 and if they lose a half a day at the clinic, waiting
7 their turn to go in, it is a half a day of their wage,
8 which they cannot sacrifice. Therefore the only time
9 they do go to see a doctor is after working hours, and
10 because of the fees that a doctor charges at home, or
11 during emergency, if they have to call a doctor to their
12 home, the fee is so high that they hesitate in calling
13 a doctor, because of their low earnings. I agree with
14 you.

15 COMMISSIONER FIRESTONE: In your own
16 health centre what are the visiting hours?

17 MR. BRESNER: Four to seven.

18 COMMISSIONER FIRESTONE: So people can
19 go there after work?

20 MR. BRESNER: Correct.

21 COMMISSIONER FIRESTONE: On page 6
22 you make the statement on the top of that page:

23 "The cost of illness is something for
24 which the average family cannot budget
25 in advance."

26 MR. BRESNER: Yes.

27 COMMISSIONER FIRESTONE: What is the
28 evidence for this statement?

29 MR. BRESNER: The evidence for the
30 statement is, I mean, it is all right for a man who is



the fact that in some cases it is not only a question of
 diagnosis, or what we do find and a person does not go
 to see a doctor until actually it might be too late, or
 until it is an emergency, because you must realize,
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 and if they lose a half a day at the clinic, waiting
 their turn to go in. It is a half a day of their wages
 which they cannot sacrifice. Therefore the only time
 they do go to see a doctor is in an emergency, and
 because of the fees that a doctor charges at home, or
 during emergency, if they have to call a doctor to their
 home, the fee is so high that they hesitate in calling
 a doctor, because of their low earnings. I agree with
 you.

COMMISSIONER FINSTAD: In your opinion
 health centre what are the visiting hours?
 COMMISSIONER FINSTAD: No people at
 no time after work.

COMMISSIONER FINSTAD: On page 6
 You make the statement on the top of that page
 "The cost of illness is something for
 which the average family cannot budget
 to succeed."

COMMISSIONER FINSTAD: What is the
 evidence for this statement?
 Mr. Finstad: The evidence for the
 statement is, I mean, it is all right for a man who is



1 operating on a budget, I would say, in the ten thousand
2 dollar a year bracket, maybe he can operate on a budget,
3 but a worker with three or four thousand a year cannot
4 operate on a budget. There is no allowance for it.
5 There is the everyday cost and everyday living, and they
6 go accordingly, because they work from day to day.

7 COMMISSIONER FIRESTONE: Would you
8 then feel that a family with an income of, say, thirty-
9 five hundred dollars a year or less is really not in a
10 position to look after its own medical bills?

11 MR. BRESNER: Yes.

12 COMMISSIONER McCUTCHEON: It is usually
13 able to look after its automobile.

14 MR. BRESNER: Well, I am not aware of
15 that. I don't think that people in the three thousand
16 dollar bracket can afford an automobile as well. You are
17 going to find, it is true, maybe, irresponsible people
18 in all classes of life, but I don't think it is fair to
19 put the average worker in that particular class of
20 being irresponsible.

21 THE CHAIRMAN: How is your health
22 centre supported?

23 MR. BRESNER: Yes, it is supported by
24 contributions, by a health centre fund. The employers of
25 our industry contribute a half of one per cent of the
26 employees' earnings monthly into this fund.

27 THE CHAIRMAN: So that would be six
28 per cent in a year?

29 MR. BRESNER: Yes, six per cent a year.
30 As a matter of fact, our 1961 figures, the health centre



operating on a budget. I would say, in the ten thousand
dollar a year bracket, maybe he can operate on a budget,
but a worker with three or four thousand a year cannot
operate on a budget. There is no allowance for it.
There is the everyday cost and everyday living, and they
go accordingly, because they work from day to day.

COMMISSIONER FIRSTONE: Would you

then feel that a family with an income of, say, thirty-
five hundred dollars a year or less is really not in a
position to look after its own medical bills?

MR. HANSEN: Yes.

COMMISSIONER MURPHY: It is really

able to look after its automobile.

MR. HANSEN: Well, I am not aware of

that. I don't think that people in the three thousand
dollar bracket can afford an automobile as well. You are
going to find, it is true, maybe, irresponsible people
in all classes of life, but I don't think it is fair to
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THE CHAIRMAN: How is your health

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MR. HANSEN: Yes, it is supported by

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our industry contribute a half of one per cent of their
employees' earnings monthly into this fund.

THE CHAIRMAN: So that would be

one cent in a year?

MR. HANSEN: Yes, six per cent a year.

As a matter of fact, our 1931 license, the health center



1 expenditures amounted to \$115,437.00.

2 THE CHAIRMAN: Do your employees make
3 a similar contribution?

4 MR. BRESNER: No, they don't.

5 THE CHAIRMAN: This is entirely suppor-
6 ted by the employers?

7 MR. BRESNER: Yes.

8 COMMISSIONER McCUTCHEON: That is still
9 just a half of one per cent.

10 THE CHAIRMAN: Yes, I am sorry. I
11 stand corrected on that.

12 COMMISSIONER FIRESTONE: On page 8
13 you say in the third paragraph:

14 "We have the experience in our own
15 medical centre where complete harmony
16 and understanding exists between doctor
17 and patient."

18 What do you mean by this, sir?

19 MR. BRESNER: Well, what we meant is
20 that there is a good understanding between the doctor and
21 the patient, and in most cases our members -- may I
22 explain a step further?

23 They make an appointment. If they feel
24 the desire or need, or want of a check-up, they make an
25 appointment with the medical centre and maybe a day or
26 two later they are informed of an appointment for them.
27 Now, they have to go to a doctor. They do not select a
28 doctor, but rather a doctor is appointed according to the chart
29 and this doctor goes through the complete medical check-
30 up of this individual patient. We find that in ninety-eight



THE CHAIRMAN: Do your employees want

a similar contribution?

THE CHAIRMAN: This is entirely proper

and of the employers?

MR. BRESNAHAN: Yes.

COMMISSIONER HUGHES: That is all

just a half of one per cent.

THE CHAIRMAN: Yes, I am sorry. I

stand corrected on that.

COMMISSIONER HUGHES: On page 3

you say in the third paragraph:

"We have the experience in our own

medical centre where complete harmony

and understanding exists between doctors

and patients."

What do you mean by this, sir?

MR. HUGHES: Well, what we want is

that there is a good understanding between the doctor and

the patient, and in most cases our members -- may I

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the desire or need, or want of a check-up, they make an

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now, they have to go to a doctor. They do not select a

doctor, but rather a doctor is appointed according to the

and this doctor goes through the complete medical check-

up of this individual patient. We find that in ninety-



1 per cent of the cases the member who becomes the patient,
2 in most cases go back to the same doctor if it is nece-
3 ssary to continue seeing the medical centre, and we feel
4 that the reason for that is because the doctor takes a
5 keen interest in the welfare of the patient, not only
6 from the point of view of what bothers or ails him, but
7 rather his complete personal approach to the individual
8 patient. There is a harmonious relationship between the
9 doctor and the patient.

10 COMMISSIONER FIRESTONE: Well now, sir,
11 are you suggesting that once the doctor is chosen for the
12 patient, that then the patient has the right to go back
13 to the same doctor?

14 MR. BRESNER: Yes, they have that right.

15 COMMISSIONER FIRESTONE: Now, sir,
16 what is this doctor/patient relationship? Is it one that
17 is just based on the doctor treating the patient? Is the
18 fact that the patient does not pay him for this service
19 directly, is that in any way affecting the doctor/
20 patient relationship?

21 MR. BRESNER: No, I don't think so.
22 It has nothing to do with because the patient does not
23 pay the doctor. I believe that the patient, well, that
24 is what I would say, gets a certain amount of confidence
25 in the doctor that is treating him or her, and because of
26 that they go back to the same doctor. Mind you, they
27 don't have to if they don't wish.

28 COMMISSIONER FIRESTONE: How many
29 doctors have you participating in that programme?

30 MR. BRESNER: Eight.



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what is this doctor/patient relationship? is it one that is just based on the doctor treating the patient? is the fact that the patient does not pay him for this service directly, is that in any way affecting the doctor?

MR. BARNETT: No, I don't think so.

It has nothing to do with because the patient does not pay the doctor. I believe that the patient, well, that is what I would say, gets a certain amount of confidence in the doctor that is treating him or her, and because of that they go back to the same doctor. Mind you, they don't have to if they don't wish.

COMMISSIONER FINESTONE: How many

doctors have you participating in that program?

MR. BARNETT: Right.



1 COMMISSIONER FIRESTONE: Have you asked
2 any of the doctors whether in their opinion the patient/
3 doctor relationship is affected adversely because the
4 patient does not pay them? Is this answer you gave your
5 own judgment or is it in the opinion of the doctors who
6 participate?

7 MR. BRESNER: I am glad you asked that
8 question, because I have had the opportunity to discuss
9 some of the questions with the doctors. Mind you, un-
10 aware of the fact I was coming here, and in our conversa-
11 tions I have learned that it had nothing to do with the
12 question of paying or not paying, and it was strictly the
13 fact that there was the doctors through his conversation
14 with the patient, or the patient with the doctor, there
15 was a certain amount of understanding and good faith, and
16 a good relationship between both. I don't know if you
17 are a medical man or not ---

18 THE CHAIRMAN: There are two here
19 anyway.

20 MR. BRESNER: I was a patient a number
21 of times myself, and I do know that the bedside manners
22 of a doctor is sometimes better than the pill or the
23 prescription that he can offer to a patient, and I believe
24 it is of the utmost importance.

25 COMMISSIONER FIRESTONE: Well then,
26 based on your experience and the discussions with the
27 doctors, anyhow, the quality of medical care or service,
28 nor the doctor/patient relationship has suffered by the
29 fact that the doctor is paid by the centre, and not by
30 the patient?



1 MR. BRESNER: Correct.

2 COMMISSIONER McCUTCHEON: How are the
3 doctors paid?

4 MR. BRESNER: They are paid on the time
5 they spend.

6 THE CHAIRMAN: It is on a fee for
7 service basis?

8 MR. BRESNER: Yes, well, they spend
9 about three hours a day. Some of them work two or three
10 days a week. They alternate.

11 COMMISSIONER FIRESTONE: They are paid
12 so much per hour?

13 MR. BRESNER: Yes.

14 COMMISSIONER FIRESTONE: Irrespective
15 of the number of patients they see?

16 MR. BRESNER: Correct. The reason is
17 that appointments are made in advance, and if we are
18 aware there are insufficient appointments, we call him
19 in advance and say, not today.

20 COMMISSIONER BALTZAN: When there is
21 too much work, what do you do?

22 MR. BRESNER: At times we get addition-
23 al doctors.

24 COMMISSIONER BALTZAN: Do some of your
25 people have to wait too long to get an appointment?

26 MR. BRESNER: No, usually the maximum
27 period of time is about forty-eight hours.

28 COMMISSIONER BALTZAN: And what do you
29 do in cases of urgent need?

30 MR. BRESNER: We don't handle emergencies.



2 COMMISSIONER HECUTCHER: Now are the
3 doctors paid?
4 MR. ELLISON: They are paid on the time
5 they spend.
6 THE CHAIRMAN: It is on a fee for
7 service basis?
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10 days a week. They alternate.
11 COMMISSIONER ELLISON: They are paid
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14 COMMISSIONER ELLISON: Investigative
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16 MR. ELLISON: Correct. The reason is
17 that appointments are made in advance, and if we are
18 aware there are insufficient appointments, we call him
19 in advance and say, not today.
20 COMMISSIONER ELLISON: When there is
21 too much work, what do you do?
22 MR. ELLISON: At times we get additional
23 ad doctors.
24 COMMISSIONER ELLISON: Do you get more
25 people have to wait too long to see an appointment?
26 MR. ELLISON: No, usually the minimum
27 period of time is about forty-eight hours.
28 COMMISSIONER ELLISON: And what do you
29 do in cases of urgent needs?
30 MR. ELLISON: We don't handle emergency



1 no.

2 COMMISSIONER BALTZAN: Sir, I am very
3 much interested in the element of neglect of any citizen.
4 I heard you mention the case of some person who has
5 called a physician, and because his fee was such and such,
6 ten, fifteen dollars, and that was far beyond his or
7 her ability to pay, and we are aware of things like that.

8 My question to you is this, have you
9 some statistical study that would indicate the incidence
10 of such elements of inability to pay, and therefore,
11 not getting the services, versus the other instances
12 of where the inability to pay has nothing to do with
13 the fact that they still get medical care?

14 MR. BRESNER: In order to answer that,
15 in all fairness, I have no statistical figures that I
16 can provide this Commission with. As I said before, I
17 didn't anticipate to appear before this Board, and
18 therefore, I didn't prepare any such figures at all,
19 but from what I can gather from the information that was
20 given to me, the complaints were, that because of the
21 exorbitant prices charged by the doctor to these
22 patients, these patients would hesitate in calling a
23 doctor again unless an emergency has arisen.

24 You must understand, just to finish my
25 remarks, you must realize again if a patient, I feel
26 that what you are driving at, is there such a case where
27 the patient tries to bargain with a doctor?

28 COMMISSIONER BALTZAN: I am interested
29 to know, and it will help us in our work here if we can
30 have some very factual, numerical instances of this kind

COMMISSIONER OF HEALTH

is interested in the element of safety of any

I heard you mention the case of some person who had

called a physician, and because of the fact that

ten, fifteen dollars, and that was the payment for

her ability to pay, and we are aware of the fact that

in question to some extent, have you

some statistical study that would show the incidence

of such elements of inability to pay, and therefore,

not getting the services, versus the other

of where the inability to pay has nothing to do with

the fact that they still get medical service

MR. LUNN: In order to answer that,

in all instances, I have no statistical study as to

can provide this Commission with. As I said before, I

didn't anticipate to appear before this board and

therefore, I didn't prepare any such answer at all,

but from what I can gather from the information that was

given to me, the complications were, that because of the

excessive prices charged by the doctor to these

patients, these patients would hesitate in calling a

doctor again unless an emergency has arisen.

You must understand, that the thing of

remains, you must realize again it is a matter of fact

that what you are driving at, is there such a case where

the patient tries to bargain with a doctor?

no, and it will help us to our work here to be

have some very factual, statistical figures as to this



1 versus the other where the matter of fee involved, to pay
2 or to pay later doesn't enter into the picture of the
3 patient getting medical attention. If you could submit
4 statistics we would appreciate it very much.

5 MR. BRESNER: In order to answer that,
6 I would be glad to see what I can prepare in this respect
7 and I will submit it to this Board.

8 THE CHAIRMAN: Any further questions?

9 Thank you very much, Mr. Bresner. All
10 these matters are grist to the mills as far as the
11 Commission is concerned and will receive our consideration
12 in due time.

13 MR. BRESNER: Thank you very much.
14 I hope you will be successful in your endeavours.

15 THE CHAIRMAN: Is there anyone else
16 present, either here or in the hall, Mr. Lafrance, who
17 wishes to be heard?

18 THE SECRETARY: No, sir.

19 THE CHAIRMAN: That being the case,
20 this concludes our hearings in Montreal, and the Commission
21 will adjourn until we meet in Toronto on May 7th, which
22 hearing will be preceded by a private meeting on the
23 evening of May 6th.

24 The hearing stands adjourned.

25
26 --- Whereupon the hearing adjourned to Toronto on
27 May 7th, 1962.
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values and other things that are involved, to pay
or to pay later doesn't enter into the picture of this
patient being medical attention. If you could give
statistics we would appreciate it very much.

MR. LAWSON: In order to answer that,
I would be glad to see what I can do in this respect,
and I will submit it to this board.

THE CHAIRMAN: Very brief, please.
Thank you very much, Mr. Lawson. A

these matters are going to be dealt with as far as the
Commission is concerned and will receive confidential attention
in due time.

MR. LAWSON: Thank you very much.
I hope you will be successful in your endeavor.

THE CHAIRMAN: Is there anyone else
present, either here or in the hall, Mr. Lawson, who
wishes to be heard?

THE SECRETARY: No, sir.
THE CHAIRMAN: That being the case,

this concludes our hearing in Montreal, and the Commission
will adjourn until we meet in Toronto on May 14th, which
hearing will be preceded by a private meeting on the
evening of May 13th.

ROYAL COMMISSION ON HEALTH SERVICES

HEARINGS

HELD AT

TORONTO

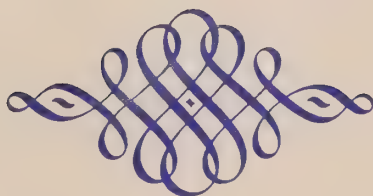
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VOLUME NUMBER:

47

DATE:

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ROYAL COMMISSION ON HEALTH SERVICES

Proceedings of the hearing
held in Toronto, Ontario,
on the 7th day of May, 1962.

COMMISSION MEMBERS:

Chief Justice EMMETT M. HALL -- Chairman

MISS ALICE GIRARD, R.N.

DR. C. L. STRACHAN

DR. ARTHUR F. VAN WART

MR. M. WALLACE McCUTCHEON, Q.C.

PROF. O. J. FIRESTONE

DR. DAVID M. BALTZAN

COMMISSION COUNSEL:

MR. R. N. HALL, Q.C.

MEDICAL COUNSEL:

DR. PIERRE JOBIN

DIRECT OF RESEARCH:

PROF. BERNARD BLISHEN

COMMISSION SECRETARY:

MR. N. LAFRANCE



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TORONTO, ONTARIO

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VOLUME 47

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ANGUS, STONEHOUSE & CO. LTD.
TORONTO, ONTARIO

8825
Toronto, Ontario,
Monday,
May 7, 1962.

/bl/hm

---On commencing at 10:00 a.m.

HON. JOHN P. ROBARTS (Prime Minister of Ontario): Mr. Chairman, members of the Commission, it is a great pleasure for me to welcome you here to Ontario and to welcome you on behalf of the Government.

We are well aware of the enormity of the task that you have set yourself. I have looked over your timetable for Ontario, and it runs to 141 submissions, and we wondered if you were being a little optimistic. But, nonetheless, I would like to offer you on behalf of the Government any and all facilities that we have.

As a Government we are not going to present a submission to you immediately. We would hope to do so a little later on; perhaps we could arrange a convenient time in the future. We are not on your list here. Nonetheless, we are very deeply interested in what you are doing, and we will make our submission in due course. But, in the meantime, I would hope that you would feel free to call upon us as a Government for any assistance that you may require, for any assistance that we can give you in the Department of Health, in the Department of Economics, which does a good deal of research, and any assistance that the Government may give to you, we would be delighted to co-operate.

I hope that you will have a pleasant and fruitful session, and, frankly, we are delighted in the interest shown in the number of submissions you are going to receive from our province. It is some indication of the importance that our people attach to



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3 this Commission and the work that you are doing and
4 the solution that you are attempting to find for all
5 of the people of Canada.

6 Welcome to Ontario, gentlemen.

7 THE CHAIRMAN: I want to thank you
8 very much, Mr. Prime Minister, on behalf of my associates
9 and those who are with us in connection with the
10 Commission. We know that we are embarking on what
11 will undoubtedly be the longest session, certainly the
12 most prolonged hearings of our work, but in such
13 pleasant surroundings in the beautiful City of Toronto,
14 we think we can do the work and survive quite well,
15 and starting with very nice weather.

16 The welcome from yourself on behalf
17 of the Government we appreciate very much. I may say
18 that we have already had the very best of co-operation
19 and help from Dr. Dymond, the Minister of Health, from
20 the other departments, and we are relying on going to
21 the various departments for more information and help
22 as we will require it. I think we may say, too, that
23 it is pleasing to hear that the Province of Ontario
24 will in due course and as and when the submission is
25 ready make a submission on this very important topic
26 of health under study and survey, and as soon as the
27 Province is in a position to proceed with its submission
28 and you get in touch with us we will make the necessary
29 arrangement so that this will be heard.

30 Again, thank you very much for this
welcome.

HON. MR. ROBARTS: Thank you, sir.



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3 THE CHAIRMAN: Mr. Lafrance.

4 THE SECRETARY: Mr. Chairman, I would
5 like to call forward the Ontario Medical Association,
6 and Dr. McCreary will make a short statement and
7 introduce the members of the group.

8 The main submission of the Ontario
9 Medical Association will be known as Exhibit 238, and
10 the appendices to the brief which were also received
11 by the Commission will be known as Exhibit 238A.

12 ---EXHIBIT NO. 238: Submission of the Ontario
13 Medical Association.

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15 ---EXHIBIT NO. 238: Appendices.
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SUBMISSION OF
THE ONTARIO MEDICAL ASSOCIATION

APPEARANCES: Dr. R. H. McCreary
Dr. Glenn Sawyer
Dr. R. D. Atkinson
Dr. P. Bruce-Lockhart
Dr. R.J.M. Galloway
Dr. S. N. Nathan

DR. MCCREARY: Mr. Chairman, members of the Royal Commission on Health Services, as president of the Ontario Medical Association I wish to express to you as individuals our appreciation of the efforts and time that you are expending on the subject of great importance to our Association, that is a high standard of health and the personal health services of the people of the Province of Ontario.

To assist you in your enquiry we have produced a brief which is already in your hands. In this brief we have assembled considerable information. We have here today individuals who were instrumental in developing this information over the years and in committees, and we have here also those listed on the front page of our brief, each of whom will be personally introduced to you, if you require specific information from them. I would particularly introduce to you four persons our Association have decided may best develop the opinions and explain the policy of our Association. Dr. P. Bruce-Lockhart, the president elect of the Association; Dr. Glenn Sawyer, the general secretary of the Association; Dr. R. D. Atkinson, Waterloo, chairman of our Council and a member of our executive; Dr. R.J.M. Galloway, Toronto, Chairman of our Advisory Committee and



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4 and former treasurer and member of the executive of
5 the Association. At this juncture and with your
6 permission I would like to ask Mr. P. Bruce-Lockhart
7 to introduce the presentation.

8 THE CHAIRMAN: Dr. Bruce-Lockhart.

9 DR. BRUCE-LOCKHART: Mr. Chairman
10 and members of the Commission, The Ontario Medical
11 Association, whom this delegation has the honour to
12 represent, has 6,500 members. It thus constitutes about
13 1/3 of the total doctors in Canada, and looks after
14 over 6,000,000 people.

15 The Commission and the Ontario Medical
16 Association have a common interest, namely, the pro-
17 vision of competent health services to the people of
18 Ontario. The Commission by reason of its terms of
19 reference - this Association through the dedication
20 of the lives of its members to this work.

21 In order to assist the Commission in
22 a better understanding of the problems in Ontario,
23 the O. M. A. has

- 24 1. studied all previous hearings, considered
25 carefully the questions asked by the
26 Commissioners, and noted how frequently the
27 same questions have been asked of all doctors.
28 2. With the object of answering these questions,
29 while at the same time presenting the views of
30 the O. M. A. on what it deems to be the vital
issues, it is proposed that our presentation
will be in three parts:

Firstly, I will present a broad outline of the Ontario
doctor's viewpoint, in an attempt to give the Commissioners

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and former president will be in the executive of
the Association. At this juncture and with your
permission I would like to ask Mr. P. House-Blackburn
to introduce the presentation.

Mr. House-Blackburn, Mr. Chairman

and members of the Commission, the Ontario Medical
Association, whom this delegation has the honor to
represent, has 6,000 members. It thus constitutes about
1/3 of the total doctors in Canada, and looks after
over 6,000,000 people.
The Commission and the Ontario Medical

Association have a common interest, namely, the pro
vision of competent health services to the people of
Ontario. The Commission by reason of its role of
reference - this Association through the dedication
of the lives of its members to this work.
In order to assist the Commission in
a better understanding of the problems in Ontario,
the O. M. A. has

1. studied all previous hearings, considered
carefully the questions asked by the
Commissioners, and noted how frequently the
same questions have been asked of all doctors.
2. with the object of answering these questions
while at the same time presenting the views of
the O. M. A. on what it deems to be the vital
issues, it is proposed that our presentation
will be in three parts.

Initially, I will present a broad outline of the Ontario
doctor's viewpoint, in an attempt to give the Commission



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4 an insight into the core of our thinking and to place
5 our brief and arguments into perspective.

6 Secondly, Dr. Glenn Sawyer will summarize the comment
7 on the recommendations in this brief, so as to give
8 clarity and point to our priorities.

9 Then this delegation would like to
10 answer any further questions deemed relevant by the
11 Commissioners - although we believe that our presenta-
12 tion will have answered most of the questions asked
13 heretofore by the Commissioners, and that they will have
14 learned the viewpoint and policy of the O. M. A. on these
15 vital issues.

16 This course of action will have the
17 advantage of enabling the O. M. A. to make its
18 uninterrupted presentation within the allotted time,
19 and yet give the Commissioners the opportunity to
20 indicate those areas on which they desire further
21 information.

22 In order even to begin to understand
23 doctors, one has first to appreciate that medical care
24 in essence is the care of the sick individual, or the
25 potentially sick, or the well who may become sick, but
26 always the individual.

27 It is essential to understand that
28 an individual is a human being who is unique, and
29 different from all other human beings - different in
30 his reaction to environment, in his reaction to illness,
to drugs and to treatment, different in his reaction
to management, and different in his reaction to other
human beings - which must include doctors.



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4 These differences of reaction are
5 drummed into medical students, because bitter experience
6 has taught the profession that unless a constant
7 unrelenting awareness is maintained in this regard,
8 constant mistakes will occur. The necessity for this
9 has convinced doctors that medical care must be
10 personal if it is to be efficient and safe. Further,
11 that it must be personal if it is to be effective in
12 dealing with the patient in relationship to his
13 environment.

14 To place these personal services in
15 perspective it should not be forgotten that home and
16 office calls constitute the majority of all medical
17 services rendered by doctors. The doctors providing
18 personal services work long hours, and their whole
19 life is one constant interruption. Yet few abandon it,
20 and to understand doctors one must understand why.

21 The answer is not that they are, or
22 think themselves supermen - nor even that they are just
23 a strange breed, as some would have us believe. It is
24 just that to date there has been an intense satisfaction
25 in their work. This satisfaction is the result of the
26 pleasure found in becoming involved with people, of
27 being able to help them in their need and of caring
28 about the results, not as cases in a slot, but as human
29 beings.

30 A doctor setting out in practice is
usually young, enthusiastic, and in debt. He is
initially delighted and somewhat thankful to answer calls
night and day. Then the financial problem improves, his



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4 youth and enthusiasm diminish, but he finds that he
5 continues to accept these calls, these interruptions
6 to his meals, his spare time, his family occasions,
7 because by that time a call is not just another case,
8 but young Johnny with his asthma, old Bill with another
9 heart attack, or Mrs. Tessier with what sounds
10 like an acute gall bladder. Herein, quite simply, lies
11 the source of doctors' dedication and devotion to their
12 calling.

13 This devotion to a patient's interests,
14 this dedication to service, is a thing that only a very
15 few lay people understand to any depth, beyond a
16 superficial reaction typified by "that old doctor-patient
17 relationship business". And yet if one does not
18 understand this, how can one possibly understand our
19 complete conviction that anything that interferes with
20 this dedication to the individual and the job satisfac-
21 tion which produces it, will ultimately -- and I would
22 like to stress ultimately -- and quite inevitably
23 produce a lowering of the quality of medical care. Can
24 one buy, or compel devotion? Obviously not.

25 Now over the years, as spelled out in
26 our brief, this dedication with its intense concern
27 for the individual has produced a complex of medical
28 services in this province which we believe is second
29 to none; which is not static but constantly changing;
30 and has only one criterion, namely, does it meet the
need of the patient?

Living in this way the profession
has always been and of course is still, acutely aware
of the problems of patients; problems medical organizational



Bruce-Lockhart

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and economic.

We must be, it is part of the fabric of our lives. We are constantly searching for and finding answers, usually initially at the individual level, and then when they have stood the test of experience, these are generally adopted. Just as we test a new drug before its general adoption in order to minimize the chance of its doing harm as well as good, so experience has taught us to shun the quick solutions to organizational problems. Our brief emphasizes the steady progress being made in solving these problems by the evolutionary process, and we are confident that given time the remainder will be solved without disturbing the essential relationship and atmosphere between doctor and patient.

However, public awareness of some of these problems - the indigent, the low income group and the uninsurables, the cost of facilities, under-doctored areas, to mention a few, has produced the urge, very natural in the inexperienced, to correct these problems immediately. Quick action in this day and age with memories of recent war time experience brings thoughts of a master plan, central control and government assistance with financing.

Political parties are, of course, not unaware that benefits to the public obtains votes. A further factor to be taken into consideration is that if governments provide monies then they feel responsible to control its expenditure.

Thus the stage is set for the present conflict of ideas between governments and the medical profession.



Bruce-Lockhart 8834

In our brief we have stressed the theme evolution, not revolution, by stating what we have done, why, why it is good, how we are tackling the problems that remain, the needs that exist and how solutions can be evolved to meet them.

To keep this clear, we have not stated directly where we stand in this conflict of ideas, and we would be failing in our duty if we did not now take this opportunity to make quite clear where the medical profession in Ontario does stand in this regard.

First in regard to availability of medical care, we would state our opinion that in Ontario medical care is at present available to all citizens having only regard to geographic circumstances.

Secondly, our profession is convinced that very few people outside the profession understand the danger of well meaning planners seizing on a few problems in this very complex field, and producing solutions to them only to create unwittingly and quite unintentionally, a dozen new ones.

Thirdly, we are frankly afraid of any plan, or plans, with total or major government financing because history has taught us

a) that then the monies for medical care have to compete at the treasury level with the other needs of society, which means that political expediency dictates the allocation of money and not individual medical needs.

b) that costs rise way beyond estimates



Bruce-Lockhart 8835

and the easiest way to control costs is to limit facilities and services. c) the loss of individual patient responsibility for his own care is a factor in increased costs, and further subtly alters his attitude towards his doctor. When a patient demands care instead of calling with a problem for help, then the job satisfaction of the doctor is gone.

In addition to these fears, we are flatly opposed to government ever being the sole purchaser of medical services, because quite simply we would consider this conscription. Would this situation not be vicious if the only way a man can change his employer is by leaving the country? It seems to us that it would be a new and unique position if this occurred and was acceptable, and would inevitably lead to the question of "who is next?"

In theory, a government could own an insurance plan, solve some of the economic problems of the populace and not interfere with the individual patient and his doctor. Here we would like to be careful of words. An insurance plan for medical care is a concept of people buying insurance to spread the risk. Such plans are at present available, and the problem of enabling everyone to buy insurance is discussed in our brief. However, when one talks of government insurance we believe this implies control beyond this insurance principle, because experience has taught us this. Government insurance to us means just a government run medical plan



Bruce-Lockhart 8836

under another name.

We are convinced that a government run plan of medical care will mean central control; that central control produces a mediocrity of care because it is geared to the masses and not to the individual and his needs. Further, because it works on an averaging principle. Frankly, we do not believe it possible to deal in norms and averages and retain complete individual patient consideration and attention.

Also, we are completely opposed to compulsion direct or indirect because one cannot have compulsion and choice. We believe that choice of doctor, choice of type of service, choice of type of prepayment mechanisms is productive of flexible selective progress geared to individual needs.

We are certain that in the long run government interference in the practice of medicine, directly or indirectly through financial control, however well intended, will affect the dedication of the doctors by diminishing their satisfaction in giving service. It will also increase the problem of finding adequate personnel. What serious student contemplating a medical career would not prefer infinitely the opportunities for freedom in service in the state to the south of us rather than a bureaucracy at home.

Mr. Chairman, we have explained as best we might our fundamental concept of medical care, we have stated our views on government intervention in medical care. We would like to complete the picture by stating that we believe that good medical care is the concern of



Bruce-Lockhart

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all of us. That to produce it the profession needs co-operation from government and voluntary agencies, that we each have our place in this field and that we have views on the proper role of government which we would like to emphasize very briefly. They are the result of a study by one of our committees and were approved by the profession in the Council of the Association 3 years ago.

The report reads:

"Our concept of the responsibility of government with regard to the health of the public is to ensure, in co-operation with, and on the advice of, the medical profession as a whole, that a high standard of medical care is available to everyone. With these thoughts in mind, we should consider the proper role of government in the field of medicine.

Central government has three advantages over any other section of the community, namely:

- i) Central view and authority.
- ii) The power to legislate.
- iii) The provincial treasury.

It seems logical that these aspects of medicine which fundamentally require any of these things are properly the concern of government.

A. Aspects of medicine requiring



Bruce-Lockhart

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essential province-wide view:

i) Sanitation, preventive medicine,
and venereal and infectious disease
control.

ii) Civil defence and disaster
planning.

iii) The education of the public in
health and hygiene matters.

B. Aspects requiring the authority of
legislation:

i) Legislative jurisdiction with
respect to the licensing of doctors to
practise medicine.

ii) Legislative jurisdiction over
hospitals.

iii) Legislative standards for food and
its handling, housing, drugs, and safety
precautions in homes and factories,
institutions, etc.

C. Aspects requiring assistance from
the provincial treasury:

i) In situations where the individual
is incapable of providing for himself
because of -

a) indigency,

b) chronic or permanent mental
or physical disability.

ii) In situations where a particular
community would otherwise shoulder the
financial load for a project beneficial



Bruce-Lockhart 8839

to the whole province -

- a) medical education.
- b) medical research.
- c) facilities which are expensive or located in small number of centres, e.g. radiotherapy by Cobalt Bomb, etc. Lastly,
- d) subsidizing hospital building and operating costs."

Mr. Chairman, this completes my part of the presentation and I will ask Dr. Glenn Sawyer to continue.



Sawyer

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4 DR. SAWYER: Mr. Chairman and members
5 of the Commission, we would ask that the summary and
6 recommendations as contained in our brief be written into
7 this record. It is my purpose to develop briefly the
8 reasons for the recommendations in order that you may have
9 a better understanding of them.

10 SUMMARY AND RECOMMENDATIONS - INTRODUCTION

11 (i) The members of our Association join
12 with other workers in the health field in welcoming you
13 to our province. We appreciate the magnitude of your
14 task. To assist you, we are presenting information and
15 our Association's opinion about some of the matters
16 detailed in your terms of reference.

17 (ii) We have here representatives of
18 our Association who will amplify any matters herein
19 recorded. Questions relating to areas where a policy
20 has not been established will be answered in writing
21 after due consideration has been given to them.

22 (iii) It should be recognized that some
23 answers will be expressions of opinion only. Our Associa-
24 tion is not equipped to develop statistical material
25 related to costs, which is not immediately available to
26 it. We regret that it was not possible for you to accede
27 to our request to table the results of your research
28 studies for scrutiny, interpretation and comment prior to
29 the closing of the public hearings.

30 (iv) Information obtained from the
research studies could play an important role in shaping
your recommendations to the federal government. For that
reason we believe it should be made available prior to the



Sawyer

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completion of your deliberations. This would provide an equal opportunity for all interested groups and individuals to make further submissions, if it seemed appropriate to do so, in the light of the additional information.

(v) We have tried to be very candid throughout our brief in drawing attention to problem areas and indicating the consideration which our Association has been giving to them.

SUMMARY

(vi) Scientific advancements, the development of various health programs and the willingness of citizens to underwrite the costs in some areas and of government in others, have all combined to improve and expand health services in our province. In other words, it has been progress by evolution as those providing, receiving and underwriting the services reached a basis of common understanding. It is our belief that this method of improvement and expansion has provided a solid foundation on which substantial progress has been made year after year, and upon which future developments should be based. (paras. 5-7)

(vii) The role of the physician in private practice has been emphasized in the progressive development of improved health services. At the same time, it has been pointed out that his contribution has been made in co-operation with many other professional and allied groups and agencies, governmental and voluntary. (paras. 8-37)

(viii) While the basic pattern by which health services are brought to our people has not changed



Sawyer

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greatly, there have been refinements and modifications in keeping with scientific development and changes in philosophy and economics.

(ix) One of these has been the development of mechanisms whereby there is a pooling of manpower, e.g., partnerships, groups and clinics, as a method of practice, and the organization of specialized units to cope with complex clinical problems in some hospitals, e.g., respiratory and cardiovascular units. (paras. 38-45)

(x) An indication of the scope of our Association's continuing interest in health services has been outlined. We have attached as appendices current reports of some Committees and Sections to indicate the depth and comprehensiveness of study undertaken in attempting to find solutions for problems in different areas.

(xi) We have emphasized the importance of the work accomplished by many committees of our Association in enhancing the quality of medical care. Acknowledgement has been made of the co-operation and assistance received from departments of the provincial government and voluntary agencies in this endeavour. (paras. 82-100)

(xii) The importance of sufficient personnel in the health field has been emphasized. Attention has been drawn to the small percentage of students, (7.6 percent of those entering secondary schools,) who acquire the qualifications necessary for training in medical and para-medical aspects of health services. (paras. 48-51 and 150-174)

(xiii) Some of the reasons for not



Sawyer

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choosing medical or para-medical careers have been set down. The necessity for longer range planning for the personnel requirements of the future and the facilities and staff required for their education have been stressed. (paras. 52-58)

(xiv) We have advocated that the remuneration of para-medical workers be reviewed by their professional associations in collaboration with the Ontario Hospital Association, the Ontario Hospital Services Commission and our Association. (para. 174)

(xv) The shortage of physicians in the public medical services due to inadequate salary levels has been pointed out. It has been suggested that correction of this situation would improve these health services and reduce the loss of these physicians through emigration. (para. 59)

(xvi) We have indicated areas which require further study, e.g., undergraduate education of students, student subsidy, post-graduate training and continuing education of general practitioners and specialists, and the distribution of physicians. (paras. 61-72 and 107-117)

(xvii) We have indicated our desire to have the assistance of the universities and the Department of Health in continuing a study of medical needs of smaller communities. Our Association has started a special study to seek information in this important area. (para. 73)

(xviii) The change in the management of patients with mental illness has been stressed and the



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developments necessary in this field to remove all disparity in treatment between mental and physical illness has been outlined. (paras. 175-178)

(xix) Information gained from a one-year survey of handicapped children, conducted by our Association, has been filed. The need for, and our interest in, identification and registration of handicapped children has been stated. The need for a council made up of representatives from health, education and welfare, for the purpose of co-ordinating agencies and programs and integrating services, has been emphasized. (paras. 91-95)

(xx) Our approval of the fluoridation of public water supplies; the need for health units in some areas where they do not now exist; and the importance of clean water and sewage disposal have been outlined by our Committee on Public Health. (Appendix #19)

(xxi) The shortage of facilities, including hospital beds and domiciliary accommodation, has been noted and recommendations made to assist in correcting this situation. (paras. 118-128)

(xxii) We have suggested that the problem of transporting patients for continuing treatment should be the subject of further study by the voluntary agencies. (paras. 135-141)

(xxiii) We have stated our intention of calling a conference on ambulance services and have suggested participation by the Ontario Hospital Association, the Ambulance Operators' Association and the Ontario Hospital Services Commission. (para. 137)



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(xxiv) The problem areas in rehabilitation as delineated by those attending the Association's second conference, held in March 1962, are outlined.

The need for the appointment of a provincial co-ordinator and for greater community interest in this field have been emphasized. (paras. 33-37)

(xxv) We have described home care plans in our province and indicated the need for further study and evaluation. (paras. 129-134)

(xxvi) We have emphasized that continuing improvement in health services requires an on-going program of fundamental and clinical research. (paras. 241-245)

(xxvii) Our Association's opinion about the proper role of government in the field of medicine, has been outlined. (para. 143)

(xxviii) The history and development of medical services insurance in our province has been reviewed. The rapid progress made and the advantages of a system of competing multiple carriers have been stressed. The approaches and proposals to assist in making available insurance mechanisms to those not eligible at present have been outlined. The contribution of the medically sponsored non-profit service plans has been emphasized.

(xxix) We have stated our resultant opinion that all these carriers should be encouraged to continue. (paras. 179-240)

(xxx) We have indicated the willingness of the profession to provide care to all citizens regardless of economic status. We feel that government is



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fulfilling its proper role when it assists those unable to provide for themselves because of economic circumstances. The profession has co-operated in caring for these people by helping to underwrite the cost of their medical care through the Medical Welfare Plan.

(xxxi) For reasons described in this brief, we believe the Medical Welfare Plan should be expanded to include those who can support themselves but who cannot afford to either pay for or prepay the cost of their medical care. (paras. 198-201)

(xxxii) In this situation there would not appear to be any reason for government to destroy the existing insurance industry in this field by going beyond its normal function of providing health services insurance for those unable to provide it for themselves.

(xxxiii) Moreover, we are aware that the financial resources of government are not unlimited. Thus it would seem wise and prudent to direct the remainder of the available funds toward health services which individuals or communities cannot provide for themselves.

(xxxiv) We have suggested that, in the use of these available funds, priority be given to improvements in the management of mental illness, the provision of adequate health services facilities and the recruitment and education of sufficient personnel for all health services. (paras. 246-248)

THE ONTARIO MEDICAL ASSOCIATION RECOMMENDS:

1) THAT the Department of Education, the universities and educational associations be commended



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for their concern about the small percentage of students entering secondary schools who complete Grade XIII and we recommend that they intensify their efforts to determine and correct the factors responsible for this situation.

2) THAT government provide funds for facilities and staff, through institutions teaching health personnel, so that sufficient may be educated to meet present and future needs.

3) THAT the financial requirements of students, training in the health field, be studied further by the teaching institutions, professional associations and government.

4) THAT the Royal Commission on Health Services endorse the principle that all beds in any hospital operating under the Public Hospitals Act, other than those required for teaching units, should be available to every qualified physician in the hospital's area, within the limits of his individual competence.

5) THAT the autonomy of hospitals be preserved.

6) THAT the Royal Commission on Health Services endorse the recommendation, made previously by the Canadian Medical Association, whereby expenses incurred by physicians in attending post-graduate courses would be deductible for income tax purposes.

7) THAT the inadequate salary levels now in effect for physicians employed in the public medical services be corrected, thereby reducing the loss of physicians from these services, the province, and Canada.



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8) THAT the determination of the need for hospital beds and domiciliary accommodation be a joint endeavour of the Ontario Hospital Association, the Ontario Hospital Services Commission and our Association. Further, that once need has been established, the cost be assessed against the federal, provincial and municipal governments according to a formula agreed upon by those governments.

9) THAT the amount and ratio of contributions of the federal, provincial and municipal governments to the capital costs of hospital construction be reviewed.

10) THAT the cost of hospital construction assessed against a municipality should reflect the use made of the hospital by the residents of that municipality.

11) THAT mental illness be recognized as our most serious health problem; that there be a change in approach to the management of the mentally ill to bring it into line with that of other illnesses, with particular reference to out-patient services, hospitalization, rehabilitation and insurance coverage; and that psychiatric research be expanded.

12) THAT a provincial co-ordinator on rehabilitation be appointed and given authority to direct government effort in this field; and that communities be encouraged to initiate local programs including the development of sheltered employment and workshop facilities.

13) THAT there be an accelerated program of medical research supported by funds designated for that



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purpose and administered by an agency such as the Medical Research Council.

14) THAT priority be given to suggested improvements in the management of mental illness, the provision of health services facilities, and the recruitment and education of sufficient health services personnel.

15) THAT the efforts of the insuring agencies to provide satisfactory plans, through such methods as individual, group and community enrolment; through the right to retain coverage on retirement; and through the pooling of costs of high risk individuals, be commended; and

We recommend continuing and intensified efforts by these agencies to achieve the goal of universal availability of such plans; and

We recommend that there be added to the rolls of the Medical Welfare Plan, financed by the Department of Public Welfare and administered by our Association, those citizens, to be determined by mutual agreement, who are unable to purchase medical services insurance because of financial inability to do so; and

THAT those members of the community, who are financially able to do so, retain the responsibility of paying for or prepaying the cost of their medical services; retain the freedom of choosing whether to prepay it or not; and retain the freedom of choice of plan to meet their needs.

You will appreciate that many of the problems confronting you as Commissioners have formed the basis of continuing study by committees and sections of



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our Association. The appendices, to which we would direct your attention, are the result of such studies over the past few years. The suggestions contained in them relate to improvement in various aspects of health services and are worthy of your consideration.

I would like to discuss five broad areas of recommendations. At the conclusion of my remarks I would be happy to direct any questions you might have to members of our Association who are here to assist you.

The first area is PERSONNEL.

There is an old saying that an army marches on its stomach. Health services march on personnel and it is as difficult to develop adequate health services without personnel as it is to make the proverbial bricks without straw.

From reading briefs presented to you previously, it is apparent that the shortage of personnel is not unique in our province. Each area has reasons why this is so. In Ontario we have a rapidly expanding population demanding more and more health services. Added to that has been rapid advances in medical science making it possible to give a wider area of increasingly complex services.

In contrast to what is happening in industry, where automation is creating a lessening demand for personnel, the complexity of health services requires a constant increase both in the number and in their qualification. The difference, of course, is because health services are personal services, whether they are rendered by a physician, a nurse, or a physiotherapist.



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The physician is dependent upon the other members of the health team. If there is a shortage of personnel in one category, it can affect the quantity and quality of available health services. We find this, for example, in our hospitals, where wards are sometimes closed because of the shortages of nurses.

The branch societies and sections of our Association have indicated in their submissions shortages in many categories of health service personnel.

The first question which arises is the number of students available who have the qualifications required for acceptance for training in the health field. An examination of the students who entered high school in Ontario in 1955 reveals that at the end of 1960 only 4,718 (7.6%) had the necessary qualifications. The various health professions had to compete with all other groups requiring these qualifications from this small percentage.

We are aware that those interested in education are concerned about this situation. While commending them for their concern, we have recommended intensified efforts to delineate and correct the factors responsible.

With the relatively small number available it becomes a matter of ability to attract students in the health field, who have the qualities of heart and mind required to render dedicated personal health services. It is our opinion that while remuneration is important, the test in the final analysis will be ability to render professional services in a manner which will produce the



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satisfaction on which professional services are dependent. A survey of 597 Grade XIII students, attached to this brief as an appendix, would substantiate that view.

Having trained health workers, the next problem is to keep them. The Section on Salaried Physicians has drawn to our attention the situation in the public medical services, staffed by salaried physicians, of our province. Here the loss of physicians through emigration causes concern about the quality of these services. The loss is attributed to the low salaries paid in Ontario as compared to those available in private practice and also in salaried positions outside the public service. It is pointed out that both the salaries available and their relationship to earning in private practice are factors causing emigration to the United States.

There is a loss of para-medical personnel through emigration and this is to be regretted. A more serious loss, however, is from marriage. By tradition, the vast majority of workers in the para-medical field have been female. Attempts to attract men into this work have not been very successful to date. This is difficult to understand from a physiological point of view. The answer, again, has been given as inadequate salaries both during and after training, so that a man with family responsibilities seeks other employment.

We have indicated in our brief the need for continued study of the financial support required of trainees in all areas of the health field.

Our recommendations in this area are:



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3 THAT the study now being made by our
4 educationalists be intensified to
5 determine and correct the factors
6 responsible for the small percentage
7 of students graduating from Grade XIII
8 with the qualifications required for
9 entrance into training in the health
10 field.

11 THAT the financial requirements of
12 students in training be reviewed.

13 THAT salary levels be made such as to
14 retain our health workers and attract
15 more male workers into the para-medical
16 work, and

17 THAT provision be made for necessary
18 staff and facilities to meet future
19 needs for personnel in the health field.

20 FACILITIES

21 The mention of facilities brings us to
22 the next area. We did not expand on the need for facili-
23 ties for the training of physicians and all other health
24 workers because the needs in this area will undoubtedly
25 be brought forward by the universities and others.

26 We do want to say something about the
27 facilities required for the care and treatment of the
28 sick. The first of these is hospitals; acute, convalescent
29 and chronic. While the picture generally in the province
30 has improved, there are areas where there has been a
particularly rapid growth of population where the situation
is very poor indeed. Metropolitan Toronto is a good



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example. Here there are 3.9 beds per thousand as compared to the provincial average of 5. Here, too, the municipal government has refused to participate in the costs of hospital construction.

A review of contributions for hospital construction shows that the federal and provincial governments combined have contributed one-half as much as is left as the responsibility of the local municipality and the citizens. Hence, when the municipal government refuses to participate, the matter of hospital construction places an unbearable burden on the backs of even the most willing citizens.

We have suggested that the contribution made by the two senior levels of government be reviewed and a formula worked out with the municipalities. Then when need for a hospital has been determined by the Ontario Hospital Services Commission in co-operation with the Ontario Hospital Association and our Association, the funds would be available. This would give the O.H.S.C. the fiscal autonomy in this area which we feel is required to produce adequate facilities. As one man remarked:

"Children are provided a seat in school and a gymnasium in school to play in but if they get sick there may not be a hospital bed available to lie in."

The requirement for hospital beds can be lessened if there is sufficient domiciliary accommodation, i.e., nursing homes and homes for the aged, where those requiring care, but not continuing medical and nursing care, may be transferred. While the Department



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of Public Welfare is making determined efforts to meet the need in this area, it would seem reasonable that there should be the closest liaison between the O.H.S.C., which is responsible for hospitals and the Department of Public Welfare, responsible for domiciliary accommodation.

There are special needs for facilities.

One of these is for the treatment of mental illness as outlined in the submission of the Section on Psychiatry. The requirement is for both small psychiatric hospitals beside general hospitals, and also psychiatric units within general hospitals.

A second conference on rehabilitation recently, emphasized again the need for community participation in the provision of workshop facilities and sheltered employment.

Similar recommendations have been made by our Committee on Child Welfare as a result of a one-year survey of the needs of the handicapped children.

In all of these areas facilities for research are a continuing requirement.

In the area of facilities, then, we would direct your attention to the need for:

Facilities for training health workers.

Hospital facilities - acute, convalescent, chronic.

Domiciliary accommodation - nursing homes, homes for the aged.

Special facilities for:

The treatment of mental illness,



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for rehabilitation,
the care of the handicapped children, and
research.

UTILIZATION OF PERSONNEL AND FACILITIES IN THE IMPROVEMENT
OF HEALTH SERVICES

There are areas as indicated in the
brief, where continuing study is required in the utiliza-
tion of personnel and facilities.

We have stated the opinion of the
Association that the needs of university hospital
teaching units must be met in order to assure a high
quality of medical graduate. These units must be under
the control of the university staff. Other than that, it
is our opinion that hospital beds coming under the Public
Hospitals Act should be available to doctors of the
community within their competence to use them.

In speaking of hospitals, we have
expressed our concern lest the autonomy of hospitals be
lost because of having only one purchaser of basic
hospital services.

The continuing work of our committees
and sections has demonstrated areas for improvement in
the use of personnel and facilities.

There is need for a change in the manage-
ment of mental illness to bring it into line with the
management of physical illness. This will require more
community interest in hospital construction and management
and more participation in patient care by the doctors of
the community.

In rehabilitation there is need for a



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provincial co-ordinator to integrate the interest of government departments in this area.

Handicapped children should be registered and our Association is considering undertaking this task. There is need for a council composed of representatives of health, education and welfare for the purpose of co-ordinating agencies and programs and integrating services.

Public health measures requiring attention are fluoridation of communal water supplies, the correction of air and water pollution and the establishment of public health units in areas of the province now without them.

The benefits of occupational health services to the working population in maintaining and improving health are worthy of mention.

Consideration of medical aspects of traffic accidents has focused attention on the need for improved ambulance services; the need for driver education; the value of seat belts; and the problems created by the "drinking driver."

As indicated in the brief, we are reviewing the adequacy of medical services starting with the needs of smaller communities.

We have, thus, indicated areas where continuing study and co-operation will result in a use of personnel and facilities to improve further the health services available for our people.

RESEARCH

The need for an on-going program of



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research is a constantly recurring theme by all those interested in any aspect of health services.

It is our opinion that it is a proper function of government to supplement research funds provided by other interested bodies and that these research funds should be administered in the main by a body such as the Medical Research Council.

Grants to research workers should be such as to relieve their dependence on teaching or practice as a means of financial support.

The other important consideration is that grants for research should be for sufficient length of time to avoid frustration and waste and at the same time attract and keep trained research workers in our country.

We commend the needs in this area for your serious consideration.

PREPAYMENT MECHANISMS

We have been impressed by the rapid expansion of prepayment mechanisms in our province. In 1950, 26% had surgical coverage and 14% medical. Ten years later these figures had risen to 63% and 59%, respectively.

We have commended our insuring agencies for their efforts to continue further expansion by such methods as individual, group and community enrolment and the pooling of high cost individuals.

The coverage of indigents through the Medical Welfare Plan has been explained. Our recommendation is that those falling into the marginal income group



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3 should be added to the Plan. They are able to supply
4 their other essential needs but haven't funds to prepay
5 or pay for their medical care and, therefore, may be
6 reluctant to seek it.

7 We are confident of reaching the goal
8 of universal availability of plans which will meet the
9 needs of our people within the foreseeable future.

10 That being so, there would not appear
11 to be any reason for recommendations in this field that
12 government go beyond its normal function of assisting
those unable to assist themselves.

13 The funds which any government can raise
14 through the various forms of taxation are limited.
15 Therefore the amount of money available from government
16 for health services will always be limited.

17 It becomes a question then, of where
18 these limited funds can be used to promote the greatest
improvement in health services.

19 We have given this question the serious
20 consideration it deserves and have stated our opinion
21 that priority should be given to the improvement in the
22 management of mental illness as this is our most serious
23 health problem; and to the provision of adequate health
24 services facilities and the recruitment and education of
25 sufficient personnel for all health services.
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4 Mr. Chairman, that completes my
5 remarks and we would indeed be happy to receive any
6 questions which you or the members of your Commission
7 may have.

8 THE CHAIRMAN: Thank you, Dr. Sawyer.
9 I think I might be permitted to observe that the
10 submission which we have received, the written submission
11 which we have received from the Ontario Medical
12 Association is a document that contains a great deal
13 of factual information as well as your recommendations
14 and opinions which have been extended and elaborated
15 here this morning by Dr. Bruce-Lockhart and yourself.
16 For the moment I must say how grateful we are for the
17 contents of the blue section of the book because there
18 is a great deal of information which will be of much
19 value to our research staff and to the Commission as
20 we proceed with our work and go forward towards coming
21 to some conclusions. Actually the summation this
22 morning, the contents of your brief and the factual
23 information in the blue section does give, in a great
24 measure, much of the information that we have sought
25 elsewhere. There are, however, some areas in which
26 we may, members of the Commission may wish further
27 information or explanation.

28 We recognize that in some instances
29 the information will be already in the book but we may
30 find it easier for you to say it over again rather than
to look for it. If you will bear with us in that
regard.

Now, just dealing with your problem in



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4 Ontario in a very general way, Dr. Sawyer, you began
5 your summation this morning dealing with the matter
6 of personnel and you suggest that there are shortages.
7 Now, shortages naturally are relative things, relative
8 to population needs and so forth. On the basis that
9 the ratio of doctors to one thousand population or
10 whatever figure you take in Ontario, it is one of the
11 highest figures that we hear of. You accept that, your
12 ratio in Ontario being what?

13 DR. SAWYER: Well, it is in the
14 brief.

15 THE CHAIRMAN: I know it is in the
16 book. By the way, if you would care to sit down and
17 have better access to this information you are quite
18 at liberty to do so.

19 You say you represent 6,500, in round
20 figures, of the medical profession in Ontario and that
21 is 6,500 out of 8,200 doctors?

22 DR. SAWYER: That is correct, sir.

23 THE CHAIRMAN: And of that number is
24 it a fact that your ratio per population is the highest
25 in Canada?

26 DR. BRUCE-LOCKHART: Our ratio is one
27 doctor for every one hundred sixty-four population.

28 THE CHAIRMAN: Is there another area
29 better served?

30 DR. SAWYER: I do not know of one.

THE CHAIRMAN: So what do you say
about this question of shortages? In fact, is it serious
or what are you talking about when you are talking about



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1 shortages when you have the best situation in Canada?

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4 DR. SAWYER: Well, I think you have
5 to remember that there are only a certain number of
6 medical schools in Canada and we have some responsibility
7 for training of personnel for provinces which do not
8 have those facilities.

9 THE CHAIRMAN: If you will permit me,
10 I do not think that is what we are talking about; I am
11 talking about the actual number practising in Ontario
12 today.

13 DR. SAWYER: You are speaking only of
14 physicians?

15 THE CHAIRMAN: Yes. Do you say that
16 there is an actual shortage and what is that shortage?

17 DR. BRUCE-LOCKHART: I think we are
18 possibly talking along slightly different lines. I
19 think what we would say is that numerically we can argue
20 we have enough doctors but there are certain ones,
21 undoubtedly mental health, where there is a shortage
22 now. In other words, you may have an overall average
23 adequate number but there is another factor involved
24 in distribution. For instance, in mental health we are
25 something like 50% short of the adequate number of
26 doctors we ought to have to give adequate mental health
27 service. When we are speaking of shortages it is the
28 area we are talking about, specific shortages in certain
29 areas. To say we are short in the whole community would
30 be nonsense because the average is high but as I pointed
out this morning, averages are not everything.

Another problem we have is that in



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4 Canada some 25% of these doctors were doctors trained
5 overseas and we do not know how much one can rely on
6 a continuing immigration; maybe we can but we have to
7 face the problem of emigration and this makes it
8 difficult. We are in the unhappy position in Canada
9 altogether that we are not producing enough doctors
10 of our own for our own needs and having to rely on a
11 fairly chancy bit of importing. We have to relate that
12 to our export. I think that is a fair answer.

13 DR. GALLOWAY: I would refer you to
14 page 239 in the blue section where we summarize the
15 present and future requirements of the branch societies
16 through districts.

17 THE CHAIRMAN: Page 239?

18 DR. GALLOWAY: Yes, and the appendices.

19 THE CHAIRMAN: That is your position
20 situation. Now, what about nurses, you also mention
21 those?

22 DR. GALLOWAY: On page 240.

23 THE CHAIRMAN: Is it not a fact again
24 that, apart from British Columbia, you have the highest
25 ratio of nurses to population in Canada?

26 DR. BRUCE-LOCKHART: Again we are up
27 against a problem. These are statistics and statistics
28 are not always as valid as they look. In my own area,
29 for instance, I am sure we have a very large number of
30 nurses, but this includes everyone who is registered and
a lot of them are married and only do part time work
or do not work and we still have a chronic shortage in
fact of nurses in our hospitals. We find it difficult



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3 to have adequate nursing staff over week-ends. It is
4 a problem, it is one thing to have a statistic in a
5 book and it is another thing to have the actual person
6 in the right place at the right time.

7 THE CHAIRMAN: How widespread has been
8 the closing of wards because of the shortage of nurses,
9 as Dr. Sawyer said a few moments ago.

10 DR. SAWYER: This problem occurs
11 chiefly in new hospitals where they erect a hospital
12 and they have to delay the opening of the wards of some
13 of these hospitals for a period of weeks or even sometimes
14 a few months because of the shortage of nurses. You
15 get into the same thing occasionally, I believe, in the
16 holiday period where the nurses are away and they have
to close part of the hospital.

17 THE CHAIRMAN: Dr. Sawyer, you said
18 this morning that of the students who would enter
19 high school in the Fall of 1955 that at the end of 1960
20 on 7.6% had the necessary qualifications to enter the health
services education stream.

21 DR. SAWYER: Yes.

22 THE CHAIRMAN: What do you mean by that?
23 How do you tie that 7.6, to what?

24 DR. SAWYER: You tie it to the figures
25 in the report of the Minister of Education to the
26 Government and those who have nine Grade XIII papers,
27 which is the requirement for entrance into the majority
of health work in this province.

28 THE CHAIRMAN: Then, is there also
29 an educational percentage, a percentage in marks, any
30 examination percentage?



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DR. SAWYER: I did not go into that.

THE CHAIRMAN: It is merely quantitative?

DR. SAWYER: That is true. Some of them have to have 66% in nine papers in order to get into medicine in the majority of universities. I did not go into this, I just took those who had nine Grade XIII papers.

DR. BRUCE-LOCKHART: You appreciate this is a percentage of the number entering Grade IX.

THE CHAIRMAN: Yes, five years later.

DR. SAWYER: Five years later.



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THE CHAIRMAN: Still on this matter of services, dealing with facilities, you seem to imply that whereas you have a ratio of 3.9 beds per thousand in Metropolitan Toronto as compared with the provincial average of five, that is not enough for Toronto?

DR. SAWYER: That is correct, sir.

THE CHAIRMAN: What is your view of what the top ratio should be?

DR. SAWYER: Well, all we have said there, sir, is that it is 3.9 beds per thousand in Metropolitan Toronto as compared to the provincial average of five.

THE CHAIRMAN: What does that mean? Does it mean anything?

DR. SAWYER: It means that they are a lot shorter than in other places in the province, despite the fact that some of the large hospitals in Toronto have patients funnelled in from all parts of the province and some of them from all parts of Canada because of the special facilities they have there. We can't answer your question today, but there has been set up very recently a committee with the Ontario Hospital Services Commission, the Ontario Hospital Association, our Association and the community agencies of Metropolitan Toronto to undertake a study of the exact requirements of hospital beds and domiciliary accommodation in this city. So I think you can accept that a city which has the facilities to treat patients both from within the city and other parts of Canada, if it has less beds than other parts of the province it is



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3 in a bad way.

4 THE CHAIRMAN: Do you accept or reject
5 the idea in the rural areas that the ratio must
6 necessarily be higher?

7 DR. SAWYER: The rural areas?

8 THE CHAIRMAN: Yes.

9 DR. SAWYER: No, I wouldn't accept
10 that it should be higher, and the reason I think you
11 can say that is that in the rural areas and in the smaller
12 hospitals you don't expect the complexity in facilities
13 and diagnostic equipment and the ability to do major
14 surgical operations, open heart surgery and neuro-surgery,
15 and so on. So that the requirement for beds shouldn't
16 be so great in the rural areas as it should be in the
larger centres.

17 THE CHAIRMAN: Do you not accept that
18 in the rural areas the ebb and flow to the hospital
19 will be much more uncertain than in the metropolitan
area?

20 DR. SAWYER: I would ask Dr. Bruce-
21 Lockhart to answer that.

22 DR. BRUCE-LOCKHART: I see the drift
23 of your question, sir. I think it depends a great deal
24 on how isolated a community is. It is one of our
25 convictions that these things should be dealt with as
26 local problems and we don't approve of this averaging
27 concept. As a matter of fact, we took the trouble to
28 see if we could get any evidence, any paper on require-
29 ments on beds per thousand, and a search of all the
30 medical libraries available did not turn up one paper.
It is very much a local thing, but in considering this



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4 local thing you have to take off the percentage of cases
5 that have to go to a big centre nearby and therefore
6 the big centre represents beds for that local community.
7 And, of course, it seems to change all the time, where
8 one centre, in my own area in the north where we have
9 improved our facilities where people who would have
10 gone to Toronto would stay with us. We are very
11 reluctant to answer your question, and without sort of
12 shooting our necks out in any way we don't believe that this
13 can be assessed, in terms of local situation, and we
14 are merely using this in terms of the extent, and that
15 is all.

16 THE CHAIRMAN: I think it is on page
17 60 that you have some figures or rather in paragraph
18 195 you list several categories of persons eligible
19 as of the 31st of December, 1961, for assistance from
20 the Department, and you arrive at a total of 221,412.
21 Now, that 221,000 are quite unable to pay any premiums
22 or costs?

23 DR. SAWYER: That is correct, sir.

24 THE CHAIRMAN: Then we have another
25 area that you recognize on page 61, paragraph 198, that
26 you call the marginal income group. Are you able to
27 give us any estimate of what that figure is for the
28 Province of Ontario?

29 DR. SAWYER: Mr. Chairman, we can't
30 give you any estimate of the number. We have had
discussions with the Minister and Deputy Minister of
Public Welfare, and we also tried to ascertain informa-
tion from the Department of National Health and Welfare,



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3 but we have not been able to delineate the exact
4 numbers. And the reason for this, of course, is obvious,
5 that the circumstances of people change and their
6 conditions change. For instance, you might have a person
7 making a very small wage but they may be employed
8 where the employer pays 100% of a fairly comprehensive
9 medical care plan. So on any discussion with the
10 Minister and Deputy Minister they have agreed to give
11 this problem further consideration. They realize it
12 is a complex one, and we are going to have further
13 discussions with them where we hope to be able to provide
14 the answers to the questions which you have asked.

14 THE CHAIRMAN: Well, if those figures
15 should become available in the next few months we
16 would certainly like to have the benefit of any informa-
17 tion you might be able to give us in that respect.

18 DR. SAWYER: We would certainly be
19 happy to provide it, sir.

20 THE CHAIRMAN: I think there is
21 another group that I suppose we have to have in mind
22 and that is a group of practically all ages and perhaps
23 of all income who are medically uninsurable, and you
24 recognize that that is another segment of the population.
25 Have you any idea of the size of that segment in Ontario?

26 DR. SAWYER: I would ask Dr. Atkinson
27 to speak on that.

28 DR. ATKINSON: Mr. Chairman, this
29 would be very difficult to assess because of the present
30 mechanisms in action in this province. Certainly these
people have coverage ---



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THE CHAIRMAN: That is their group?

DR. ATKINSON: Yes, through their group, and then become difficult or fall into a group that become uninsurable, but they are able to continue their coverage. The doctor-sponsored plans, P.S.I., Windsor Medical Service fall into that category, and indemnity plans provided by the insurance carriers. The problem is one which is difficult to assess because this is a changing thing and we would be unable to provide any accurate figures on this particular problem.

I would also point out, Mr. Chairman, that this is a diminishing problem as the normal mechanisms of prepayment are extended, realizing that in the last ten years there has been a remarkable growth, and this was indicated in the remarks made this morning, of some 20% to 25% up to something over 60% getting coverage, and the extension of the plans to cover those who reach the age of normal retirement which are carried on either through the group plans in their previous place of employment and the doctor-sponsored plans, and coverage in community enrolment which has recently started in this province in certain areas and which is an expanding programme at the present time.

THE CHAIRMAN: Dr. Sawyer, I may move over to an entirely unrelated field. On page 72 of your brief, paragraph 243, where you are talking of the service of the private practitioner in evaluating new drugs, procedures and techniques. We hear quite a lot about the drug detailman. Has the Ontario Medical Association any opinion to offer on the value that the



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so-called drug detailman has as on the necessity of the day-to-day education of the practising physician in the use of new drugs?

DR. SAWYER: No, sir, the Ontario Medical Association has no opinion on that subject.

THE CHAIRMAN: Where should this Commission go for such an opinion?

DR. SAWYER: If you wish an opinion on it, sir, we would be happy to give it consideration. But I think you appreciate that we are trying to answer the question within the policy that has been established by the Association.

DR. BRUCE-LOCKHART: What Dr. Sawyer is saying is if you specifically ask us for an opinion we would be happy to evaluate the situation and give you one.

THE CHAIRMAN: I think we would be happy to accept that offer.

COMMISSIONER BALTZAN: Mr. Chairman and gentlemen, I would address myself to Dr. Bruce-Lockhart and say that the Commission is very much interested on this stress you have put on the human side as a feeling of interest on the subject we are engaged in.

In pursuing that it seems to me that you were trying to arrive at an equation of the human unit value in terms of the dollar unit value, which brings in what it would save for the individual and what it would save in terms of cost.

In your thinking, Dr. Bruce-Lockhart,



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3 have you or can you arrive at something of what might
4 be of a mathematical order which would help us in this
5 very challenging problem, that is the human values that
6 you speak of and with which everybody is concerned,
7 the cost in relation to these things covered by what
8 you have termed as the human requirement? If that is
9 too broad a question -- I know you have done a lot of
10 thinking -- if you want to think it over and help us
later we would appreciate it.

11 DR. BRUCE-LOCKHART: I wanted to be
12 sure that I understand the question first, sir, if I
13 may. You are suggesting that there is a relationship
14 between human values and monetary values?

15 COMMISSIONER BALTZAN: We are forced
16 to think of that relationship. How can we actually
17 formulate that in terms of costs? Let's put it this
18 way. An impending coronary, for safety would he be
19 better to be put into a hospital for safety at the
20 expense of \$20.00 a day or wait until the coronary
exploded to justify his condition?

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4 DR. BRUCE-LOCKHART: I don't think
5 there is any doubt, sir, in that particular example you
6 gave. The medical profession has always been in the
7 habit of not considering cost in relation to need.
8 If a man needs something the profession has traditionally
9 and always said he must have it if it is in the interest
10 of his safety. I don't think we can stop and say is
11 this going to cost so much. If we are concerned with
12 safety we go ahead. That is why I find it difficult
13 to answer your original question, because as far as
14 we are concerned we feel, probably to answer the question
15 basically, that it costs what is necessary. I don't
16 see how you can really answer this in any other way.

17 COMMISSIONER BALTZAN: Quite.

18 DR. BRUCE-LOCKHART: The only thing
19 is we don't want to see there is so much money available
20 and you do the best you can with it.

21 COMMISSIONER BALTZAN: It is the
22 human element?

23 DR. BRUCE-LOCKHART: Yes.

24 COMMISSIONER BALTZAN: Thank you very
25 much. I think you have helped me. If you could come up
26 with a formula it would be very nice.

27 DR. BRUCE-LOCKHART: I wish we could
28 too.

29 COMMISSIONER BALTZAN: I am very much
30 interested in the condition of your appendix. I would
say it is quite healthy, quite bulky, but not swollen,
blue, but not syancosed. May I just have one or two



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3 simple questions without dissecting the appendix. I
4 notice you have at least 20 working committees on the
5 projects, is that right?

6 DR. SAWYER: That is correct, sir.

7 COMMISSIONER BALTZAN: May I ask you
8 this, who finances these projects, these study features
9 in your Ontario Medical Association programme?

10 DR. SAWYER: They are financed in a
11 variety of ways. Some of them we get grants from places
12 like the Atkinson Foundation. In the R. H. programme
13 we had assistance from the Junior Red Cross. You under-
14 stand that this supplies a portion of the money involved.
15 The expenses of the work of our committee are paid by
16 our own association, that is if they have to come into
17 meetings we pay their travelling and maintenance expenses
18 and we supply office facilities.

19 COMMISSIONER BALTZAN: That comes out
20 of the fees you collect from your membership?

21 DR. SAWYER: That is right.

22 COMMISSIONER BALTZAN: These committees
23 have been in operation over the years. It is not
24 something that is current.

25 DR. SAWYER: It goes back to 1881,
26 sir.

27 COMMISSIONER BALTZAN: Thank you very
28 much. I don't remember that year. Are these Committees
29 intended -- I presume, or they tell me, to elevate the
30 standards and preserve the integrity of the medical
profession?

DR. SAWYER: Yes.



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4 COMMISSIONER BALTZAN: And they
5 contribute towards the progress of the development of
6 medicine for the greater benefit of good medicine for
7 the people?

8 DR. SAWYER: That is correct, sir.

9 COMMISSIONER BALTZAN: I shall finish
10 now, Mr. Chairman, but a very brief reference to Dr.
11 Sawyer's remarks as he is quoted on pages 116 and 117.
12 I would say to you, Dr. Sawyer, it has helped my thinking
13 a good deal in respect to the very sharp statement you
14 made about certain things being taken out of context
15 having different meanings. My specific question is
16 at the bottom of page 116, number 10:

17 "If, in spite of allowing a doctor
18 "some of the things he wants such as
19 "fee-for-service, it ends up by making
20 "government the sole purchaser of his
21 "services, then it is a plan that
22 "should be opposed."

23 Would you say an extension of the same reasoning, Dr.
24 Sawyer, that a national plan or some such uniformity
25 would intensify this problem, say, by excluding
26 provincial governments from competing for the services
27 of individuals?

28 DR. SAWYER: Yes, if there was a
29 regulation that went along with it, sir, which made,
30 in fact, the government the sole purchaser of medical
services.

31 COMMISSIONER BALTZAN: If it was
32 country-wide?



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4 DR. SAWYER: That would be worse
5 still.

6 COMMISSIONER BALTZAN: It could be
7 worse. Mr. Chairman, I will have to pass by. I lost
8 track of where I was going to go next.

9 THE CHAIRMAN: Dr. Firestone.

10 COMMISSIONER FIRESTONE: Dr. Sawyer,
11 I would like to congratulate you and your associates
12 following the remark the Chairman made about the
13 comprehensiveness and the high quality of your submission.
14 It has been extremely helpful.

15 I shall concentrate on questions, sir,
16 if I may, dealing with the questions of policy and
17 principle rather than getting involved in questions of
18 details and statistics. If any of these questions come
19 up I would be happy if you would provide the information
20 at a subsequent time. My first question, sir, is your
21 Association in favour of a comprehensive medical
22 care programme for the Province of Ontario?

23 DR. BRUCE-LOCKHART: We have to be
24 very careful of words, sir. If you mean by this, is
25 the Medical Association in favour of a master plan of
26 any type of comprehensive care under central control
27 for Ontario, the answer is, no. If you mean are we
28 working towards making medical care comprehensively
29 available as fast as we can, the answer is, yes.

30 COMMISSIONER FIRESTONE: Are you,
therefore, in favour of policies and efforts that move
in the direction of providing a comprehensive medical
care programme for the Province of Ontario?



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DR. BRUCE-LOCKHART: Provided it is not under one head, sir.

COMMISSIONER FIRESTONE: We will come to the organization of the programme later. At the moment, just deal with comprehensive medical care programmes. I take it the answer is you are in favour of such a principle?

THE CHAIRMAN: I didn't understand him to say that.

DR. SAWYER: I think you have to explain, perhaps, Dr. Firestone, the meaning of the word "provided".

COMMISSIONER FIRESTONE: Of course this is up to the Ontario Medical Association to tell us what they have in mind when they speak of it in that they are working towards the development of such arrangement of comprehensive medical care services in the Province of Ontario. What do you have in mind?

DR. BRUCE-LOCKHART: We have in mind, sir, that the present system of providing medical care in this province has proved satisfactory, with certain areas of lack, which we have outlined. We feel that this evolutionary process should continue. We have outlined in the brief in some considerable detail what we mean by the present process. If it is allowed to continue and is helped in certain specific areas by all the various people, sir, which includes government in its role, the voluntary agencies in their role, the medical profession in its central role then we will achieve the comprehensive medical care for the Province



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4 of Ontario.

5 COMMISSIONER FIRESTONE: Are you
6 suggesting, sir, that the Association is satisfied with
7 the existing medical care programme or plans as they
8 are in existence in the province today?

9 DR. BRUCE-LOCKHART: I think, sir,
10 you will see in the brief we see many areas where
11 improvement is required, but we are confident that
12 improvement is occurring and occurring in a way that
13 will not necessitate us taking a back-step through
14 having made major mistakes.

15 COMMISSIONER FIRESTONE: Would you
16 be in favour of perhaps speeding up this process of
17 providing increased medical care service for the people
18 of Ontario?

19 DR. SAWYER: What do you refer to,
20 Dr. Firestone? How would this be speeded up?

21 COMMISSIONER FIRESTONE: I am just
22 enquiring whether you feel this process of evolution
23 should be allowed to take place in the marketplace of
24 the type that has taken place in the past or whether
25 you would feel the people in the Province of Ontario
26 would like to have a comprehensive medical care pro-
27 gramme without having to wait another ten, twenty or
28 thirty years until that process of evolution would
29 provide the sort of situation you suggest?

30 DR. SAWYER: I think to answer the
question we would have to know by what means you are
going to speed up this evolutionary process. If you
would like to explain that I think we could give you an
answer to your question.



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4 COMMISSIONER FIRESTONE: Well, sir,
5 I would like to have an answer from your Association
6 to find out whether you are satisfied with the progress
7 that has been made through your process of evolution
8 or whether you are in favour of that process being
9 speeded up. If your answer were yes I would ask you
10 how you would suggest we do it. If you are suggesting
11 that the process of evolution without doing anything
12 about it that is all you have to say.

13 DR. BRUCE-LOCKHART: I would like to
14 say we are amazed and satisfied with the rate of progress
15 that has gone on in the last ten years. We feel it is
16 a sure progress. We are not satisfied with the status
17 quo. We are constantly working. We have all these
18 committees working on improving it. We are as interested
19 in improvement, probably more interested, because it
20 affects us more than anybody else. We feel this work
21 has gone extremely well and should continue.

22 COMMISSIONER FIRESTONE: You appreciate,
23 sir, there are groups in Ontario representing a lot
24 of people, whether a workers' group, farm group or
25 other consumers of medical care services who feel that
26 the progress we have been making in Canada is not
27 adequate. There seems to be a difference of opinion.
28 You, the providers, say you are satisfied, but there
29 are many receivers of services who say they are not
30 satisfied. This Commission has been called upon to
offer advice to the Federal Government. My question
to you is, if we take seriously the views expressed by
the receivers of medical care services that the progress



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4 has been inadequate the question arises what can be done
5 to speed up that progress, the process of evolution
6 which you described?

7 COMMISSIONER BALTZAN: Dr. Firestone,
8 Dr. Bruce-Lockhart; perhaps we could answer this faster
9 if I put one question: Is there an urgency, an extreme
urgency for rapid speeding up?

10 DR. BRUCE-LOCKHART: I don't think
11 so, sir.

12 COMMISSIONER FIRESTONE: With all due
13 respect to my fellow Commissioner, my question was
14 related to the desires and the wishes that a large
15 number of people have been expressing to the Commission
16 through their organizations. It isn't a question of
17 whether in the opinion of the doctors it is an urgent
18 matter or not. The receivers of medical services have
19 been saying to us in their opinion it is an urgent
20 matter. We come to you as the providers of medical
21 services and we are asking you, we have to deal with
22 these proposals and these requests that have been put
23 before us, can you suggest anything -- how this process
24 of evolution can be speeded up to meet the demands
25 which this Commission has been receiving from many
26 recipients of medical care services or groups representing
27 recipients of medical services?

28 DR. BRUCE-LOCKHART: We maintain, sir,
29 that there are urgent needs, and we have outlined them.
30 They are namely, and in the main, in the provision of
facilities and the improvement of the attitudes and
services in the mental health field. These are, to us,



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4 the most urgent needs, and we have suggested how this
5 should be approached. We have further acknowledged and
6 we always have acknowledged that there is an area of
7 problem with the indigents and with, what we call the
8 marginal income group. We have approached governments
9 about this. Directly government is interested, but is
10 concerned about finances. This is the answer we have
11 received. The Provincial Government says, gentlemen,
12 we haven't the finances to do this and unless the Federal
13 Government will assist us we cannot.
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We are concerned, yes, but we are very much afraid of any rush. We think it's very simple. Any person who is not directly involved in any field can look at it superficially and say, "We want quick action. Do something now." They aren't having to produce it. They aren't having to do it. They don't understand the complexities of the situation and if they say to me, put a pistol at my head "Do something", my reaction is: Well, I mustn't do harm.

COMMISSIONER FIRESTONE: Well, this is a very reasonable point of view, and we quite understand it, and accept it. Nobody wants to rush into any plan that is ill-conceived and unconsidered, but the fact remains that we would like, or at least a lot of people would like to make more rapid progress and if I understand your answer correctly, you are in favour of such speeding-up process, because you have made a number of recommendations in this report, in this brief. Am I correct in that understanding?

DR. BRUCE-LOCKHART: We are in favour of the recommendations we have made being looked at seriously and being implemented where possible, sir, but I do not wish to leave you with any impression that we are in favour of speed, because we are not.

COMMISSIONER FIRESTONE: My question was not of speed, but speeding. As you know, speeding is a matter of degree. By leaving things to evolution, you leave it then to natural forces, and we say if it is a problem, and a lot of people think so, natural forces have been too slow.



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DR. BRUCE-LOCKHART: I realize that some people think that. We think they have been extremely quick. We think the progress has been extremely fast, sir.

COMMISSIONER FIRESTONE: In other words, you do not agree with the views that progress has been inadequate and more rapid progress should be made?

DR. BRUCE-LOCKHART: In certain fields, such as provision of facilities, I feel that attention is important in these areas. We have mentioned it, sir. I am just objecting to the idea that we are suggesting that it wants speed, because we don't think speed is wise.

DR. ATKINSON: I think, Mr. Chairman, our concern is that the total medical care needs of the people of this Province, and indeed of the Dominion should not be considered in terms of these very clearly defined areas of immediate need, as far as we see it. Again, mental health services, rehabilitation and we have indicated that we have concerned ourselves with those in the marginal income group and sought means of looking after these people, but we would emphasize that the medical care needs of the population as a whole should not be considered in terms of the need to get on with the job in this particular area.

COMMISSIONER FIRESTONE: When we are talking of medical care services, I take it, sir, that you have in mind comprehensive medical care services made available to the Province of Ontario? To the people of the Province of Ontario?

DR. SAWYER: Yes. That is correct.

COMMISSIONER FIRESTONE: Would comprehensive cover physical and mental health, and would it



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cover preventive as well as curative medical services?

DR. SAWYER: Of course.

COMMISSIONER FIRESTONE: Would you say that such plans or programs, as they are developed, should become universally available without regard to the financial means at the disposal of any individual or his family?

DR. SAWYER: Are you talking now of -- you have moved now from service into the question of prepayment plans, sir?

COMMISSIONER FIRESTONE: Well, if you wish to put it this way, I will restate my question: Is the Ontario Medical Association in favour of the principle of prepayment?

DR. SAWYER: Yes.

COMMISSIONER FIRESTONE: When it then comes to paying, would you say that you are in favour of a system whereby those that can pay the premiums, or whatever form their prepayment takes, do so, and those that cannot pay the full cost of that premium, or part of it, have that premium, either in full or in part, paid by the State?

DR. SAWYER: Yes.

COMMISSIONER FIRESTONE: Therefore, would you say, sir, Dr. Sawyer, that you accept the principle of financing such a medical care program in the Province of Ontario as being the principle of the ability to pay for such service?

DR. SAWYER: The principle of ability ---?

COMMISSIONER FIRESTONE: Of the ability to pay?



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DR. SAWYER: Yes. That those that can pay should have that responsibility.

COMMISSIONER FIRESTONE: May I take it your suggestion is, and you have dealt with it in your brief, that those who cannot pay have their premium paid by the State? Is that correct?

DR. SAWYER: Yes. That is in our brief, sir, yes. It is contained in our brief, sir.

COMMISSIONER FIRESTONE: Now, in defining what you mean by State, do you have in mind the Provincial Government? Do you have in mind the Federal Government, or do you have in mind the Provincial Government with a contribution from the Federal Government?

DR. SAWYER: Well, sir, we deal only with the Provincial Government. We are a Provincial Association and our dealings, in matters of financing of these things, we deal with our own Government, of course.

COMMISSIONER FIRESTONE: Therefore, your answer, if I understand you correctly, sir, is that when you speak of the State, you refer to the Provincial Government?

DR. SAWYER: That is correct.

COMMISSIONER FIRESTONE: May we turn, sir, to Paragraph 143 on Page 42, where you discuss the role of Government in any plan or program that might be developed, and you point out in the first paragraph on Page 42, that Central Government has three advantages over any other section of the community. Do I take it that the word "Central Government" in this context means Provincial Government?



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DR. SAWYER: Yes.

COMMISSIONER FIRESTONE: Thank you.

DR. BRUCE-LOCKHART: That is Central Government, Provincial Government, sir, as opposed to municipal government.

THE CHAIRMAN: Item 3, Provincial Treasury.

DR. SAWYER: Yes.

COMMISSIONER FIRESTONE: You speak in Paragraph 201, I think Dr. Bruce-Lockhart, you made reference to it in a verbal comment. The Provincial Government has explained to you that for financial reasons it would be unable to extend the provisions of the medical care plan presently applicable to indigents, to what we may call the medically indigent group until, and I quote, "Such time as the Federal Government made an appropriate contribution towards the cost."

Now, sir, you say you are dealing here with the proposals concerning the Provincial Government. The Provincial Government has explained to you that it cannot proceed with some of the proposals which you have made unless it gets some financial assistance from the Federal Government. Would you, therefore, be in favour of a program or a plan that would involve the Federal Government making a financial contribution to a Provincially administered plan?

DR. BRUCE-LOCKHART: Well, we are up against a problem here, sir, and that is that health is a provincial matter and we look and deal with our Provincial Government. We look to them, so that we really do



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not feel that what the Provincial Government does between them and the Federal is directly, so to speak, our concern.

It is, however, indirectly our concern and one of the concerns that we have is that, just as any medical care within our Province, we feel very strongly that the individual is what counts, the local community counts next, and then the whole province last.

In the same way, when dealing with the Federal-Provincial relationship, we are concerned about any overall plan that might thrust something on Ontario, to average it across the Dominion which would not be exactly suitable to Ontario conditions.

Now, we are indirectly concerned in that way.

COMMISSIONER FIRESTONE: But realizing that you have come forward with what we consider, what one may consider as a very comprehensive proposal. You have been told by the Provincial Government it may be a good idea, but we cannot go ahead until we get some more money from the Federal Government.

Now, I would like to go back to the earlier statement I made where I spoke of a Provincial Plan, a Provincial Government Plan. My question still is, sir: If you are interested in seeing the Provincial Government adopt that plan and they tell you that they are waiting for some Federal assistance, would you, as an Ontario Medical Association, support such an arrangement?

We are here trying to advise the Federal Government and we have to come to the medical



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profession in each Province and say, do you support such a plan and what are your views?

DR. SAWYER: Mr. Chairman; I think we should say this, that we deal with our Provincial Government and in this instance we have laid before the Department of Public Welfare what we consider to be a need in the Province of Ontario. Now, it is assumed that if the Department of Public Welfare agrees that there is a need in this area and that it has not sufficient funds to meet the need, that it will try and obtain those funds.

Now, our concern about the Federal - Provincial agreements is simply this: That if you seek money for a specific purpose from, say, the Federal Government, then you will have regulations tied to that amount of money which often hamstring and limit the program required in the Province and it is our view that we deal with our Provincial Government.

If it hasn't sufficient money, it should try and get it from the source available to it and with that money should develop programs which are suitable to our Province. If that would answer your question.

DR. GALLOWAY: I was not going to say very much more than that, sir, because when you use the word "plan" I wanted to make clear whether you are thinking of an overall plan for all people in the country, or in the Province, or whether you were speaking of this particular plan that Dr. Bruce-Lockhart was speaking of.

COMMISSIONER FIRESTONE: My question referred to Paragraph 201 and it was raised in that context,

protection in such a manner and say, do you support such a plan and what are your views?

Mr. Chairman, I think

we should say this, that we deal with our Provincial Government and in that instance we have laid before the Government of Public Works what we consider to be a need in the Province of Ontario, now, it is assumed that in the Department of Public Works agrees that there is a need in this area and that it has not sufficient funds to meet the need, that is why we are asking for funds.

Now, our concern about the Provincial Government is simply that. That if you seek money for a specific purpose from, say, the Federal Government, then you will have regulations tied to that amount of money which either limiting and limit the program required in the Province and it is our view that we deal with our Provincial Government.

If it hasn't sufficient money, it should try and get it from the source available to it and with that money develop programs which are suitable to our Province. It that would answer your question.

Mr. Chairman, I was not going to say, my own name, that is, because when you use the word "plan" I was so to make clear whether you were talking of a general plan for all people in the country, or in the Province, or whether you were speaking of that particular plan that the Minister of Public Works was speaking of.



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and I think the answer that I received was also in that context.

DR. SAWYER: That is right.

COMMISSIONER FIRESTONE: Am I correct in that understanding?

DR. SAWYER: That is quite correct.

COMMISSIONER FIRESTONE: Now, sir, to come back to the basic question: Here you have come forward with some constructive ideas and you have been told by a Government we have not got the money. However, if the Federal Government participates we might be able to do something about it or at least the Provincial Government is prepared to consider it.

Now, we are supposed to make some recommendations to the Federal Government and unless we get some advice from the people that will be carrying out services under such a plan, where should we turn to obtain such advice as to whether the Federal Government should or should not contribute to such a program as you recommend in Paragraph 201?

THE CHAIRMAN: You mean we want the Ontario Medical Association now to become our financial advisor?

DR. SAWYER: That is the point I was going to make, with respect, Mr. Chairman. I think it is not our duty to do more than lay before responsible bodies, such as our own Provincial Government, needs in the area of health where we feel that they have a responsibility.

Now, I do not think that we should tell them, nor, with respect, do I think we should tell



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you where they are going to find the money to finance this program, if they agree with it. They have indicated that if they got money from the Federal Government this would be fine. They have Dominion - Provincial meetings on matters of finances and I assume that this would be one of the areas that might be discussed in the needs of the Provincial Government.

COMMISSIONER McCUTCHEON: They may simply say we need more money without saying how they are going to spend it.

COMMISSIONER FIRESTONE: Are you suggesting that you are not in a position to offer the Commission any advice on financing or economic aspects of medical care service to be provided the Province of Ontario?

THE CHAIRMAN: That is not what I understood the answer to be, Mr. Firestone.



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COMMISSIONER FIRESTONE: If you will explain your own views I would be happy to have them.

DR. SAWYER: I have given them as explicitly as possible; the views that we hold.

COMMISSIONER FIRESTONE: Well, I am looking at paragraph 5 on page 295 - it is really subparagraph 5 of paragraph 6 on page 295 in which you recommend:

"The medical profession as the provider of physicians' services must have the right and in the public interest, the responsibility to:

5) Maintain mediation committees to deal with complaints, from whatever source, be they medical, ethical or economic and respect the recommendations made by these committees."

I take it you are concerned with economic questions?

DR. SAWYER: Oh, yes.

COMMISSIONER FIRESTONE: Would a question of finance not be an economic question?

DR. BRUCE-LOCKHART: If I might just try - I think what you are trying to obtain from us is, if the Federal Government were to proceed in any direction, in what direction would we prefer to see them proceed?

COMMISSIONER FIRESTONE: That is well understood.

DR. BRUCE-LOCKHART: What we are saying is, we would prefer that health matters be a provincial



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matter and that if money comes from the Federal Government it should come without any strings attached to it for health purposes or the province should deal with it as it finds necessary in the province.

COMMISSIONER McCUTCHEON: You might deal with it and build roads.

DR. BRUCE-LOCKHART: It is this business in mind.

COMMISSIONER FIRESTONE: I do not know if the subject of health is not your business ---

DR. BRUCE-LOCKHART: If the money is allocated for health it is our business.

COMMISSIONER FIRESTONE: Exactly; I am glad you said that. If I might continue on this question of financing, after all, if we have found an answer as to where the money will come from, it would help a good deal to formulate a program that might be acceptable to the medical profession and the recipients of health services and other groups as well.

You have in the Province of Ontario a hospital insurance plan in operation?

DR. BRUCE-LOCKHART: Yes, sir.

COMMISSIONER FIRESTONE: Is the Ontario Medical Association satisfied with the operation of that plan in overall terms? I am sure there must be a number of specific medical details which can be improved but I would prefer not to get involved, at this stage, in any details but just deal with the broad principles on which this plan is based.

Are you in favour of the principles on



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which this plan presently operates?

DR. BRUCE-LOCKHART: The answer to that is, we have to try and be fair. I think it is important the plan has only been in operation two years. At the same time, the answer to your question directly is no.

COMMISSIONER FIRESTONE: Could you give us your reasons for your answer being no?

DR. ATKINSON: Mr. Chairman, I think that our basic concept in providing an answer of no is that this plan has had a very short period of time to operate. We cannot see clearly into the future as to what will happen between the local hospital and the Commission.

Also, we see some areas of concern because the operation of the local hospital is dependent on funds provided from a central organization. In other words, this brings us to the problem of central control and, again, this brings in the averaging process which we do not feel should apply because of the wide nature, the varied economic climate of this particular province.

What would apply in a metropolitan area such as the City of Toronto has a great variation from what would apply to areas in Northern Ontario.

We can see points of concern. At the present time the hospitals must operate within a budget that is fixed or approved by the Hospital Services Commission and this, in turn, will affect the salaries paid to nurses and to other para-medical personnel within the hospital. This has an effect; again coming back to our basic submission of concern regarding personnel and



Atkinson

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the fact that there should be adequate facilities, there should be adequate remuneration, there should be adequate incentive to keep these people in these fields because of our growing economy and rapidly expanding population.

COMMISSIONER FIRESTONE: How do you feel, and I address this question to you, Dr. Sawyer, but please feel free to ask any of your colleagues to deal with it if you so wish; how do you feel about the principle that this Ontario Hospital Insurance Plan has this almost complete coverage - not quite complete, perhaps 95% plus or minus - how do you feel about this principle of this almost universal coverage?

DR. SAWYER: You mean how do we feel about the principle of compulsion?

COMMISSIONER FIRESTONE: Compulsion plus voluntary; it is a combination of the two.

DR. SAWYER: I would ask Dr. Galloway to speak about compulsion.

COMMISSIONER FIRESTONE: Compulsion and voluntary.

DR. GALLOWAY: We have some fairly strong feelings about compulsion. We recognize that there is compulsion for a great many of us in certain areas of our way of life. For instance, if we wish to drive an automobile we are compelled to buy a licence for it; if we wish to continue as a member of a community we are compelled to pay our taxes. However, this is an entirely different situation where you will make somebody do something in which they have no choice. I do not have to drive an automobile, therefore, I do not have to buy



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a licence.

We feel that voluntary organizations may well have accomplished all that the Ontario Hospital Services has accomplished. I point with some pride to the Windsor Medical Services which is a voluntary organization and it has in its district almost universal coverage for that area. I am not too sure that had we not been faced with a fait accompli of the Ontario Hospital Services private enterprise could not have produced a similar result, might have done it better or might have done it as well.

Then you come to the matter of compelling people from the standpoint of limiting their ability to choose the type of insurance that they want to take. Some people wanted to take out semi-private insurance, Blue Cross, and some wanted to take out public ward or standard ward and some would take on one type of insurance coverage and some another. Now, there are the same benefits, a standard benefit, which they are compelled to have.

This whole principle, we feel, is true in relation to all public health services. Medical health insurance, for instance, varies in its programs that are available to people. Some people want co-insurance, some people want full comprehensive insurance and we believe it is their right and choice.

Some people do not want it at all and we think it is their right and choice. When we start to move to compelling people then it will almost - the compulsion would have to come from a central authority



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and this would have to be a Provincial or Dominion Government and if there is to be a compelling authority, there is control, a control would be exerted partly on the people who bought the insurance and partly on the people who provide the insurance for the services related to that insurance. I would include in that me and quite a number of the rest of us.

I feel I have a great stake in this democracy and so do the rest of the medical profession. We have a great stake in this country in which we want to live and I do not want to be compelled to accept a standard of care, a standard of income by my government. I want to feel right and free to choose the type of medical care that I want my patients to obtain; I want to be able to pick in every regard the consultants that they will have. Most of all, I do not want them to be compelled, in any way, to see me as a doctor or anybody else.

My feelings about compulsion, I think, are shared by all; that we are fundamentally opposed to any loss of freedom for any Canadian citizen.

COMMISSIONER FIRESTONE: I take it your objection to the Ontario Hospital program is that it is, to a significant extent, based on the principle of compulsion and only to a lesser extent on the question of voluntary participation? Am I correct in that understanding?

DR. BRUCE-LOCKHART: I think this is just one factor. I think that you have to take the other factors. You start off and say this is an insurance; we say it is a government program because it does have a



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very considerable element of control. We see also that it has not avoided the thing I spoke of this morning which is in trying to solve one problem which was there at the time that the hospitals were going into debt and having difficulty and they were having difficulty because the indigent section of the population were paid for on a very minimal scale which nowhere near met the costs-- this was a problem and in trying to solve that problem they have created new ones, they have created the problem of - this is not a criticism of the O.H.S. Commission - where the hospitals have no means at present to liquidate their debt and this is thrust on the Commission by the regulations under Bill 320 through the Federal Government which stated "Only if you do thus and so may you have the money."

Now, there is a lot more to it than just the attitude of compulsion but we wanted to get on the record our attitude towards compulsion.

COMMISSIONER FIRESTONE: Do I understand from this that if the program were based on a fairly voluntary basis it would still not be acceptable to you because of the other sectors?

DR. BRUCE-LOCKHART: That is our point.

COMMISSIONER FIRESTONE: Thank you.

Now, may I ask you to turn to page 298, paragraph 11? This paragraph 11 is one of the principles adopted by the Second General Assembly of the World Medical Association in 1948 and endorsed by the Council of the Ontario Medical Association in January, 1960. I take it from the fact that your Association has endorsed the principle it



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means that you are in favour of it. I would like to read that principle and ask you to explain it to me. I quote:

"Compulsory health insurance plans should cover only those persons who are unable to make their own arrangements for medical care."

Does that mean that you are in favour of compulsory health insurance plans for the indigent and the medically indigent?

DR. BRUCE-LOCKHART: I think the answer to that is no. I think you have to realize that when a World Medical Association adopts certain principles that one has to look at them in general and not necessarily look at them in detail. I think we would always take our view that our main and overriding principle is our own submission on compulsion which is on page 294.

You will see on page 295, paragraph 6(1):

"The medical profession as the provider of physicians' services must have the right and in the public interest, the responsibility to:

ensure that a high standard of medical services is maintained."

I think the remarks made by Dr. Galloway on our view of democracy, one and two, the remarks I made this morning which say that compulsion which prevents choice is wrong would be overriding. I think you have to acknowledge that some principles are perfectly right in their own text and you have to look at the other principles and combine the two on a particular problem.



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COMMISSIONER FIRESTONE: Do I take it from this qualification that you are now stating that even if the set principle was endorsed by the Council of the Ontario Medical Association in 1960 that paragraph 11 is now not endorsed by your Association?

DR. BRUCE-LOCKHART: I think that you would have to interpret 11 also before you could make that comment exactly.

COMMISSIONER FIRESTONE: I would be happy to have your interpretation.

DR. BRUCE-LOCKHART: It depends on what you mean by voluntary. If we assume it would be voluntary for the citizens to pay taxes and out of those taxes you will provide care for health insurance plans for those individuals who paid, we have stated this is a proper role of government. If you are going to say that the individual must contribute, I cannot see how an individual can contribute voluntarily when he cannot make arrangements for his own medical care because these are indigents and he has not got the wherewithal to pay for medical care so I think this must be compulsory on the community for those who are unable to care for themselves.



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4 COMMISSIONER FIRESTONE: Do I then
5 understand that you endorse paragraph 11?

6 DR. BRUCE-LOCKHART: In that content.

7 COMMISSIONER FIRESTONE: A compulsory
8 health insurance plan in the sense that the community
9 as a whole will be paying their taxes and otherwise
10 to the costs of medical care service provided to the
11 indigent and medically-indigent in line with the
12 recommendations you have made in this report?

13 DR. BRUCE-LOCKHART: That is right.

14 COMMISSIONER FIRESTONE: Therefore
15 there are certain features of compulsion with which you
16 are willing to live and other features of compulsion
17 which you are not willing to accept?

18 DR. BRUCE-LOCKHART: Sir, some things
19 are always with us, death and taxes.

20 COMMISSIONER FIRESTONE: Taxes are
21 designed to preserve the provision of expanding and
22 increasing health services to the people of Ontario. It
23 is on this matter we are discussing the matter of
24 compulsion.

25 DR. ATKINSON: Mr. Chairman, we wouldn't
26 wish the Commission to go away thinking we would be
27 happy if a plan were developed in which the conditions
28 were such that by taxation or the payment of premium
29 it would not be feasible for the average citizen to
30 stay outside the plan. In other words, there would be
compulsion because of the very nature of the plan itself.
It wouldn't be compulsory in the sense that they had to,
but the other inducement, would make it almost impossible



Bruce-Lockhart

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4 for any person to stay outside the plan, and I think
5 this wouldn't receive our support at all.

6 DR. LOCKHART: I think I should make
7 one differentiation quite clear here, and that is this:
8 That the medical profession, although I entirely agree
9 with the general terms in which Dr. Galloway spoke, we
10 agree that compulsion is necessary for the protection
11 of the society. We don't think it is right that a
12 man with smallpox should walk around and infect other
13 people. There is the protection of the people. I
14 think this is the proper role of government and the
15 proper role anyplace.

16 COMMISSIONER FIRESTONE: I take it
17 from what you are saying, talking about the development
18 of a medical care plan or programme or programmes, that
19 one basic principle that you want to see retained is
20 the principle of voluntary participation?

21 DR. ATKINSON: That is correct.

22 DR. BRUCE-LOCKHART: And multiple
23 choice.

24 COMMISSIONER FIRESTONE: Voluntary
25 participation and multiple choice.

26 We have had put before us by the
27 Province of Manitoba an appraisal, and I would like to
28 put it before you, because in part it seems to follow
29 some of the things you are saying and part of it, of
30 course, goes in a somewhat different direction, and I
would like to understand if a proposal of this order
is in line with your thinking?

The Province of Manitoba emphasized
like yourself the principle that such a plan, whatever



Atkinson

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4 plan is developed or plans, should be voluntary. I
5 think you have already said that it is an acceptable
6 principle. The second principle that the Province of
7 Manitoba suggested is that it should be universally
8 available. Is that principle acceptable to you?

9 DR. SAWYER: Yes, sir.

10 COMMISSIONER FIRESTONE: The third
11 principle that they suggested is that it should be a
12 contributory plan with a stipulated premium within the
13 range of the majority of the citizens of Manitoba.
14 Would this be acceptable?

15 DR. SAWYER: Well, sir, I think when
16 we get into discussing the submission of another
17 Province that it would be desirable if we could have
18 written questions relating to that submission which we
19 may consider with the submission in front of us and
20 give you a written reply. I think this would be fair.

21 COMMISSIONER FIRESTONE: Well, we
22 want to be fair to you, and I am quite sure the secretary
23 would be happy to make available to you a copy of the
24 submission which we received.

25 At this point I wonder if you would
26 consider the principle without getting involved in any
27 of the details, and the principle I have raised is
28 whether -- and I am putting it now in my own words
29 rather than in the wording of the submission of the
30 Manitoba Government -- how would you feel, sir, about
a plan which may be developed by the Ontario Government
on a voluntary basis where those who wished to partici-
pate would pay premiums if they were in a position to



Sawyer

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4 do so and those that were not in a position to pay the
5 premiums would have those premiums paid for them by
6 the State?

7 DR. SAWYER: Now, there are two or
8 three things in your question, sir. I think you said
9 a plan. Now, we have stated ---

10 THE CHAIRMAN: I think you would have
11 to make it clear that was not the Manitoba proposal.

12 COMMISSIONER FIRESTONE: I have said
13 I have restated this question in my own words.

14 THE CHAIRMAN: Maybe I didn't follow
15 you all the way.

16 COMMISSIONER FIRESTONE: You requested
17 a copy of the brief, and I was rewording the question
18 in that light.

19 COMMISSIONER McCUTCHEON: You are
20 wording your question not in connection with the Manitoba
21 brief whatsoever.

22 DR. SAWYER: You said a plan, sir.
23 Is that understood?

24 COMMISSIONER FIRESTONE: Yes.

25 DR. SAWYER: Then we have stated this
26 morning on several occasions that we are not in favour
27 of a single plan, we are in favour of multiple plans,
28 multiple choice.

29 COMMISSIONER FIRESTONE: Assuming that
30 this plan would not be an exclusive plan, it would be
a plan permitting other plans to function as well.

DR. SAWYER: Is there only going to
be one plan which is going to have participation by



to so and those that were not in a position to pay the
premiums would have those premiums paid for them by

the State?

MR. SAWYER: Now, there are two or

three things in your question, sir. I think you said

a thing. Now, we have stated --

THE CHAIRMAN: I think you would have

no more it clear that was not the Member's proposal.

COMMISSIONER FIKSTAD: I have said

I have restated this question in my own words.

THE CHAIRMAN: Maybe I didn't follow

you all the way.

a copy of the brief, and I was rewording the question

in that light.

working your question out in connection with the various

other matters.

MR. SAWYER: You said a thing, sir.

is that correct?

MR. SAWYER: Then we have stated the

working on several occasions that we are not in favor

of a single plan, we are in favor of multiple plans.

multiple choices.

COMMISSIONER FIKSTAD: I am assuming that

this plan would be of an exclusive plan, it would be

a plan permitting other plans to function as well.

MR. SAWYER: Is there only going to

be one plan which is going to have jurisdiction in



Sawyer

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government?

COMMISSIONER FIRESTONE: I presume you have recommended that the Provincial Government should look after the medical care services of the indigent and medically-indigent; presumably the Provincial Government, with or without federal contribution, would be making that contribution to the plan which the Commission administered. Assuming there was such a plan which the Provincial Government set up, it is a voluntary plan, it is a multiple plan, but it is a plan in which the Provincial Government would look after the sort of people you suggested should be looked after, the indigent and medically-indigent. Would you be in favour of such a plan?

DR. SAWYER: I am sorry, sir, but we have to be very careful with words and we have been most specific to understand exactly what you mean. We are not in favour of a single plan to which government would make contribution on behalf of the general population, and we have been quite clear, I think, in our submission that we feel those responsible should be able to look after themselves and we have made specific recommendations about the indigent and about the marginal income group. So I think it should not be difficult to know what our what our recommendations are in this particular area.

COMMISSIONER FIRESTONE: With all due respect, Dr. Sawyer-- and I am just trying to be helpful to come to the essence of the question -- my question relates to a provincial medical care plan.

DR. SAWYER: One?



Sawyer

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4 COMMISSIONER FIRESTONE: One plan
5 which permits a multiplicity of plans but with the
6 Provincial Government looking for part of its area of
7 coverage to look after the indigent and medically-
8 indigent?

9 DR. SAWYER: And pays for their costs.

10 COMMISSIONER FIRESTONE: That is the
11 plan I am talking about.

12 DR. SAWYER: You are talking about the
13 welfare plan we have now?

14 COMMISSIONER FIRESTONE: No.

15 DR. SAWYER: An enlargement of it?

16 COMMISSIONER FIRESTONE: I am talking
17 about a provincial medical care plan which would provide
18 care for (a) the indigent and medically-indigent, which
19 would provide to anyone wishing to have insurance
20 coverage.

21 COMMISSIONER McCUTCHEON: Dr. Sawyer
22 has said he is opposed to any plan to assist the people
23 who can pay for themselves.

24 COMMISSIONER FIRESTONE: My questions
25 don't deal with the subject the Commissioner talks
26 about. There is no tax question as far as the non-
27 indigent and non-medically-indigent are concerned. We
28 are talking about one feature of the plan which provides
29 for the indigent, medically-indigent and provides an
30 insurance coverage for those who wish to participate.

DR. SAWYER: You said one plan and
one administration?

COMMISSIONER FIRESTONE: Correct, sir.



CONFIDENTIAL: INFORMATION: One plan

which would be a study of the area with the
proposed development looking for part of the area of
coverage to be after the incident and corrective

Mr. [Name]: And pay for their costs.
CONFIDENTIAL: INFORMATION: That is the

plan I am talking about.

Mr. [Name]: You are talking about the
and this plan we have now.

Mr. [Name]: An enlargement of the
CONFIDENTIAL: INFORMATION: I am talking
about a particular medical care plan which would provide
care for (a) the in-home and residential-individual, which
would provide to anyone wishing to have insurance
coverage.

has said it is opposed to any plan to assist the people
and pay for the plan.

CONFIDENTIAL: INFORMATION: My questions
don't deal with the question of Governmental
effort. There is no question as far as the non-
and and a non-residential-individual and commercial, we
are talking about the area of the plan which provides
for the in-home, residential and provides an
insurance coverage for those who are in the plan and
the plan.

CONFIDENTIAL: INFORMATION: sir.



Sawyer

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4 DR. SAWYER: We would be opposed, as
5 we have stated, to anything in this area where there
6 was one plan and one administration or one controlling
administration.

7 COMMISSIONER FIRESTONE: Even though
8 such a plan would permit multiplicity of other plans?
9 How would you be able to operate a government plan which
10 says we have a plan, if you want to participate in this
11 plan you can, if you want to participate in another
12 plan you can? What is the objection to that if the
principle of multiplicity is retained?

13 DR. SAWYER: Why would you need a
14 government plan if you have a multiplicity of plans in
15 the same area? How would it be different or for what
16 reason are we discussing the necessity of a government
17 plan which would do exactly the same as other plans?
I want to get this clear.

18 COMMISSIONER FIRESTONE: The answer
19 is that there were some demands forthcoming from
20 recipients of medical care service for a government-
21 sponsored medical care plan, and I am just trying to find
22 out if there was any formula or any aspect of meeting
23 such requests that were put before us which would be
24 acceptable to the medical profession of Ontario. If
25 the answer is no such plan is acceptable to you in
26 any form, then all you have to say is no.

27 DR. GALLOWAY: Would this plan that
you have mentioned have fiscal autonomy?

28 COMMISSIONER FIRESTONE: I would like
29 you to elaborate your definition of "fiscal autonomy".
30



we have agreed, to anything in this area where there
was one, and one administration of the controlling
administration.

such a plan would be in multiplicity of other plans,
how would you be able to operate a government plan which
says we have a plan, if you want to participate in this
plan you can, if you want to participate in another
plan you can, what is the objection to that if the
principle of multiplicity is retained?

Mr. SAWYER: Why would you need a
government plan if you have a multiplicity of plans in
the area? How would it be different to say that
reason and we, discussing the necessity of a government
plan which would be exactly the same as other plans?
I want to get this cleared.

Is that there were five demands for a plan from
residents of medical care service for a government?
I remember medical care plan, and I am just trying to find
out if there was any form of any aspect of meeting
such requests that are put before us which would be
applicable to the nation, a question of whether it
the answer is no, then plan is acceptable to you in
the area, then all you have to say is no.

Mr. SAWYER: What is the plan that
you have mentioned as financial autonomy?
I would like to know the plan of financial autonomy,
you to state your position of financial autonomy.



Galloway

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4 DR. GALLOWAY: Yes. Would the money
5 coming from premiums be used entirely to support this
6 plan and with no government money?

7 COMMISSIONER FIRESTONE: The plan
8 would have to include payments from governments to
9 cover medical care for the indigent and medically-
10 indigent, and therefore it will be financed partly from
11 taxes and partly from premiums.

12 DR. SAWYER: Mr. Chairman, I am sorry
13 that we have arrived at a position where it seems
14 difficult to answer the questions which are being put,
15 and I think the reason for this is it is very difficult
16 to pinpoint exactly what we are talking about, and I
17 would like to go back to the suggestion that I made
18 earlier, that if the Commission is interested in this
19 field we would be happy to receive your written questions
20 so that we could consider them and give you in turn
21 our considered opinion, so that we would have in front
22 of us the benefits, we would have in front of us how
23 the money is to be derived, we would have in front of
24 us the administration, we would have in front of us the
25 relationship to other plans, its fiscal autonomy and
26 many other things on which we would want to have
27 specific information to answer this line of questioning,
28 if that would be agreeable, Mr. Chairman.

29 COMMISSIONER FIRESTONE: Dr. Sawyer --

30 THE CHAIRMAN: Now, the question is
addressed, I take it, to me, Dr. Sawyer?

DR. SAWYER: Yes.

DR. BRUCE-LOCKHART: I think we are in



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4 an area of difficulty, Mr. Chairman, and if you feel
5 you can't answer Dr. Sawyer's question I think that
6 would be fine. I think the problem really is that
7 the Commissioner is asking a question in very, very
8 broad terms, and in very, very broad terms it is a
9 difficult question to answer precisely.
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We are frankly afraid if we say bluntly no someone could produce facts and figures of a plan that could suit us. If we say yes, equally we could disapprove very much for many good reasons. These are the areas of difficulty. We were asked a very broad general principle, and I answer in an equally broad way - we could give you a broad term answer now, we could say what I said this morning, if it doesn't interfere with the doctor-patient relationship, if it doesn't exert any control, if it doesn't interfere with multiplicity of choice, then very likely we would be quite happy.

I find it extremely difficult to envisage such a situation. I think that is the answer in very general terms. Also, I have one other point, Dr. Galloway reminds me; we said we are doubtful about the word insurance in relation to governments because in experience it is true, in the history of the world, it is very rarely a purely insurance principle. That is where we have the difficulty in giving you an honest answer to that question. We are trying to be honest, but it is difficult to give you an answer to that.

THE CHAIRMAN: Any answer that you gave, to be of any help to us would have to be a considered answer. I think the request is reasonable.

COMMISSIONER FIRESTONE: I quite concur, Mr. Chairman, the request is very reasonable. For myself I would accept Dr. Bruce-Lockhart's general answer as an answer. He is quite right this was a general question and the way to deal with it is in a general manner. As I understand it the Ontario Medical Association has an



Bruce-Lockhart 8910

open mind on the subject and will look at such a proposal with an open mind. Its mind is not closed. That is the essence of the general answer.

DR. BRUCE-LOCKHART: The essence is as we said this morning, what we believe, and that would have to apply to any plan we saw. We wouldn't close our minds completely in looking at any plan except we don't wish to have one; we want a multiplicity of choice.

COMMISSIONER FIRESTONE: Thank you very much. Could we turn to paragraph 235 on page 70 and I quote:

"We have reached a stage in our province where the majority of our citizens have insured themselves against all or part of the cost of medical services."

Dr. Sawyer, would you be able to define what you mean, or your Associations means, by all medical services? Does that cover services of the physician or does that cover services of para-medical personnel, drugs, etc.?

DR. SAWYER: Dr. Atkinson?

DR. ATKINSON: When we refer to medical services we refer to the personal services provided by the physician.

COMMISSIONER FIRESTONE: I also see in the same paragraph that there is insurance in existence against all or part of the cost of medical services. When you speak of all services is that all services in the sense that the patient doesn't have to pay anything extra for medical services received? Is that what "all" means?



Atkinson

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DR. ATKINSON: Yes, Mr. Chairman; in answer to that, the answer is yes, bearing in mind that approximately 50% of the coverage available is made available to the people of the province through doctor-sponsored plans and this mechanism, in many instances, assures the patient there is no additional cost. This again is a very difficult thing to analyze and to bring forth figures that are meaningful and we are not in a position to provide this information.

COMMISSIONER FIRESTONE: Would it be possible at some subsequent time, not on this occasion, to provide us with information of the ratio of what you define as medical services and what you call part of the cost of medical services? After all, you say 63% are covered in surgical cases and 59% against medical. Some of these have all their costs covered and some of these have only part of the cost. The ratio is rather important because those that only have part coverage may find it very difficult to meet the extra billing. We would like to know a little bit more about that if such information is available.

DR. GALLOWAY: May I ask a question of you, Commissioner Firestone, or make a statement - one of the advantages of the multiplicity of plans is the great choice that people have. There are some people who don't wish to have all of their medical expenses covered. This would require our going to all the Canadian or Ontario insurance industries. It is a right of choice of a great number of people. I don't believe that we could really accede to your request because I don't know how we



Galloway 8912

would find this.

DR. BRUCE-LOCKHART: We could certainly try. I think it would be very difficult. I don't think with the amount of work involved and the time - I would think you would need some answers shortly; I don't think we are hopeful we could do it.

COMMISSIONER FIRESTONE: Could I leave it to your good judgment; if this information is more or less readily available it will be given to us and if it isn't, you will just notify our Secretary that it was difficult for this or that reason?

DR. BRUCE-LOCKHART: We would be happy to do this.

COMMISSIONER FIRESTONE: May I go back to one paragraph? It is paragraph 231, where you make reference to prepaid hospital and medical services. I quote:

"The Act, as interpreted to us by the Superintendent of Insurance, allows all non-profit plans which pay the majority of accounts directly to the physicians, to operate under the Act."

Do you approve of the principle of these voluntary non-profit plans paying the medical fees directly to the physicians?

DR. SAWYER: Dr. Bruce-Lockhart?

DR. BRUCE-LOCKHART: This was looked at by a Committee of our Association some three years ago and, in general, the Committee said that the principle of dealing directly with your patient was the best one. At

would find this.

try. I think it would be very difficult. I don't think
with the amount of work involved and the time - I would
think you would need some answers shortly; I don't
think we are hopeful we could do it.

it to your good judgment; if this information is more
or less readily available it will be given to us and it
is fine, you will then notify our Secretary that it was
difficult for him on that reason?

DR. FREDERICKSON: We would be happy

to do this.

CONCERNING FIRST: May I go back

to one paragraph. It is paragraph 281, where you make
reference to prepaid hospital and medical services. I
propose:

"...not, as interpreted to us by the

representative of Insurance, allow

all non-profit plans which pay the

category of accounts directly to the

physicians, to operate under the Act."

to a review of the provisions of

these voluntary non-profit plans paying the medical fees

directly to the physicians.

DR. FREDERICKSON: This was found at



Bruce-Lockhart 8913

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3 the same time it didn't deny the right of any doctor as
4 an individual and a free agent to be paid that way if he
5 so chose. We have to acknowledge that the costs of
6 administration are involved in this and we, therefore,
7 have to accept that in some situations this may be
8 reasonable, although the general principle was the one
9 stated. I don't know whether any of the others would like
10 to answer further. Dr. Galloway, would you like to say
any more to that?

11 DR. GALLOWAY: I think you have answered
12 it.

13 COMMISSIONER FIRESTONE: Would you feel
14 that the direct payment of a group, say, like P.S.I., to
15 these participating physicians, would in any way affect
16 the quality of medical service provided by the partici-
17 pating physician?

18 DR. BRUCE-LOCKHART: As far as Physicians'
19 Services Incorporated is concerned, it is run by the
20 doctors. It is sponsored by the doctors, started by the
21 doctors. To talk jargon for the moment, it is our baby,
22 and we do our best to support it and have always done so.
23 I think this is correct. That is why the majority of
24 doctors do accept such payment, but not, by any means,
25 all. We wouldn't wish, in any way, to force them to do
26 so.

27 COMMISSIONER FIRESTONE: You have made
28 quite clear the voluntary principle, and we understand it.
29 To come back to the question, if I may; is the fact that
30 P.S.I. pays the bills of the participating physicians
directly, to your knowledge or the knowledge of your



Bruce-Lockhart 8914

colleagues, in any way affecting the quality of services, medical services, which participating physicians render to their patients?

DR. BRUCE-LOCKHART: I don't think so, sir.

COMMISSIONER FIRESTONE: Thank you very much. That is very helpful.

DR. GALLOWAY: Providing, sir, as I am sure Dr. Bruce-Lockhart meant, it is a situation where there is doctor control over the amount that will be paid; in other words, there is no control through some other authority.

COMMISSIONER FIRESTONE: The question was posed in the context of P.S.I. and I think Dr. Bruce-Lockhart had that in mind. Am I right?

DR. BRUCE-LOCKHART: Quite right, sir.

COMMISSIONER FIRESTONE: Perhaps, and I address this question to you, Dr. Sawyer, and again, please refer to any of your colleagues: I am sure you are familiar with the discussion that took place in the Legislature of Ontario on March 26th, 1962, in which the claim was made that there are a number of practising physicians in the Province of Ontario that sell their medical accounts to collection agencies at a discount of 14%. Has your Association had an opportunity of looking into this question of the alleged complaint?

DR. SAWYER: All I want to say is this was brought to the attention of our Association and was examined by our Committee on Ethics and the Committee on Ethics gave the opinion that this was probably an unwise

colleagues, in any way affecting the quality of services,
medical services, which participate in the management
of their patients.

etc.

much. That is very helpful.

DR. BARNETT: Providing, sir, as I am

sure Dr. Bence-Jones meant, it is a situation where

there is doctor control over the amount that will be

paid; in other words, there is no control through some

other authority.

was posed in the context of P.S.I. and I think Dr. Bence-

Jones had that in mind. Am I right?

DR. BARNETT: Quite right, sir.

DR. BARNETT: Perhaps, and I

address this question to you, Dr. Barnett, and again,

please refer to any of your colleagues. I am sure you

are familiar with the situation that took place in the

hospital in Glasgow on March 20, 1961, in which the

medical association to collection agencies at a distance of

1961, as your association had an opportunity of looking

into this question of the alleged conflict.

DR. BARNETT: All I want to say in this

was brought to the attention of the association in 1961

was brought to the attention of the association in 1961

which gave the impression that this was probably an unwise



Sawyer

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3 thing for doctors to do, and referred the matter to the
4 College of Physicians and Surgeons which has responsibility
5 under the Medical Act to look at such matters. I believe
6 that the College has met and is about to issue a statement
7 about it, sir.

8 COMMISSIONER FIRESTONE: Have you looked
9 into the question of how widespread this practice is in
10 Ontario?

11 DR. BRUCE-LOCKHART: I believe at least
12 100 doctors, sir.

13 COMMISSIONER FIRESTONE: Is that number
14 growing?

15 DR. BRUCE-LOCKHART: Not now, sir, no.

16 COMMISSIONER FIRESTONE: I am happy to
17 have that answer. Would you say that such a practice
18 would affect a doctor-patient relationship?

19 DR. SAWYER: Yes, I think it could, sir.
20 I think it could because if the first bill the patient
21 received was from some organization other than the doctor
22 I think it would make it more difficult to arrange with
23 the doctor about complaints you might have had either
24 about services or the amount of the bill or various
25 other matters.

26 COMMISSIONER FIRESTONE: Thank you very
27 much for the explanation. May we turn now to paragraph
28 239 on page 71 and I quote:

29 "At the present time there are nearly
30 40 non-profit plans operating under
the Prepaid Hospital and Medical
Services Act; there are many plans



ANGUS, STONEHOUSE & CO. LTD.
TORONTO, ONTARIO

8916

underwritten by indemnity companies,
some of which are stock companies
and some mutual; in addition, there
are a number of plans which limit
coverage to a class of citizen or a
type of illness."



Sawyer

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4 Would you say there are more plans
5 of the second category, there are those underwritten
6 by indemnity companies, and those mentioned in this
7 paragraph, than there are non-profit plans operating
8 in the Province of Ontario?

9 DR. SAWYER: You mean in numbers sir?

10 COMMISSIONER FIRESTONE: Yes.

11 DR. SAWYER: Yes.

12 COMMISSIONER FIRESTONE: Considerably
13 more?

14 DR. SAWYER: Dr. Atkinson, you might
15 be able to answer it.

16 DR. ATKINSON: Mr. Chairman, as
17 indicated there are approximately 40 plans under the
18 Provincial Act. The Canadian Health Insurance Associa-
19 tion, which will be making a submission to the Commission
20 at a later date, has a membership of some 114 or 15
21 members, and these men all sell coverage in this
22 Province, but I think it would be important to realize
23 that a large percentage of them, we also understand, dealing
24 with the coverage -- without going back to the question
25 that you mentioned earlier -- that 50% of those having
26 coverage have it in the prepaid plan and 50% having
27 coverage have it under the other carriers. This is
28 a plus or minus figure. Approximate ratio.

29 COMMISSIONER FIRESTONE: I take it
30 from what you are saying that there are something like
between 100 to 150 plans, different types of voluntary
and commercial in operation in the Province. Would that
be the range?

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Could you say more about the
of the second category, there are some underwritten
by industry companies, and those mentioned in this
paragraph, then there are non-profit plans operating
in the Province of Ontario?

DR. SAWYER: You mean in numbers?

DR. SAWYER: Yes.

COMMISSIONER TILLOTSON: Considerably

more?

DR. SAWYER: Dr. Atkinson, you might

be able to answer it.

DR. ATKINSON: Mr. Chairman, as

indicated there are approximately 10 plans under the

Provincial Act. The Canadian Health Insurance Association

tion, which will be making a submission to the commission

at a later time, has a membership of some 14 or 15

members, and these men all self coverage in this

Province, but I think it would be important to realize

that a large percentage of them, we also understand, realize

the coverage -- without going back to the question

that you mentioned earlier -- that 90% of those having

coverage have it in the private plan and not in the

coverage have it under the other category. This is

a plus or minus figure. Approximately 10 is

of the total population. I take it

from what you are saying that there are several in this

category, but I do think, different types of voluntary

and commercial in operation in the Province. I think that

is the range.



Sawyer

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DR. SAWYER: I would think so, yes.

COMMISSIONER FIRESTONE: You are in favour of multiplicity. Do you really feel that you need multiplicity of the order of 100 to 150 plans to take care of medical care services of the people of Ontario?

THE CHAIRMAN: I think to be of help, Dr. Sawyer's answer, I think you must accept it as the doctor's answer in the field that he is not informed. There may be 150 companies writing business but it doesn't mean 150 plans. They may all be writing the same plan, or virtually the same plan so that it may be five or six basic plans written by 150 carriers.

Now if you want to have the question meaningful at all, it would have to be in that context.

COMMISSIONER FIRESTONE: I think Mr. Chairman, it is very useful and I am very much obliged to you for your interpretation. What I had in mind in asking you this question, Dr. Sawyer, is that we have somewhere between 100 to 150 various agencies, close to 40 are of the non-profit type plan and 100 are more or less of the commercial type and they all have different plans.

THE CHAIRMAN: No, that is not right, that is the very thing I said they did not have. I am telling you they have perhaps five or six. If you don't want to accept it, you don't accept it and we go on, but they haven't got 150, and it's just nonsense to say so.

COMMISSIONER FIRESTONE: My question to



Sawyer

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4 Dr. Sawyer refers to -- if I may explain my question --
5 it refers to the various organizations that are of the
6 order of 100 to 150. They may have five plans operating.
7 They may have 15 plans. They may have 25 and the
8 facts, if you wish to get them, will get them from
9 the organizations themselves. My question to you is,
10 as representative of the medical profession, do you
11 feel that your definition or your concept of multiplicity
12 requires that there would be 150 or 100 companies, ~~view~~
13 of that range of companies, operating in the Province
14 of Ontario to provide these services, and particularly
15 do you feel that you need close to 40 non-profit plans
16 to provide efficient and comprehensive coverage of the
17 form of medical care insurance to the people of Ontario
18 or could you visualize a situation whereby this number
19 could be greatly reduced by an amalgamation of a number
20 of plans, or, to follow the Chairman's wishes, a number
21 of organizations?

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23 THE CHAIRMAN: I have no wishes at
24 all.

25 COMMISSIONER FIRESTONE: Your interpre-
26 tation.

27 DR. SAWYER: Well, Mr. Chairman, if
28 I might start this answer to this question by dealing
29 with the part that you referred to, in particular the
30 40 prepaid plans. I think its very function in this
Province --- these plans have grown up for particular
reasons.

We have P.S.I. We have Windsor
Medical. We have Associated Medical Services which
are perhaps the larger plans but then you have a plan



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Mr. Lawry refers to -- if I may explain my question --
it refers to the various organizations that are of the
order of 100 to 150. They may have five plans operating.
They may have 15 plans. They may have 25 and the
fact, if you wish to get them, will get them from
the organizations themselves. My question to you is,
as representative of the medical profession, do you
feel that your definition of your concept of municipal
requires that there would be 100 or 150 community
or that range of community, operating in the Province
of Ontario to provide these services, and particularly
do you feel that you need close to 100 non-profit plans
to provide efficient and comprehensive coverage of the
form of medical care insurance to the people of Ontario
do you feel that you need a situation whereby that number
could be privately financed by an organization of a number
of plans, or do you feel that the Government, as a member
of organizations

THE SPEAKER: I have no objection.

THE SPEAKER: I have no objection.

Mr. Lawry: Well, Mr. Chairman, if
I might start the answer to this question by dealing
with the part that you referred to -- particularly the
to public plans. I think it is very important to this
Province -- that the plans have shown to be a good

THE SPEAKER: I have no objection.

Finally, we have heard that medical services which
the Government has been asked to provide to a plan



Sawyer

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4 like the Co-operative plans which are on a county basis
5 and these plans devote their energy to developing means
6 of enrolling the farm populations of this Province.

7 There is another one that devotes
8 itself to unions, through a credit union movement, and
9 there are many other examples of how they started, for
a particular purpose.

10 Now it might be a question of whether
11 they should be amalgamated, but I think the need arises,
12 when you amalgamate these plans, that no longer do
13 you have a specific group of people interested in the
14 development of specific plans for the people that they
know best.

15 Now when you come to the indemnity
16 companies, these companies, of course, are licensed
17 by the superintendent of insurance and I would think
18 it must be his feeling to grant this number of licences;
19 that it is in the public interest and I would not want
20 to be drawn into a discussion where we would get down
21 to determining the exact number of companies that we
22 think is required. I think we have stated that we want
23 enough companies that people can have multiple choice,
as they see fit.

24 COMMISSIONER FIRESTONE: Would you feel
25 that perhaps with a possible reduction or a combination
26 of some of these plans -- and I am using, Mr. Chairman,
27 the wording of paragraph 239. Just for the record, I
28 would like to read this wording because I am using it
29 in the context of the submission by the Ontario Medical
30 Association:



Sawyer

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"At the present time there are nearly
"40 non-profit plans operating under
"the Prepaid Hospital and Medical
"Services Act."

My question relates exactly to the wording that you
have used.

Would you feel that if there were a
simplification of such plans, and fewer agencies
administering such plans that this may provide more
efficient services on health insurance to the people
of the Province of Ontario?

DR. BRUCE-LOCKHART: I think I would
like to answer that. I think the answer is we believe
under the evolutionary process, if this were to be
true, it would occur; that if under the evolutionary
process, what Dr. Sawyer mentioned which was that these small
plans can better cater to a local problem in a local
community, then they will persist, and I think this would
be our answer as an Association.

THE CHAIRMAN: You are using the word
"plan" to mean both the means by which the coverage is
defined and the organization?

DR. BRUCE-LOCKHART: Yes. I was using
it in the context of this particular paragraph.

THE CHAIRMAN: In the context of the
plan here you are talking about the organization or
the method?

DR. BRUCE-LOCKHART: Yes. In this
particular context we were talking about the number and
variety of insurance.



Bruce-Lockhart

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3 THE CHAIRMAN: The organization. They
4 may all be insuring according to the same plan?

5 DR. BRUCE-LOCKHART: They might be.

6 THE CHAIRMAN: The Co-ops are basically
7 the same.

8 DR. BRUCE-LOCKHART: Very much. Very
9 similar, yes.

10 COMMISSIONER FIRESTONE: My last
11 question relates to page 297, paragraph 9, and I quote:

12 "Remuneration of medical services

13 "ought not to depend directly on the

14 "financial condition of the insurance

15 "organization."

16 Again, this is a principle which has been adopted by the
17 Second General Assembly of the World Medical Association,
1948 and endorsed by your Council.

18 I wonder if you were to apply this
19 principle to the situation in Ontario how you could
20 explain to us what this principle means?

21 DR. BRUCE-LOCKHART: I think what is
22 meant by that there is that in medical care you are
23 dealing, at the present time, with a personal contract
24 between the physician and his patient. Now the
25 insurance is another problem. It's outside this. It's
26 a matter that the patient undertakes to insure himself
27 with an agency.

28 Now this is a thing that the patient
29 does but the relationship and the remuneration outside
30 that and agreed upon between the patient and the doctor,
it may be, if anything, from nothing up to whatever
figure is appropriate. That is a matter between the



Bruce-Lockhart

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4 patient and the doctor and the insuring agency should
5 not say how much the doctor may or may not require
6 for a particular service. I think this is as clear as
7 I can make it.

8 COMMISSIONER McCUTCHEON: You mean if
9 the Great West Life loses money, the doctor should not
10 lose money?

11 DR. BRUCE-LOCKHART: It has nothing
12 to do with the doctor's contract between him and the
13 patient.

14 THE CHAIRMAN: Financial condition of
15 the company?

16 DR. BRUCE-LOCKHART: No.

17 COMMISSIONER FIRESTONE: You expressed
18 the fear, when you spoke about total or major government
19 financing, Dr. Bruce-Lockhart, that one worry you would
20 have is that monies for medical care would have to
21 compete with other needs, and that political expediency
22 would be the determining factor rather than the require-
23 ments of such a program.

24 If adequate safeguards were provided
25 to the satisfaction of the medical profession would you
26 still feel that this objection would hold? In other
27 words, there were certain amounts assigned and guaranteed
28 for that purpose.

29 DR. BRUCE-LOCKHART: Well sir, I think
30 you would have to answer that perhaps in the context of
history. It's very difficult for the medical profession
to view adequate guarantees. After all in a democracy,
and this is right, that no Government can bind the next



Bruce-Lockhart

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4 Government, particularly if it happens to be a different
5 party. I think this situation has worked quite well
6 in Australia, for example, sir, because in their
7 written constitution there is a safeguard, namely, that
8 you may not conscript any segment of the population in
time of peace.

9 It's very difficult to envisage for
10 us a situation where the safeguard could be built in
11 sufficiently to prevent the next Government repudiating
12 it completely and I think that you would be aware of
13 the Spencer Committee Report in Great Britain, and so
on. We don't need to go into that.

14 COMMISSIONER FIRESTONE: I take it
15 that what you are saying is that your objection is not
16 so much against the principle but the application of
17 the principle because you fear that while you may have
18 reached an understanding with one government, that
19 understanding may not hold in the future. It's because
20 of that concern that you would prefer for Ontario to
21 continue with the present system in a process of
evolution?

22 DR. BRUCE-LOCKHART: It's one factor,
23 sir, yes.

24 COMMISSIONER FIRESTONE: Thank you
25 very much.

26 THE CHAIRMAN: Dr. Van Wart?

27 COMMISSIONER VAN WART: Mr. Chairman,
28 the criticism has been made that the voluntary plans do
29 not supervise the type of care given by their participating
doctors. Have you any comments to make on that criticism?
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Atkinson

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4 DR. ATKINSON: Dr. Van Wart, may I
ask you to repeat your question?

5 DR. SAWYER: The question of super-
6 vision of medical care by the prepaid medical plan, as
7 I understand it.

8 COMMISSIONER VAN WART: The type of
9 care given by the participating doctors have no super-
10 vision. That criticism has been made of the voluntary
11 plan.

12 DR. ATKINSON: Mr. Chairman, I think
13 it would be fair to comment that in our opinion the
14 regulation of a doctor should be carried on within his
15 own community and I think that the doctors are very
16 conscious of their responsibility to the doctor-
sponsored plans.

17 We have established a Medical Advisory
18 Committee within P.S.I. made up of members of the
19 profession on the recommendation of the doctor and this
20 looks at particular problems. The Board of Directors
21 of Physician Services Incorporated are, in the main,
22 physicians and we have close liaison between the Board
23 of Governors of that organization and the Board of
24 Directors of the Ontario Medical Association and these
25 problems would be brought inevitably. As in any other
26 profession, in any other group of citizens you find those
27 who make it difficult for the great majority of that
28 group to get along and I think this problem of control
29 is only necessary in a very, very small percentage of
30 cases and we, in the Medical Association, have
established mediation committees to do just this thing,



Atkinson

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4 involving the responsible people, those who have
5 received these services and those who have given these
6 services, sitting down in a mediatory fashion and come
7 to an understanding. This is a voluntary process which
8 in our way of life we feel is a satisfactory one and
9 that you cannot legislate satisfactorily in a blanket
fashion.

10 DR. BRUCE-LOCKHART: If I can make
11 a comment on that -- would I be permitted sir?

12 THE CHAIRMAN: Yes.

13 DR. BRUCE-LOCKHART: I think that we
14 have to divide the question in two halves and really the
15 question is, what Dr. Atkinson was talking about, is
control of abuses of the plan.

16 COMMISSIONER VAN WART: I did not
17 mean that.

18 DR. BRUCE-LOCKHART: If you are
19 talking about the control of the quality of the service
20 of the physician, this is not the business of insurance.
21 This is the business of the medical profession and we
22 tackle this in various ways and we are constantly
23 cognizant of it. We are constantly taking steps to
24 keep control of our own profession. It is not the
business of insurance.

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Bruce-Lockhart 8927

COMMISSIONER VAN WART: The criticism is really justified then, is it, of the plans?

DR. BRUCE-LOCKHART: I do not think so. I do not think it is a justified criticism of the prepaid plans which are insuring bodies should exercise a disciplinary function or a quality control function over the services of they physicians. That they should exercise a control of abuses of the plan, yes, but that they should exercise a control which I think was really your question, over the quality of services, no, sir.

COMMISSIONER VAN WART: Are you aware of the United States where there are certain groups insured such as the H.I.P. group, for instance, which consists of numerous groups of doctors in under one plan?

DR. BRUCE-LOCKHART: Yes.

COMMISSIONER VAN WART: That plan makes rules and regulations concerning the quality of care given by the groups.

DR. SAWYER: Would it not be more fair to state that the H.I.P. chooses its groups with great care and they have to have certain qualifications before they may be employed by a group. Now, to go beyond that -- I think it is left to the professional self-discipline within the group. They choose their people with care.

THE CHAIRMAN: They have a medical review committee?

COMMISSIONER VAN WART: The plan has a medical review committee.

DR. SAWYER: Composed of doctors so it is professional self-discipline.

COMMISSIONER VAN WART: The plan is



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2 different to your voluntary plans then, that you referred
3 to your Ontario Medical Association groups, it is a
4 different concept?

5 DR. BRUCE-LOCKHART: It is a different
6 concept, the plans are insurance agencies, prepaid mechan-
isms.

7 COMMISSIONER VAN WART: Do you wish to
8 express an opinion on this H.I.P. concept of the plans
9 having medical disciplinary committees, so to speak?

10 DR. BRUCE-LOCKHART: There are many
11 ways of doing many things; your closed panel clinic, of
12 course, can do the same thing, it can appoint a medical
13 director and he controls what goes on inside that clinic.
14 These things are developing in various ways, they have
15 some advantages, perhaps, but they have some disadvantages.
16 I think the evolutionary process and the test of time
17 will tell us the best way of doing various things. I do not
18 believe that control of a profession is properly the problem
19 of an insuring agency. This is a professional problem
20 because you are concerned not with the people in the plan
only, but with the standard of all the profession in the
Province, and for that matter, in the Dominion.

21 DR. ATKINSON: I think it would be
22 fair to say that frequently there is an involvement of
23 financial aspects tied in with medical care and it is the
24 opinion of this Association that medical care should not
25 be influenced by the economic climate under which it
26 operates, that the people should be assured of the best
27 medical care and the other things should not interfere
28 with this normal development, the voluntary process of
29 providing good medical care which we believe is available
30 now.



Sawyer 8929

COMMISSIONER VAN WART: Just one other question along another line; why does not the Municipality of Toronto participate in the hospital construction grants? Is there a reason for that?

DR. SAWYER: Well, I cannot speak for the Municipality of Metropolitan Toronto, but whether it is significant or not, the contributions stopped when the Government hospitalization plan came into effect. I will leave you to surmise.

COMMISSIONER VAN WART: Thank you.

THE CHAIRMAN: Thank you very much.

Gentlemen, as spokesmen for the Ontario Medical Association, as I said at the beginning, your brief contains factual material and information that is going to be of great value to us in consideration of the problems that we have to deal with as we go forward towards arriving at some conclusions.

DR. McCREARY: Mr. Chairman, on behalf of myself and my colleagues gathered here I would like to express their appreciation for the consideration and many courtesies extended to us at this hearing. We have indicated we will be pleased to furnish further information if desired at a later date. On behalf of the Ontario Medical Association, I would like to thank you.

THE CHAIRMAN: Thank you very much. We will recess now until 2:15.

---Luncheon Recess.



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--- On resuming at 2.15 p.m.

THE SECRETARY: Mr. Chairman, I would like to call forward the Canadian Association for Retarded Children. Mr. Hall will call on his group. This submission will be known as Exhibit 239.

--- EXHIBIT NO. 239: Submission of the Canadian Association for Retarded Children.

THE SECRETARY: I would like also to state that the Ontario Association for Retarded Children is here at the moment. Perhaps you would like to make a statement.

THE CHAIRMAN: Insofar as the Ontario Association is concerned, we thought it might be desirable if you did hear what the Canadian Association had to say and listen to any questions that may be put. It may provide for more continuity, and so forth, as the briefs are dealt with.

SUBMISSION OF THE CANADIAN ASSOCIATION FOR
RETARDED CHILDREN.

Appearances: Mr. L.H. Hall
Dr. H.F. Frank
Dr. John C. Stanley

MR. HALL: This is Dr. Frank on my left and Dr. Stanley on my left. They are both consultants.

This is Part One of our brief headed "Summary and Recommendations".

Mental retardation is a major health problem affecting some 3% of our population. Increased public and professional interest over the past several



... on receiving at 2.15 p.m.

like to call forward the Canadian Association for
Retarded Children, Mr. Hall will call on his group.
This submission will be known as Exhibit 249.

EXHIBIT 10, 1991 Submission of the Canadian
Association for Retarded Children.

THE SECRETARY: I would like also to
state that the Ontario Association for Retarded Children
is here at the moment. Perhaps you would like to make a

... I would like to make a
association is concerned, no thought it might be desirable
if you did hear what the Canadian Association had to say
and listen to any questions that may be put. It may
provide for more continuity, and so forth, as the details
are dealt with.

SUBMISSION OF THE CANADIAN ASSOCIATION

Agenda Item: Mr. Hall

Mr. John G. Starnes

... This is Dr. Starnes on my left
and Mr. Starnes on my left. They are both consultants.
This is what I am of the right hand.

... mental retardation is a major result
... and after a long period of time, the
... and the children are placed in a



Hall

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decades has been paralleled by increased investment in services. However, because of the high incidence, the wide range of services required and previous neglect of the problem, our present provisions are in all respects inadequate.

"All children irrespective of whether or not they suffer from mental or physical handicap, should have every access to the best medical diagnosis and treatment, allied therapeutic services, nursing and social services, education, vocational preparation and employment. They should be able to satisfy fully the needs of their own personalities and become, as far as possible, independent and useful members of the community". (Ref: World Health Organization - Technical Series Report No. 75)

Experience would indicate that some degree of social and economic independence is presently a feasible goal for most of the retarded, and that for the others, much can be done towards their well being and reduction of the burden they place on their families and their community.

To ensure the most favourable adjustment to their handicap, the retarded require the following range of services:

1. Diagnostic and clinical services to find cases early; to secure treatment



Hall

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of orthopedic, hearing, eye, or other accompanying defect; to undertake immediate and long term planning for the child and family; to provide continuing supervision, guidance, and the necessary clinical re-evaluation as the child moves through the various phases of its development and training.

2. A home visiting service to support and guide the family when necessary in the physical and emotional care of the child and in its training.

3. Community school facilities for all trainable and educable retarded children with specially trained teachers and curricula geared to the particular potentials of the retarded child.

4. Vocational training, sheltered work shops, and job placement services for the employable; occupational centres and day care centres for those requiring permanent supervision.

5. Specially directed recreation programmes.

6. Adequate institutional facilities with active programmes for retarded children who because of particular social circumstances, physical and emotional disabilities, cannot be maintained in community programmes.



Hall

8933

7. Foster home and hostel facilities for retarded persons who cannot be looked after in their own homes because of family circumstances.

Substantial reduction in the incidence of mental retardation and optimal care must be our ultimate goals. Valuable preventive work of a general nature is now being done by our services in the fields of antenatal care, obstetrics, health supervision in neonates and young children. Strengthening of these services to their fullest efficiency and their full extension to all Canadian mothers and children, would be valuable. There is now sufficient knowledge of certain disorders causing mental retardation (treatable diseases such as phenylketonuria, diseases inherited in a predictable pattern such as tuberous sclerosis) to enable the prevention of specific types of retardation through programmes of screening treatment and genetic counselling.

Research in a wide range of basic and applied fields is urgently needed to enhance our preventive capacities and to make more effective our methods of care and habilitation.

There remains widespread ignorance and misunderstanding of the retarded. Public education is a prerequisite to the development of a comprehensive programme for the retarded. In this field, the Canadian Association for Retarded Children has a particularly responsible role.

In considering the steps to be taken in the development of a comprehensive programme, it has been



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borne in mind that we are concerned with a very large relatively undeveloped field. In it there is an extreme shortage of competently trained professional people, a great research need and a lack of community understanding and initiative.

It is acknowledged at the outset that the provision of services for the retarded must involve both government and voluntary agencies at all levels of administration. Little attempt will be made in this Brief to indicate the relative responsibilities of these groups, except in the most general terms. The purpose has been to outline the magnitude of the problem of care for the retarded and the national effort which will be required to meet the need.

The magnitude of the needs and the financial requirements to meet these needs are such that it will take a number of years to develop the necessary programmes and services. The problem of dealing with the mentally retarded with I.Q.'s of 0 - 75 is of such magnitude that we have made no recommendations in respect of a large number of children falling into the zone between the mentally retarded and the slow-learners referred to as "Borderline Retarded".

Statistics on the problem of mental retardation are incomplete but the figures used in this Brief relating to the number of mentally retarded, the personnel required to supervise them, and expenditures for appropriate programmes have been estimated by experienced people from such statistics as are available.



Hall

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Recommendations

We would make the following recommendations:

1. That the federal government assist the provincial governments towards the eventual establishment of fifteen (15) Assessment Clinics related to medical training centres and children's hospitals.
2. That the federal government encourage and assist universities and institutions to provide training facilities for physicians, social workers, psychologists, genetecists, remedial teachers, physical fitness and recreational workers, and other specialized personnel necessary to staff the various services for retarded persons.
3. That the federal government increase its grants to Provincial Departments of Health to strengthen and extend community mental health services and general health supervision services to the retarded. Inherent in this recommendation is the need to extend in service training and staff development programmes for existing professional staff.
4. That the federal government, as well as private foundations, and volunteer organizations substantially increase their support for research in areas



Hall

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related to mental retardation. It is necessary to note that research into problems of teaching, of vocational preparation, of mental, emotional and social development, as well as research into the medical aspects of retardation is needed.

5. That the federal government increase its assistance to the provincial governments to establish and maintain institutional programmes.

5a. That the federal government make available to the provinces matching grants to cover capital and operating costs of vocational training and placement services for the retarded.

6. Through voluntary community effort, considerable funds are being raised and invested by voluntary groups in a variety of services for the retarded. The Canadian Association for Retarded Children has a responsibility in stimulating and guiding community effort, and in the field of public education. We would recommend that the federal government increase its annual grant to \$50,000.00 to support this Association in these functions.

7. As a basis for long term service and research planning, it is recommended



Hall

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that voluntary agencies co-operate with governments in the establishment of registries for the handicapped and that liaison be established between voluntary and official agencies to ensure that standard procedures are adopted to provide uniformity of information.

8. That the federal government amend the Disabled Persons Act by reducing the present age of 18 to 16 years.

9. That voluntary agencies, local and provincial authorities be educated as to the recreational needs of the retarded, encouraged to support existing programmes, and to assist in developing new ones. The agencies should use the resources provided under the new Physical Fitness Act.

Many government departments as well as private agencies and organizations are involved in the development of services for the retarded. It would seem essential that all participating groups should understand the comprehensive needs of the retarded and the relation of their particular contribution to the total plan. Therefore the final recommendation is that each provincial government establish co-ordinating committees representing the various government departments and private organizations concerned with the development of services for the retarded. To be effective, each committee should have staff service and an operating budget. These provincial



Hall 8938

committees should have representation on a similar co-ordinating group at the national level.

The balance of the brief contains the case figures and population affected. Thank you.

THE CHAIRMAN: Thank you very much, Mr. Hall.

Have you, Dr. Frank or Dr. Stanley, got anything to add at the moment?

DR. FRANK: No, sir, not unless there are any questions which the Commission may have.

DR. STANLEY: Not at the moment, Mr. Chairman.

THE CHAIRMAN: You make a recommendation on page 5, No. 8. The answer may be in the brief, but it has escaped me at the moment. You recommend that the Federal Government amend the Disabled Persons' Act by reducing the present age of 18 years to 16 years. What is the significance of that recommendation?

MR. HALL: I think the prime significance, sir, is that 16 is the school age, and we feel that the reduction should be made to 16 so that when the school is over the parents would then be assisted financially in cases where the children have to stay at home, under the scope of the Disabled Persons' Act.

THE CHAIRMAN: The right to assistance arises at 18 now?

MR. HALL: Yes.

THE CHAIRMAN: There might be that two-year level.



BB/ss

Hall 8938a

Are you able to say how many provinces in Canada have recognized, where the educational departments, educational systems in the provinces have recognized its responsibility for the education of the retarded child?

MR. HALL: I think most provinces have recognized it in varying degrees. In most cases I think the situation is that some children are given education in the public school system and some children are given education in the schools operated by member associations of this Association for which grants covering only part of the cost are made by the Provincial Governments concerned. In some of the institutions there is some education carried out. This once again comes under the Provincial Department of Health. However, in other instances we don't feel that the retarded children are being, all retarded children are being given the fullest opportunity to be trained to their fullest potential.

THE CHAIRMAN: Where the child is being educated in the elementary school system does that apply only to the children in the area or is there a provision for foster homes, for the bringing of children from rural sections?

DR. FRANK: In this, first of all, the public school systems will provide education only for a number of their retarded children in keeping with their level of disability. In most provinces I think the common figure is related to intelligence quotient of fifty. In very few of the rural areas, however, are there facilities for the education of the retarded child. This by reason



Frank 8939

of the sparcity of the numbers and the distance concerned, so that in a sense there is departmental discrimination against being born and brought up in a rural community if you are a retarded person. Not being easily available these facilities are cut off for the retarded group. The possibility of providing foster homes for certain retarded rural children so that education can be carried out is a matter, first of all, of finding foster homes, and secondly of getting the consent of parents to have the children withdrawn from them. These two extremes, in a sense, present certain problems and certain difficulties.

THE CHAIRMAN: Is there any organized effort to that effect?

DR. FRANK: There isn't any great organized effort to that effect, as far as I know, except in relation to the Children's Aid Societies. These are in relation to children who have no homes of their own.

THE CHAIRMAN: What about the medical care, the physicians' services for retarded children, how adequate or inadequate are they?

DR. STANLEY: I think we would feel that generally they are very inadequate at the moment, perhaps, not quite so much at the diagnostic level. Most Canadian children at the moment do have access, I believe, to relatively good diagnostic examination facilities. I think the lack is rather more in the area of continuing following up of these children and in relation to the guidance of the parents and the planning for the children, and the re-evaluation we mentioned as the child grows older. The cooperation that should exist, presumably,



Stanley 8940

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4 between the medical services and the habilitation services--
5 it is in this area we lack, both in the medical and
6 habilitation field. I might mention as far as general
7 medical care for these children, medical care, dental
8 care the standards tend to be lower for a number of
9 reasons. These children are more difficult to look after.
10 It is more difficult for parents to get them into the
11 doctor's office. In the doctor's office they require more
12 time and attention. They are harder to examine, harder
13 to deal with. It is perhaps more readily appreciated in
14 dental work which ordinarily could be done without anaesth-
15 esia, that these children must require anaesthetic
16 facilities. It would be my feeling that the standard of
17 medical care for the retarded tends to be rather lower
18 than for the ordinary child. Of course, this is particu-
19 larly regrettable because so many of these children do
20 have medical defects. Deafness, the incidence of deafness,
21 partial deafness is probably three or four times as great
22 as in the normal child, also orthopaedic problems, eye
23 problems. Their need for medical care would seem to be
24 greater, and yet I would feel the standards of medical
25 care we offer at the moment are rather less.

26 THE CHAIRMAN: You have your medical
27 care prepayment plans in the various provinces. Do these
28 plans provide the psychiatric care that the retarded
29 child appears to require? Are there insured services?

30 DR. STANLEY: No, sir.

THE CHAIRMAN: Probably why, the
answer is in many instances because, I take it, the
province has been accepting the load of all those who



Stanley 8941

become institutionalized.

DR. STANLEY: Quite. The amount of service at the moment is being extended through mental health clinics and existing services, but by and large the attention to those aspects again, habilitation aspects, has tended not to receive the amount of attention it deserves. Our mental health clinics, by and large, are over-worked. I think 30 to 40% of the case load consists of retarded children, but the energies of the people are generally directed to the care of the emotionally disturbed children who, perhaps, have a better chance for retraining, who accept better psychiatric treatment and at this time I think this group has tended to suffer.

THE CHAIRMAN: Now, as to the size of the group, you mentioned this figure of 3%. That is on a country-wide basis.

MR. HALL: Yes.

THE CHAIRMAN: Can you reduce that to figures in terms of say, under sixteen, what it would be?

MR. HALL: We could do that for you, sir. It is on page 46 of our brief. Would you like me to read the figures?

Children of 0 to 4 years of age -- is it all right if I read it in round figures and leave off the odd ones?

THE CHAIRMAN: Yes.

MR. HALL: 59,000; 5 years to 19 years 132,000; 20 years to 24 years, 34,000; 25 years to 34 years of age, 72,000; 35 years to 44 years, 64,000; 45 years to



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54 years, 48,000; 55 years to 64 years, 34,000; 65 years to 69 years, 14,000 and 70 years and over, 23,000.

THE CHAIRMAN: You start with group 5 to 19, you haven't made a break at the 16 year period you mentioned.

MR. HALL: No, sir. I could do it for you if I had a few minutes.

THE CHAIRMAN: I suppose this 5 to 19 would be a pretty relatively consistent figure in that 132,000?

MR. HALL: I think roughly we would divide them by 15, which would be about 9,000 for each year. If you were concerned with this 5 to 16, there would be about 105,000.

THE CHAIRMAN: Now, the matter of education of the retarded. I take it you are not satisfied with the present method. There should be something better?

DR. FRANK: It is a matter of insufficiency of facilities to provide adequate overall diagnosis of the children's disabilities. I think that one thing we should not forget in relation to the retarded is we are dealing with the possibility of multiplicity of handicaps and not just a deficiency of learning. For this reason the extreme importance of overall and complete and full diagnosis of the child with its totality of disabilities is important in relation to the disability of learning. So that, for example, it becomes very important to know the retarded child is deficient in hearing or deficient in vision or a possible emotional problem which complicates



Frank 8943

the basic retardation from which the child suffers. It is for this reason that we feel there is a very definite insufficiency of facilities to provide the very important overall diagnosing process for these children.

MR. HALL: I might say, sir, that the advances in Europe, particularly in England are much further ahead than we are here. I think it is understandable, perhaps, because we have a younger country. Services that are in Canada at the present time are grossly inadequate to meet the needs in practically every area.

COMMISSIONER McCUTCHEON: What are the services in England, generally, that are available, that are not available here?

MR. HALL: There is a scrolling in the first place for all retarded in England. They have a system whereby people that are handicapped are registered at birth, and then there is a follow-up made of the children.

THE CHAIRMAN: Those are physical disabilities?

MR. HALL: As well as mental handicaps where it is obvious. Those are continuing registrations where the parents bring their children or the doctor is reporting their children, so that their handicaps can be officially recorded. This is done in order to enable the authorities to give the proper treatment and training for these children with a consequence that you will find children in Britain who are welding parts to make television sets, which, I think, is to us here in this room probably something that is fantastic when we



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Hall 8944

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4 relate our conception or some of our conceptions of
5 what the retarded child is like. They are trained in
6 England to be fruitful and to be employable where it is
7 possible.

8 THE CHAIRMAN: Over what period of
9 years has this system been developed?

10 DR. FRANK: In England?

11 THE CHAIRMAN: In England.

12 DR. FRANK: I would say possibly at
13 a good rate since the last War. As a matter of fact, a
14 good many of the present facilities are provided for the
15 retarded in relation to medical care programs, have been
16 in relation to the development of their National Health
17 Scheme. I don't think there is much doubt about that.

18 THE CHAIRMAN: That is the next
19 logical question.

20 DR. FRANK: I thought you were getting
21 to it.

22 THE CHAIRMAN: What has been the effect?

23 DR. FRANK: That is basic.

24 THE CHAIRMAN: What has been the
25 result of the National Health Scheme that has caused
26 them to have a better program?
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relate our conception or some of our conceptions of
what the required work is like. They are trained in
England to be faithful and to be very loyal when it is
possible.

THE CHAIRMAN: Over with kind of

... has that system been developed

DR. FRANK: I would say possibly as
a good care since the last war. As a matter of fact, a
good many of the present facilities are provided for the
rehabilitation in relation to medical care programs, have been
in relation to the development of their National Health
Service. I don't think there is much doubt about that.

THE CHAIRMAN: That is the case

logical question.

DR. FRANK: I thought you were getting

to it.

THE CHAIRMAN: What has been the effect

DR. FRANK: That is true.

THE CHAIRMAN: What has been the

effect of the National Health Service that has caused

them to have a better program?



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4 It would seem that a rapid survey
5 of the picture, and I make this as a qualifying point,
6 because more and more adequate diagnostic services, care
7 services for the retarded are being provided in England
8 than in our own country.

9 THE CHAIRMAN: If you are in a
10 position to give an opinion on this next proposition, well
11 and good. If not, just say so. In terms of Canada what
12 do you see the situation to be in terms of physician
13 care to the retarded as compared with the non-retarded and
14 for the future should some priority be set up in favour
15 of one as regards to the other?

16 DR. FRANK: I think it is difficult
17 to talk about priority, because any person who has a
18 personal interest as this has a priority interest so that
19 it is rather difficult to be very objective about a thing
20 of this kind.

21 THE CHAIRMAN: I mean is there anyone
22 who is not interested in the retarded child?

23 DR. FRANK: Well, we feel that this
24 is quite so. That there is not a sufficient --- I think
25 we tried to make a point of this in our brief -- that one
26 of the recommendations on a national program for the
27 retarded is the public education of professional people
28 as well as the public generally as to the, first of all,
29 the immensity of the problem. Secondly, what can be done
30 about it with an adequate approach, so that a great deal
of salvaging can be done out of our presently derelict
population.

MR. HALL: I think an important thing



Hall 8948

here is that the physician certainly has a part to play in this. If we interpret the position in the very broad sense, in order to do anything about this problem, we have to have better clinics. Now, here the need is to find more physicians, once again in general terms, to enable us to get these additional clinics, and all through the program of the retarded towards this habilitation you will find, if we can use the term professional people instead, we need a great number of professional people.

We need psychiatrists. We need psychologists. We need social workers and many types of therapists in this type of thing. So that to get back to your question of the physicians, we certainly, in our brief, present you with this need to obtain more physicians interested in our work, and also to undertake, or to get physicians to have a much greater knowledge of the problems of retardation.

THE CHAIRMAN: What inter-relationship, if any, exists or may exist between the retarded child and the mentally ill child?

DR. FRANK: Well, there is no definite relationship if by this you mean does a mentally defective child become mentally ill. There are two categories. There are mentally ill children who present problems of retardation because of their mental disorder, or mental illness rather, and there are mentally retarded children who may or may not become mentally ill.

However, there is a greater tendency on the part of mentally retarded children to present the emotional problems, or some aspect of a neurotic behaviour



Frank

8949

to an extent much more commonly than occurs in a normal, intellectually normal child.

These people, because of their retardation, and the implications which surround this sort of thing, particularly social implications, do become more emotionally disturbed more frequently than does the normal child.

THE CHAIRMAN: What liaison exists between your Association and the Association for the Mentally Ill?

DR. FRANK: There is no structural liaison. There is mutual knowledge of the existence of such two groups.

Occasionally they may meet together to discuss problems of mutual interest because both of these groups, what they are presenting is a child with a difficulty in learning and this is the problem which the group related to the emotionally ill child is trying to solve as well as this group whose basic interest is the mentally retarded child.

Beyond this professional interest there is no structural connection between the two, as far as I know.

MR. HALL: There is a liaison between the two organizations, but since there is no similarity in condition, the liaison is the most desirable arrangement.

COMMISSIONER McCUTCHEON: I am looking at your table, Page 46 and I see that 83% of the mentally retarded, which is a big percentage, leaves the balance



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3 down below 1% -- well below 1% of the population have an
4 intelligence quotient of between 50 and 75 and I forget
5 the term you used in describing those, but is it educable?

6 DR. FRANK: Yes.

7 COMMISSIONER McCUTCHEON: Once they
8 are identified and once they pass a certain number of
9 years isn't the problem from there on a purely educational
10 problem as distinct from a health problem for that large
11 group?

12 DR. FRANK: Yes, I would agree that
13 the greater percentage problem is one of habilitation
14 rather than the provision of very narrow medical care,
15 although we do include in the total approach to this
16 group, as to any group, the fact that an adjustment to
17 adequate living is part and parcel of a medical approach,
or a health approach to this person.

18 MR. HALL: I would also like to point
19 out in this connection that fully 15% of this group,
20 usually at varying times, are going to need the type of
21 service which we have been talking about for other groups.
22 That is, they do suffer from emotional problems and in the
23 future, that is after they leave school, there will be
24 also, in some cases, the need for vocational training --
25 perhaps of an extended type, or vocational situations
26 where they can function better than they are able to at
the present time because the educational system in many
parts of Canada does not go far enough.

27 Whether it's an educational problem
28 or a Department of Labour problem perhaps needs to be
29 identified a little bit finer. That is, after they have
30



Hall 8951

left school.

COMMISSIONER GIRARD: Page 1 summary and recommendations, under No. 2, you spoke of -- in connection with diagnostic and clinical services and home visiting services to support and guide the family. What category of personnel would you have in this home visiting service?

MR. HALL: Public nursing, Public Health nursing type of personnel or some type of nursing personnel, particularly, as the prime relationship between the home and the health service.

COMMISSIONER GIRARD: Do you have any of these home visiting services now?

DR. FRANK: There are, to some extent.

MR. HALL: Spasmodically within our own groups, and some agencies have them.

DR. STANLEY: I might perhaps add that there have been steps taken in this direction by the Department of Health in New Brunswick. They have established for a close liaison between the mental health clinics and public health nursing service and it will assist the nursing service in establishing a home visiting service.

I would agree that certainly for the younger child that the public health nurse, who generally has quite a good awareness of the community and has also an entrance into homes where young children are, is the ideal person for guiding the family with the young child. Although possibly in the case of in the emotionally disturbed child where you have parents with family problems, that the social worker is a useful person to handle the



Stanley 8952

emotionally disturbed family but for the routine physical and general supervision of the young child, the nurse would seem to be the ideal visitor.

COMMISSIONER GIRARD: In your recommendations on Page 5, under No. 7, you also advocate the establishment of registries for the handicapped. This is the second or third time this has come up in one of the retarded children's briefs so I gather that it is pretty important for you to have the voluntary agencies and the official agencies get together on this. What is the outcome of not having these registries synchronized?

DR. FRANK: First of all, I don't think there are registries, as such. I don't anywhere in Canada, possibly except in the City of Vancouver, there is a complete registry of the handicapped persons in the local area.

There are many things of importance in relation to knowing your handicapped group, from the point of view of counselling if there are genetic relationships in the handicapped; from the point of view of anyone who wishes to do research surveys, research studies and so forth, to become involved either in one or more handicaps. We think it is quite important to have an on-going and continuing registry of all handicapped persons.

COMMISSIONER GIRARD: Would it be a means of reaching handicapped children that you cannot reach otherwise?

DR. FRANK: That is right.

COMMISSIONER GIRARD: This would be the primary connection, I would say?



Frank 8953

DR. FRANK: That is right.

MR. HALL: I think it would help too, to plan the program for the future if you knew how many you have, and it would be an encouragement I think, to parents to have their children registered if they knew there was going to be a program for them.

COMMISSIONER FIRESTONE: You have submitted to this Commission a fairly comprehensive program involving large capital expenditures, and operating expenditures. I find that on page 73 you estimate capital expenditures of the program, if fully implemented, would reach a figure of \$1,650,000,000.00, and then on page 74, in Exhibit 8, you provide us with an estimate of maintenance costs, which I take it are operating costs on an annual basis, of \$267,800,000.00.

I was trying to compare these estimates of requirements with what is actually being spent in Canada now and I looked at your page 59 where you offer some estimates of operating expenses. There are two figures quoted on this page, 143,000,000 and then a figure of 85,000,000, after certain deductions. What I would like to know is which of these two figures ---- 143,000,000 or 85,000,000 is comparable with the \$267,800,000.00 on page 74?

MR. HALL: You will notice looking at page 59 again and 74, that the net total of 85,000,000 is carried forward onto page 74. This \$85,000,000.00, page 74, is a summary of all these exhibits. We have endeavoured to provide credit on page 59 for existing services, although I would like to point out in that connection that there are some 19,000 mentally retarded children in mental



Mr. [Name] [Address]

Dear Sir:

I am writing to you in response to your letter of [Date] regarding the [Project Name]. The program is currently in the [Stage] phase, and we are working to address the concerns you have raised. We will be providing you with a detailed report on the progress of the program and the results of the [Activity] by [Date].

The program involves [Description of Program] and is designed to [Purpose]. It is expected that the program will result in [Outcome]. The estimated cost of the program is \$[Amount], which includes [Details of Costs]. The program is currently being implemented, and we are working to ensure that it is completed by [Date]. We will be providing you with a detailed report on the progress of the program and the results of the [Activity] by [Date].

I am writing to you in response to your letter of [Date] regarding the [Project Name]. The program is currently in the [Stage] phase, and we are working to address the concerns you have raised. We will be providing you with a detailed report on the progress of the program and the results of the [Activity] by [Date]. The program is designed to [Purpose] and is expected to result in [Outcome]. The estimated cost of the program is \$[Amount], which includes [Details of Costs].

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Hall 8954

hospitals, and this is not a desirable place to have retarded children, but nevertheless, we have given full credit for the expenditures that are now being incurred.

COMMISSIONER FIRESTONE: Yes, I appreciate that. What I am trying to establish is the amount of increase in the program you are proposing to us. Do I understand from your answer that the current expenditure figure of all types, whether they are desirable or not so desirable, is something of the order of 85,000,000 and that a total program as and when complete would require \$267,800,000.00. Are these two figures comparable?

MR. HALL: No. If we were able to get this program started tomorrow morning, I would be spending \$267,000,000.00. The 85,000,000 is only one segment of the total.



7PM/hm

Hall

8955

COMMISSIONER FIRESTONE: What does Canada spend now on looking after retarded children?

MR. HALL: Well, this can only be obtained by -- first of all, we are spending \$58 million on institutions, in education. Mind you, we have to assume that these are retarded children with I.Q's of 75 or less. We are spending \$6 million on education.

COMMISSIONER FIRESTONE: I beg your pardon?

MR. HALL: We are spending \$58 million for institutional care; we are spending \$6 million for education. On clinics, there is some expenditure but I am not sure what it is. I can assure you, however, that the amounts that we show on page 73 under capital of \$15,500,000. and the amounts we show on maintenance of \$13,800,000. are additional services which are needed. I think I would also like to say that there are disability allowances being paid which amount to some \$8 million.

COMMISSIONER FIRESTONE: Well, if we look at your proposal in your perspective you suggest that there would be about \$58 million spent on institutional care, \$6 million on education, \$8 million for disability allowances. Then, there must be some allowance made for another program for which you did not have a specific figure. If we add these three figures which you gave us it provides us with about \$72 million and, let us say it could involve another \$8 million so the present expenditures might be of the order of \$80 million plus or minus. Am I right in that approximately you have



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given us?

MR. HALL: You could be, yes.

COMMISSIONER FIRESTONE: That means, the suggestion of your program means you would like to see Canada carrying on a program which would be more than triple its expenditure; is that what you have in mind?

MR. HALL: That is exactly what we have in mind. I think it should be recognized from the number of children that we have shown here that we are not handling the problem, we are only scratching the surface of the problem and I think this is the difficulty. Naturally, we do not expect this problem or this money to be spent, it will take a long time for this money to be spent. People have to be trained and we have included in here amounts for training people. This amount is needed for two things, one, to take care of the present mentally retarded and, two, to develop the optimum program, which will do the most good. If, and I want to emphasize this, if we could give the retarded the type of training they need, spend this money to train them we are going to have a substantial number of children who will be in the community, they will not be in institutions, they will not be costing us \$3,000.00 a year per head; they may be earning \$3,000.00 a year, perhaps. This is the reason why we have indicated specifically all the different types of service and that is why the cost is so high. We have not done anything about this problem for years in Canada or, at least, we have only scratched the surface. We have not done enough.



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4 COMMISSIONER FIRESTONE: I understand
5 from what you said earlier you would visualize such
6 a program to be implemented over a number of years. What
7 number of years do you have in mind, a ten-year program?
8 Would it be shorter or longer?

9 MR. HALL: As soon as we can get
10 enough people encouraged to train in the different areas
11 where training is needed and as soon as there is some
12 leadership given to those people to encourage them to
13 become active in these areas.

14 COMMISSIONER FIRESTONE: Is it only
15 and encouragement or also money?

16 MR. HALL: Money is usually the best
17 term of encouragement.

18 COMMISSIONER FIRESTONE: I am trying
19 to visualize the difficulties a nation faces to increase
20 expenditures on an annual basis from \$80 million to
21 \$267,800,000. I am wondering what kind of period you
22 would visual in implementing such a program? Would it
23 be five years, ten years, longer or shorter?

24 MR. HALL: It would probably be ten
25 years. I would like to assure you that we are trying
26 to put up a reasonable proposition here but it is very
27 difficult for us to say, for instance, how long it
28 would really take because some of it depends on
29 provincial responsibility. Of course, in some provinces
30 the work is further advanced than in others. If the
Provincial Governments were so inclined to really face
the problem which they have in conjunction with
financial help from the Federal Government this whole



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4 program could be implemented in, perhaps, less than
5 ten years.

6 COMMISSIONER FIRESTONE: If I under-
7 stand you correctly, your proposal is to implement such
8 a program as soon as the personnel, money and other
9 arrangements can be worked out; if it takes ten years it
10 is better to do it in ten years than not at all and if
11 it can be done sooner it would be better. Is that what
12 you have pointed out?

13 MR. HALL: Exactly.

14 COMMISSIONER FIRESTONE: Where would
15 this money come from? This \$267,800,000, are you
16 visualizing the Federal Government contributing a
17 certain proportion of it to the provinces -- you have
18 been speaking on some occasions and using the phrase
19 "matching grants"?

20 MR. HALL: Generally we would expect
21 the Federal Government to make the present contributions
22 of matching grants in areas where arrangements have
23 been made with provinces. These areas, to my knowledge,
24 are in personnel in training and capital costs and in
25 some other parts. I think we would hope that the
26 Federal Government might take a more generous attitude
27 towards this financial assistance in that it would
28 certainly speed up the process of getting our program
29 implemented if the Federal Government would contribute
30 a greater amount.

COMMISSIONER FIRESTONE: Is that
your suggestion that the Federal Government should raise
the percentage of programs to which it already contributes
from 50% to a higher percentage or is your suggestion



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4 that the Federal Government should commence contributing
5 to programs in that field you are interested in where
6 at the moment it makes no contribution or is it your
7 suggestion that the Federal Government should do both?

8 MR. HALL: I think they should do
9 both.

10 COMMISSIONER FIRESTONE: And if it
11 were to increase its contribution from 50% to a higher
12 proportion, what proportion would you suggest?

13 MR. HALL: I cannot say I have studied
14 this particular problem, to be honest with you, but I
15 think as we see it there has to be some reason why,
16 apart from lack of interest in it and I do not think
17 that exists at the provincial level with the programs
18 having been developed. I think it is common knowledge
19 in many provincial governments that they lack the funds
20 to proceed with this program. It seems obvious, there-
21 fore, that if they are unable to proceed because of a
22 shortage of funds and still they are getting some funds
23 from Federal that the best thing to do is have the
24 Federal to increase its present share.

25 COMMISSIONER FIRESTONE: If I under-
26 stand you correctly, your point is, if the Federal
27 Government were to raise its contribution in areas where
28 it is already making a 50% contribution say to 60% or
29 to two-thirds that more provincial governments might
30 be prepared to implement certain programs which they
have so far been hesitant to implement because of
financial difficulties. Is that your point?

MR. HALL: I think so, provided there



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3 was a great effort made towards personnel, because you
4 cannot get the program going without personnel.

5 COMMISSIONER FIRESTONE: And you are
6 in favour of the percentage as I have suggested or put
7 in the form of a question of 60% or two-thirds?

8 MR. HALL: Yes, we would favour any
9 action which would bring about a reduction of the
10 present difficulty.

11 COMMISSIONER FIRESTONE: Thank you
12 very much.
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COMMISSIONER BALTZAN: Gentlemen, I have this question for information. On page 1, paragraph 2, you say:

"All children, irrespective of whether or not they suffer from mental or physical handicaps, should have every access to the best medical diagnosis and treatment," etc., etc.

My question is this, and I hope you may be able to answer it for me. In your experience so far in all that is available, what has been the degree of success in the salvage process and restoration to self-sufficiency?

DR. STANLEY: If I may be permitted to answer that with an anecdote. I remember as a new student visiting a mental hospital where retarded children were kept on a custodial basis, and I have seen Mongolian children who lacked the kind of progressive and clinical management and these children in this institution simply vegetated, their existence was vegetative and they quickly died.

Later I was to see the very same category of Mongolian children in another institution where they enjoyed proper clinical and ancillary services and these children were alert and industrious relating to other people, and the experience of watching these children and the experience of the family was very much different, was an entirely different matter.

Now, the change is not always so dramatic, but I think there is a very great difference between the



Stanley

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experience of a child who is properly managed and the child who is not. I think it parallels what we have seen with children in other areas, that with proper methods people can make greater use of the resources.

COMMISSIONER BALTZAN: In other words, you do see palpable results?

DR. STANLEY: Yes.

COMMISSIONER BALTZAN: On page 3, you emphasize the element of public education. You mean there the public should know the benefits which may be derived through education?

DR. FRANK: That is right.

COMMISSIONER BALTZAN: And also do you encounter any difficulty in people not knowing that there are in existence certain opportunities available to them?

DR. FRANK: Sometimes that occurs, yes.

COMMISSIONER BALTZAN: We have heard that in other provinces.

DR. FRANK: Yes, sometimes that occurs. And another point in public education is the fact that the parents will not recognize the disability, so the suffering is on the person, and this is one of the problems as well, and our great concern and the problem is that from a national point of view there is a stigma being borne in other parts of the country in relation to being mentally retarded.

So irrespective of the contribution financially, whether it is at the federal level or provincial level, this, I think, is not a matter for hard and



Frank

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fast decisions, splitting a line somewhere; but I think in relation to the needs of the child who is handicapped so it does not become a curse to a family having a child born in one part of the country rather than somewhere else. This is what is presently occurring, and we find areas where the care is at a very high level and areas where there is no programming at all, and other areas in between.

So as I pointed out on page 1, this is the backbone of the World Health Organization brief, that this cannot be true in this country, but they have such access only in the area in which they are brought up. It is rather a sad story.

COMMISSIONER BALTZAN: Thank you. One last question in relation to the total problem of retardation and the physically handicapped. From your broad experience do you notice that the incidence is related to either the higher or lower income groups?

DR. FRANK: The lower - no, not income group. I don't think there is any relationship between the mentally retarded child with physical disability to the economic status of the family or even the intellectual status of the family. These are brought about by conditions of which we know very little, that is the causation of it. But it is not related to the financial or intellectual status of the family.

COMMISSIONER VAN WART: I notice on page 5 you speak of the co-operation of the government in establishing registries, and so on. If a plan or plans should come in involving personal health services and



Frank

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preventive services, do you feel there is still a place for your voluntary organization to exist?

DR. FRANK: Yes, I would think so. If one can philosophize, one would hate to see services, voluntary and under the jurisdiction of a governmental agency, go. I think there are many voluntary agencies which can be complementing and be of tremendous value.

DR. STANLEY: If I might add to that. It occurs to me that some of the needs of the retarded children, for that matter, some of the needs of children with some other forms of retardation illness, can only be met by a certain kind of people, a certain kind of decent experience with other people which is necessary for the well-being of some of these handicapped children as well as blood is to a patient.

This kind of thing can only be given by certain people, and there is certainly a role for the voluntary interest, whether through voluntary services attached to various institutes or not. I think there is a very big place for the voluntary groups to give this attention and interest to handicapped people.

MR. HALL: May I say one word on that, please? I would like to point out that there is not too much difference between the normal child and mentally retarded child except that he is not able to function in the community, and therefore most of the voluntary services which the normal child gets can still be and should be handled by voluntary agencies. This is one area of the program.

Another very important function our



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3 Association has is that they do help parents who have
4 retarded children. So here we have a voluntary agency
5 working in conjunction with, we hope, agencies which are
6 going to be established if this brief is recommended.
7 This is another area. I think it is a good concept,
8 that the normal child and the mentally retarded child
9 are not different except that he cannot function at quite
10 the same level.

11 COMMISSIONER STRACHAN: Dr. Stanley,
12 you made reference to dental treatment for the retarded
13 as being done in the hospital with an anaesthetic. Do I
14 take it you mean a general anaesthetic?

15 DR. STANLEY: Yes. I was referring to
16 the fact that management of these children is so much a
17 trial for the parents, and sometimes the practitioner, too;
18 there is a reluctance to take the treatment, it tends to
19 be put off. A lot of these children do seem to require
20 general anaesthesia, yes.

21 COMMISSIONER STRACHAN: Then is this
22 hospital accommodation readily available across Canada?

23 DR. FRANK: That is difficult to say,
24 I would think. I gather by this you mean whether the
25 availability for the admission of such a child to the
26 general hospital is readily available?

27 COMMISSIONER STRACHAN: Or whether there
28 are dental clinics in the hospital to do this.

29 DR. FRANK: Dental clinics are not
30 readily available in the hospital.

31 DR. STANLEY: I think possibly this is
32 as much a question of organization and thought being given



Stanley

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3 to this and the necessary facilities being set up.
4 Generally a child will not be turned away from the
5 dental department of a hospital, but setting up the
6 necessary arrangements and having it sufficiently
7 organized that a group of children could come in at a
8 time, at the moment it tends to be rather a hit and miss
9 sort of thing.

10 COMMISSIONER STRACHAN: On another
11 subject, have you any idea of the number of sheltered
12 workshops there are in Canada for the mentally retarded?

13 DR. FRANK: Probably about half-a-dozen.

14 COMMISSIONER STRACHAN: Have you any
15 idea of the number of employees in those workshops?

16 MR. HALL: Probably about 150, at the
17 most, and some of them are undergoing training.

18 COMMISSIONER STRACHAN: Those who have
19 completed their training, do you find across the Dominion
20 that industry, management and labour are co-operative in
21 the employment of these individuals?

22 MR. HALL: It is a relatively new project
23 on the part of our organization and some community
24 agencies. It has probably only been in existence for
25 four or five years. However, I understand that a small
26 percentage of people have graduated from the sheltered
27 workshop into an employment situation. But it is wrong
28 to expect that all people who graduate, let's say, who
29 are trained in the sheltered workshop, are going to be
30 able to get employment in industry.

Now, there are many reasons, about which
my good friends the doctors here can tell you, and to find



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3 a particular employment, in some instances, to find a
4 particular employment situation where a person is going
5 to function, if he is going to be teased and made a fool
6 of by the rest of his employees, he may have to be
7 retrained to fight this sort of thing. On the question
8 of whether or not employees are willing to accept them
9 entirely, I don't know personally of any rejections.
10 We haven't had too many situations where they have
11 applied for employment.
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FF/ss In other places it has been successful in some areas and not successful in others, depending largely on the type of employment that has been made available or the attitude of the employer. Once again, we get down to the problem of public education. If we give these people half a chance they will do a job for you. If we don't give them the chance they won't.

COMMISSIONER STRACHAN: One last question, Mr. Chairman, on Page 5, Paragraph 9, the agencies could use the resources provided under the new Physical Fitness Act. Would the terms of reference of the Act permit such?

DR. FRANK: It might permit for the training of persons to supervise and develop and organize recreational programs for retarded.

COMMISSIONER STRACHAN: Nothing definite.

DR. FRANK: There isn't any definite statement as to this group, no.

COMMISSIONER VAN WART: The retarded child who obtains employment, do they have difficulty in retaining their jobs?

MR. HALL: Employment in industry?

COMMISSIONER VAN WART: Yes.

DR. FRANK: If I might just add to this, it probably isn't so much the fact that they lose their jobs as much as they possibly require closer social supervision in a general way. By this I mean the fact that the working person requires something else beside work to be organized for him. For example, his recreational and social life. This is, I think, something which the retarded person requires assistance in more than his normal co-worker



Hall 8969

MR. HALL: I think there is a great need for improvement of capabilities and training of people that are training the retarded to work. This is another part of the problem. We have pointed out in our brief that we need additional money to assist us in this further development to get more people interested in the work. As we get more we will be able to raise the standards and the possibility of having an unfavourable reaction from the employer would be reduced. I think the point is that this whole area of work is quite new in Canada for the retarded.

DR. STANLEY: I might mention in the States there is evidence that the success of the retarded in a job is related to the vocational preparation he has had. Where he is better supervised during the early stages of the job when he is least likely to break down. There is already evidence where these things have been adequately taken care of that it worked very well. I think we referred in the brief to one group who was prepared at a school in the States, 100 of the lower echelon of the eligible group and were sent into services where they equited themselves well and had for four or five years, whatever it was. If they were carefully prepared, carefully supervised they had held their job. On the other hand, there is a high rate of break-down where they didn't have this management.

COMMISSIONER VAN WART: Is there a tendency of the so-called well workmen to make fun of them or anything like that?

DR. FRANK: There may be some element



Frank 8970

of that. That is one of the problems I referred to when I said they require social assistance and supervision. There is some tendency of this.

MR. HALL: On this general subject I think it is fair to point out that the present workshops are quite successful in getting contracts in industry. Of course, they work in a different atmosphere or a different environment.

THE CHAIRMAN: Thank you very much, Mr. Hall, Dr. Stanley, Dr. Frank. We are very grateful to you for your presentation and for your interest in this very important topic.

MR. HALL: I would like to thank the Commission on behalf of the Association for having received us and giving us the opportunity of making you better acquainted with the problems of mental retardation.

THE SECRETARY: I would like to call the Ontario Association for Retarded Children. The brief will be called Exhibit 240.



SUBMISSION OF THE ONTARIO ASSOCIATION FOR RETARDED
CHILDREN

---EXHIBIT 240: Brief of the Ontario
Association for Retarded
Children.

APPEARANCES:

MR. R. JAQUES

MR. R.G. ANGLIN

MR. W.R. KIRK

MR. JAQUES: Mr. Chairman, members of
the Commission, I would like to introduce myself as
voluntary President of the Provincial Association; Mr.
R.G. Anglin, our Senior Vice-President and voluntary
worker in our Association and our staff representative,
Mr. W.R. Kirk, who is our Executive Director of our
Association.

I would like to thank you, sir, for
the opportunity of presenting our brief to you and
especially for your courtesy in receiving us early in
the week so we might carry on with our Provincial annual
conference which takes place in North Bay later this
week. We thank you.

Perhaps, with your indulgence in order
to place our brief and our Association in its proper
perspective with regard to the National Brief which you
have just been discussing, the National Association,
perhaps I might be permitted to read the introduction
which describes our Association and the recommendations
which follow very much in line with the National Brief.

The Ontario Association for Retarded



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Children is a voluntary provincial Association incorporated without share capital in 1953. It is comprised of local member units usually referred to as local associations for retarded children. The stated scope of the organization in its broadest terms is the promotion of conditions favourable to the development and well-being of retarded persons of all ages wherever they are and whatever their degree of disability.

From a handful of parents in nine charter groups holding informal classes for their trainable retarded children, OARC has grown through nine years of endeavour into a well established organization comprising 78, I might say there will be probably be 80 within the next couple of weeks, local associations and 7,000 members. There are 74 schools devoted to the training needs of 2,300 children with a teaching staff of 300. Several associations conduct adult programs, a large majority have recreations programs developed in cooperation with other community agencies. Home Care, Research, Institutions, Public Education, are other foci of attention in an ever-maturing approach to serving the retarded at both the provincial and local levels.

On behalf of all provincial associations for retarded children, the Canadian Association for Retarded Children has submitted a brief of broad relevance to the problem of the retarded as viewed nationally. The Ontario Association for Retarded Children heartily supports the entire content of this CARC brief.

It is OARC's intention in presenting this supplemental brief to acquaint the distinguished



Jaques 8973

Chairman and Members of the Commission with current developments in Ontario, to chart progress achieved in cooperation with public and private agencies and finally to indicate unresolved needs in this most crippling of handicapping conditions. Thus we shall address our supplemental remarks only to the organization and program aspects of the CARC Brief.

These can be summarized by the conclusions and recommendations contained in our brief which are as follows:

1. The Ontario Association for Retarded Children and its affiliated local units have been conducting community programs for the retarded for almost a decade. The growth pattern indicates the need that existed and yet the surface has scarcely been scratched. Urgent problems demand forthright action at all levels of government and by communities if this social problem is to be coped with before it becomes an even greater human blight.
2. A major need at both federal and provincial government levels is a coordinating function in respect to the problem of mental retardation. A directorate in the five main government departments concerned would be ideal. The minimum would be an inter-departmental committee appropriately staffed.
3. Well-mounted and well-supported basic research projects in the medical and social



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sciences conducted in universities, clinics, hospital and school settings would provide many pieces to the etiological puzzle of retardation. Break-throughs could be hoped for. Prevention of the problem tomorrow demands investment today. OARC's contribution is recorded.

4.

In working toward a battery of services to meet the physical and mental health needs of the retardate and his family, the following are pin-pointed recommendations.

a. At least two other clinics similar in size and stature to the Childrens' Psychiatric Research Centre (London) located in Toronto and Kingston.

(b) Training in mental retardation for public health nurses and greatly enlarged assistance to parents by the public health nurses and other community agencies such as mental health clinics.

(c) Grant assistance at either or both municipal and provincial levels of government to assist local associations in providing pre-school or nursery school programs.

(d) Encouragement to young teachers to prepare themselves for teaching educable and trainable retarded children through various devices using the most effective instruction techniques yet to be learned through research.



Jaques 8975

(e) There is a critical need for vocational counselling and training for the educable over sixteen; and for the over eighteen trainable, sheltered employment on a long term terminal basis.

(f) Expanded recreations and leisure-time programs for both the trainable and educable child and young adult.

(g) In addition to present hospital school residential treatment centres, there is desperate need for a growing system of small residences located strategically throughout the province to service large pockets of population. Such centres should be adequately staffed at all levels with fully trained persons whose salaries are commensurate with their work responsibility, training and experience. The emphasis of the program should be toward training and habilitation.

THE CHAIRMAN: Thank you, Mr. Jaques.

Now, Mr. Jaques, Mr. Anglin and Mr. Kirk, you have heard of the discussion with the Canadian Association. Now, just dealing generally have you any comments to make on the questions and answers that were given at that time specifically?

MR. JAQUES: Yes, there are one or two points.

THE CHAIRMAN: If you would.

MR. JAQUES: Repeatedly throughout the discussion of the CARC was the question of public education,



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and the necessity for the existence of voluntary agencies even if total government service were available. I think these two things are pretty well directly related to one another. One aspect of public education that wasn't mentioned, but which I think is very important, was the fact that we all realize that the implementation of these programs will arise from Government spending, either Provincial or Federal. I think one great chore which faces us as an Association is to create a sympathetic reaction within the public mind which is necessary before any Government can make such expenditures, and to realize the need and be sympathetic to such increase in Government spending. With regard to the provision of much wider scope of services by Government agencies, I think specifically of hospital schools -- it is almost inconceivable to think that under the most ideal situation that a hospital school can ever provide the staff to create a second home for the children. There would be many things for children within residential facilities that our organizations and auxiliary services to the hospitals could well provide a great deal of help. In this regard we are very happy to say that in Ontario this is becoming much more in evidence. We are now being welcomed in the hospital schools and being given an opportunity to assist with their programs within the hospital school. Perhaps Mr. Kirk would comment with regard to the extent of dental care within the hospitals as it relates to Ontario, with your permission.

THE CHAIRMAN: Mr. Kirk.

MR. KIRK: Mr. Chairman, and Commissioners,



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at the present time our Ontario hospital services plan covers very nicely the hospitalization for retarded children requiring the special type of treatment described by Mr. Hall. I understand that the dental and medical profession are working toward a common goal here. I think dentists under this situation feel much happier if a licensed anaethetist is on hand so that every precaution can be taken care of and, hopefully, our hospital administrators on these occasions will make sure that a bed or two is on call all the time. This has got to be a definite problem for the parents of these children and this is possibly why in our travels in local association schools we see so many children whose teeth are in very, very grim condition. I wonder, Mr. Chairman, if I may while I am on the stand here speak to the shelter work situation in Ontario at the present time. We have fifteen workshop organizations for trainable young adults. In some cases those higher up in the educable group but who would be difficult to place in industry are included in the program. In the metropolitan schools some of them have been trained sufficiently to go out and hold a job. The success that these people have had is very good in that only two of them have proved unreliable. As to the trainable group this is a real challenge to see what these young people can do.

I can think of a young woman in the London workshop. I think Dr. Strachan may know about this young lady. Ten, twenty professional people, every one of us would have written her off yet she has stamped the numbers on two million envelopes for the assembling



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TORONTO, ONTARIO

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of the dial phone, for the telephones of Northern
Electric, the numbers to be inserted on the telephone.



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4 Similarly, our workshops are gaining
5 increasing acceptance. Subcontracts are coming in and
6 we are proving more and more that these young people
7 can lead useful lives in the community. Sanger's
8 study in New York, which is one of our old reliables
9 indicate that about 70% of the parents of young adult
10 retardees want their children home, so it evolves upon
11 us to create a work and training situation so they can
12 fulfil their place and do a creative job.
13
14 At the present time close to 200 young people in
15 Ontario who have left our schools, carried on to adult program
16 and our prediction would be within the next year or two
17 we will probably have 25 to 30 workshops with about
18 400 doing subcontracts for industry.
19
20 Just to indicate how our local
21 associations have taken the challenge: They forcefully
22 announce this in their notices that this is an industry
23 doing nuisance jobs for industry and they keep very
24 busy sir.
25
26 DR. JAUQUES: That is all I wish to
27 comment on specifically sir.
28
29 THE CHAIRMAN: Mr. Anglin, do you
30 wish to add anything?
31
32 MR. ANGLIN: Yes sir, thank you. I
33 think Mr. Jaques just mentioned in connection with
34 voluntary service the question was raised earlier, I
35 believe, about the co-operation among volunteer services.
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37 We have a very informal but very close
38 and excellent co-operation with the Canadian Mental
39 Health Association. It operates hospital auxiliaries
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4 for many of the mental hospitals and two of its
5 auxiliaries are now working with the Ontario Hospital
6 Schools for Retarded Children. They do a job that is
7 difficult for parents who are scattered to do because
8 they are right there in the community, and make a great
9 contribution in this regard.

10 We have no meetings with these people,
11 but we meet with them and are regularly in contact with
12 them at one of the other hospital schools and one of
13 the newest one. Our own groups have worked on an
14 auxiliary committee with these other volunteer groups
15 to bring visitors into the hospital, and of course, our
16 own groups do provide a lot of volunteer help operating
17 on a visiting nature to the hospital schools so there
18 is quite a happy informal co-ordination in these efforts
19 and I think this volunteer sort of effort must always
20 go on.

21 There is no one in this work that has
22 any feeling that we must leave this all to someone else
23 because, in fact, we have learned nothing happened to
24 any great extent in this area until the public interest
25 was aroused by Associations like our own.

26 The point to which I would like to
27 draw attention sir was the point raised by Dr. Frank
28 that there is an unfair difference in the services
29 provided for retarded children in various parts of the
30 country. It's always unfortunate when a retarded
child is born, but I think it might be safe to say,
without raising too much of an argument, that the most
fortunate area for a retarded child to be born in, at



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3 the present time, or the recent past, is in the vicinity
4 of London, Ontario and that is because of the psychiatric
5 research institute recently established by the
6 Ontario Department of Public Health at London, which
7 you will find described in some detail in both of these
8 briefs.

9 I draw this to your particular attention
10 because your chief concern is with the medical services.
11 We found the contribution in two years by this
12 institute is absolutely incredible. It's helping every
13 phase of our work, not merely the medical. The job
14 they are doing in parent counselling, in helping to
15 co-ordinate community facilities, just about every part
16 of the work that you will find mentioned in either of
17 these briefs. They, in their area, are helping it to
generate.

18 It has been said sir, that we should
19 not segregate a retarded child and say you, go into this
20 door to this clinic and another type of person come in
21 another door. I think most of us might agree with this
22 except my own experience has shown that until there are
23 special facilities which master the problem so little
24 understood up until recently of the retarded child, the
special attention they require will not be forthcoming.

25 Since the opening and the two-year
26 experience of this special clinic for the retardees,
27 the Ontario Department of Health is now attempting to
28 refer all admissions to its hospital schools through
29 one of the, I think it is nineteen regional mental
30 health clinics which are operated by the Department.



Anglin

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Now, these clinics through force of pressure and case load have never before taken as marked an interest in the mental retardee as they have done since this special clinic was established and we feel that the establishment of further such clinics -- we ask or suggest here there should be two others, and I think the figure of 15 or 18 is mentioned for all of Canada by the C.A.R.C. brief. This is all fundamentally important to generating a great many of the other services and it's directly a medical function in the first instance. Thank you.

COMMISSIONER STRACHAN: Mr. Kirk, I had the privilege of visiting the school and the sheltered workshop one afternoon back in January and I certainly recalled the girl to whom you referred and following your remarks, Mr. Anglin, I am very proud that I come from London.

There is one question I would like to ask: Who stands the expense of building these schools for the retarded children?

MR. JAQUES: At the present time the Provincial Department of Education is paying the capital expense grant of still 30%. The rest of the money is raised by our own local Association through fund-raising drives and all the various and devious means that they have for raising funds and some enjoy additional grant support, to some degree, from municipal boards and service clubs. Their own fund-raising efforts, many other volunteer organizations and women's groups, and so on, trying to get them all into the field of fund-raising,



Jaques

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4 but basically it is 30% from the Provincial Department
5 of Education. In some instances some support from
6 municipal councils and the rest of it they raise them-
selves with the help of volunteer organizations.

7 COMMISSIONER STRACHAN: Who bears
8 the current expenses of the school?

9 MR. JAQUES: The Provincial Department
10 of Education is paying a grant presently of \$300.00
11 per year for half-attendance and \$550.00 per year based
12 on full day attendance. This grant was increased just
13 recently to these figures so that we haven't had a
14 chance to accumulate statistics which will show what
15 percentage these costs cover, but I think an educated
16 guess it would be somewhere between 60 and 70% of the
17 operating cost of our schools. The rest of the money
18 is found through, in some instances, grants, again from
the local municipality and the rest the local Associations
go out and raise themselves.

19 COMMISSIONER STRACHAN: The teachers
20 of these schools have special training?

21 MR. KIRK: Mr. Chairman, about 60%
22 of our 300 teachers hold teaching certificates. Some
23 are first class permanent. Some are interim. The
24 other 40% attend -- all teachers are encouraged to
25 attend a summer school given by the Department of
26 Education at Northern Vocational School and they take
27 common lectures with teachers who are preparing them-
28 selves for opportunity class teaching, and break off
into their own part of the program in the afternoon.

29 Practically all of our teachers have
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Kirk

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4 had this course. Some of them have taken it two or
5 three times, they have found it so helpful and the
6 Department now has under consideration an advanced
7 course for those who have had the first course.

8 This is the extent of the training.
9 In the odd instance you will find a teacher who has
10 had some special training, special education in the
11 United States, but they are rather rare.

12 COMMISSIONER STRACHAN: Is the
13 turn-over of teachers very large?

14 MR. KIRK: No sir, it isn't.

15 COMMISSIONER STRACHAN: You seem to
16 be dedicated people.

17 MR. KIRK: Our local Association do
18 not seem to have any severe trouble hiring teachers
19 and there is very little turn-over.

20 COMMISSIONER FIRESTONE: Mr. Jaques,
21 on page 1 of your brief you recommend strongly that
22 an officer having special concern for the problem of
23 mental retardation be named in each of the departments of
24 health, education, welfare, reform and labour at both
25 provincial and federal levels. And that these should
26 form an inter-departmental committee headed by a
27 chairman whom you would suggest be called the Director
28 for Mental Retardation. You also say that some
29 similar arrangement should be worked out at the Federal
30 level. Would you tell us specifically what you would
want this Federal officer to do bearing in mind
primarily the responsibility in this field is a
provincial responsibility?



had this course. Some of them have taken in two or
three times, they have found it very helpful and the
Department has been very successful in advancing

to one for those who have had the first course.

There is the extent of the training.

In the old Institute you will find a teacher who has

not only special training, special education in the

United States, but they are better than

any other. I think that is the

reason for the success of the Institute.

And finally, the way it is run.

It is a very simple thing. You seem to

be very much interested.

And I am very much interested.

And I am very much interested in the results.

And I am very much interested in the results.

And I am very much interested in the results.

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And I am very much interested in the results.



Kirk

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4 MR. ANGLIN: I think the idea there
5 sir is we find a lack of co-ordination, at present. We
6 get confused ourselves. We have our own Committee and
7 our own Association that have different responsibilities
8 and we find the institute committee going to see the
9 Department of Health and the Education Department going
10 to see the Department of Education.

11 We, of course, in the Ontario Association
12 have had very little experience, in fact, none in
13 approaching Ottawa but we feel simply that this
14 co-ordination must go on up the line. As, indeed, in
15 our brief the attempt was made -- I should say first
16 that we made a suggestion for a similar purpose but
17 of a different nature in a brief to the Ontario
18 Government following which an inter-departmental
19 committee was set up, which as noted here, functioned
20 for a short while but lacking staff and for other
21 perfectly good reasons from their standpoint did not
22 continue. We here see the necessity, in practical
23 terms, of such co-ordination at the Provincial level.
24 We feel very certain that it is also necessary at the
25 Federal level when so many of these areas, welfare
26 grants coming down one channel, health grants down
27 another, that at the Ottawa level one will be knocking
28 at different doors who won't know too well what is
29 going on next door perhaps.

30 COMMISSIONER FIRESTONE: Is this
recommendation based on an assumption or on the knowledge
of the facts?

MR. ANGLIN: It is based on experience.



Anglin

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COMMISSIONER FIRESTONE: At which level?

MR. ANGLIN: It is based on an experience chiefly at the Provincial level that there is a lack of co-ordination.

COMMISSIONER FIRESTONE: You therefore assume that since there is a lack of co-ordination at that level then there is a lack of co-ordination at the Federal level. You would like to see this system which you have recommended adopted. Is that your point of view?

MR. ANGLIN: I think that is pretty well it.

COMMISSIONER FIRESTONE: Thank you very much.

THE CHAIRMAN: Doctor Baltzan?

COMMISSIONER BALTZAN: I have been very happily spared. All the questions I had in mind have already been answered.

THE CHAIRMAN: Mr. Jaques and Mr. Anglin, Mr. Kirk, we are grateful to you for coming forward with your brief and with your comments and for the discussion that we have had. We want to thank you.



Pmc.I/dpw

DR. JOBIN: Mr. Chairman, the next submission will be made by the Canadian Conference on Children. This brief will be known as Exhibit 241.

--- EXHIBIT NO. 241: Submission of the Canadian Conference on Children.

SUBMISSION OF THE CANADIAN CONFERENCE ON CHILDREN

Appearances: Dr. R. Gerstein
Dr. A. Ross
Mr. B.W. Heise

DR. GERSTEIN: May it please you, Mr. Chairman and members of the Commission, I will introduce the gentlemen with me. To my right is Dr. Alan Ross, Physician-in-Charge of the Montreal Children's Hospital. To my left is Mr. B.W. Heise, Executive Director of the Canadian Conference on Children. I am Dr. Gerstein, Chairman of the Board of the Canadian Conference on Children.

Because my brief is so brief I would read it in its entirety.

1. The Canadian Conference on Children is a national organization, incorporated in 1958 under Dominion Charter. The membership is primarily made up of representatives of professions and of co-operating national voluntary organizations, interested in the health, education and social well-being of children. It came into being in 1957, following a year of preliminary study.

2. The organization, through studies of specific questions conducted across Canada and inter-professional consideration thereof in committees and in



Gerstein

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national forums, has as its purposes:

1. To establish greater efficiency

in the use of existing resources

available to Canadian children,

avoid duplication, better co-ordinate

services, and determine where there

are gaps in children's services.

2. To create uniformity in the oppor-

tunities offered to children in all

parts of Canada, including rural,

suburban, as well as urban areas.

3. To inquire into existing fields

of research related to children and

to identify new fields of research.

4. To emphasize the importance of

preventing unnecessary abnormalities

in the physical, emotional and social

development of children.

5. To provide a medium for better

understanding among those engaged in

children's work.

3. It consists of a national organiza-

tion, supported by ten provincial committees and forty-

three national voluntary organizations. It differs from

local and national specialized groups, for example in the

field of medicine, education and social welfare, which

are concerned primarily with professional competence in

their own fields, in that it draws upon individuals from

the several professions concerned with the well-being of

children. In addition, it includes among its membership



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representatives of business, labour and parents. It, therefore, is not a new professional group but an organization that embraces representatives from a diversity of professional groups.

4. The purpose of this submission is to record with the Royal Commission on Health Services the existence of the Canadian Conference on Children, some of its past accomplishments and its plans for the immediate future.

5. Early in its history, it was decided that the Canadian Conference on Children would organize and conduct a series of studies on matters relating to the welfare of children. Eighteen studies were undertaken. While in a number of these there were health overtones, several dealt with health problems specifically. These were:

(a) Evaluation of pre-natal programmes, well-baby clinics, pre-school clinics, school health services, mental health programmes and special hospital facilities for children.

(b) Chronic disabilities in children.

(c) Infant mortality statistics.

(d) Health education.

(e) Accidents and accident prevention.

6. The results of all the studies and additional programme material were considered by over three hundred especially selected persons who assembled at Ste. Adele and Ste. Marguerite, Quebec, in October, 1960, for the first national bilingual conference or forum.



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7. The proceedings of this meeting, under the title "New Horizons for Canada's Children", have been distributed as follows: 409 copies to persons who participated as attendants or in the organization of the conference. In addition, 300 copies have been sold in Canada, 43 copies in the United States and 50 copies in Great Britain and Europe. (A copy is filed with the library of the Royal Commission on Health Services).

8. Many requests for copies of several of the studies have been received from individuals, organizations and libraries across Canada. All have been sent the copies they requested. Before, during and after its meeting the conference enjoyed a most encouraging press and radio coverage. The participants were so impressed with the value of the conference that they decided there should be another held in 1965, with a similar procedure for documentation preceding it.

9. In addition to the distribution of the printed documents, many members have spoken to groups within their various communities in a majority of the provinces about some aspect of the conference in which these groups were specially interested. Certain of the co-operating organizations have included in their study programmes some conference subject in which they were specifically concerned.

10. The Ontario committee is holding a provincial workshop as a follow-up to the conference in May of this year.

11. The Department of Paediatrics and Psychiatry at the University of Manitoba, along with the



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Winnipeg School Board, held a two-day Institute on "Early Childhood" in February, 1962, which was co-sidered a local extension of the Canadian Conference on Children.

12. In November, 1961, the Ontario Medical Association sponsored the second Ontario Conference on Handicapped Children. In at least two areas this Conference used study material prepared for the Canadian Conference on Children and enlisted as speakers the persons responsible for compiling the two studies.

Since this brief was prepared we have had an announcement that the Maritimes are now planning a conference in Nova Scotia.

13. A less tangible result of the Conference may be summed up in these words appearing in the Epilogue of the proceedings:

"The experience of this Conference will mean many things to different people. One thing, on which all seemed to agree, was that a new spirit of dedication was born; a dedication to facilitate multi-disciplinary relationships within all professions to ensure that the Canadian child receives the best possible in understanding, care, training and treatment."

14. Thus, in Canada, a beginning has been made in coping with a problem that has long been evident on this continent; a problem which was stated most succinctly by Dr. Martha M. Eliot, then Chief of the Children's Bureau, Washington, D.C., in an address to



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the National Council of Churches in Christ in America,
at Cleveland in November, 1955, in the following words:

"Too many of our public and private agencies, our health, social welfare and education programmes, our churches and youth serving organizations have worked in isolation from each other or with courtesy nods, only, between them By this very separateness, I am convinced we are either wasting, or not using, tremendous social energy. We are failing to reach countless children who could use some help. By building emotional, as well as brick, walls around our individual institutions and agencies, we are limiting our capacity to help

"To be as bold and inventive as the atomic scientists, calls for courage: the courage to face reality, to recognize the implications of what we are doing, or failing to do; the courage to invent, to experiment, and to test new ways of working together."

15. To conduct and compile the studies, which extended over a three-year period, to finance the Conference in 1960, and to prepare and distribute the proceedings, \$88,868 was collected from private sources, individuals, business and labour organizations. The success of this Conference was in part responsible for the



Gerstein

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organization subsequently receiving a \$5,000 a year government grant. Future financial plans include solicitation of grants from Governments and Foundations, as well as private donations.

16. Since the 1960 Conference the organization has been set up on a more permanent basis. It is now proceeding to develop plans for the 1965 Conference. It is also, through its Research and Study Committee, planning a continuing study component. Some studies will be a continuation of ones started for 1960. Others will break new ground.

17. The organization came into being in 1957. Eighteen studies were conducted during the three years prior to the 1960 Conference. It held its first national bilingual conference or forum at Ste. Adele in October, 1960. Its programme included and continues to include a component of direct medical interest and much where there is a medical concern. A second Conference will be held in 1965.

THE CHAIRMAN: Thank you very much. This is a presentation that we have listened to very carefully. I think perhaps it has unusual significance in that it is the first presentation of 241 that has not asked for some money.

Dr. Ross, have you anything you would like to add?

DR. ROSS: No sir, except that this conference brought out, I think, more than anything else to me, how many disciplines impinge on the care of children in Canada and how much need there is for them to know each



organization dependent on receiving a \$5,000 a year
government grant. Future financial plans include soliciting
funds from governments and foundations, as
well as private donations.

1. During the 1981 Conference the
organization has been set up on a more permanent basis.
It is now intended to develop plans for the 1982
Conference. It is also, through the Research and Study
Committee, planning a continuing study committee. Some
activities will be a continuation of ones started for 1981.
Others will involve new grounds.

In 1981, 1982 and 1983 were considered during the
three years prior to the 1981 Conference. It held its
first national biological conference on food and
water in October, 1981. Its programme included and
discussed the role of a conference of different national
and local where there is a national network. A
conference will be held in 1982.

2. 1981: There are very many
while a great deal of work has been done to carry
out the 1981 Conference. It is a matter of
in that it is the first conference of its kind and
has been a success.

3. 1982: There are very many
to be done. It is a matter of
this year, except that this
conference will be held in 1982, and then any other
work, and many of the other work on the other side
is to be done. It is a matter of



Ross

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other and have an opportunity to understand what each is doing. Too often there is a separate approach.

COMMISSIONER McCUTCHEON: Would you say the best way to accomplish that is through a voluntary organization such as the one you represent today?

DR. ROSS: We feel this would make a contribution.

THE CHAIRMAN: Rather than a Director of Services in some government department?

DR. ROSS: I think so.

THE CHAIRMAN: Mr. Heise?

MR. HEISE: I think I have nothing to add, sir.

THE CHAIRMAN: The nature of your submission, of course, does not lend itself to much questioning or interrogation. I think I might say this to you: that as our deliberations proceed, as our research people go forward, we may well find ourselves in a position where we may call upon you for some assistance and suggestions along this line of integration and co-operation between the various associations. I would, at this time, ask for your support in that regard and we will look forward to having your help because we may well need it. Questions will arise much later than today in the course of our dealing with our work which you may very well be able to give us a lot of help on. We will look forward to asking you for that help.

COMMISSIONER FIRESTONE: Dr. Gerstein, would your organization support health examinations of schoolchildren?



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4 DR. ROSS: I would think, Mr. Chairman,
5 that our organization would support it. There would
6 certainly be members attending our conference who would
7 support this very strongly. However, as an organization
8 I do not think we are really in any position to support
9 it unless we had made a special study of it in a conference
or a pre-conference study program.

10 COMMISSIONER FIRESTONE: Do I understand
11 when you said at the beginning that this seemed to be a
12 desirable sort of objective, you were expressing more of
13 a personal opinion rather than speaking as an organization
14 since you have had no opportunity to consult the organiza-
tion as a whole? Is that your point?

15 DR. ROSS: That is correct.
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that our organization would support it. There would
 certainly be members attending our conference who would
 support this very strongly. However, as an organization
 I do not think we are really in any position to support
 it unless we had made a special study of it in a conference
 or a pre-conference study program.

COMMISSIONER FLETCHER: No I understand

when you said at the beginning that this seemed to be a
 desirable sort of objective, you were suggesting more of
 a general nature. I am sure that you have had no opportunity to consult the organiza-
 tion as a whole. Is that your point?



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COMMISSIONER FIRESTONE: Because I have three more questions related to this subject, and perhaps, Dr. Gerstein, if you wish me to ask these questions I would be happy to do so. If you feel this goes beyond the terms of reference you and your associates are able to deal with, please say so and I will not ask the questions.

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DR. GERSTEIN: We would be happy to hear the questions.

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COMMISSIONER FIRESTONE: My second question was whether your association would support the dental examination of school children?

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DR. GERSTEIN: I can only say we received a brief at our conference to that effect. Actually the total conference did not say this and pass it, but it was one of the reports that was made.

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COMMISSIONER FIRESTONE: Could that study be made available to us?

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DR. GERSTEIN: Yes.

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COMMISSIONER FIRESTONE: The Chairman has raised a question. When this proposal was made, was it an acceptable and practical proposal or was there any reason why it wasn't dealt with?

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DR. GERSTEIN: No. This was our first conference and we felt it should be kept as a forum rather than bring in people to make resolutions at that time and it was too early in the experience to come to that conclusion. That was the only reason it wasn't done.

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COMMISSIONER FIRESTONE: Is it possible



QUESTIONS: FIRSTLY, because I have raised more questions related to this subject, and perhaps, Dr. Garsen, it is a good idea to ask these questions I would be happy to do so. If you feel this goes beyond the terms of reference you and your associates are able to deal with, please say so and I will not ask the questions.

DR. GARSEN: We would be happy to hear the questions.

question was whether your association would support the detailed examination of school children?

DR. GARSEN: I can only say we received a brief at our conference to try to select. Actually the total conference did not say this and pass it, but it was one of the reports that was made.

QUESTIONS: I would like to know if it could not be made available to us.

has raised a question when this proposal was made, was it an acceptable and practical proposal or was there any reason why it wasn't dealt with?

DR. GARSEN: No, this was one first conference and we felt it should be kept as a for a better time being in people to have resolutions at that time and it was too early in the experience to come to last conclusion. This was the only reason it



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4 to have a copy, could you make it available to our
5 secretary?

6 DR. GERSTEIN: Yes.

7 COMMISSIONER FIRESTONE: May I go
8 back to the possible support of medical examination at
9 school.

10 DR. GERSTEIN: Yes, that was also
11 at the conference. There are very strong feelings for
12 setting up early diagnosis.

13 COMMISSIONER FIRESTONE: Is there a
14 study on this subject?

15 DR. GERSTEIN: Yes.

16 COMMISSIONER FIRESTONE: Could it be
17 made available to the Commission?

18 DR. GERSTEIN: Yes, certainly.

19 COMMISSIONER FIRESTONE: One third
20 question along the same lines. Did these studies that
21 we are talking about dealing with both medical examina-
22 tion and dental examination, but more particularly on
23 the medical examination area, did it go beyond, did it
24 deal with the question of retardation and what to do
25 about it?

26 DR. GERSTEIN: Yes. There is one
27 study in that area as well.

28 COMMISSIONER FIRESTONE: Could we
29 also have that third study as well?

30 DR. GERSTEIN: Yes.

COMMISSIONER FIRESTONE: This is what
I think the Chairman had in mind when he said that we
like to draw on the sort of experience you have been



Gerstein

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4 gathering, and if it could be made available to our
5 research staff we would have the benefit of the great
6 work you have done or your associates have done.

7 DR. GERSTEIN: Yes.

8 COMMISSIONER FIRESTONE: Have there
9 been any proposals or studies done which would recommend
10 that there should be free milk or free orange juice
11 to school children and to improve the diet and nutritional
standards of school children?

12 DR. ROSS: This was discussed at some
13 length, but no direct recommendation from the conference.

14 COMMISSIONER FIRESTONE: I appreciate
15 no recommendation has come forth in any of the areas,
16 but you say there was a discussion on the subject. What
was the gist of that discussion?

17 DR. ROSS: I am not sure that I could
18 offhand give it. We did not keep detailed minutes of
19 all the discussions that took place at the conference.
20 They were done in study groups, and I think the only
21 reports we have in detail come from the pre-conference
22 studies which were made available to the people attending
the conference before it actually took place.

23 COMMISSIONER FIRESTONE: Was there a
24 pre-conference study on this subject?

25 DR. ROSS: No.

26 COMMISSIONER FIRESTONE: Was there a
27 record kept of the discussions that took place on the
subject under study?

28 DR. ROSS: I don't believe so in that
29 case, no.
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4 COMMISSIONER FIRESTONE: Now that you
5 know the area of the interest of the Commission, there
6 may be other questions on the area I have raised, and
7 we would be pleased if these could be made available to
8 our secretary. Thank you very much.

9 COMMISSIONER BALTZAN: Just one
10 question, and it is this. If I understand you right,
11 then my question may be proper. But I will put my
12 question. Is your organization working towards any kind
13 of new image of the kind of Canadian child of the future?
14 You have no specific things here except what you want
15 to take up in your research projects. One is to
16 emphasize the importance of preventing unnecessary
17 abnormality, providing a better understanding, and so
18 on. This belongs to a separate organization of your
19 organization?

20 DR. GERSTEIN: Yes.

21 COMMISSIONER BALTZAN: Does your
22 organization stand for ---

23 DR. GERSTEIN: A combination of all.
24 If you are asking if we have thought of having a kind
25 of children's charter kind of thing, we haven't actually
26 worded one which anyone would accept at this moment.
27 We haven't worked directly on it.

28 COMMISSIONER BALTZAN: But you have
29 that sort of thing?

30 DR. GERSTEIN: Yes.

COMMISSIONER BALTZAN: Then I think my
question is proper.

COMMISSIONER GIRARD: Was your conference



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more or less on the White House conference on children?

DR. GERSTEIN: This was our first conference, which involved only 300 persons, whereas the White House conference involves thousands. But it is very much the kind of same thing.

COMMISSIONER GIRARD: I had very good reports of this conference and people said it was very helpful, and I wondered if it could be developed along the lines of the White House conference?

DR. GERSTEIN: If I may point out, we don't have a children's bureau to carry it out.

THE CHAIRMAN: Thank you again, Dr. Gerstein, Dr. Ross, Mr. Heise.

We will now rise, to continue at 9:30 tomorrow morning.

---Adjournment

